

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

Menu Name:	HIGH SCHOOL LUNCH YCHS	Include Cost:	Yes
Site:			
Use Alternate Menu Name:	No		

Thursday - 10/01/2026 Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
002131 HS-J LEE ROYS TRI-TIP	EACH	25	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	25	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	25	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
003151 BRATWURST ON A BUN	1 Brat w/bun	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	112	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
003443 POTATO FRY SKIN ON WAFFLE SPICY	SERVING	62	160	1.00	500	0.00	0.00	8.00	0.00	0	21.00	1.00	1.00	*N/A*	0.0	*N/A*	0.40	\$7.646
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000

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Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			743	*6.56	1044	*31.46	*2.22	26.92	*0.04	63	94.99	9.90	33.12	*1	*470.4	*47.58	*4.91	\$213.314
% of Calories				*7.95%		*16.94 %	*1.20%	32.6%	*0.0%		51.1%		17.8%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Friday - 10/02/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003004 HS-NACHO BAR	SERVING	30	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172
003375 HS - BAR WALKING TACO DORITOS	SERVING	30	761	12.54	2626	*1.18	*0.00	34.95	*2.13	118	72.67	10.74	54.00	*0	263.0	*57.62	3.60	\$51.588
003376 HS - BAR WALKING TACO FRITOS	SERVING	30	810	13.52	2645	*1.18	*0.00	42.84	*2.13	118	69.61	9.74	53.00	*0	252.9	*57.62	3.59	\$52.587
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	30	353	0.33	515	*11.23	*11.23	7.94	*0.00	41	55.57	3.45	18.22	*N/A*	28.2	*0.08	3.07	\$702.628

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002981 TOFU ORANGE WITH NOODLES	HEAPING #16	30	227	0.43	209	*3.14	*3.14	5.58	*0.00	0	40.39	3.50	7.09	*0	19.5	6.21	2.38	\$109.623
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	12	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940

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Portion Values

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002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			773	*6.95	1164	*31.92	*2.72	27.60	*0.21	62	101.47	10.83	34.03	*1	*495.6	*52.72	*4.98	\$247.458
% of Calories				*8.09%		*16.52 %	*1.41%	32.1%	*0.2%		52.5%		17.6%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Monday - 10/05/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002229 HS-FRESH MEX	SERVING	20	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
003375 HS - BAR WALKING TACO DORITOS	SERVING	20	761	12.54	2626	*1.18	*0.00	34.95	*2.13	118	72.67	10.74	54.00	*0	263.0	*57.62	3.60	\$51.588
003376 HS - BAR WALKING TACO FRITOS	SERVING	20	810	13.52	2645	*1.18	*0.00	42.84	*2.13	118	69.61	9.74	53.00	*0	252.9	*57.62	3.59	\$52.587
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	30	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	30	324	0.22	160	*2.80	*N/A*	9.00	0.00	0	47.85	4.01	18.56	*N/A*	68.1	0.00	4.24	\$119.353
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	12	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003317 BEEF TAQUITO (POSADA)	SERVINGS	15	400	4.00	710	0.00	0.00	18.00	0.00	20	47.00	6.00	12.00	*N/A*	195.0	0.00	1.80	\$22.658
003318 CHICKEN TAQUITO (POSADA)	SERVINGS	15	370	2.50	800	0.00	0.00	16.00	0.00	25	47.00	5.00	12.00	*N/A*	78.0	0.00	1.80	\$347.822
003382 MARINARA SAUCE (SCRATCH)	1/2 CUP (4OZ)	30	49	0.00	599	*1.02	*0.79	0.50	*0.00	0	11.45	2.29	1.97	*0	19.0	10.16	1.40	\$2.441
003443 POTATO FRY SKIN ON WAFFLE SPICY	SERVING	30	160	1.00	500	0.00	0.00	8.00	0.00	0	21.00	1.00	1.00	*N/A*	0.0	*N/A*	0.40	\$7.646

