

Menu Name:

BREAKFAST BRUNCH 6-8

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 08/11/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001915 POP TART, STRAWBERRY (1)WG	PASTRY	1000	190	1.50	150	*N/A*	*N/A*	5.00	0.00	0	35.00	5.00	2.00	*N/A*	0.0	0.00	1.80	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	1000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			483	2.60	401	*40	*3	7.78	*0.00	11	90.40	4.92	13.90	0	512.9	2.87	4.08	\$0.000
% of Calories				4.84%		*33.1%	*2.5%	14.5%	*0.0%		74.9%		11.5%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 08/12/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002533 PANCAKES, BUTTERMILK WG	SERVING 2 EACH	1000	140	0.00	200	6	*N/A*	3.00	0.00	0	28.00	2.00	4.00	*N/A*	0.0	0.00	1.44	\$0.000
002825 FRUIT, MIXED BERRY FROZEN	SERVING	500	90	0.00	0	16	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002187 FRUIT, PEACH CUP FROZEN	SERVING	500	80	0.00	0	*N/A*	*N/A*	0.00	0.00	0	19.00	1.00	1.00	*N/A*	0.0	162.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000349 SYRUP, PANCAKE	FL OZ	500	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			473	1.12	414	*44	*N/A*	5.70	0.00	9	93.45	4.92	13.48	0	481.0	29.43	4.19	\$0.000
% of Calories				2.13%		*37.2%	*N/A*	10.8%	0.0%		79.0%		11.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 08/13/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000354 POCKET, PIZZA 4.5 OZ	EACH	1000	250	2.00	410	2	*N/A*	8.00	0.00	30	32.00	4.00	14.00	*N/A*	60.0	2.40	2.70	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			546	2.60	478	*49	*3	8.45	0.00	20	102.70	6.52	17.70	0	539.5	57.72	4.48	\$0.000
% of Calories				4.29%		*35.9%	*2.2%	13.9%	0.0%		75.2%		13.0%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 08/14/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001956 SMOOTHIE, STRAWBERRY FROZEN	16 OZ	1000	487	3.25	330	*45	*N/A*	6.75	*0.00	22	92.17	4.00	16.50	*N/A*	563.6	58.20	3.73	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			669	3.13	450	*74	*3	8.36	*0.00	17	134.20	6.88	18.50	0	679.4	29.79	4.99	\$0.000
% of Calories				4.21%		*44.2%	*1.8%	11.2%	*0.0%		80.2%		11.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 08/15/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	2000	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	*N/A*	5.2	0.02	8.01	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			667	1.82	481	*76	*N/A*	7.09	*0.00	12	136.50	7.75	15.37	0	519.1	10.02	9.27	\$0.000
% of Calories				2.46%		*45.6%	*N/A*	9.6%	*0.0%		81.9%		9.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Monday - 08/18/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003161 EGG BITES W/TORT & SALSA	SERVING	1400	340	6.00	651	*2	*N/A*	20.02	*0.00	260	23.05	4.37	15.37	*N/A*	166.5	2.92	2.32	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	150	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	150	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001001 JUICE, APPLE 4.23 OZ SC	EACH	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	1000	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			572	3.72	613	*54	*N/A*	13.21	*0.00	130	94.13	5.22	18.59	*0	547.7	5.50	4.33	\$0.000
% of Calories				5.85%		*37.8%	*N/A*	20.8%	*0.0%		65.8%		13.0%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 08/19/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003143 BREAKFAST FRENCH TOAST STICKS PERFORATED	SERVINGS	1000	170	1.00	290	5	5	4.00	0.00	105	25.00	2.00	8.00	*N/A*	4.0	0.00	10.00	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			564	1.45	463	*62	*2	6.03	0.00	44	113.95	5.75	14.65	0	496.7	4.10	7.14	\$0.000
% of Calories				2.31%		*44.0%	*1.4%	9.6%	0.0%		80.8%		10.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 08/20/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002521 EGG & CHEESE ON A CROISSANT	EACH	1000	330	7.50	590	3	*0	18.00	0.00	145	31.00	2.00	13.00	*N/A*	81.0	0.00	1.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			593	3.62	545	*45	*0	10.70	0.00	57	110.10	7.14	18.01	*0	573.7	84.58	4.06	\$0.000
% of Calories				5.49%		*30.4%	*0%	16.2%	0.0%		74.3%		12.1%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 08/21/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002754 YOGURT PARFAIT,BLUEBERRIES BWG	SERVING	1000	324	7.30	177	*14	*N/A*	11.55	0.00	2	53.80	4.00	4.50	*N/A*	120.0	3.60	1.80	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			615	4.48	400	*64	*3	9.96	0.00	10	121.41	6.88	14.50	*0	531.6	11.59	4.34	\$0.000
% of Calories				6.56%		*41.6%	*2.0%	14.6%	0.0%		79.0%		9.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 08/22/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001605 PIZZA, PUFFS ELEM.	EACH	1500	301	3.65	615	*3	*N/A*	8.22	*0.00	23	44.26	2.20	13.27	*N/A*	24.6	2.25	2.48	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			665	2.94	654	*65	*N/A*	8.81	*0.00	20	129.08	8.18	18.62	0	519.6	11.13	5.17	\$0.000
% of Calories				3.98%		*39.1%	*N/A*	11.9%	*0.0%		77.6%		11.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

