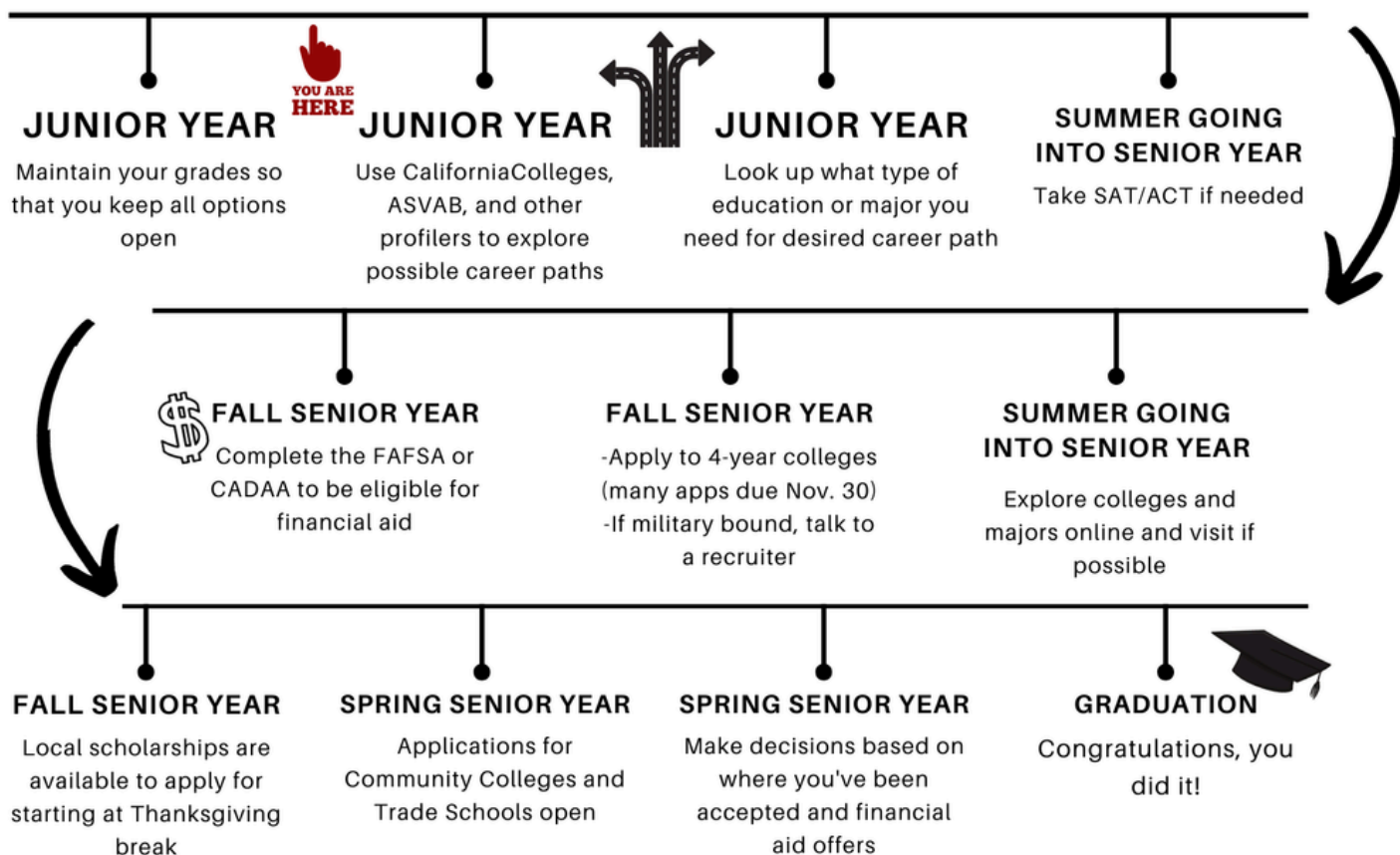


JUNIOR RESOURCES



Opportunities Through PHS

College Fair - October 7, 2026

This is a great way to learn about colleges and the majors, sports, and housing opportunities they offer

College Rep Visits - (Year round)

This is a more personalized way to get to know about specific colleges and ask questions

Dual Enrollment

This is where you earn college credit through courses taken at Folsom Lake College, while still in high school - for free! Reach out for more details

ROP

(Starting at 16 years old)

The Regional Occupational Program provides free courses that prepare students for Career Technical Education through the district

Career Expo & Hiring Fair - March 4, 2027

Come learn about careers and the education you need to apply. Get a summer job at the Hiring Fair

Clubs (Year round)

Clubs are a great way to get involved, form relationships, and gain experience. Many clubs offer community service opportunities