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			775	*6.68	1157	*31.95	*2.25	27.45	*0.15	58	103.06	10.90	33.35	*1	*488.6	*51.40	*5.09	\$229.207
% of Calories				*7.76%		*16.49 %	*1.16%	31.9%	*0.2%		53.2%		17.2%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Tuesday - 10/06/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003099 HS- SANDWICH BAR 2024	SANDWICH	62	490	6.68	1430	*4.13	*0.05	19.36	*0.00	58	50.48	6.61	27.26	*64	292.5	18.46	4.46	\$10.834
003014 CHICKEN BNLS WINGS HOT N SPICY	5ea	100	201	2.01	342	1.00	*N/A*	10.05	0.00	45	10.05	1.00	19.10	*N/A*	0.0	0.00	1.00	\$243.505
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			748	*6.58	1084	*31.49	*2.20	26.71	*0.03	59	97.25	10.25	33.03	*6	*486.9	*48.85	*4.79	\$239.988
% of Calories				*7.92%		*16.84 %	*1.18%	32.1%	*0.0%		52.0%		17.7%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Wednesday - 10/07/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003446 BRISKET STREET TACO	SERVING	30	382	7.05	422	*0.51	*0.50	15.84	*0.00	96	24.03	2.17	33.58	*0	246.1	*0.93	*2.71	\$68.926
002891 CHICKEN TERIYAKI BOWL NOODLE	SERVINGS H #16	30	316	2.33	1284	*5.50	*5.50	8.88	*0.00	46	42.35	3.59	20.00	*0	21.6	0.08	2.67	\$134.704
002979 TOFU TERI WITH NOODLES	HEAPING #16	30	718	4.34	6005	*35.21	*35.21	36.60	*0.00	0	84.17	4.32	22.35	*0	81.6	0.12	5.65	\$332.969
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	30	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003415 BACON CHEESE BURGER	EACH	42	334	6.00	719	3.00	*0.00	15.50	0.00	50	29.00	5.00	22.50	*N/A*	129.0	*0.00	*2.05	\$42.945

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003007 HS SALAD MACARONI SYSCO	3/4C	42	321	3.63	819	6.22	*N/A*	21.77	0.00	16	25.92	2.07	5.18	*N/A*	0.0	0.00	1.49	\$295.680
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KICKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			762	*6.69	1263	*33.10	*3.65	27.65	*0.03	57	99.51	10.29	32.30	*1	*485.3	*48.60	*5.04	\$245.378
% of Calories				*7.90%		*17.38 %	*1.92%	32.7%	*0.0%		52.2%		17.0%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Thursday - 10/08/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002131 HS-J LEE ROYS TRI-TIP	EACH	25	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	25	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	25	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
003151 BRATWURST ON A BUN	1 Brat w/bun	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	112	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
003443 POTATO FRY SKIN ON WAFFLE SPICY	SERVING	62	160	1.00	500	0.00	0.00	8.00	0.00	0	21.00	1.00	1.00	*N/A*	0.0	*N/A*	0.40	\$7.646
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			743	*6.56	1044	*31.46	*2.22	26.92	*0.04	63	94.99	9.90	33.12	*1	*470.4	*47.58	*4.91	\$213.314
% of Calories				*7.95%		*16.94 %	*1.20%	32.6%	*0.0%		51.1%		17.8%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Friday - 10/09/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003004 HS-NACHO BAR	SERVING	30	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003375 HS - BAR WALKING TACO DORITOS	SERVING	30	761	12.54	2626	*1.18	*0.00	34.95	*2.13	118	72.67	10.74	54.00	*0	263.0	*57.62	3.60	\$51.588
003376 HS - BAR WALKING TACO FRITOS	SERVING	30	810	13.52	2645	*1.18	*0.00	42.84	*2.13	118	69.61	9.74	53.00	*0	252.9	*57.62	3.59	\$52.587
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	30	353	0.33	515	*11.23	*11.23	7.94	*0.00	41	55.57	3.45	18.22	*N/A*	28.2	*0.08	3.07	\$702.628
002981 TOFU ORANGE WITH NOODLES	HEAPING #16	30	227	0.43	209	*3.14	*3.14	5.58	*0.00	0	40.39	3.50	7.09	*0	19.5	6.21	2.38	\$109.623
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	12	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			773	*6.95	1164	*31.92	*2.72	27.60	*0.21	62	101.47	10.83	34.03	*1	*495.6	*52.72	*4.98	\$247.458
% of Calories				*8.09%		*16.52 %	*1.41%	32.1%	*0.2%		52.5%		17.6%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Monday - 10/12/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002229 HS-FRESH MEX	SERVING	20	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
003375 HS - BAR WALKING TACO DORITOS	SERVING	20	761	12.54	2626	*1.18	*0.00	34.95	*2.13	118	72.67	10.74	54.00	*0	263.0	*57.62	3.60	\$51.588
003376 HS - BAR WALKING TACO FRITOS	SERVING	20	810	13.52	2645	*1.18	*0.00	42.84	*2.13	118	69.61	9.74	53.00	*0	252.9	*57.62	3.59	\$52.587
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	30	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	30	324	0.22	160	*2.80	*N/A*	9.00	0.00	0	47.85	4.01	18.56	*N/A*	68.1	0.00	4.24	\$119.353
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	12	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003317 BEEF TAQUITO (POSADA)	SERVINGS	15	400	4.00	710	0.00	0.00	18.00	0.00	20	47.00	6.00	12.00	*N/A*	195.0	0.00	1.80	\$22.658