Monday - 08/25/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003162 BRKFST, OMELET CHEDDAR W/BISCUIT	SERVING	1000	350	8.50	750	*N/A*	*N/A*	21.00	0.00	190	29.00	2.00	12.00	*N/A*	168.0	0.00	1.88	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	3000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			591	3.95	602	*57	*N/A*	11.70	0.00	72	105.62	4.75	15.98	*0	549.3	5.40	4.20	\$0.000
% of Calories				6.02%		*38.6%	*N/A*	17.8%	0.0%		71.5%		10.8%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Tuesday - 08/26/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003154 WAFFLE WG MAPLE CHIP BAKE CRAFTERS	4 WAFFLES	1000	180	0.00	200	8	*N/A*	72.00	0.00	10	30.00	2.00	4.00	*N/A*	91.4	*N/A*	1.40	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	3000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			568	1.12	433	*63	*N/A*	28.70	0.00	12	115.62	5.75	13.32	*0	525.8	*4.10	4.28	\$0.000
% of Calories				1.77%		*44.4%	*N/A*	45.5%	0.0%		81.4%		9.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Wednesday - 08/27/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002536 PANCAKE & SAUG ON A STIK WG	EACH	1000	170	2.00	300	6	*N/A*	8.00	0.00	30	18.00	3.00	8.00	*N/A*	20.0	0.00	1.80	\$0.000
000349 SYRUP, PANCAKE	FL OZ	1000	100	0.00	45	13	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000086 FRUIT, ORANGES FRESH	EACH	3000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			573	1.78	463	*50	*N/A*	7.37	0.00	19	114.44	7.48	16.35	0	553.4	84.58	4.32	\$0.000
% of Calories				2.80%		*34.9%	*N/A*	11.6%	0.0%		79.9%		11.4%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Thursday - 08/28/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001834 BRKFST, WG MUFFIN ASSORTED 2G	#8 SCOOP	1000	334	2.00	208	29	*N/A*	10.73	0.00	35	56.77	3.47	5.17	*N/A*	116.7	0.00	1.98	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	1000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOASTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	140	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	140	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	150	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	150	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
003108 DONUT WG CHOCOLATE SINGLE	SERVINGS	140	330	11.00	240	22	22	18.00	0.00	20	41.00	3.00	3.00	*N/A*	30.0	0.00	2.00	\$0.000
003109 DONUT POWDERED SUGAR SINGLE	SERVINGS	140	320	5.00	260	24	23	12.00	0.00	5	49.00	3.00	4.00	*N/A*	120.0	0.00	1.50	\$0.000
003110 DONUT CHOCOLATE CAKE SINGLE	SERVINGS	140	310	6.00	260	25	24	12.00	0.00	5	47.00	3.00	4.00	*N/A*	150.0	0.00	1.70	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	3000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	750	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	750	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	750	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	750	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			655	2.88	428	*69	*3	10.02	*0.00	22	129.73	6.70	16.06	*0	563.8	10.39	4.40	\$0.000
% of Calories				3.96%		*42.1%	*1.8%	13.8%	*0.0%		79.2%		9.8%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