ASVAB CEP (Fall and Spring)

The Armed Services Vocational Aptitude Battery Career Exploration Program is a world class program offered to high school students. The ASVAB is required for military entrance, but students can also take it exclusively to learn about what careers (military and civil) they might be good at based on their current skills and knowledge

Ponderosa High School Graduation Requirements For Class of 2028

English	40 credits
Social Studies (World Hist., U.S. Hist., Gov't., Econ.)	30 credits
Math	30 credits
Physical Science	10 credits
Life Science	10 credits
Health	5 credits
Computer Technology (ICT)	5 credits
Physical Education	20 credits
Fine Arts/ Foreign Language/CTE	20 credits
Additional Credits	70 credits
Total:	240 credits

A-G College Entrance Requirements

- A. **English**—4 years
- B. **Math** —3 years**
(Including Algebra 2)
- A. **Social Science**—2 years **
- D. **Lab Science**—2 years **
(Biology, Ag Biology, Chemistry, Adv Chem, Physics,
Environmental Science, Honors Physiology,
AP Biology, AP Physics, AP Environmental)
- E. **Foreign Language**—2 years **
- F. **Visual Performing Art**—1 year
- G. **College Prep Elective**—1 year

**Competitive schools recommend taking at least one additional year.

NCAA/NAIA

www.ncaa.org

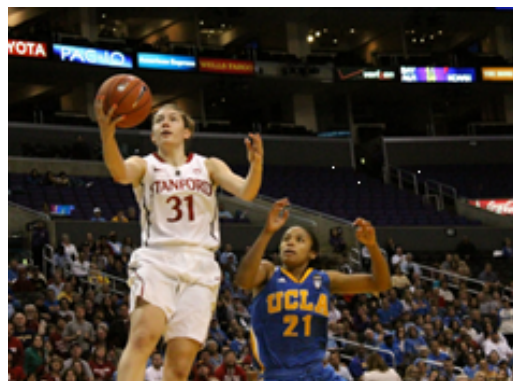
<https://www.naia.org>

Register NOW!!!

The Clearinghouse no longer requires SAT or ACT scores as an eligibility requirement for the class of 2028.

Transcripts must be uploaded to the Clearinghouse at the end of junior year (see our Registrar if you have questions about this).

Academic requirements are just as important as the A-G's and actually require one more academic class than the 4-year college A-G admissions requirements. Stop by the CCC if you need your transcript reviewed.



OPTIONS AFTER HIGH SCHOOL

POST-SECONDARY EDUCATION

4-year college
2 year Associates degree, then transfer to 4 yr.
2 year Associates degree
Certificate Program
**If you are interested in college athletics talk to your counselor about NCAA OR NAIA
Clearinghouses!

ON-THE-JOB TRAINING

Apprenticeship program
calapprenticeship.org & dir.ca.gov
Military (take the ASVAB)
[ASVAB Test & Preparation](#)

WORK

Full-time employment

Tip: Attend the Career Expo next Spring!

Link to a local job board!



RESEARCH CAREERS

MYNEXTMOVE.ORG

<https://www.mynextmove.org/>

Career research tool. Describe what you want to be in a few words, and My Next Move gives you helpful resources on how to get to your future dream job.

CALIFORNIA COLLEGES

<https://www.californiacolleges.edu>

College and Career exploration. Sign in with your school email!

BUREAU OF LABOR STATISTICS

<https://www.bls.gov/>

Check out the Occupational Outlook Handbook for information on duties, education, training and pay for the job you are interested in.

ROADTRIP NATION

<https://roadtripnation.com/explore>

Research the career you are interested in or search for careers based on your skills and interests.

RESEARCH COLLEGES

CALIFORNIA COLLEGES

<https://www.californiacolleges.edu>

College and Career exploration. Register your account and sign in with your school email!

COLLEGE NAVIGATOR

<https://nces.ed.gov/collegenavigator/>

An interactive website that provides information about different institutions, including programs and majors, admissions considerations and more.

COLLEGE SCORECARD

<https://collegescorecard.ed.gov/>

U.S Department of Education comparison tool.

COLLEGEBOARD.ORG

<https://bigfuture.collegeboard.org/>

Find colleges, explore careers, learn how to pay for college, plus other helpful resources.

NICHE.COM

<https://www.niche.com/>

Find colleges, explore careers, learn how to pay for college, plus other helpful resources.

HOW TO GET INFO

ASK: Parents, Counselors, Teachers, Coaches, etc.

ATTEND: Workshops, events, and rep visits

VISIT: The College & Career Center and your Counselor

CHECK: The PHS website and your school email

LISTEN: To announcements

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PHS COLLEGE & CAREER CENTER (CCC)

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