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003318 CHICKEN TAQUITO (POSADA)	SERVINGS	15	370	2.50	800	0.00	0.00	16.00	0.00	25	47.00	5.00	12.00	*N/A*	78.0	0.00	1.80	\$347.822
003382 MARINARA SAUCE (SCRATCH)	1/2 CUP (4OZ)	30	49	0.00	599	*1.02	*0.79	0.50	*0.00	0	11.45	2.29	1.97	*0	19.0	10.16	1.40	\$2.441
003443 POTATO FRY SKIN ON WAFFLE SPICY	SERVING	30	160	1.00	500	0.00	0.00	8.00	0.00	0	21.00	1.00	1.00	*N/A*	0.0	*N/A*	0.40	\$7.646
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			775	*6.68	1157	*31.95	*2.25	27.45	*0.15	58	103.06	10.90	33.35	*1	*488.6	*51.40	*5.09	\$229.207
% of Calories				*7.76%		*16.49 %	*1.16%	31.9%	*0.2%		53.2%		17.2%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Tuesday - 10/13/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003099 HS- SANDWICH BAR 2024	SANDWICH	62	490	6.68	1430	*4.13	*0.05	19.36	*0.00	58	50.48	6.61	27.26	*64	292.5	18.46	4.46	\$10.834
003014 CHICKEN BNLS WINGS HOT N SPICY	5ea	100	201	2.01	342	1.00	*N/A*	10.05	0.00	45	10.05	1.00	19.10	*N/A*	0.0	0.00	1.00	\$243.505
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			748	*6.58	1084	*31.49	*2.20	26.71	*0.03	59	97.25	10.25	33.03	*6	*486.9	*48.85	*4.79	\$239.988
% of Calories				*7.92%		*16.84 %	*1.18%	32.1%	*0.0%		52.0%		17.7%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Wednesday - 10/14/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003446 BRISKET STREET TACO	SERVING	30	382	7.05	422	*0.51	*0.50	15.84	*0.00	96	24.03	2.17	33.58	*0	246.1	*0.93	*2.71	\$68.926
002891 CHICKEN TERIYAKI BOWL NOODLE	SERVINGS H #16	30	316	2.33	1284	*5.50	*5.50	8.88	*0.00	46	42.35	3.59	20.00	*0	21.6	0.08	2.67	\$134.704
002979 TOFU TERI WITH NOODLES	HEAPING #16	30	718	4.34	6005	*35.21	*35.21	36.60	*0.00	0	84.17	4.32	22.35	*0	81.6	0.12	5.65	\$332.969

