

Menu Name:

PRE-SCHOOL BREAKFAST

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 12/01/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003143 BREAKFAST FRENCH TOAST STICKS PERFORATED	SERVINGS	300	170	1.00	290	5.00	5.00	4.00	0.00	105	25.00	2.00	8.00	*N/A*	4.0	0.00	10.00	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	300	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	75	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	75	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	75	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	75	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			447	2.47	471	46.00	*5.00	6.57	0.00	119	77.53	4.07	18.18	*0	*400.7	*1.16	*10.04	\$12.326
% of Calories				4.97%		41.16%	*4.47%	13.2%	0.0%		69.4%		16.3%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Tuesday - 12/02/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003162 BRKFST, OMELET CHEDDAR W/BISCUIT	SERVING	280	350	8.50	770	*N/A*	*N/A*	21.00	0.00	170	29.00	2.00	12.00	*N/A*	168.0	0.00	1.88	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	10	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	10	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	300	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			531	9.40	910	*27.97	*N/A*	22.33	0.00	173	61.10	4.23	21.47	*0	568.1	3.66	2.22	\$0.000
% of Calories				15.93 %		*21.07 %	*N/A*	37.8%	0.0%		46.0%		16.2%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Wednesday - 12/03/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000279 YOGURT PARFAIT, STRAWBERRY BWG	SERVING	300	310	7.31	177	*11.06	*0.00	10.80	0.00	2	51.17	3.66	5.06	*1	133.3	52.40	2.14	\$0.000
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			509	8.78	337	*26.06	*0.00	13.37	0.00	17	85.03	7.12	16.69	*1	589.3	136.55	2.33	\$0.000
% of Calories				15.52 %		*20.48 %	*0.00%	23.6%	0.0%		66.8%		13.1%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Thursday - 12/04/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003242 BRKFST, PIZZA TURKEY SAUSAGE WG	EACH	280	200	2.00	330	2.00	*N/A*	7.00	0.00	15	25.00	2.00	9.00	*N/A*	150.0	0.00	1.70	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	10	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	10	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			421	3.45	495	30.19	*0.00	9.60	0.00	28	65.44	4.86	19.77	*3	548.4	9.95	2.07	\$0.000
% of Calories				7.38%		28.68%	*N/A*	20.5%	0.0%		62.2%		18.8%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Friday - 12/05/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	300	318	*4.20	541	*2.51	*2.11	8.20	*0.00	*22	*43.48	*0.44	13.27	*0	256.8	*2.17	*2.86	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			549	*5.67	699	*36.51	*2.11	10.77	*0.00	*37	*84.52	*4.50	23.20	*0	673.4	*11.73	*3.26	\$0.000
% of Calories				*9.30%		*26.60 %	*1.54%	17.7%	*0.0%		*61.6%		16.9%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Monday - 12/08/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003154 WAFFLE WG MAPLE CHIP BAKE CRAFTERS	4 WAFFLES	300	180	0.00	200	8.00	*N/A*	72.00	0.00	10	30.00	2.00	4.00	*N/A*	91.4	*N/A*	1.40	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	300	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	75	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	75	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	75	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	75	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			457	1.47	381	49.00	*N/A*	74.57	0.00	24	82.53	4.07	14.18	*0	*488.1	*1.16	*1.44	\$12.326
% of Calories				2.89%		42.89%	*N/A*	146.9%	0.0%		72.2%		12.4%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Tuesday - 12/09/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003199 BURRITO, BRK COUNTRY	SERVING	280	760	15.75	2361	*2.00	*N/A*	41.67	0.00	260	78.52	8.50	18.00	*N/A*	125.4	3.00	4.32	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	10	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	10	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	300	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			914	16.17	2394	*29.83	*N/A*	41.63	0.00	257	107.32	10.30	27.07	*0	528.3	6.46	4.50	\$0.000
% of Calories				15.92 %		*13.05 %	*N/A*	41.0%	0.0%		47.0%		11.8%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Wednesday - 12/10/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003177 SANDWICH, PB & RASPBERRY JAM WG 2.6 OZ	EACH	290	300	3.50	270	15.00	13.00	16.00	0.00	0	32.00	4.00	9.00	*N/A*	40.0	0.00	1.10	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	5	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
003241 WOWBUTTER & STRAWBERRY JAM WG (PEANUT FREE)	EACH	5	570	7.00	430	13.00	11.00	33.00	*N/A*	*N/A*	49.00	9.00	20.00	*N/A*	262.0	*N/A*	4.00	\$0.000
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			504	5.00	432	*29.72	*12.75	18.87	*0.00	*14	66.15	7.56	20.83	*0	499.8	*84.14	1.36	\$0.000
% of Calories				8.93%		*23.59 %	*10.32 %	33.7%	*0.0%		52.5%		16.5%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Thursday - 12/11/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002317 SCONES, ASSORTED WG 2 GRAINS	SERVINGS	300	280	3.08	193	21.22	*N/A*	7.75	0.02	11	50.50	3.52	4.05	*N/A*	120.0	2.55	1.76	\$0.000
003209 YOGURT, STRAWBERRY & BANANA TRIX (SYSCO)	SERVING	300	80	0.00	65	5.00	*N/A*	0.50	0.00	0	15.00	0.00	4.00	*N/A*	140.0	0.00	0.00	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			581	4.65	417	53.58	*0.00	11.15	0.02	25	104.60	6.22	19.08	*3	661.7	12.50	2.05	\$0.000
% of Calories				7.20%		36.89%	*N/A*	17.3%	0.0%		72.0%		13.1%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Friday - 12/12/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	100	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	100	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	100	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			457	1.63	468	49.33	*N/A*	6.57	0.00	14	86.37	7.73	13.60	*0	600.0	12.56	7.06	\$0.000
% of Calories				3.21%		43.18%	*N/A*	12.9%	0.0%		75.6%		11.9%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Monday - 12/15/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003240 PANCAKE, BUTTERMILK 4IN (2 PER SERVING)	SERVING	300	147	0.00	367	4.67	*N/A*	2.00	*N/A*	0	28.00	1.33	4.00	0	33.3	0.00	1.67	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	300	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	75	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	75	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	75	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	75	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			423	1.47	547	45.67	*N/A*	4.57	*0.00	14	80.53	3.40	14.18	*0	*430.0	*1.16	*1.70	\$12.326
% of Calories				3.13%		43.19%	*N/A*	9.7%	*0.0%		76.2%		13.4%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Tuesday - 12/16/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003198 BURRITO, BRK LOADED BACON	SERVING	280	466	9.30	932	*1.00	*N/A*	24.57	0.00	190	39.50	6.50	21.09	*N/A*	6.0	3.00	6.88	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	10	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	10	220	0.00	390	17.00	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	300	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			640	10.15	1061	*28.90	*N/A*	25.67	0.00	192	70.90	8.43	29.95	*0	416.9	6.46	6.88	\$0.000
% of Calories				14.27 %		*18.06 %	*N/A*	36.1%	0.0%		44.3%		18.7%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Wednesday - 12/17/2025 Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	300	334	2.00	208	29.00	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000
000676 FRUIT, ORANGE WEDGES FRESH	4 WEDGES	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			533	3.47	368	*44.00	*N/A*	13.30	0.00	49	90.62	6.93	16.80	*0	572.7	84.14	2.17	\$0.000
% of Calories				5.86%		*33.02 %	*N/A*	22.5%	0.0%		68.0%		12.6%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Thursday - 12/18/2025 Reimbursable Meal Total 300

