

Menu Name:

PRE-SCHOOL LUNCH

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Thursday - 10/01/2026

Reimbursable Meal Total 300

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 001488 CHICKEN, ORANGE MANDARIN NOODLE            | SERVING      | 300       | 353                      | 0.33                   | 515                    | *11.23           | *11.23                        | 7.94      | *0.00      | 41          | 55.57    | 3.45      | 18.22     | *N/A*           | 28.2       | *0.08      | 3.07      | \$702.628 |
| 003410 VEGETABLE, FZN CARROTS DICED NO SALT ADDED | #8 SCOOP     | 300       | 27                       | 0.00                   | 43                     | 3.00             | *N/A*                         | 0.00      | 0.00       | 0           | 6.00     | 2.00      | 0.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$7.339   |
| 002058 FRUIT, APPLE FRESH WHOLE                   | 1 EACH       | 100       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                       | EACH         | 100       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                       | EACH         | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000607 COOKIE, FORTUNE                            | COOKIE       | 300       | 18                       | 0.00                   | 2                      | 1.64             | *N/A*                         | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.371   |
| 002441 CC,MILK GALLON 1%                          | CUP          | 290       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)       | SERVING      | 10        | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                            |              |           | 615                      | 1.84                   | 719                    | *41.21           | *11.58                        | 10.62     | *0.00      | 55          | 103.57   | 8.86      | 29.43     | *1              | *443.0     | *34.62     | *3.33     | \$717.077 |
| % of Calories                                     |              |           |                          | 2.69%                  |                        | *26.80 %         | *7.53%                        | 15.5%     | *0.0%      |             | 67.4%    |           | 19.1%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                         |              |           | 739 - 0                  | <10                    | <=0                    |                  | <0                            | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Friday - 10/02/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003415 BACON CHEESE BURGER                  | EACH         | 300       | 334          | 6.00       | 719        | 3.00             | *0.00             | 15.50     | 0.00       | 50          | 29.00    | 5.00      | 22.50     | *N/A*           | 129.0      | *0.00      | *2.05     | \$42.945  |
| 003235 ONION RING, BREADED (4 PER SERV)     | SERVING      | 300       | 180          | 1.00       | 135        | 3.00             | 0.00              | 7.00      | *N/A*      | *N/A*       | 26.00    | 3.00      | 3.00      | *N/A*           | 20.0       | *N/A*      | 1.20      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KICKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 730          | 8.51       | 1013       | *31.34           | *0.35             | 25.19     | *0.00      | *64         | 92.89    | 11.41     | 36.38     | *1              | *563.8     | *34.55     | *3.51     | \$49.684  |
| % of Calories                               |              |           |              | 10.49 %    |            | *17.17 %         | *0.19%            | 31.1%     | *0.0%      |             | 50.9%    |           | 19.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Monday - 10/05/2026

Reimbursable Meal Total 300

|                                                        | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|--------------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003206 CHICKEN, TENDERS FULLY COOKED BREADED-2 PER SVG | 2 PIECES     | 300       | 220          | 2.00       | 400        | 2.00             | 2.00              | 12.00     | 0.00       | 40          | 12.00    | 2.00      | 20.00     | *N/A*           | 0.0        | 0.00       | 2.00      | \$7.925   |
| 000866 POTATO, WEDGES                                  | .5 CUP       | 300       | 84           | 0.00       | 100        | 1.00             | *N/A*             | 0.00      | 0.00       | 0           | 19.00    | 2.00      | 2.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 003411 APPLESAUCE FANCY (SYSCO)                        | #8 SCOOP     | 300       | 90           | 0.00       | 0          | 5.00             | 5.00              | 0.00      | 0.00       | 0           | 24.00    | 3.00      | 0.00      | *N/A*           | 7.0        | *N/A*      | 0.00      | \$270.115 |
| 002441 CC,MILK GALLON 1%                               | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 524          | 3.47       | 659        | 22.89            | *7.35             | 14.58     | 0.00       | 54          | 70.93    | 7.07      | 31.95     | *0              | *393.7     | *1.16      | *2.00     | \$284.779 |
| % of Calories                               |              |           |              | 5.96%      |            | 17.47%           | *5.61%            | 25.0%     | 0.0%       |             | 54.1%    |           | 24.4%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Tuesday - 10/06/2026

