

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 31, 2026

Menu Name:	High School Breakfast	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 10/05/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
003025 2-Pizza, Breakfast, I/W-Piazza	each	1	38.47
990635 Bussin' Quesadilla	servings	1	23.92
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	49.00
990697 Cereal, Trix 2oz	bowl	1	47.00
990392 Other			
001039 TOTAL			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00

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Oct 5, 2026 thru Oct 31, 2026

001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
Weighted Daily Average			87.49
% of Calories			54.3%
Weekly Nutrient Guideline			

Tuesday - 10/06/2026

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
003507 2-Burrito Chorizo Egg & Potato	each	1	42.51
990541 2-Muffin, Blueberry	each	1	38.20
990500 2-Bagel w/ Cream Cheese 3 oz	serving	1	49.05
990632 Cinna Cereal Bites - ONLY	each	1	26.00
990392 Other			
001039 TOTAL			
990357 2-Grapes, fresh	1/2 cup	1	14.82
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00

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001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			86.86
% of Calories			55.1%
Weekly Nutrient Guideline			

Wednesday - 10/07/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990681 Veggie Scramble	servings	1	19.86
990594 2-Breakfast Scone Dough Chocolate Chip	each	1	73.90
001711 2-PB&J - Breakfast	1 each	1	69.18
990698 Cereal, Cinn Toast Crunch 2oz	bowl	1	43.00
990392 Other			
001039 TOTAL			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White,	8 oz	2	16.00

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Oct 5, 2026 thru Oct 31, 2026

Crystal Creamery			
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			102.97
% of Calories			54.6%
Weekly Nutrient Guideline			

Thursday - 10/08/2026

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990537 2-Bagel, Egg & Cheese	each	1	48.04
001281 2-Cinnamon Roll 2.5oz RICH'S	each	1	57.26
990183 2-UBR Ultimate Breakfast Round	each	1	41.92
990696 Cereal, Blueberry Chex 2oz	servings	1	46.00
990392 Other			
001039 TOTAL			
000813 2-Raisins, Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			

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Oct 5, 2026 thru Oct 31, 2026

990404 j-Cracker Graham	Serving	1	21.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			110.14
% of Calories			63.5%
Weekly Nutrient Guideline			

Friday - 10/09/2026

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990385 2-Waffle Buttery Maple	Each	1	37.00
990580 2-Muffin, English w/Sausage, Cheese	each	1	25.00
990544 2-Yogurt w/ Blueberries	serving	1	47.76
990697 Cereal, Trix 2oz	bowl	1	47.00
990392 Other			
001039 TOTAL			
003187 2-Applesauce, cup	1/2 cup	1	13.95
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			

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Oct 5, 2026 thru Oct 31, 2026

001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			86.57
% of Calories			65.3%
Weekly Nutrient Guideline			

Monday - 10/12/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990386 2-Donut, WG, Chocolate BK 1939	Each	1	41.00
990454 2-French Toast Sticks, WG	Serving	1	38.00
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
990291 2-Cereal, Cocoa Puffs w/ graham cracker	bowl	1	44.53
990392 Other			
001039 TOTAL			
990670 1-Pears, HALVED, canned-USDA	servings	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00

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Oct 5, 2026 thru Oct 31, 2026

001036 .			
001039 TOTAL			
990404 j-Cracker Graham	Serving	1	21.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			93.73
% of Calories			64.0%
Weekly Nutrient Guideline			

Tuesday - 10/13/2026

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990312 2-Cheese & Egg Breakfast Sandwich	each	1	34.01
990677 Banana Chocolate Chip Muffin	Muffins	1	53.71
990694 Bagel w/ Jalapeno Cream Cheese 3 oz	serving	1	50.11
990633 Vanilla Bean Cereal Bites - ONLY	each	1	26.00
990392 Other			
001039 TOTAL			
990357 2-Grapes, fresh	1/2 cup	1	14.82

Portion Values

Oct 5, 2026 thru Oct 31, 2026

001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z- Milk,Strawberry,Crystal Cream	8 oz	1	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			89.55
% of Calories			56.8%
Weekly Nutrient Guideline			

