

WOLF PACK ATHLETICS



Fall Tryout Schedule 2025

Sport	Date & Time	Location	Head Coach
Cross Country	August 4 7:30am	West Hills Track	Juan Naranjo jnaranjo@guhsd.net
Girls Flag Football	August 5 6pm-8pm	West Hills Stadium	Shane Anderson shane@laxzombiedyes.com
Football	10th - 12th Grade <i>Transfers Only</i> Contact Coach Ash: cash@guhsd.net 9th Grade Contact Coach Hondros: lhondros@guhsd.net	West Hills Stadium	Casey Ash cash@guhsd.net
Girls' Golf	August 6-7 3:30pm-5pm	Carlton Oaks Golf Course	Ryan Kinser rkinser@guhsd.net
Girls' Tennis	July 31 and August 1 8:30-11:30am	West Hills Tennis Courts	Jason Voss jasonwesthillstennis@gmail.com
Girls' Volleyball	<u>Varsity/JV:</u> August 1 Varsity: 2pm - 4pm JV: 2pm - 4pm <u>Frosh:</u> August 1 1:30pm - 3:30pm	West Hills Gym	Linda Brown lbrown@helixcharter.net
Boys' Water Polo	July 31 8am-10:30am	West Hills Pool	Chloe Obregon cobregon@guhsd.net James Searls jsearls@guhsd.net

To clear for a sport you need:

1. "Confirmation Message" consent form from completed online clearance on www.athleticclearance.com, printed and signed by both parent & student.
2. Up-to-date, completed physical form - good for one year from the date of the physical, & **must be stamped by facility & completed by an MD or DO** - [CLICK HERE](#)

Click [HERE](#) for more information about online clearances.

Your signed consent form & physical need to be turned in to the VP Secretaries' office and stamped as "cleared" before you can try out for a sport. **DO NOT GIVE AN UNSTAMPED CLEARANCE FORM OR PHYSICAL FORM TO YOUR COACH. YOU ARE NOT CLEARED UNLESS YOUR CONSENT FORM HAS BEEN PROCESSED BY THE VP SECRETARY OFFICE.**