Reimbursable Meal Total 300

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003339 RICE CHICKEN FRIED                   | 3/4 Cup      | 300       | 248          | 0.38       | 351        | *0.88            | *0.38             | 2.67      | *0.00      | 17          | 47.24    | 2.91      | 9.36      | *N/A*           | 17.4       | 3.60       | 1.11      | \$15.090  |
| 003418 EGGROLL, CHICKEN                     | EACH         | 300       | 150          | 1.00       | 500        | 1.00             | 1.00              | 5.00      | 0.00       | 10          | 20.00    | 2.00      | 6.00      | *N/A*           | *N/A*      | *N/A*      | 1.20      | \$10.106  |
| 002476 VEG, BROCCOLI STEAMED                | .5 CUP       | 300       | 26           | 0.00       | 22         | 1.00             | *N/A*             | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 003163 BAR, MANGO (FRESH 4OZ PK)            | cup          | 300       | 136          | 0.21       | 2          | 30.87            | 0.00              | 0.86      | 0.00       | 0           | 33.85    | 3.62      | 1.85      | 122             | 24.9       | 82.26      | 0.36      | \$0.000   |
| 000607 COOKIE, FORTUNE                      | COOKIE       | 300       | 18           | 0.00       | 2          | 1.64             | *N/A*             | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.371   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 708          | 3.05       | 1035       | *50.28           | *1.73             | 11.10     | *0.00      | 42          | 126.12   | 11.60     | 30.49     | *122            | *428.9     | *87.02     | *2.67     | \$32.306  |
| % of Calories                               |              |           |              | 3.88%      |            | *28.41 %         | *0.98%            | 14.1%     | *0.0%      |             | 71.3%    |           | 17.2%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Wednesday - 10/07/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002856 CORN DOG, MINI CHICK TYSON           | SERVING (6)  | 300       | 315          | 3.64       | 570        | 6.06             | *N/A*             | 16.98     | *N/A*      | 49          | 27.89    | 2.42      | 14.55     | *N/A*           | 24.3       | 0.00       | 1.75      | \$228.916 |
| 002987 POTATO MCCAIN REG CRINKLE FRY        | SERVINGS     | 300       | 120          | 0.50       | 35         | 0.00             | *N/A*             | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*           | 10.0       | 0.00       | 0.30      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 652          | 5.64       | 764        | *31.40           | *0.35             | 24.67     | *0.00      | 63          | 85.79    | 6.84      | 26.43     | *1              | *449.1     | *34.55     | *2.30     | \$235.655 |
| % of Calories                               |              |           |              | 7.79%      |            | *19.26 %         | *0.21%            | 34.1%     | *0.0%      |             | 52.6%    |           | 16.2%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Thursday - 10/08/2026

Reimbursable Meal Total 300

|                                       | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002010 TURKEY AND GRAVY SM BATCHW/ROL | #8 SCOOP     | 300       | 133          | 0.60       | 1058       | *0.15            | *0.00             | 3.28      | *0.00      | 45          | 11.43    | 0.16      | 15.45     | *N/A*           | 3.0        | *0.01      | 1.94      | \$0.558   |
| 002252 POTATO, MASHED (IDAHO) LS W/GR | 1/2 CUP      | 300       | 78           | 0.22       | 108        | *0.00            | *0.00             | 0.81      | *0.00      | 0           | 16.72    | 1.36      | 1.78      | *0              | 15.4       | 27.52      | 0.28      | \$37.656  |
| 003434 VEG, GREEN BEANS (SYSCO)       | #8 SCOOP     | 300       | 20           | 0.00       | 290        | 0.00             | 0.00              | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 30.0       | *N/A*      | 0.80      | \$167.156 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 447          | 2.33       | 1616       | *25.49           | *0.35             | 6.78      | *0.00      | 60          | 69.04    | 5.93      | 29.11     | *1              | *463.2     | *62.07     | *3.28     | \$212.108 |
| % of Calories                               |              |           |              | 4.69%      |            | *22.81 %         | *0.31%            | 13.7%     | *0.0%      |             | 61.8%    |           | 26.0%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Friday - 10/09/2026

Reimbursable Meal Total 300

|                                       | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002729 TACO, TURKEY SOFT 10" TORTILLA | SERVINGS     | 300       | 416          | 8.02       | 906        | *0.00            | *0.00             | 19.33     | *0.00      | 75          | 37.59    | 1.00      | 20.62     | *N/A*           | 405.4      | *0.54      | 3.52      | \$170.518 |
| 002673 VEG, CORN CANNED - SYSCO       | #8 SCOOP     | 300       | 54           | 0.00       | 152        | 5.42             | *N/A*             | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2        | 0.00       | 0.00      | \$136.438 |
| 002058 FRUIT, APPLE FRESH WHOLE       | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH           | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH           | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002441 CC,MILK GALLON 1%              | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 687          | 9.53       | 1217       | *30.76           | *0.35             | 22.56     | *0.00      | 90          | 86.31    | 5.49      | 32.58     | *1              | *823.5     | *35.09     | *3.77     | \$313.694 |
| % of Calories                               |              |           |              | 12.48 %    |            | *17.91 %         | *0.20%            | 29.6%     | *0.0%      |             | 50.3%    |           | 19.0%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Monday - 10/12/2026

