



GRIDLEY HIGH SCHOOL

DAILY BULLETIN



Monday, December 1st, 2025

New Information

To kick off our Winter Wellness Week, we'll be hosting a Hallway Bingo Event on December 3rd. Visit the hallway to check out tables from our school clubs and organizations, each sharing helpful wellness information. Complete your bingo card for a chance to win prizes, including Dutch Bros, Starbucks, and more!

Teens have a higher risk of addiction:

Teens who start drinking before age 15 are 4–6 times more likely to develop alcohol dependence as adults.

The earlier the exposure to any substance, the higher the likelihood of a lifelong substance-use disorder.

Why it's harmful:

Adolescence is a “high-risk window” — the brain becomes conditioned to rely on substances more quickly than in adults.

Attention Seniors! The Counseling Department invites you to join Grounded Seniors, a small lunch group designed to help you find calm, balance, and connection during this busy season.

We'll meet the first three Wednesdays in December during lunch in Room 603.

Lunch will be provided!

Come take a midweek breather, share with peers, and learn strategies to manage stress and expectations as you finish strong this semester.

Sign up by scanning the QR code on the flyers in Mr. Stark's, Mr. Sarginson's or Mr. McCabe's classes!



Sports Today:



No Sports

| Day | Date | Sport | Level | Opponent | Release |
|-----|------|-------|-------|----------|---------|
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Today's Birthdays



Minerva Olivas Alanis

And remember at GHS

We Grow, We Honor, and We Succeed.

Reminders

Scholarship Portfolio

If you have not started your scholarship portfolio,
go to the GHS website and under the counseling link click on
SCHOLARSHIP PORTFOLIO:

RESUME RESOURCES AND POSTED SCHOLARSHIPS:
click link to access all of the resume resources and all posted scholarships.

**Students can see scholarship eligibility,
how/where to apply and scholarship deadlines.**

 **Did you know you can look up library books using your chromebook?** 

On your Chromebook:

**go to CLEVER,
click LIBRARY RESOURCES,
click FOLLETT DESTINY.**

You can search by title, author, or topic in the search bar.

Tutoring

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| Monday | 3:15-4:15 | Room #509 |
| Tuesday | 3:15-4:15 | Room #509 |
| Wednesday | 2:15-3:15 | Room #509 |
| Thursday | 3:15-4:15 | Room #509 |