Friday - 08/29/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002696 BRKFST, CINN ROLL 2.3 OZ	ROLL	2000	229	1.05	201	*17	*N/A*	3.58	*0.00	5	44.70	1.00	5.08	*N/A*	5.2	0.02	8.01	\$0.000
002840 CEREAL LUCKY CHARMS 2OZ	EA	200	210	0.00	360	19	*N/A*	2.50	0.00	0	46.00	4.00	5.00	*N/A*	150.0	9.00	5.40	\$0.000
002839 CEREAL COCOA PUFFS 2OZ	EA	200	230	0.00	220	15	*N/A*	2.50	0.00	0	47.00	3.00	3.00	*N/A*	150.0	9.00	5.40	\$0.000
002637 CEREAL, CINNTOSTERS 2GB	BOWL	200	240	0.50	270	19	*N/A*	7.00	0.00	0	44.00	3.00	3.00	*N/A*	200.0	0.00	9.00	\$0.000
002310 CEREAL, HONEYNUTSCOOTERS 2GB	BOWL	200	220	0.00	390	17	*N/A*	2.50	0.00	0	45.00	4.00	5.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002573 CEREAL, FROSTEDSHREDWHEAT 2GB	BOWL	200	190	0.00	5	11	*N/A*	1.00	0.00	0	46.00	6.00	5.00	*N/A*	0.0	0.00	16.20	\$0.000
001869 BRKFST, MINI CINNIS	EACH	250	240	1.50	270	15	*N/A*	7.00	0.00	0	39.00	2.00	5.00	*N/A*	40.0	0.00	1.44	\$0.000
002059 POP TART, BRN SUGAR CINN (2)WG	PASTRY	250	370	2.00	380	*N/A*	*N/A*	6.00	0.00	0	74.00	6.00	5.00	*N/A*	200.0	0.00	3.60	\$0.000
002060 POP TART, STRAWBERRY (2)WG	PASTRY	250	360	1.50	360	*N/A*	*N/A*	5.00	0.00	0	74.00	6.00	4.00	*N/A*	200.0	0.00	3.60	\$0.000
000781 BRKFST, BAR GLAZ BTRMLK 2.5OZ	BAR	250	249	1.00	220	*N/A*	*N/A*	7.00	0.00	15	43.00	3.00	3.00	*N/A*	0.0	0.00	1.08	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	3000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	1500	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002707 JUICE, STRAW/KIWI 4.23 OZ SC	EACH	500	60	0.00	10	12	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	10.0	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SC	EACH	500	60	0.00	10	13	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
000984 JUICE, GRAPE 4 OZ SUNCUP	SERVING	500	60	0.00	0	*N/A*	*N/A*	0.00	0.00	0	16.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	1000	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	1500	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
002858 JUICE GRAPE SC TOTAL JUC 6.75	CARTON	500	130	0.00	20	21	*N/A*	0.00	0.00	0	33.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002857 JUICE APPLE SC TOTAL JUC 6.75	CARTON	500	90	0.00	10	21	*N/A*	0.00	0.00	0	23.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002859 JUICE VERY BERRY SC TOJUC 6.75	CARTON	500	100	0.00	20	24	*N/A*	0.00	0.00	0	26.00	0.00	0.00	*N/A*	17.0	0.00	0.00	\$0.000
Weighted Daily Average			667	1.82	481	*76	*N/A*	7.09	*0.00	12	136.50	7.75	15.37	0	519.1	10.02	9.27	\$0.000
% of Calories				2.46%		*45.6%	*N/A*	9.6%	*0.0%		81.9%		9.2%					
Weekly Nutrient Guideline			450 - 500	<10	540			<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		593	3	487	*59	*1	10.06	*0.00	31	115.19	6.44	16.03	*0	541	*24.08	5.23	\$0.000
% of Calories			3.95%		*39.8%	*0.7%	15.3%	*0.0%		77.7%		10.8%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.