Reimbursable Meal Total 300

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002677 SANDWICH, GRILLED CHEESE             | EACH         | 300       | 317          | 10.33      | 1208       | *2.00            | *0.00             | 21.33     | *0.00      | 50          | 23.00    | 3.00      | 15.00     | *N/A*           | 296.0      | *0.00      | 1.20      | \$107.767 |
| 003486 VEGETABLE FROZEN MIX 4 WAY (30#)     | #8 SCOOP     | 300       | 39           | 0.00       | 31         | 0.00             | 0.00              | 0.00      | 0.00       | 0           | 8.47     | 1.54      | 1.54      | *N/A*           | 16.9       | *N/A*      | 0.77      | \$61.589  |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 572          | 11.84      | 1399       | *27.34           | *0.35             | 24.02     | *0.00      | 64          | 69.36    | 7.95      | 27.42     | *1              | *727.8     | *34.55     | *2.23     | \$176.095 |
| % of Calories                               |              |           |              | 18.63 %    |            | *19.12 %         | *0.24%            | 37.8%     | *0.0%      |             | 48.5%    |           | 19.2%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Tuesday - 10/13/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 001488 CHICKEN, ORANGE MANDARIN NOODLE      | SERVING      | 300       | 353                      | 0.33                   | 515                    | *11.23           | *11.23                        | 7.94      | *0.00      | 41          | 55.57    | 3.45      | 18.22     | *N/A*           | 28.2                   | *0.08      | 3.07      | \$702.628 |
| 002476 VEG, BROCCOLI STEAMED                | .5 CUP       | 300       | 26                       | 0.00                   | 22                     | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 100       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000607 COOKIE, FORTUNE                      | COOKIE       | 300       | 18                       | 0.00                   | 2                      | 1.64             | *N/A*                         | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.371   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 614                      | 1.84                   | 698                    | *39.21           | *11.58                        | 10.62     | *0.00      | 55          | 102.57   | 9.86      | 32.43     | *1              | *443.0                 | *34.62     | *3.33     | \$709.738 |
| % of Calories                               |              |           |                          | 2.70%                  |                        | *25.54 %         | *7.54%                        | 15.6%     | *0.0%      |             | 66.8%    |           | 21.1%     |                 |                        |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0                  | <10                    | <=0                    |                  | <0                            | <=30      |            |             |          |           | 12.74     |                 | 338.62                 | 16.68      | 3.95      |           |

Wednesday - 10/14/2026      Reimbursable Meal Total 300

|                                      | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 003415 BACON CHEESE BURGER           | EACH         | 300       | 334                      | 6.00                   | 719                    | 3.00             | *0.00                         | 15.50     | 0.00       | 50          | 29.00    | 5.00      | 22.50     | *N/A*           | 129.0                  | *0.00      | *2.05     | \$42.945 |
| 002987 POTATO MCCAIN REG CRINKLE FRY | SERVINGS     | 300       | 120                      | 0.50                   | 35                     | 0.00             | *N/A*                         | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*           | 10.0                   | 0.00       | 0.30      | \$0.000  |
| 002058 FRUIT, APPLE FRESH WHOLE      | 1 EACH       | 100       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000  |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 671                      | 8.01                   | 913                    | *28.34           | *0.35                         | 23.19     | 0.00       | 64          | 86.90    | 9.41      | 34.38     | *1              | *553.8     | *34.55     | *2.61     | \$49.684  |
| % of Calories                               |              |           |                          | 10.74 %                |                        | *16.89 %         | *0.21%                        | 31.1%     | 0.0%       |             | 51.8%    |           | 20.5%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0                  | <10                    | <=0                    |                  | <0                            | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Thursday - 10/15/2026

