



CAPISTRANO VALLEY HIGH SCHOOL

2025-2026 BLOCK/BELL SCHEDULE

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 18 – 22 No PLC	Student Free Day	** Welcome Day Minimum Day <i>No 0 period/No GOLD Time</i>	B Traditional <i>YES 0 period/No GOLD Time</i>	0-2-GT ² -4-6	0-1-GT ⁵ -3-5
Aug 25 – 29	Late Start Traditional	0-2-GT ⁴ -4-6	0-1-GT ¹ -3-5	0-2-GT ⁶ -4-6	0-1-GT ³ -3-5
Sept 01 – 05	Labor Day Holiday	0-2-GT ² -4-6	0-1-GT ⁵ -3-5	0-2-GT ⁴ -4-6 Back To School Night	E 1-3-5 Minimum Day No zero period
Sept 08 – 12	Late Start Traditional	0-2-GT ^E -4-6	0-1-GT ^M -3-5	0-2-GT ^L -4-6	0-1- GT ^H -3-5
Sept 15 – 19	Late Start Traditional	0-2-GT ^P -4-6	0-1-GT ^S -3-5	0-2-GT ^M -4-6	0-1- GT [*] -3-5
Sept 22 – 26	Late Start Traditional	0-2-GT ^E -4-6	0-1-GT ^M -3-5	0-2-GT ^L -4-6	0-1- GT ^H -3-5
Sept 29 – Oct 03	Late Start Traditional	0-2-GT ^P -4-6	0-1-GT ^S -3-5	0-2-GT ^M -4-6	0-1-GT ^E -3-5 <i>6 wk. progress report</i> Level/Drop Deadline
Oct 06 – 10	Late Start Traditional	0-2-GT ^E -4-6	0-1-GT ^M -3-5	0-2-GT ^L -4-6	0-1- GT ^H -3-5
Oct 13 – 17	Late Start Traditional	0-2-GT ^P -4-6	0-1-GT ^S -3-5	0-2-GT ^{**} -4-6	0-1-GT ^E -3-5
Oct 20 – 24	Late Start Traditional	0-2-GT ^E -4-6	0-1-GT ^M -3-5	0-2-GT ^L -4-6	0-1-GT ^H -3-5
Oct 27 – 31	Late Start Traditional	0-2-GT ^P -4-6	0-1-GT ^S -3-5	0-2-GT ^M -4-6	0-1-GT ^E -3-5
Nov 03 – 07	Student Free Day – PD	0-2-GT ^E -4-6	0-1-GT ^M -3-5	0-2-GT ^L -4-6	0-1-GT ^H -3-5
Nov 10 – 14 No PLC	0-2-GT ^P -4-6	Veterans Day Holiday	0-1-GT ^S -3-5	0-2-GT ^M -4-6	0-1-GT ^E -3-5 <i>12 wk. progress report</i>
Nov 17 – 21	Late Start Traditional	0-2-GT ^E -4-6	0-1-GT ^M -3-5	0-2-GT ^L -4-6	0-1- GT ^H -3-5
Nov 24 – 28	Thanksgiving Recess				
Dec 01 – 05	Late Start Traditional	0-2-GT ^P -4-6	0-1-GT ^S -3-5	0-2-GT ^M -4-6	0-1-GT ^E -3-5
Dec 08 – 12	Late Start Traditional	0-2-GT ^E -4-6	0-1-GT ^M -3-5	0-2-GT ^L -4-6 0 Period Finals 1 of 2	0-1-GT ^H -3-5 0 Period Finals 2 of 2
Dec 15 – 19	Late Start Traditional	F Finals - 1/6	F Finals - 2/5	F Finals – 3/4	Student Free Day

All students must attend a GOLD Time (GT).

Nonattendance at GOLD time is considered a truancy!

Priority Days: English (E), Math (M), World Language (L), Social Studies (H), PE/VAPA (P), and Science (S)
Bell/Block Schedule is subject to change. All changes will be posted online and every effort will be made to inform students and families.

NOTE: GT* and GT** TBA

UPDATED 09.22.2025 CPH



CAPISTRANO VALLEY HIGH SCHOOL

2025-2026 BLOCK/BELL SCHEDULE

A: Late Start-Traditional

Period 1	9:00 AM	9:53 AM	53
Passing	9:53 AM	10:03 AM	10
Period 2	10:03 AM	10:51 AM	48
Break	10:51 AM	10:56 AM	5
Passing	10:56 AM	11:06 AM	10
Period 3	11:06 AM	11:54 AM	48
Passing	11:54 AM	12:04 PM	10
Period 4	12:04 PM	12:52 PM	48
Lunch	12:52 PM	1:24 PM	32
Passing	1:24 PM	1:34 PM	10
Period 5	1:34 PM	2:22 PM	48
Passing	2:22 PM	2:32 PM	10
Period 6	2:32 PM	3:20 PM	48

B/B*: Traditional (w/no GOLD Time)

*Period 0	7:20 AM	8:20 AM	60
Period 1	8:30 AM	9:28 AM	58
Passing	9:28 AM	9:38 AM	10
Period 2	9:38 AM	10:31 AM	53
Break	10:31 AM	10:36 AM	5
Passing	10:36 AM	10:46 AM	10
Period 3	10:46 AM	11:39 AM	53
Passing	11:39 AM	11:49 PM	10
Period 4	11:49 PM	12:42 PM	53
Lunch	12:42 PM	1:14 PM	32
Passing	1:14 PM	1:24 PM	10
Period 5	1:24 PM	2:17 PM	53
Passing	2:17 PM	2:27 PM	10
Period 6	2:27 PM	3:20 PM	53

C: Block Day Tues-Fri

Period 0	7:20 AM	8:20 AM	60
Period 1/2	8:30 AM	10:14 AM	104
Break	10:14 AM	10:19 AM	5
Passing	10:19 AM	10:29 AM	10
GOLD Time (GT)	10:29 AM	11:00 AM	31
Passing	11:00 AM	11:10 AM	10
Period 3/4	11:10 AM	12:54 PM	104
Lunch	12:54 PM	1:26 PM	32
Passing	1:26 PM	1:36 PM	10
Period 5/6	1:36 PM	3:20 PM	104

D: Minimum Day (All Periods 1 – 6)

Period 1	8:30 AM	9:09 AM	39
Passing	9:09 AM	9:16 AM	7
Period 2	9:16 AM	9:55 AM	39
Passing	9:55 AM	10:02 AM	7
Period 3	10:02 AM	10:41 AM	39
Break	10:41 AM	10:51 AM	10
passing	10:51 AM	10:58 AM	7
Period 4	10:58 AM	11:37 AM	39
Passing	11:37 AM	11:44 AM	7
Period 5	11:44 AM	12:23 PM	39
Passing	12:23 PM	12:30 PM	7
Period 6	12:30 PM	1:09 PM	39

E/E*: Minimum Day (Block Day)

*Period 0	7:20 AM	8:20 AM	60
Period 1/2	8:30 AM	9:55 AM	85
Break	9:55 AM	10:00 AM	5
Passing	10:00 AM	10:10 AM	10
Period 3/4	10:10 AM	11:35 AM	85
Passing	11:35 AM	11:45 AM	10
Period 5/6	11:45 AM	1:10 PM	85

F: Finals

1 st Final	8:30 AM	10:30 AM	120
Break	10:30 AM	10:35 AM	5
Passing	10:35 AM	10:45 AM	10
2 nd Final	10:45 AM	12:45 PM	120

Special Schedules

**** Modified bell schedule for Welcome Day**

Will be published via School Messenger and CVHS.com