Wednesday - 10/14/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990621 2-Egg, Sausage, & Cheese English Muffin	ea	1	24.16
000840 2-Pancake on a Stick	Each	1	18.18
001711 2-PB&J - Breakfast	1 each	1	69.18
990696 Cereal, Blueberry Chex 2oz	servings	1	46.00
990392 Other			
001039 TOTAL			

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Portion Values

Oct 5, 2026 thru Oct 31, 2026

000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
990404 j-Cracker Graham	Serving	1	21.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			93.83
% of Calories			53.8%
Weekly Nutrient Guideline			

Thursday - 10/15/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990623 2-Pancake Sausage Cheese Sandwich	Serving	1	56.68
001969 2-Yogurt Parfait, Peach	servings	1	57.15
990617 2-Banana Muffin-Batter WG	Servings	1	48.65
990493 2-Cereal, Apple Cinnamon Cheerios/	serving	1	43.00

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Oct 5, 2026 thru Oct 31, 2026

Cracker			
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
990404 j-Cracker Graham	Serving	1	21.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk,Strawberry,Crystal Cream	8 oz	1	22.00
990206 2-Syrup-only	each	1	28.68
Weighted Daily Average			123.78
% of Calories			70.5%
Weekly Nutrient Guideline			

Friday - 10/16/2026

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990432 2-Burrito Egg Potato & Cheese	each	1	24.59

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Oct 5, 2026 thru Oct 31, 2026

990542 2-Muffin, Double Chocolate Chip	each	1	39.69
990557 2-Burrito, Los Cabos	each	1	40.86
990634 Cocoa Cereal Bites - ONLY	each	1	28.00
990392 Other			
001039 TOTAL			
990679 Fresh Blueberries	servings	1	10.50
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			77.55
% of Calories			52.7%
Weekly Nutrient Guideline			

Monday - 10/19/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
003025 2-Pizza, Breakfast,	each	1	38.47

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Oct 5, 2026 thru Oct 31, 2026

I/W-Piazza			
990635 Bussin' Quesadilla	servings	1	23.92
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	49.00
990697 Cereal, Trix 2oz	bowl	1	47.00
990392 Other			
001039 TOTAL			
000477 2-Peaches, sliced, canned	1/2 cup	1	13.09
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
001661 2-Ketchup, packet, 9 gram	1 each	1	2.00
Weighted Daily Average			87.49
% of Calories			54.3%
Weekly Nutrient Guideline			

Tuesday - 10/20/2026

Reimbursable Meal Total 3

Portion Values

Oct 5, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
003507 2-Burrito Chorizo Egg & Potato	each	1	42.51
990541 2-Muffin, Blueberry	each	1	38.20
990500 2-Bagel w/ Cream Cheese 3 oz	serving	1	49.05
990632 Cinna Cereal Bites - ONLY	each	1	26.00
990392 Other			
001039 TOTAL			
990357 2-Grapes, fresh	1/2 cup	1	14.82
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			86.86
% of Calories			55.1%
Weekly Nutrient Guideline			

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 31, 2026

Wednesday - 10/21/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990681 Veggie Scramble	servings	1	19.86
990594 2-Breakfast Scone Dough Chocolate Chip	each	1	73.90
001711 2-PB&J - Breakfast	1 each	1	69.18
990698 Cereal, Cinn Toast Crunch 2oz	bowl	1	43.00
990392 Other			
001039 TOTAL			
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00

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Portion Values

Oct 5, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Carb (g)
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			102.97
% of Calories			54.6%
Weekly Nutrient Guideline			

Thursday - 10/22/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990537 2-Bagel, Egg & Cheese	each	1	48.04
001281 2-Cinnamon Roll 2.5oz RICH'S	each	1	57.26
990183 2-UBR Ultimate Breakfast Round	each	1	41.92
990696 Cereal, Blueberry Chex 2oz	servings	1	46.00
990392 Other			
001039 TOTAL			
000813 2-Raisins, Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			

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Portion Values

Oct 5, 2026 thru Oct 31, 2026

990404 j-Cracker Graham	Serving	1	21.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			110.14
% of Calories			63.5%
Weekly Nutrient Guideline			