Reimbursable Meal Total 300

|                                                     | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003220 MAC & CHEESE JTM (W/MILK)                    | 6 OZ SERVING | 300       | 327                      | 9.01                   | 793                    | 4.13             | *N/A*                         | 16.19     | 0.00       | 47          | 29.21    | 2.00      | 15.75     | *N/A*           | 398.1      | 0.09       | 1.00      | \$309.917 |
| 003228 BREAD DINNER ROLL WG FRANZ (1 SVG = 2 ROLLS) | 2 PIECES     | 300       | 140                      | 0.00                   | 180                    | 2.00             | *N/A*                         | 1.00      | 0.00       | 0           | 26.00    | 2.00      | 6.00      | *N/A*           | 28.0       | 0.00       | 2.00      | \$0.000   |
| 003410 VEGETABLE, FZN CARROTS DICED NO SALT ADDED   | #8 SCOOP     | 300       | 27                       | 0.00                   | 43                     | 3.00             | *N/A*                         | 0.00      | 0.00       | 0           | 6.00     | 2.00      | 0.00      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$7.339   |
| 002058 FRUIT, APPLE FRESH WHOLE                     | 1 EACH       | 100       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                         | EACH         | 100       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                         | EACH         | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 002441 CC,MILK GALLON 1%                            | CUP          | 290       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 710          | 10.52      | 1176       | *34.46           | *0.35             | 19.88     | 0.00       | 62          | 99.09    | 9.41      | 32.64     | *1              | *840.9     | *34.64     | *3.26     | \$323.995 |
| % of Calories                               |              |           |              | 13.34 %    |            | *19.41 %         | *0.20%            | 25.2%     | 0.0%       |             | 55.8%    |           | 18.4%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Friday - 10/16/2026

Reimbursable Meal Total 300

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003431 QUESADILLA, MOZZARELLA CHEESE        | EACH         | 300       | 696          | 17.71      | 1818       | *0.00            | *0.00             | 28.82     | *0.00      | 81          | 44.11    | 1.00      | 61.75     | *N/A*           | 160.0      | *0.00      | 2.30      | \$118.101 |
| 002673 VEG, CORN CANNED - SYSCO             | #8 SCOOP     | 300       | 54           | 0.00       | 152        | 5.42             | *N/A*             | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2        | 0.00       | 0.00      | \$136.438 |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 967          | 19.22      | 2129       | *30.76           | *0.35             | 32.05     | *0.00      | 96          | 92.83    | 5.49      | 73.71     | *1              | *578.1     | *34.55     | *2.56     | \$261.278 |
| % of Calories                               |              |           |              | 17.89 %    |            | *12.72 %         | *0.14%            | 29.8%     | *0.0%      |             | 38.4%    |           | 30.5%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Monday - 10/19/2026

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 001862 PIZZA PEPPERONI 5" WG (WILD MIKES)   | EACH         | 150       | 417                      | 8.13                   | 640                    | 5.08             | 0.00                          | 17.28     | 0.00       | 41          | 36.60    | 1.02      | 19.32     | *N/A*           | 374.1      | 6.10       | 2.03      | \$407.387 |
| 001861 PIZZA CHEESE 5" WG (WILD MIKES)      | EACH         | 150       | 360                      | 8.00                   | 510                    | 4.00             | *N/A*                         | 17.00     | 0.00       | 35          | 34.00    | 3.00      | 20.00     | *N/A*           | 450.0      | 6.00       | 2.70      | \$344.443 |
| 003486 VEGETABLE FROZEN MIX 4 WAY (30#)     | #8 SCOOP     | 300       | 39                       | 0.00                   | 31                     | 0.00             | 0.00                          | 0.00      | 0.00       | 0           | 8.47     | 1.54      | 1.54      | *N/A*           | 16.9       | *N/A*      | 0.77      | \$61.589  |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 100       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 643                      | 9.57                   | 765                    | *29.88           | *0.35                         | 19.83     | 0.00       | 52          | 81.66    | 6.96      | 32.08     | *1              | *843.8     | *40.60     | *3.40     | \$444.243 |
| % of Calories                               |              |           |                          | 13.40 %                |                        | *18.59 %         | *0.22%                        | 27.8%     | 0.0%       |             | 50.8%    |           | 20.0%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0                  | <10                    | <=0                    |                  | <0                            | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Tuesday - 10/20/2026

Reimbursable Meal Total 300

|                                                   | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS | SERVINGS     | 300       | 330                      | 1.33                   | 689                    | *9.00            | *9.00                         | 8.37      | *0.00      | 70          | 45.16    | 3.45      | 22.00     | *N/A*           | 28.0       | *0.08      | 3.06      | \$118.206 |
| 002476 VEG, BROCCOLI STEAMED                      | .5 CUP       | 300       | 26                       | 0.00                   | 22                     | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE                   | 1 EACH       | 100       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000607 COOKIE, FORTUNE                      | COOKIE       | 300       | 18           | 0.00       | 2          | 1.64             | *N/A*             | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.371   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 591          | 2.84       | 872        | *36.98           | *9.35             | 11.06     | *0.00      | 84          | 92.15    | 9.86      | 36.21     | *1              | *442.8     | *34.62     | *3.32     | \$125.316 |
| % of Calories                               |              |           |              | 4.32%      |            | *25.03 %         | *6.33%            | 16.8%     | *0.0%      |             | 62.4%    |           | 24.5%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Wednesday - 10/21/2026

