



RBHS Seniors look forward to painting their spots in the student parking lot

Frank Ferreria
Staff Writer

Last Summer, right before the 2025-2026 School year, the RBHS Administration reconstructed the huge parking lot in front of the pavilion, making it brand new and clean-looking. Due to the reconstruction of the parking lot, there was no time or area for this year's seniors to paint their spots in their respective areas. From this, there has been backlash from seniors and parents, making it a difficult situation to be in for the school administration.

The plan for the future of the parking spots is left in the administration's hands, whether they have them or not. I wanted to see from the perspective of

a senior this year to get their insight on how they view the issue. Today, I have asked senior Joshua Hartsell. "Josh, how would you feel about not getting a parking spot this entire school year, missing out on your only chance?" "It kinda sucks because someone can just take my spot where I usually park." By not getting a spot, it is an inconvenience, not just for him but for the rest of the students too.

I have also interviewed Andy Cherveny about how he feels about the parking spots, so we can get more than Josh's perspective. "Andy, is the Senior Paint Your Spot important to you?" "Yes! The senior spots are very important to me because it provides a great opportunity to express yourself and interests, I also like the aspect of a spot to



Photo/Bluffer

yourself so you wouldn't have the problem of fighting over your spot, and finally just a fun way to spend your time painting with

your friends. Not having this opportunity would be a huge bummer."

From what Josh and Andy

have shared with us, they would be really disappointed to not be able to get their spots, and I imagine a lot of their peers would

would agree too. We don't know the future of this project, whether or not they get their spots. The real question is how much of a priority it is to the staff, a question I have not figured out quite yet. Considering there have not been updates about this subject, the future of this project looks very dim.

Senior Paint Your Spot brought character and variety to a dull black parking lot, making this year a lot less colorful than it has been in the last couple of years. It's a tradition that seniors across the country and in many different high schools look forward to, but unfortunately we many not participate this year. For our future and the next upcoming seniors, we only hope they don't succumb to this fate as our 2026 seniors have.

High school counselor Mrs. Gambetta takes a hiatus to hike the Pacific Crest Trail over many months

Kylie Crow
Staff Writer

Mrs. Gambetta, is the head of the counselors department and helps this campus stay amazing. And she is gone for the past month of School, why? Well it is because she has been on the infamous Pacific Crest National Scenic Trail!

The PCT is a trail that is hiked from Mexico, all the way to Canada, through the states of California, Oregon, and Washington. This 4,265 kilometer (or 2,650 miles) is a trail that is nothing short of treacherous yet the beauty is all worth it. Starting in May, Gambetta has been documenting her experience throughout the normally, 5 month long trail, on her Facebook.

Her first facebook post began in May of 2025 by

her close trail mate.

In the first few posts, they began in the desert, hiking the first few days at 24.2 miles, before posting at the end of May saying they have one more week in the hot desert before arriving at Kennedy Meadows (near Pine Mountain). Once there, they continued to travel to Walker Pass on June 4th. During this, her knee became an issue as they got closer to the Sierra Mountains that had melting snow rapidly filling the river crosses needed for this hike. They decided to take a quick one week break and came back onto



Photo of Mrs. Gambetta with her husband

the trail around June 15th.

This led to the next major update of walking through the now burnt forests of California, getting lost for 45 minutes, before being able to soak in the Feather River and hiking to see Mt. Shasta in the distance.

Arriving in Burney Falls on July 24th, they passed through the many burnt forests of California, before seeing that amongst the dead trees, samplings were growing all across the forest. Although dirty and having to trek in the hot weather, they got to arrive home for a few days and continue on their journey on the 27th by hopping on Castle Crag.

With being right near the Oregon Border on August 2nd, disaster almost hit when they

saw smoke and realized a nearby fire from the lightning storm last night. They continued on and thankfully, the fire was contained.

Finally, getting to Crater Lake Oregon on August 8th, seeing beautiful forests and ecological terrain. They then walked through lava rock through Sisters Wilderness by the 14th, and hit Cascade Locks later down the month.

