

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

Menu Name:	Nutrient Info Breakfast	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Wednesday - 10/01/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990294 2-Biscuit, Egg & Cheese	each	1	25.01
000840 2-Pancake on a Stick	Each	1	18.18
001711 2-PB&J - Breakfast	1 each	1	69.18
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	43.00
003574 2-Cereal, Cinn Toast Crunch-only	bowl	1	22.00
990404 j-Cracker Graham	Serving	1	21.00
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	13.98
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			263.35
% of Calories			53.9%
Weekly Nutrient Guideline			

Thursday - 10/02/2025 Reimbursable Meal Total 1

Base Menu Spreadsheet

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Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Carb (g)
990455 2-Pancakes & Sausage Pattie	Serving	1	55.68
990538 2-Yogurt w/ Chia Seeds	serving	1	51.30
990594 2-Breakfast Scone Dough Chocolate Chip	each	1	73.90
990402 2-Cereal, Cinn Chex w/ graham cracker	1 each	1	44.00
990501 2-Cereal, Cinn Chex-only	1 each	1	23.00
990404 j-Cracker Graham	Serving	1	21.00
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	27.18
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
Weighted Daily Average			347.06
% of Calories			70.9%
Weekly Nutrient Guideline			

Friday - 10/03/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001713 2-Hot Ham& Cheese Breakfast	each	1	32.01
990542 2-Muffin, Double Chocolate Chip	each	1	39.69

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Oct 1, 2025 thru Oct 31, 2025

990557 2-Burrito, Los Cabos	each	1	40.86
990492 2-Cereal, Trix w/ graham cracker	bowl	1	45.00
990296 2-Cereal, Trix-only	bowl	1	24.00
990404 j-Cracker Graham	Serving	1	21.00
990469 2- Strawberries,frzn,cupped	1/2 cup	1	20.93
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	13.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	16.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	22.00
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	1.00
Weighted Daily Average			275.49
% of Calories			66.4%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		295.30
% of Calories		63.6%

Nutrient	Menu Average	% of Cals	Weekly Target	% of Target	Shortfall	Overage	Missing Data	Error Messages (if any)
Carbohydrate	295.30 g	63.6%						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.