Reimbursable Meal Total 300

|                                           | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003413 BREADSTICK CHEESE FILLED (SYSCO)   | 2 PIECES     | 300       | 440          | 7.00       | 620        | 2.00             | 2.00              | 14.00     | 0.00       | 30          | 54.00    | 2.00      | 24.00     | *N/A*           | 428.0      | *N/A*      | 4.00      | \$336.893 |
| 003414 SAUCE MARINARA DIPPING CUP (SYSCO) | CONTAINER    | 300       | 30           | 0.00       | 260        | 1.00             | 1.00              | 0.50      | 0.00       | 0           | 6.00     | 1.00      | 1.00      | *N/A*           | *N/A*      | *N/A*      | 0.40      | \$2.799   |
| 002987 POTATO MCCAIN REG CRINKLE FRY      | SERVINGS     | 300       | 120          | 0.50       | 35         | 0.00             | *N/A*             | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*           | 10.0       | 0.00       | 0.30      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE           | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH               | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH               | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 807          | 9.01       | 1074       | *28.34           | *3.35             | 22.19     | 0.00       | 44          | 117.90   | 7.41      | 36.88     | *1              | *852.8     | *34.55     | *4.96     | \$346.431 |
| % of Calories                               |              |           |              | 10.05 %    |            | *14.05 %         | *1.66%            | 24.7%     | 0.0%       |             | 58.4%    |           | 18.3%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Thursday - 10/22/2026

Reimbursable Meal Total 300

|                                         | Portion Size  | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------|---------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003303 STEAK SALISBURY WITH BROWN GRAVY | STEAK PATTIES | 300       | 230          | 6.00       | 868        | *0.00            | *0.00             | 15.93     | *0.00      | 45          | 9.72     | 1.00      | *0.13     | *N/A*           | 55.2       | *0.00      | 1.80      | \$0.622   |
| 000687 RICE, WHITE STEAMED              | .5 CUP        | 300       | 102          | 0.05       | 8          | 0.04             | *0.00             | 0.20      | *0.00      | 0           | 22.26    | 0.32      | 2.12      | *0              | 15.1       | *0.00      | 0.95      | \$0.000   |
| 003434 VEG, GREEN BEANS (SYSCO)         | #8 SCOOP      | 300       | 20           | 0.00       | 290        | 0.00             | 0.00              | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 30.0       | *N/A*      | 0.80      | \$167.156 |
| 002058 FRUIT, APPLE FRESH WHOLE         | 1 EACH        | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH             | EACH          | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH             | EACH          | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 002441 CC,MILK GALLON 1%                | CUP           | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 569          | 7.56       | 1326       | *25.38           | *0.35             | 18.81     | *0.00      | 60          | 72.86    | 5.73      | *14.13    | *1              | *515.1     | *34.55     | *3.81     | \$174.517 |
| % of Calories                               |              |           |              | 11.96 %    |            | *17.84 %         | *0.25%            | 29.8%     | *0.0%      |             | 51.2%    |           | *9.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Friday - 10/23/2026

