

# NEW MILK OPTIONS

## AVAILABLE FOR ALL STUDENTS

### Plant-Based & Lactose-Free Choices Now Offered

#### PARENTS & CAREGIVERS CAN NOW REQUEST:



Plant-Based Beverages  
(Soy Milk – Spring 2026)



Lactose-Free Milk

#### HOW IT WORKS...

**NEW!** No doctor's note required!



**Submit the Online Request Form**  
Parents/caregivers complete the short form.



**School Staff Are Notified**  
Child Nutrition staff at your student's school receive the request.



**Student Picks Their Option**  
At breakfast or lunch, students simply let staff know their selection.

**Submit your  
request here:**

[srvusdlinks.net/milkoptions](http://srvusdlinks.net/milkoptions)



Milk is part of a complete school meal under federal guidelines.

Students must be offered: Fruit 🍎 Vegetables 🥬 Protein 🍗

Grains 🍞 Milk or approved substitute 🥛

Plant-based beverages are now allowed under updated federal guidelines.

The type of plant-based drink may vary based on availability.

More information: [www.srvusd.net/eats](http://www.srvusd.net/eats)