Friday - 10/23/2026

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990168 Week 2			
990385 2-Waffle Buttery Maple	Each	1	37.00
990580 2-Muffin, English w/Sausage, Cheese	each	1	25.00
990544 2-Yogurt w/ Blueberries	serving	1	47.76
990697 Cereal, Trix 2oz	bowl	1	47.00
990392 Other			
001039 TOTAL			
003187 2-Applesauce, cup	1/2 cup	1	13.95
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			

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Portion Values

Oct 5, 2026 thru Oct 31, 2026

001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			86.57
% of Calories			65.3%
Weekly Nutrient Guideline			

Monday - 10/26/2026

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990386 2-Donut, WG, Chocolate BK 1939	Each	1	41.00
990454 2-French Toast Sticks, WG	Serving	1	38.00
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	47.00
990291 2-Cereal, Cocoa Puffs w/ graham cracker	bowl	1	44.53
990392 Other			
001039 TOTAL			
990670 1-Pears, HALVED, canned-USDA	servings	1	0.66
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00

Base Menu Spreadsheet

Portion Values

Oct 5, 2026 thru Oct 31, 2026

001036 .			
001039 TOTAL			
990404 j-Cracker Graham	Serving	1	21.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			93.73
% of Calories			64.0%
Weekly Nutrient Guideline			

Tuesday - 10/27/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990312 2-Cheese & Egg Breakfast Sandwich	each	1	34.01
990677 Banana Chocolate Chip Muffin	Muffins	1	53.71
990694 Bagel w/ Jalapeno Cream Cheese 3 oz	serving	1	50.11
990633 Vanilla Bean Cereal Bites - ONLY	each	1	26.00
990392 Other			
001039 TOTAL			
990357 2-Grapes, fresh	1/2 cup	1	14.82

Portion Values

Oct 5, 2026 thru Oct 31, 2026

001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z- Milk,Strawberry,Crystal Cream	8 oz	1	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			89.55
% of Calories			56.8%
Weekly Nutrient Guideline			

Wednesday - 10/28/2026 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990621 2-Egg, Sausage, & Cheese English Muffin	ea	1	24.16
000840 2-Pancake on a Stick	Each	1	18.18
001711 2-PB&J - Breakfast	1 each	1	69.18
990696 Cereal, Blueberry Chex 2oz	servings	1	46.00
990392 Other			
001039 TOTAL			

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Portion Values

Oct 5, 2026 thru Oct 31, 2026

000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
990404 j-Cracker Graham	Serving	1	21.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			93.83
% of Calories			53.8%
Weekly Nutrient Guideline			

Thursday - 10/29/2026

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990623 2-Pancake Sausage Cheese Sandwich	Serving	1	56.68
001969 2-Yogurt Parfait, Peach	servings	1	57.15
990617 2-Banana Muffin-Batter WG	Servings	1	48.65
990493 2-Cereal, Apple Cinnamon Cheerios/	serving	1	43.00

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Portion Values

Oct 5, 2026 thru Oct 31, 2026

Cracker			
990392 Other			
001039 TOTAL			
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
990404 j-Cracker Graham	Serving	1	21.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk,Strawberry,Crystal Cream	8 oz	1	22.00
990206 2-Syrup-only	each	1	28.68
Weighted Daily Average			123.78
% of Calories			70.5%
Weekly Nutrient Guideline			

Friday - 10/30/2026

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Carb (g)
990167 Week 1			
990432 2-Burrito Egg Potato & Cheese	each	1	24.59

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990542 2-Muffin, Double Chocolate Chip	each	1	39.69
990557 2-Burrito, Los Cabos	each	1	40.86
990634 Cocoa Cereal Bites - ONLY	each	1	28.00
990392 Other			
001039 TOTAL			
990679 Fresh Blueberries	servings	1	10.50
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001036 .			
001039 TOTAL			
001876 2-Milk, White, Crystal Creamery	8 oz	2	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001877 z-Milk, Strawberry, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			77.55
% of Calories			52.7%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		95.25
% of Calories		59.0%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

***NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*