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	30	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003415 BACON CHEESE BURGER	EACH	42	334	6.00	719	3.00	*0.00	15.50	0.00	50	29.00	5.00	22.50	*N/A*	129.0	*0.00	*2.05	\$42.945
003007 HS SALAD MACARONI SYSCO	3/4C	42	321	3.63	819	6.22	*N/A*	21.77	0.00	16	25.92	2.07	5.18	*N/A*	0.0	0.00	1.49	\$295.680
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			762	*6.69	1263	*33.10	*3.65	27.65	*0.03	57	99.51	10.29	32.30	*1	*485.3	*48.60	*5.04	\$245.378
% of Calories				*7.90%		*17.38 %	*1.92%	32.7%	*0.0%		52.2%		17.0%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Thursday - 10/15/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002131 HS-J LEE ROYS TRI-TIP	EACH	25	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	25	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	25	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
003151 BRATWURST ON A BUN	1 Brat w/bun	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	112	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
003443 POTATO FRY SKIN ON WAFFLE SPICY	SERVING	62	160	1.00	500	0.00	0.00	8.00	0.00	0	21.00	1.00	1.00	*N/A*	0.0	*N/A*	0.40	\$7.646
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			743	*6.56	1044	*31.46	*2.22	26.92	*0.04	63	94.99	9.90	33.12	*1	*470.4	*47.58	*4.91	\$213.314
% of Calories				*7.95%		*16.94 %	*1.20%	32.6%	*0.0%		51.1%		17.8%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Friday - 10/16/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003004 HS-NACHO BAR	SERVING	30	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003375 HS - BAR WALKING TACO DORITOS	SERVING	30	761	12.54	2626	*1.18	*0.00	34.95	*2.13	118	72.67	10.74	54.00	*0	263.0	*57.62	3.60	\$51.588
003376 HS - BAR WALKING TACO FRITOS	SERVING	30	810	13.52	2645	*1.18	*0.00	42.84	*2.13	118	69.61	9.74	53.00	*0	252.9	*57.62	3.59	\$52.587
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	30	353	0.33	515	*11.23	*11.23	7.94	*0.00	41	55.57	3.45	18.22	*N/A*	28.2	*0.08	3.07	\$702.628
002981 TOFU ORANGE WITH NOODLES	HEAPING #16	30	227	0.43	209	*3.14	*3.14	5.58	*0.00	0	40.39	3.50	7.09	*0	19.5	6.21	2.38	\$109.623
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	12	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			773	*6.95	1164	*31.92	*2.72	27.60	*0.21	62	101.47	10.83	34.03	*1	*495.6	*52.72	*4.98	\$247.458
% of Calories				*8.09%		*16.52 %	*1.41%	32.1%	*0.2%		52.5%		17.6%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Monday - 10/19/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002229 HS-FRESH MEX	SERVING	20	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386
003375 HS - BAR WALKING TACO DORITOS	SERVING	20	761	12.54	2626	*1.18	*0.00	34.95	*2.13	118	72.67	10.74	54.00	*0	263.0	*57.62	3.60	\$51.588
003376 HS - BAR WALKING TACO FRITOS	SERVING	20	810	13.52	2645	*1.18	*0.00	42.84	*2.13	118	69.61	9.74	53.00	*0	252.9	*57.62	3.59	\$52.587
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	30	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	30	324	0.22	160	*2.80	*N/A*	9.00	0.00	0	47.85	4.01	18.56	*N/A*	68.1	0.00	4.24	\$119.353
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	12	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003317 BEEF TAQUITO (POSADA)	SERVINGS	15	400	4.00	710	0.00	0.00	18.00	0.00	20	47.00	6.00	12.00	*N/A*	195.0	0.00	1.80	\$22.658

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003318 CHICKEN TAQUITO (POSADA)	SERVINGS	15	370	2.50	800	0.00	0.00	16.00	0.00	25	47.00	5.00	12.00	*N/A*	78.0	0.00	1.80	\$347.822
003382 MARINARA SAUCE (SCRATCH)	1/2 CUP (4OZ)	30	49	0.00	599	*1.02	*0.79	0.50	*0.00	0	11.45	2.29	1.97	*0	19.0	10.16	1.40	\$2.441
003443 POTATO FRY SKIN ON WAFFLE SPICY	SERVING	30	160	1.00	500	0.00	0.00	8.00	0.00	0	21.00	1.00	1.00	*N/A*	0.0	*N/A*	0.40	\$7.646
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			775	*6.68	1157	*31.95	*2.25	27.45	*0.15	58	103.06	10.90	33.35	*1	*488.6	*51.40	*5.09	\$229.207
% of Calories				*7.76%		*16.49 %	*1.16%	31.9%	*0.2%		53.2%		17.2%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Tuesday - 10/20/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003099 HS- SANDWICH BAR 2024	SANDWICH	62	490	6.68	1430	*4.13	*0.05	19.36	*0.00	58	50.48	6.61	27.26	*64	292.5	18.46	4.46	\$10.834
003014 CHICKEN BNLS WINGS HOT N SPICY	5ea	100	201	2.01	342	1.00	*N/A*	10.05	0.00	45	10.05	1.00	19.10	*N/A*	0.0	0.00	1.00	\$243.505
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			748	*6.58	1084	*31.49	*2.20	26.71	*0.03	59	97.25	10.25	33.03	*6	*486.9	*48.85	*4.79	\$239.988
% of Calories				*7.92%		*16.84 %	*1.18%	32.1%	*0.0%		52.0%		17.7%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Wednesday - 10/21/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003446 BRISKET STREET TACO	SERVING	30	382	7.05	422	*0.51	*0.50	15.84	*0.00	96	24.03	2.17	33.58	*0	246.1	*0.93	*2.71	\$68.926
002891 CHICKEN TERIYAKI BOWL NOODLE	SERVINGS H #16	30	316	2.33	1284	*5.50	*5.50	8.88	*0.00	46	42.35	3.59	20.00	*0	21.6	0.08	2.67	\$134.704
002979 TOFU TERI WITH NOODLES	HEAPING #16	30	718	4.34	6005	*35.21	*35.21	36.60	*0.00	0	84.17	4.32	22.35	*0	81.6	0.12	5.65	\$332.969

