

Monday	Tuesday	Wednesday	Thursday	Friday
1-Sep	2-Sep	3-Sep	4-Sep	5-Sep
Wowbutter Cup x2 w Jelly on GF Bread	Yogurt & Cheese (I-27B)	Bean & Cheese Tacos 2 each	Macaroni & Cheese w/ GF Rotini (I-31)	Italian Salad*
Vegetables Fruit (1) Milk	Tostito Chips - 1 bag	on Corn Tortillas (I-21)	w/GF Bread	No croutons
				Tostito Chips - 1 bag
	Vegetables	Vegetables	Vegetables	Vegetables
	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
	Milk	Milk	Milk	Milk
8-Sep	9-Sep	10-Sep	11-Sep	12-Sep
Hamburger+ w/ GF Bun	GF Rotini(I-31B) w/ Meatsauce or Marinara	Bean & Cheese Tacos 2 each	Toasted Cheese on GF Bread I-2	Baked Potato w/ Cheese (Marg)
OR Wowbutter Cup x2 w Jelly on GF Bread	w/ GF Bread	on Corn Tortillas (I-21)		w/GF Bread No Roll
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
15-Sep	16-Sep	17-Sep	18-Sep	19-Sep
Yogurt & Cheese (I-27B)	Macaroni & Cheese w/ GF Rotini (I-31)	Crispy Beef Tacos	Baked Potato w/ Cheese (Marg)	Italian Salad*
Tostito Chips - 1 bag	w/GF Bread	w/ Spanish Rice (S/J)	w/GF Bread No Roll	No croutons
	Hummus & Cheese Pack			Tostito Chips - 1 bag
	No flatbread Tostito Chips			
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
22-Sep	23-Sep	24-Sep	National Food Service Worker Day! 9/25/2	26-Sep
Sloppy Joe+ on GF Bun	Baked Potato w/ Cheese (Marg)	Beef & Cheese Nachos (S/J)	Toasted Cheese on GF Bread I-2	Pork & Cheese Tamales*
	w/GF Bread No Roll	Cheese Nachos		
			Slush OK!!	
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Wowbutter Cup x2 w Jelly on GF Bread	Hummus & Cheese Pack	Bean & Cheese Tacos 2 each	Macaroni & Cheese w/ GF Rotini (I-31)	Italian Salad*
	No flatbread Tostito Chips	on Corn Tortillas (I-21)	w/GF Bread	No croutons
				Tostito Chips - 1 bag
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)	Fruit (1)
Milk	Milk	Milk	Milk	Milk
DO NOT SERVE: broccoli w/cheese, gravy on mashed potatoes, potato wedges, spicy hashbrowns, stir-fry vegetables, cornbread, roll, croutons				

GF Cold Entrée Choices				
Wowbutter Sandwich+ on GF Bread	Hummus Bento Box <b>No Flatbread</b>	Italian Salad* w/Tostito Chips		Italian Salad* w/Tostito Chips
OR 2 Yogurt w/Tostito Chips	w/Tostito Chips	<b>No croutons or crackers</b>		<b>No croutons or crackers</b>
	2 Yogurt w/Tostito Chips			
<b>Gluten-Free Vegetables:</b> savory green beans, pinto beans, baked beans, cheesy garlic mashed potatoes, mashed potatoes (no gravy), savory peas, sweet potato fries, corn, smile fries, emoji fries, tater tots, lettuce, spinach, tomato, celery, carrots, red peppers, cucumber, jicama, tossed salad, raw vegetable medley				
<b>Gluten-Free Condiments:</b> catsup, mayonnaise, mustard, ranch, tajin, jalapenos, salsa, Italian salad dressing packet, ranch dressing packet, pico de gallo				
All regular fruit offerings are gluten-free (applesauce, banana, diced peaches, watermelon, strawberries & cream, fruit cocktail, blueberries & cream, sliced peaches, fresh apples, apple slices, watermelon raisins, orange, blue raspberry juice freeze, sliced pears, raisins, Craisins)				
BREAKFAST: Pick 3-4 items from the list -- 1 item must be a fruit or juice)			Recipe	Recipe Code in PE
1 Cereal*	<b>*Gluten-Free Cereal:</b>		Fritos	7811431
GF Toast w Jelly	Cinnamon Chex		GF Loaf Bread	3704030
Yogurt	Honey Cheerios		Hamburger on GF Bun	I-9D
Sausage Patty	Blueberry Chex		Italian Chef Salad - GF	I-17D
			Rotini GF & Cheese	I-31
			String Cheese (Mozzarella)	2602550
Juice			Tortilla Chips	7811032
Fruit			Tostito Chip Bag	1107530
			Turkey Coins	4332330
Milk, (plain in PK sites)			Yogurt	2606031 & 2606131