

October 2025  Sierra High School / Sierra Alternative Education				
Monday	Tuesday	Wednesday	Thursday	Friday
Menu Subject To Change Without Notice. USDA is an Equal Opportunity Employer. All Meals come with choice of Low Fat or Choc. Milk		1 Breakfast Blueberry Parfait / Bagel Cereal/ Breakfast Pizza Milk, Fruit & Juice  Lunch Pepperoni or Cheese Pizza Green Beans/Salad Apricot Cup/Apple Slices	2 Breakfast French Toast Breakfast Burrito/Cereal Milk, Fruit & Juice  Lunch Cheese Pull Apart Bread Marinara Dipping sauce or Pepperoni Pizza bread Garden Salad/Black Beans Grapes/Applesauce	3 Breakfast Cinnamon Roll/Oatmeal UBR/Cereal Milk, Fruit & Juice Lunch Cheeseburger or Hamburger French Fries Lettuce/Tomato/Onion Apple/Mixed Fruit
6 Breakfast Pancake on Stick/Waffles Cereal/ Donut Milk,Fruit & Juice Lunch Quesadilla Sun Chips/Corn Sun Chips/Apple/Carrot Diced Pears	7 Breakfast Biscuit with Gravy Cereal/Muffin/Waffles Milk, Fruit & Juice Lunch Bean & Cheese Burrito Dried Cranberries/Watermelon Garden Salad/Peas	8 Breakfast Fresh Berry Parfait/Cereal Breakfast Pizza/Bagel Milk, Fruit & Juice  Lunch Pepperoni or Cheese Pizza Green Beans/Spring Salad Strawberry Cup/Banana	9 Breakfast BreakfastBurrito French Toast/Cereal Milk, Fruit & Juice Lunch Beef & Cheese Nachos Refried Beans/Plums Bell Peppers & Onions Diced Peaches/Salad	10 Breakfast Cinnamon Roll/Oatmeal UBR/ Cereal Milk, Fruit & Juice Lunch Spicy Chicken Burger Baked French Fries Lettuce/Tomato/Pickle Diced Peaches/Raisins
13 Breakfast Waffles/Breakfast Bar Pancake Wrap/Cereal Milk, Fruit, & Juice Lunch Popcorn Chicken Nuggets Sun Chips/Carrots Diced Peaches/Raisins Mixed Vegetables	14 Breakfast Egg, Sausage & Cheese Biscuit Bagel/Cereal Milk, Fruit & Juice Lunch Mac & Cheese BBQ Beans/Salad Apple slices/Dried Cranberries	15 Breakfast Fresh Berry Parfait/Cereal Breakfast Pizza/Bagel Milk, Fruit & Juice  Lunch Pepperoni or Cheese Pizza Garden Salad/Green Beans Mixed Berry Cup/Plum	16 Breakfast BreakfastBurrito French Toast Cereal Milk, Fruit & Juice Lunch Turkey Ham or Tuna Sandwich Lettuce/Tomato/Pickles Grapes/Apricot Cups/Corn	17 Breakfast Cinnamon Roll/Oatmeal UBR/Cereal Milk,Fruit & Juice  Lunch Cheese Burger or Hamburger French Fries Lettuce/Tomato/Pickles Apple/Mixed Fruit
20 Breakfast Waffles/Cereal Donuts/Breakfast Bar Milk, Fruit & Juice  Lunch Mini Cheese Burgers Sun Chips/Applesauce Peas/Carrots Fruit Side Kick	21 Breakfast Egg & Cheese Muffin Cereal/Apple Fruduel Milk, Fruit & Juice Lunch Chicken Drumstick Mashed Potatoes/WG Roll Watermelon/Raisin/Corn	22 Breakfast Fresh Berry Parfait/Cereal Breakfast Pizza/Bagel Milk, Fruit & Juice  Lunch Pepperoni or Cheese Pizza Black Beans/Garden Salad Strawberry Cup/Grapes	23 Breakfast BreakfastBurrito French Toast/Cereal Milk, Fruit & Juice Lunch Chili Beans/Corn Muffin Garden Salad/Mixed Vegetables Plum/Applesauce	24 Breakfast Cinnamon Roll/Oatmeal UBR/Cereal Milk, Fruit & Juice Lunch Spicy Chicken Burger Baked Fries Lettuce /Tomato/Pickles Diced Pears/ Raisins
27 Breakfast Mini Pancakes/Cereal Donuts/Pancake Wrap Milk,Fruit & Juice Lunch Corn Dog Sun Chips/Carrots Mixed Vegetables/Apples Dried Cranberries	28 Breakfast Egg & Cheese English Muffin Cereal/Strawberry Bagel Milk, Fruit, & Juice Lunch Popcorn Orange Chicken w/Rice Chow Mien Vegetables/Plum Spring Salad/Strawberry Cup	29 Breakfast Peach Parfait/Cereal Breakfast Pizza/ Bagel Milk, Fruit, & Juice  Lunch Pepperoni or Cheese Pizza Garden Salad/Garbanzo Beans Apricot Cups/Apple Slices	30 Breakfast French Toast Breakfast Burrito/Cereal Milk, Fruit, & Juice Lunch Cheese Burger or Hamburger Baked Fries/Cake Lettuce/Tomato/Pickles Dried Cranberries/Grapes	 No School  Happy Halloween 