



AUTHORIZATION FOR DIABETES SELF-MANAGEMENT

The 79th Texas Legislature enacted house Bill 984 which amended the Health and Safety Code Chapter 168-Care of Students with Diabetes. House Bill 984 mandates the following:

- Development and implementation of a diabetes management and treatment plan (DMTP) for any student who will seek care for diabetes at school or while participating in a school activity.
- Development of an individualized health plan (IHP).
- Identification and training of unlicensed school staff, referred to as unlicensed diabetes care assistants (UDCAs), to assist with the care of students with diabetes.
- Development of a one-page information sheet for district employees who transport or supervise diabetic students during off-campus activities.
- Students with diabetes may self-manage their care at any time during the school day anywhere on the school grounds or at a school related activity and may carry supplies and medications required to self-monitor and treat diabetes.

Each request for a student to self-manage their diabetes will be evaluated on a case-by-case basis and must be in full compliance with House Bill 984 and North East Independent School District Protocols.

The following protocols have been established in compliance with House Bill 984 to allow students to self-monitor and treat their diabetes and provide for the safety of all students:

- A diabetes management and treatment plan (DMTP) will be developed by the student's parent/guardian and physician. The DMTP must include the student's name, diagnosis of diabetes, and specific medication orders. It must also identify the health care services the student may receive at school; evaluate the student's ability to manage and level of understanding of the student's diabetes; and must be signed by the parent/guardian and physician.
- The DMTP must be submitted to the nurse before or at the beginning of the school year; upon enrollment of the student if the student enrolls after the school year begins; or upon the student's return to school following a diagnosis of diabetes.
- An individualized health plan (IHP) must be developed for each student who will seek care for diabetes while at school or while participating in a school activity. The IHP will be developed by the nurse in collaboration with the student's parent/guardian. The student's physician and teachers may also be involved in developing the IHP.
- The student's IHP must incorporate the required components of the DMTP (health care services the student may receive at school; an evaluation of the student's ability to manage and level of understanding of the student's diabetes; and must be signed by the student's parent/guardian and physician).
- In accordance with the student's DMTP and IHP, a student may perform blood glucose checks; administer insulin through the insulin delivery system the student uses; treat hypoglycemia and



hyperglycemia; and possess any supplies or equipment necessary to monitor and care for the student's diabetes in the classroom, in any area of the school or school grounds, or at any school-related activity.

- Any supplies, equipment, and medication necessary for a student to monitor and care for their diabetes must be prescribed for the student in possession of these items.
- The nurse will meet with the parent/guardian and student to review this procedure and sign the form agreeing to comply with NEISD protocols. The nurse will forward the names of students with diabetes who are authorized to self-manage their care to the principal and designated assistant principal.
- The nurse will serve as the liaison for the parent /guardian, student, faculty, campus administrators, and physician regarding the student's care.
- The nurse will inform the student's teachers, coaches, extracurricular activity sponsors, and other district employees that the student may possess the required supplies and medication to self-manage their diabetes. This will be done confidentially and only on a need-to-know basis. These individuals will receive a one-page information sheet that identifies the student, potential emergencies and appropriate responses, and emergency contact information.
- The student will demonstrate the ability to properly use all monitoring equipment, supplies, and medication; identify the signs and symptoms requiring blood glucose testing and self-medication; agree to self-chart dates, times, and results of self-monitoring and dates, times, and amounts of insulin self-administration; agree to properly dispose of testing strips; agree to properly dispose of all sharps in a designated tamper-proof and puncture proof container; demonstrate an understanding of how to calculate carbohydrate intake and how to adjust insulin dose accordingly; agree to meet with the nurse to review self-charting; agree to report to the school nurse if desired effects are not obtained within the expected time frame; express understanding that the supplies and medication are for their personal use only and are not to be in possession of another student for any reason; and express understanding of the responsibilities and safety factors related to carrying supplies, equipment, and medication required to monitor and care for the student's diabetes.
- The student will agree to immediately report to the clinic in the event glucagon, glucose tables, or other similar agents are used.
- If it is learned that the student demonstrated a lack of ability to properly use the diabetes monitoring equipment or medication or is not complying with physician's orders or district protocols, the nurse will notify those involved to assess and review the situation and make the appropriate changes on the student's DMTP and IHP.
- To ensure that a student always has access to their supplies and medication, it is recommended that a duplicate set of monitoring equipment, supplies, and medication be kept in a locked cabinet in the school clinic. The duplicate items will be used in the event the equipment/supplies usually carried by the student malfunction, supplies or medication are depleted during the day, or if the student comes to school without their equipment, supplies, or medication.



- The DMTP and IHP will be reviewed and updated as the treatment plan changes, as new physician's orders are received, and at the beginning of every school year.
- The nurse, with permission from the student's parent/guardian, will collaborate with the prescribing physician as necessary to facilitate optimum care and treatment for the student.
- By signing this form, the student and parent/guardian indicate they understand and agree to follow this procedure.

Student: _____

Date: _____

Parent/Guardian: _____

Date: _____

Nurse: _____

Date: _____