Reimbursable Meal Total 300

|                                                    | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002777 SANDWICH, PB & GRAPE WG 2.6OZ               | EACH         | 100       | 300          | 3.00       | 280        | 14.00            | *N/A*             | 17.00     | 0.00       | 0           | 32.00    | 4.00      | 8.00      | *N/A*           | 20.0       | 0.00       | 1.44      | \$111.722 |
| 002778 SANDWICH, PB & STRAWWG 2.6OZ                | EACH         | 50        | 300          | 3.50       | 370        | 15.00            | 13.00             | 16.00     | 0.00       | 0           | 32.00    | 4.00      | 9.00      | *N/A*           | 44.0       | 0.00       | 1.00      | \$116.948 |
| 003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ          | EACH         | 50        | 298          | 3.45       | 273        | 10.99            | 9.53              | 16.24     | 0.01       | 0           | 32.04    | 3.74      | 9.30      | *N/A*           | 46.3       | 0.00       | 1.08      | \$7.299   |
| 003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ      | EACH         | 50        | 300          | 3.50       | 270        | 15.00            | 13.00             | 16.00     | 0.00       | 0           | 32.00    | 4.00      | 9.00      | *N/A*           | 40.0       | 0.00       | 1.10      | \$7.496   |
| 003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE) | EACH         | 50        | 570          | 7.00       | 430        | 13.00            | 11.00             | 33.00     | *N/A*      | *N/A*       | 49.00    | 9.00      | 20.00     | *N/A*           | 262.0      | *N/A*      | 4.00      | \$14.175  |
| 001917 CHEESE, MOZZARELLA STRING LAND O LAKES      | EACH         | 300       | 80           | 3.00       | 200        | 0.00             | 0.00              | 6.00      | *N/A*      | 20          | 1.00     | 0.00      | 6.00      | *N/A*           | 220.0      | *N/A*      | *N/A*     | \$28.316  |
| 000450 VEG, CARROTS BABY                           | BAG          | 300       | 26           | 0.00       | 57         | *N/A*            | *N/A*             | 0.00      | *N/A*      | 0           | 5.90     | 1.47      | 0.74      | *N/A*           | 22.1       | 6.19       | 0.66      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE                    | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                        | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                        | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 667          | 8.41       | 734        | *39.00           | *8.11             | 27.89     | *0.00      | *34         | 79.62    | 9.67      | 28.17     | *1              | *729.0     | *40.74     | *2.60     | \$96.615  |
| % of Calories                               |              |           |              | 11.35 %    |            | *23.39 %         | *4.86%            | 37.6%     | *0.0%      |             | 47.7%    |           | 16.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Monday - 10/26/2026

Reimbursable Meal Total 300

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002847 PULL-APART ITALIAN GARLIC            | PACKAGES     | 300       | 304          | 6.08       | 527        | 5.06             | *N/A*             | 13.16     | 0.00       | 30          | 32.40    | 2.02      | 14.18     | *N/A*           | 344.3      | 0.00       | 1.82      | \$268.290 |
| 000866 POTATO, WEDGES                       | .5 CUP       | 300       | 84           | 0.00       | 100        | 1.00             | *N/A*             | 0.00      | 0.00       | 0           | 19.00    | 2.00      | 2.00      | *N/A*           | 0.0        | 0.00       | 0.00      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 604          | 7.58       | 786        | *31.40           | *0.35             | 15.85     | 0.00       | 45          | 89.29    | 7.44      | 27.06     | *1              | *759.1     | *34.55     | *2.08     | \$275.028 |
| % of Calories                               |              |           |              | 11.29 %    |            | *20.79 %         | *0.23%            | 23.6%     | 0.0%       |             | 59.1%    |           | 17.9%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

Tuesday - 10/27/2026 Reimbursable Meal Total 300

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|-----------|
| 003339 RICE CHICKEN FRIED                   | 3/4 Cup      | 300       | 248                      | 0.38                   | 351                    | *0.88            | *0.38                         | 2.67      | *0.00      | 17          | 47.24    | 2.91      | 9.36      | *N/A*           | 17.4                   | 3.60       | 1.11      | \$15.090  |
| 003418 EGGROLL, CHICKEN                     | EACH         | 300       | 150                      | 1.00                   | 500                    | 1.00             | 1.00                          | 5.00      | 0.00       | 10          | 20.00    | 2.00      | 6.00      | *N/A*           | *N/A*                  | *N/A*      | 1.20      | \$10.106  |
| 002476 VEG, BROCCOLI STEAMED                | .5 CUP       | 300       | 26                       | 0.00                   | 22                     | 1.00             | *N/A*                         | 0.00      | 0.00       | 0           | 5.00     | 3.00      | 3.00      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 100       | 100                      | 0.00                   | 0                      | 19.00            | *N/A*                         | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0                   | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90                       | 0.11                   | 1                      | 12.35            | 0.00                          | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0                    | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69                       | 0.00                   | 2                      | *N/A*            | *N/A*                         | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4                   | 82.98      | 0.15      | \$0.000   |
| 000607 COOKIE, FORTUNE                      | COOKIE       | 300       | 18                       | 0.00                   | 2                      | 1.64             | *N/A*                         | 0.00      | *N/A*      | 0           | 4.11     | 0.00      | 0.33      | *N/A*           | 0.0                    | 0.00       | 0.00      | \$0.371   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0                  | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*                  | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 659                      | 2.88                   | 1034                   | *29.86           | *1.73                         | 10.36     | *0.00      | 42          | 114.23   | 11.32     | 29.57     | *1              | *432.2                 | *38.15     | *2.57     | \$32.306  |
| % of Calories                               |              |           |                          | 3.93%                  |                        | *18.12 %         | *1.05%                        | 14.1%     | *0.0%      |             | 69.3%    |           | 17.9%     |                 |                        |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0                  | <10                    | <=0                    |                  | <0                            | <=30      |            |             |          |           | 12.74     |                 | 338.62                 | 16.68      | 3.95      |           |