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	30	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003415 BACON CHEESE BURGER	EACH	42	334	6.00	719	3.00	*0.00	15.50	0.00	50	29.00	5.00	22.50	*N/A*	129.0	*0.00	*2.05	\$42.945
003007 HS SALAD MACARONI SYSCO	3/4C	42	321	3.63	819	6.22	*N/A*	21.77	0.00	16	25.92	2.07	5.18	*N/A*	0.0	0.00	1.49	\$295.680
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			762	*6.69	1263	*33.10	*3.65	27.65	*0.03	57	99.51	10.29	32.30	*1	*485.3	*48.60	*5.04	\$245.378
% of Calories				*7.90%		*17.38 %	*1.92%	32.7%	*0.0%		52.2%		17.0%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Thursday - 10/22/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcmm (mg)	Vit-C (mg)	Iron (mg)	Cost
002131 HS-J LEE ROYS TRI-TIP	EACH	25	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	25	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	25	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
003151 BRATWURST ON A BUN	1 Brat w/bun	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	112	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
003443 POTATO FRY SKIN ON WAFFLE SPICY	SERVING	62	160	1.00	500	0.00	0.00	8.00	0.00	0	21.00	1.00	1.00	*N/A*	0.0	*N/A*	0.40	\$7.646
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			743	*6.56	1044	*31.46	*2.22	26.92	*0.04	63	94.99	9.90	33.12	*1	*470.4	*47.58	*4.91	\$213.314
% of Calories				*7.95%		*16.94 %	*1.20%	32.6%	*0.0%		51.1%		17.8%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Monday - 10/26/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002229 HS-FRESH MEX	SERVING	20	563	3.75	1099	*2.84	*0.94	16.26	*0.79	68	74.26	11.10	29.89	*0	62.8	*16.82	3.25	\$60.386

