



MENU

MARCH

Tree of Life International Charter School

BREAKFAST: EGG BITE & TOAST FRUIT LUNCH: BEAN & CHEESE BURRITO SALAD BAR FRUIT	02	BREAKFAST: FRUIT & YOGURT PARFAIT LUNCH: MEATBALL SUB SALAD BAR FRUIT	03	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: LOADED POPCORN CHICKEN BOWL CHERRY TOMATOES FRUIT	04	BREAKFAST: BLUEBERRY OATMEAL BAKE FRUIT LUNCH: CHICKEN QUESADILLA REFRIED BEANS SALAD BAR, FRUIT	05	BREAKFAST: FRENCH TOAST STICKS FRUIT LUNCH: CHEESEBURGER OR HAMBURGER SALAD BAR POTATO WEDGES, FRUIT SALAD	06
BREAKFAST: WAFFLES FRUIT LUNCH: CHEESE NACHOS REFRIED BEANS SALAD BAR, FRUIT	09	BREAKFAST: FRUIT & YOGURT PARFAIT LUNCH: CHICKEN PESTO SANDWICH SALAD BAR FRUIT	10	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: CARNE ASADA FRIES DORITOS, TACO BAR VEGGIES FRUIT	11	BREAKFAST: EGGS & TOAST FRUIT LUNCH: BBQ CHICKEN SANDWICH ★ POTATO SALAD CORN, FRUIT	12	BREAKFAST: BAGEL & CREAM CHEESE FRUIT LUNCH: PAPA MURPHY'S PIZZA SALAD BAR FRUIT SALAD	13
BREAKFAST: EGG BITE & TOAST FRUIT LUNCH: SWEET & SOUR CHICKEN VEGETABLE EGG ROLL SALAD BAR, FRUIT	16	BREAKFAST: FRUIT & YOGURT PARFAIT FRUIT LUNCH: EGG MCMUFFIN HASHBROWN SALAD BAR, FRUIT	17	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: BAKED ZITI BREADSTICK PEAS, SALAD BAR, FRUIT	18	BREAKFAST: BLUEBERRY OATMEAL BAKE FRUIT LUNCH: LOADED DELI SANDWICH RANCH ROASTED CHICKPEAS SALAD BAR, FRUIT	19	BREAKFAST: CINNAMON ROLL FRUIT LUNCH: CHICKEN PATTY SANDWICH SALAD BAR FRUIT SALAD	20
BREAKFAST: WAFFLES FRUIT LUNCH: BEAN & CHEESE BURRITO SALAD BAR FRUIT	23	BREAKFAST: FRUIT & YOGURT PARFAIT LUNCH: MEATBALL SUB SALAD BAR FRUIT	24	BREAKFAST: HOMEMADE MUFFIN FRUIT LUNCH: LOADED POPCORN CHICKEN BOWL CHERRY TOMATOES FRUIT	25	BREAKFAST: COOK'S CHOICE LUNCH: COOK'S CHOICE	26	BREAKFAST: FRENCH TOAST STICKS FRUIT LUNCH: PAPA MURPHY'S PIZZA SALAD BAR, FRUIT SALAD HAPPY BIRTHDAY TREAT	27
BREAKFAST: EGG BITE & TOAST FRUIT LUNCH: CHEESE NACHOS REFRIED BEANS SALAD BAR, FRUIT	30	BREAKFAST: FRUIT & YOGURT PARFAIT LUNCH: CHICKEN PESTO SANDWICH SALAD BAR FRUIT	31						

Menus are subject to change

This institution is an equal opportunity provider.
Student meals provided at no charge

Breakfast: *Optional breakfast is cereal & crackers*
All breakfasts include the following components: 2 Oz. Grains, 1 Cup Fruit & 1 Cup Milk

Lunch: All lunches include the following components:
1 Cup Milk, 1-2 Oz. Meat/Meat Alt., 1-2 Oz Grains, Fruit, & vegetables

**BBQ CHICKEN SANDWICH ON 3/12
MADE BY SEMPER-FI CATERING**

Happy birthday to everyone with a birthday in March!
Birthday treat comes with a hot lunch only.