Base Menu Spreadsheet

Yuba City USD

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003200 BOWL, BRK BISCUIT	SERVING	300	444	10.55	966	*0.55	*N/A*	25.70	0.00	260	38.60	2.50	16.65	*N/A*	211.5	1.80	1.26	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	300	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			664	12.13	1126	*27.90	*0.00	28.60	0.00	275	77.70	5.19	27.68	*3	613.3	11.75	1.56	\$0.000
% of Calories				16.44 %		*16.81 %	*N/A*	38.8%	0.0%		46.8%		16.7%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Friday - 12/19/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	300	318	*4.20	541	*2.51	*2.11	8.20	*0.00	*22	*43.48	*0.44	13.27	*0	256.8	*2.17	*2.86	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			549	*5.67	699	*36.51	*2.11	10.77	*0.00	*37	*84.52	*4.50	23.20	*0	673.4	*11.73	*3.26	\$0.000
% of Calories				*9.30%		*26.60 %	*1.54%	17.7%	*0.0%		*61.6%		16.9%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Monday - 12/22/2025

Reimbursable Meal Total 300

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003143 BREAKFAST FRENCH TOAST STICKS PERFORATED	SERVINGS	300	170	1.00	290	5.00	5.00	4.00	0.00	105	25.00	2.00	8.00	*N/A*	4.0	0.00	10.00	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	300	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	75	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	75	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	75	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	75	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			447	2.47	471	46.00	*5.00	6.57	0.00	119	77.53	4.07	18.18	*0	*400.7	*1.16	*10.04	\$12.326
% of Calories				4.97%		41.16%	*4.47%	13.2%	0.0%		69.4%		16.3%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

Tuesday - 12/23/2025

Reimbursable Meal Total 300

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	100	210	0.00	440	12.00	*N/A*	2.50	0.00	0	45.00	5.00	5.00	*N/A*	200.0	0.00	5.60	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	100	240	0.50	270	19.00	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	100	230	0.00	220	15.00	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000

Base Menu Spreadsheet

Portion Values

Dec 1, 2025 thru Dec 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	300	60	0.00	5	12.00	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
000230 MILK,1% WHITE	CARTON	290	130	1.50	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15.00	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			417	1.63	473	42.33	*N/A*	6.57	0.00	14	76.37	5.73	13.60	*0	588.0	6.66	6.94	\$0.000
% of Calories				3.52%		40.60%	*N/A*	14.2%	0.0%		73.3%		13.0%					
Weekly Nutrient Guideline			600 - 0	<10	1230		<0	<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		532	*5.63	691	*38.21	*1.59	18.32	*0.00	*83	*81.10	*5.82	19.86	*1	*544.3	*23.70	*4.05	\$2.900
% of Calories			*9.52%		*28.73 %	*3.76%	31.0%	*0.0%		*61.0%		14.9%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.