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003375 HS - BAR WALKING TACO DORITOS	SERVING	20	761	12.54	2626	*1.18	*0.00	34.95	*2.13	118	72.67	10.74	54.00	*0	263.0	*57.62	3.60	\$51.588
003376 HS - BAR WALKING TACO FRITOS	SERVING	20	810	13.52	2645	*1.18	*0.00	42.84	*2.13	118	69.61	9.74	53.00	*0	252.9	*57.62	3.59	\$52.587
003127 HS CHICKEN GENERAL BOWL NOODLE	SERVINGS H #16	30	391	2.50	612	*13.98	*N/A*	10.81	*0.00	46	57.70	4.10	20.31	*N/A*	24.3	0.09	2.80	\$128.098
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	30	324	0.22	160	*2.80	*N/A*	9.00	0.00	0	47.85	4.01	18.56	*N/A*	68.1	0.00	4.24	\$119.353
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	12	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003317 BEEF TAQUITO (POSADA)	SERVINGS	15	400	4.00	710	0.00	0.00	18.00	0.00	20	47.00	6.00	12.00	*N/A*	195.0	0.00	1.80	\$22.658
003318 CHICKEN TAQUITO (POSADA)	SERVINGS	15	370	2.50	800	0.00	0.00	16.00	0.00	25	47.00	5.00	12.00	*N/A*	78.0	0.00	1.80	\$347.822
003382 MARINARA SAUCE (SCRATCH)	1/2 CUP (4OZ)	30	49	0.00	599	*1.02	*0.79	0.50	*0.00	0	11.45	2.29	1.97	*0	19.0	10.16	1.40	\$2.441
003443 POTATO FRY SKIN ON WAFFLE SPICY	SERVING	30	160	1.00	500	0.00	0.00	8.00	0.00	0	21.00	1.00	1.00	*N/A*	0.0	*N/A*	0.40	\$7.646
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			775	*6.68	1157	*31.95	*2.25	27.45	*0.15	58	103.06	10.90	33.35	*1	*488.6	*51.40	*5.09	\$229.207
% of Calories				*7.76%		*16.49 %	*1.16%	31.9%	*0.2%		53.2%		17.2%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Tuesday - 10/27/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003099 HS- SANDWICH BAR 2024	SANDWICH	62	490	6.68	1430	*4.13	*0.05	19.36	*0.00	58	50.48	6.61	27.26	*64	292.5	18.46	4.46	\$10.834
003014 CHICKEN BNLS WINGS HOT N SPICY	5ea	100	201	2.01	342	1.00	*N/A*	10.05	0.00	45	10.05	1.00	19.10	*N/A*	0.0	0.00	1.00	\$243.505
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
002881 HS-CHICKEN, NUGGETS 10EA	SERVING 10 EACH	50	401	4.01	802	*N/A*	*N/A*	20.04	0.00	70	26.06	4.01	30.06	*N/A*	0.0	0.00	0.00	\$22.124
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			748	*6.58	1084	*31.49	*2.20	26.71	*0.03	59	97.25	10.25	33.03	*6	*486.9	*48.85	*4.79	\$239.988
% of Calories				*7.92%		*16.84 %	*1.18%	32.1%	*0.0%		52.0%		17.7%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Wednesday - 10/28/2026

Reimbursable Meal Total 850

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003446 BRISKET STREET TACO	SERVING	30	382	7.05	422	*0.51	*0.50	15.84	*0.00	96	24.03	2.17	33.58	*0	246.1	*0.93	*2.71	\$68.926
002891 CHICKEN TERIYAKI BOWL NOODLE	SERVINGS H #16	30	316	2.33	1284	*5.50	*5.50	8.88	*0.00	46	42.35	3.59	20.00	*0	21.6	0.08	2.67	\$134.704
002979 TOFU TERI WITH NOODLES	HEAPING #16	30	718	4.34	6005	*35.21	*35.21	36.60	*0.00	0	84.17	4.32	22.35	*0	81.6	0.12	5.65	\$332.969
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	30	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
003415 BACON CHEESE BURGER	EACH	42	334	6.00	719	3.00	*0.00	15.50	0.00	50	29.00	5.00	22.50	*N/A*	129.0	*0.00	*2.05	\$42.945
003007 HS SALAD MACARONI SYSCO	3/4C	42	321	3.63	819	6.22	*N/A*	21.77	0.00	16	25.92	2.07	5.18	*N/A*	0.0	0.00	1.49	\$295.680
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
Weighted Daily Average			762	*6.69	1263	*33.10	*3.65	27.65	*0.03	57	99.51	10.29	32.30	*1	*485.3	*48.60	*5.04	\$245.378
% of Calories				*7.90%		*17.38 %	*1.92%	32.7%	*0.0%		52.2%		17.0%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Thursday - 10/29/2026

Reimbursable Meal Total 850

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002131 HS-J LEE ROYS TRI-TIP	EACH	25	226	3.63	461	*0.50	*0.50	9.78	*0.00	73	11.01	1.20	23.43	*0	33.2	1.63	1.99	\$49.580
002129 HS-J LEE ROYS PULLED PORK	3OZ SERVING	25	202	0.01	199	*0.20	*0.13	4.11	*0.00	96	3.43	0.40	32.23	*0	2.5	0.41	0.12	\$12.395
002130 HS-J LEE ROYS BRISKET	EACH	25	277	5.13	219	*0.13	*0.13	12.60	*0.50	129	2.75	0.30	38.34	*3	20.3	0.41	4.37	\$12.395
003151 BRATWURST ON A BUN	1 Brat w/bun	25	540	12.00	1410	3.00	*0.00	35.50	0.00	70	34.00	3.00	21.00	*N/A*	100.0	0.00	2.72	\$9.972
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	112	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
003443 POTATO FRY SKIN ON WAFFLE SPICY	SERVING	62	160	1.00	500	0.00	0.00	8.00	0.00	0	21.00	1.00	1.00	*N/A*	0.0	*N/A*	0.40	\$7.646
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	I Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			743	*6.56	1044	*31.46	*2.22	26.92	*0.04	63	94.99	9.90	33.12	*1	*470.4	*47.58	*4.91	\$213.314
% of Calories				*7.95%		*16.94 %	*1.20%	32.6%	*0.0%		51.1%		17.8%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