Wednesday - 10/28/2026 Reimbursable Meal Total 300

|                                                        | Portion Size   | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vit-A (mcg RAE) | Calc <sup>m</sup> (mg) | Vit-C (mg) | Iron (mg) | Cost     |
|--------------------------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------------------|------------|-----------|----------|
| 003492 CHEESE BITES MOZZARELLA (WILD MIKES FROM SYSCO) | SERVING (4 EA) | 300       | 280                      | 6.00                   | 460                    | 1.00             | 1.00                          | 10.00     | 0.00       | 35          | 28.00    | 2.00      | 19.00     | *N/A*           | 453.0                  | *N/A*      | 2.00      | \$19.227 |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002987 POTATO MCCAIN REG CRINKLE FRY        | SERVINGS     | 300       | 120          | 0.50       | 35         | 0.00             | *N/A*             | 5.00      | 0.00       | 0           | 20.01    | 1.00      | 1.00      | *N/A*           | 10.0       | 0.00       | 0.30      | \$0.000   |
| 002058 FRUIT, APPLE FRESH WHOLE             | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                 | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                 | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 617          | 8.01       | 654        | *26.34           | *1.35             | 17.69     | 0.00       | 50          | 85.90    | 6.41      | 30.88     | *1              | *877.8     | *34.55     | *2.56     | \$25.966  |
| % of Calories                               |              |           |              | 11.68 %    |            | *17.08 %         | *0.88%            | 25.8%     | 0.0%       |             | 55.7%    |           | 20.0%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Thursday - 10/29/2026

Reimbursable Meal Total 300

|                                                    | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|----------------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002777 SANDWICH, PB & GRAPE WG 2.6OZ               | EACH         | 100       | 300          | 3.00       | 280        | 14.00            | *N/A*             | 17.00     | 0.00       | 0           | 32.00    | 4.00      | 8.00      | *N/A*           | 20.0       | 0.00       | 1.44      | \$111.722 |
| 002778 SANDWICH, PB & STRAWWG 2.6OZ                | EACH         | 50        | 300          | 3.50       | 370        | 15.00            | 13.00             | 16.00     | 0.00       | 0           | 32.00    | 4.00      | 9.00      | *N/A*           | 44.0       | 0.00       | 1.00      | \$116.948 |
| 003176 SANDWICH, PB & CHOCOLATE WG 2.6 OZ          | EACH         | 50        | 298          | 3.45       | 273        | 10.99            | 9.53              | 16.24     | 0.01       | 0           | 32.04    | 3.74      | 9.30      | *N/A*           | 46.3       | 0.00       | 1.08      | \$7.299   |
| 003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ      | EACH         | 50        | 300          | 3.50       | 270        | 15.00            | 13.00             | 16.00     | 0.00       | 0           | 32.00    | 4.00      | 9.00      | *N/A*           | 40.0       | 0.00       | 1.10      | \$7.496   |
| 003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE) | EACH         | 50        | 570          | 7.00       | 430        | 13.00            | 11.00             | 33.00     | *N/A*      | *N/A*       | 49.00    | 9.00      | 20.00     | *N/A*           | 262.0      | *N/A*      | 4.00      | \$14.175  |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                               | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-----------------------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 001917 CHEESE, MOZZARELLA STRING LAND O LAKES | EACH         | 300       | 80           | 3.00       | 200        | 0.00             | 0.00              | 6.00      | *N/A*      | 20          | 1.00     | 0.00      | 6.00      | *N/A*           | 220.0      | *N/A*      | *N/A*     | \$28.316  |
| 003434 VEG, GREEN BEANS (SYSCO)               | #8 SCOOP     | 300       | 20           | 0.00       | 290        | 0.00             | 0.00              | 0.00      | 0.00       | 0           | 3.00     | 1.00      | 1.00      | *N/A*           | 30.0       | *N/A*      | 0.80      | \$167.156 |
| 002058 FRUIT, APPLE FRESH WHOLE               | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH                   | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH                   | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 002441 CC,MILK GALLON 1%                      | CUP          | 290       | 130          | 1.50       | 160        | 15.00            | *N/A*             | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)   | SERVING      | 10        | 138          | 0.53       | 116        | 11.64            | 10.58             | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                        |              |           | 661          | 8.41       | 967        | *39.00           | *8.11             | 27.89     | *0.00      | *34         | 76.73    | 9.20      | 28.43     | *1              | *736.9     | *34.55     | *2.74     | \$263.771 |
| % of Calories                                 |              |           |              | 11.45 %    |            | *23.60 %         | *4.91%            | 38.0%     | *0.0%      |             | 46.4%    |           | 17.2%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                     |              |           | 739 - 0      | <10        | <=0        |                  | <0                | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

