

NOVEMBER 2025

MURDOCK ELEMENTARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Hamburger* Turkey & Cheese Sub*	4 Bean & Cheese Burrito* Turkey & Cheese Sandwich*	5 Cheese Quesadilla* Chicken Wrap*	6 Spaghetti* WUSD PB & J*	7 Pizza* Tuna Salad Sandwich*
10 Crispy Fish Sandwich* Turkey & Cheese Croissant*	11  Veterans Day	12 Baked Chicken & Dinner Roll* Tuna Salad Sandwich*	13 Pozole with Chips* WUSD PB & J*	14 Pizza Meatball Sandwich*
17 Chicken Patty Sandwich* Turkey & Cheese Croissant*	18 Spaghetti & Meatball* Tuna Salad Sandwich*	19 Orange Chicken & Rice* Ham & Cheese Sub*	20 Chicken Tenders with Mac & Cheese* WUSD PB & J*	21 Pizza Meatball Sandwich*

All Willows Unified School District (WUSD) Students receive 1-free breakfast & lunch daily.

Lunch Includes:

Choice of Low Fat 1% White Milk or Fat Free Chocolate Milk
Choice of half cup serving of Fruit
Choice of 2 half cup servings of Vegetables
Salad Bar

Prepared in-house*

Menu is subject to change without notice.

This institution is an equal opportunity provider.