Friday - 10/30/2026

Reimbursable Meal Total 850

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003004 HS-NACHO BAR	SERVING	30	504	7.63	1059	*3.68	*0.30	20.97	*0.79	94	46.14	8.53	32.13	*0	270.2	*14.33	1.85	\$153.172
003375 HS - BAR WALKING TACO DORITOS	SERVING	30	761	12.54	2626	*1.18	*0.00	34.95	*2.13	118	72.67	10.74	54.00	*0	263.0	*57.62	3.60	\$51.588
003376 HS - BAR WALKING TACO FRITOS	SERVING	30	810	13.52	2645	*1.18	*0.00	42.84	*2.13	118	69.61	9.74	53.00	*0	252.9	*57.62	3.59	\$52.587
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	30	353	0.33	515	*11.23	*11.23	7.94	*0.00	41	55.57	3.45	18.22	*N/A*	28.2	*0.08	3.07	\$702.628
002981 TOFU ORANGE WITH NOODLES	HEAPING #16	30	227	0.43	209	*3.14	*3.14	5.58	*0.00	0	40.39	3.50	7.09	*0	19.5	6.21	2.38	\$109.623
002025 HS-STIR FRY VEGETABLE MIX	#8 SCOOP	12	20	0.00	29	*0.00	*0.00	0.01	*0.00	0	4.41	1.40	1.19	*0	29.7	29.90	0.41	\$0.000
002004 PIZZA, PEPPERONI WG 14" YCUSD	SLICE	36	549	11.01	1278	*5.15	*0.80	24.14	*0.00	62	59.06	2.15	25.52	*0	412.5	11.56	5.72	\$159.107
002002 PIZZA, CHEESE WG 14" YCUSD	SLICES	36	469	*7.87	822	*2.88	*0.80	16.07	*0.00	43	59.86	6.81	21.00	*0	407.4	11.56	4.67	\$134.567
002997 HS PIZZA, MEAT LOVERS	SLICES	24	579	*9.38	1427	*3.51	*0.80	23.09	*0.00	56	60.68	6.94	31.02	*6	68.4	15.86	6.75	\$24.172
001581 PIZZA, VEGGIE WG 14" YCUSD	SLICES	12	656	*15.98	1295	*2.88	*0.80	30.47	*0.00	84	63.29	7.67	29.82	*0	409.6	25.04	4.76	\$172.822
003150 Country Butcher Hamburger Sandwich	1 Hamburger	100	450	9.00	285	*0.00	*0.00	25.00	0.00	80	31.00	3.00	26.00	*N/A*	150.0	0.00	11.80	\$0.000
002283 BURRITO, BEAN&CHSEIW WG 5.95OZ	EACH	100	312	4.71	447	*N/A*	*N/A*	10.64	0.00	0	41.28	7.62	15.30	*N/A*	195.1	8.54	3.06	\$15.310
003442 CHICKEN PATTY ON BUN (GK)	EACH	50	242	2.50	443	1.03	*0.00	14.03	0.00	25	16.28	3.04	14.08	*N/A*	30.5	*0.00	1.91	\$179.070
001583 CHICK ON BUN SPICY TYSON	EACH	50	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.098
003205 CHICKEN, TENDERS FC BREADED HOT & SPICY-2 PER SVG	2 PIECES	50	220	2.00	360	2.00	*N/A*	12.00	0.00	50	8.00	2.00	20.00	*N/A*	0.0	0.00	2.00	\$7.789
002882 HS-CHICKEN, POPCORN WG (15EA)	SERVING (15)	50	440	4.50	730	0.00	*N/A*	25.50	0.00	122	25.50	4.50	27.00	*N/A*	27.0	0.00	3.00	\$395.901
001757 HS CORN DOG, TURKEY 4OZ (2EA)	SERVING	50	600	7.00	760	16.00	16.00	30.00	0.00	100	52.00	2.00	26.00	*N/A*	20.0	*N/A*	3.20	\$219.974