Friday - 10/30/2026

Reimbursable Meal Total 300

|                                 | Portion Size | Reimb Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars¹ (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------|--------------|-----------|--------------|------------|------------|------------------|-------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 003055 TAMALE CHEESE WG (SYSCO) | SERVINGS     | 300       | 379          | 7.99       | 469        | 0.00             | 0.00              | 26.95     | 0.00       | 35          | 28.95    | 0.00      | 11.98     | *N/A*           | 265.5      | 0.00       | 1.00      | \$17.844  |
| 002673 VEG, CORN CANNED - SYSCO | #8 SCOOP     | 300       | 54           | 0.00       | 152        | 5.42             | *N/A*             | 0.54      | 0.00       | 0           | 10.83    | 1.08      | 1.08      | *N/A*           | 3.2        | 0.00       | 0.00      | \$136.438 |
| 002058 FRUIT, APPLE FRESH WHOLE | 1 EACH       | 100       | 100          | 0.00       | 0          | 19.00            | *N/A*             | 0.00      | 0.00       | 0           | 25.00    | 4.00      | 0.00      | *N/A*           | 20.0       | 8.40       | 0.36      | \$0.000   |
| 000086 FRUIT, ORANGES FRESH     | EACH         | 100       | 69           | 0.00       | 2          | *N/A*            | *N/A*             | 0.00      | 0.00       | 0           | 17.82    | 3.39      | 1.70      | *N/A*           | 59.4       | 82.98      | 0.15      | \$0.000   |
| 000068 FRUIT, BANANAS FRESH     | EACH         | 100       | 90           | 0.11       | 1          | 12.35            | 0.00              | 0.33      | 0.00       | 0           | 23.07    | 2.63      | 1.10      | 3               | 5.0        | 8.79       | 0.26      | \$0.000   |

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

|                                             | Portion Size | Reimb Qty | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|---------------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| 002441 CC,MILK GALLON 1%                    | CUP          | 290       | 130                      | 1.50                   | 160                    | 15.00            | *N/A*                         | 2.50      | 0.00       | 15          | 16.00    | 0.00      | 10.00     | *N/A*           | 400.0      | 1.20       | 0.00      | \$0.000   |
| 000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ) | SERVING      | 10        | 138                      | 0.53                   | 116                    | 11.64            | 10.58                         | 4.76      | 0.00       | 0           | 13.76    | 2.12      | 8.47      | *N/A*           | *N/A*      | *N/A*      | *N/A*     | \$202.162 |
| Weighted Daily Average                      |              |           | 650                      | 9.49                   | 780                    | *30.76           | *0.35                         | 30.18     | 0.00       | 49          | 77.67    | 4.49      | 23.94     | *1              | *683.6     | *34.55     | *1.26     | \$161.020 |
| % of Calories                               |              |           |                          | 13.14 %                |                        | *18.93 %         | *0.22%                        | 41.8%     | 0.0%       |             | 47.8%    |           | 14.7%     |                 |            |            |           |           |
| Weekly Nutrient Guideline                   |              |           | 739 - 0                  | <10                    | <=0                    |                  | <0                            | <=30      |            |             |          |           | 12.74     |                 | 338.62     | 16.68      | 3.95      |           |

|                   |  | Cals <sup>1</sup> (kcal) | S-Fat <sup>1</sup> (g) | Sodm <sup>1</sup> (mg) | Total Sugars (g) | Added Sugars <sup>1</sup> (g) | T-Fat (g) | Tr-Fat (g) | Cholst (mg) | Carb (g) | Fiber (g) | Protn (g) | Vlt-A (mcg RAE) | Calcm (mg) | Vit-C (mg) | Iron (mg) | Cost      |
|-------------------|--|--------------------------|------------------------|------------------------|------------------|-------------------------------|-----------|------------|-------------|----------|-----------|-----------|-----------------|------------|------------|-----------|-----------|
| Weighted Averages |  | 653                      | 7.25                   | 1015                   | *32.29           | *3.11                         | 19.41     | *0.00      | *57         | 89.70    | 8.08      | *32.01    | *6              | *617.4     | *37.43     | *2.92     | \$241.423 |
| % of Calories     |  |                          | 9.99%                  |                        | *19.78 %         | *1.91%                        | 26.8%     | *0.0%      |             | 54.9%    |           | *19.6%    |                 |            |            |           |           |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
¹ - denotes required nutrient values  
Added Sugars target is informational only, with an effective date of July 1, 2027.  
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.