Base Menu Spreadsheet

Yuba City USD

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc¹ (mg)	Vit-C (mg)	Iron (mg)	Cost
002892 HS SACK LUNCH - PBJ GRAPE	EACH	25	856	0.00	817	*48.00	*N/A*	39.00	*0.00	0	113.90	14.47	20.74	*N/A*	140.1	14.59	4.38	\$460.212
002893 HS SACK LUNCH - PBJ STRAWBERRY	EACH	25	846	0.00	817	*49.00	*27.00	37.00	*0.00	0	113.90	14.47	20.74	*N/A*	146.1	14.59	3.38	\$482.647
002686 HS SACK LUNCH, TURKEY HAM AND CHEESE	SANDWICH	25	549	5.74	1227	*8.24	*3.00	19.48	*0.00	73	71.92	10.36	28.86	*N/A*	195.1	*91.86	*2.55	\$26.880
002687 HS SACK LUNCH, VEGGIE WG W/CHIPS	SUB	25	440	11.00	1413	*2.00	*0.00	24.52	*0.00	50	44.34	5.52	17.47	*N/A*	321.8	*13.53	1.70	\$132.099
001374 SALAD ADULT, CHEF	SERVINGS	10	455	6.74	882	*3.02	*0.00	23.62	*0.00	59	42.32	6.89	20.19	*0	106.3	32.81	*1.79	\$0.178
001376 SALAD, TACO HS	EACH	10	1009	15.73	1351	*1.39	*0.00	70.11	*2.39	109	61.88	10.91	29.95	*0	108.0	65.17	2.34	\$77.416
000596 SALAD ADULT, VEGGIE	SERVING	10	734	16.98	1014	*2.73	*0.00	50.66	*0.00	77	50.04	7.78	20.55	*0	133.4	72.31	1.86	\$0.000
001123 HS-CONDO BAR, HAM-HOT DOG	SERVING	55	71	0.97	189	*2.06	*0.00	6.46	*0.00	3	3.97	0.31	0.36	*2	7.4	3.50	0.14	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	120	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	200	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$129.484
000643 POTATO, FRIES SPICY TWISTER	SERVING	200	150	1.00	360	0.00	0.00	8.00	0.00	0	20.00	1.00	2.00	*N/A*	10.0	*N/A*	0.40	\$150.214
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	200	130	1.00	40	0.00	*N/A*	5.00	0.00	0	20.00	1.00	2.00	*N/A*	0.0	0.00	0.36	\$166.890
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	300	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	200	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	300	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000450 VEG, CARROTS BABY	BAG	300	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003158 SALAD, SIDE VEGGIE	1 CUP	50	74	0.02	144	*3.21	*N/A*	0.41	*0.00	0	14.70	4.31	3.16	*N/A*	29.0	13.30	0.54	\$71.436
000230 MILK,1% WHITE	CARTON	280	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2026 thru Oct 31, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	500	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
003320 MILK, NONFAT STRAWBERRY	CARTON	1	120	0.00	110	19.00	7.00	0.00	0.00	5	21.00	0.00	9.00	*N/A*	340.0	0.00	0.00	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	10	138	0.53	116	11.64	10.58	4.76	0.00	0	13.76	2.12	8.47	*N/A*	*N/A*	*N/A*	*N/A*	\$202.162
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	10	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$11.940
002161 DESSERT, PUMPKIN	1/2 CUP	1	154	0.71	317	*3.75	*N/A*	1.09	0.00	4	34.94	0.80	3.04	*N/A*	195.7	1.90	0.48	\$0.000
Weighted Daily Average			773	*6.95	1164	*31.92	*2.72	27.60	*0.21	62	101.47	10.83	34.03	*1	*495.6	*52.72	*4.98	\$247.458
% of Calories				*8.09%		*16.52 %	*1.41%	32.1%	*0.2%		52.5%		17.6%					
Weekly Nutrient Guideline			750 - 850	<10	<=1280		<10											

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		759	*6.69	1138	*31.96	*2.59	27.25	*0.09	60	99.05	10.41	33.16	*2	*484.6	*49.72	*4.96	\$234.033
% of Calories			*7.93%		*16.84 %	*1.36%	32.3%	*0.1%		52.2%		17.5%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
1 - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.