Passing through the Washington border, they decided to continue the PCT as they took a well deserved rest and wanted to complete it with just 357 miles! As of September 8th, they have finally decided to end the journey at mile 2416 due to intense smoke coming from the fires earlier mentioned.

Mrs. Gambetta will return to work on September 12 and be able to see students on the 15th.

New Animal Shelter Support Club helps animals in Tehama

Aylin Santoyo Salas
Staff Writer

There is a great quantity of clubs at RBHS that help both the students and our community. Recently, there has been a club created by our fellow seniors named "Tehama Animal Shelter Support Club." The president of this club is Evie Bower, while the vice president is Yaneli Chavez.

When asked why she began the club, Evie emphasized, "I wanted to make a difference in the animal shelter, and give them all a good life and a good home." Evie, along with Yaneli,

stated the animals at the shelter all had the look of despair and sadness, which prompted them to do what they could to help out. They saw the shelter was overcrowded with animals, meaning they individually had no space or were limited.

With the help of the club, they will be able to raise funds to improve the environment for the animals in the shelter and provide them with the freedom and individual attention they need. The club coordinates with the local animal shelter, as they partner with them to do fundraisers, drives, and anything that will be of good help. Those



Photo of club flyer

who are part of the club help them get supplies for the dogs and donate their time by doing good deeds for these helpless creatures. The club of Tehama Animal Shelter also helps with promoting the adoption of these animals that desperately need to be part of a loving and nurturing home. They also wish to accomplish a decrease in the number of animals being put down through this club.

Both Evie and Yaneli have the intention of helping our community out and engaging more animal lovers as members to the club.

Evie and Yaneli wish to give

the animals a loving home and a second chance at living their best life throughout the Tehama Animal Shelter Club. With your help, all together as one, they can do so much more; it will all be for a great cause.

A student should join this club because it will allow them to interact with the animals and give them the love and nurturing they are missing. You, as a person, can contribute in any way possible; even the smallest act has the greatest impact. Tehama Animal Shelter Support Club looks forward to new members and the union of many to help the animals.

Weekend
Forecast

Friday 96°/64°

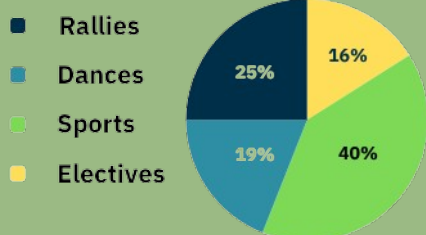
Saturday 95°/63°

Sunday 90°/63°

BLUFFER BRIEFS

- Saturday Farmer's Market on Sept 20, at River Park
- Senior Awards Night on Tuesday, Sept 23 at 7-8 pm in the PAC
- Info about Marine Corps on Sept 26, during 3rd period in the F building
- Suicide prevention awareness lunch time activity on Sept 26

What are you looking forward to the most this year?



100 RBHS students in grades 9-12 were asked what they are most looking forward to this school year

Staff Editorial

Crossing Cultures, Creating Connections

In a world that is divided by borders, politics, and cultural understanding, it is important for people and especially younger generations, to seize any opportunity to explore the world. To participate in student exchanges is an early-life opportunity.

Learning about different cultures fosters open-mindedness, empathy, and respect for diversity in not just other countries or cultures, but also in the people in your own community. This is especially helpful for rural towns such as Red Bluff, California. Former Principal Joe Pelanconi of Red Bluff High School took these factors into account to bring diversity and a deeper understanding into

his school by starting the Italian exchange in 1994. This exchange gives rural students a chance to leave the state or country for probably the first time.

This exchange is not only in the eyes of simple tourists, but also a way to understand the everyday life of someone from a different culture. This experience also prepares RBHS students for life after high school if they wish to leave the comforts of their hometown. This experience helps prepare students to be able to live with different roommates in college and to embrace the differences.

During the exchange, each RBHS student receives a partner to live with and go to school with, which is unlike any ordinary vacation. In turn, they also host their

partner when they visit Red Bluff. This experience is also extraordinary for the Italians who live in the city of Florence and do not have rural living experiences.

Travel has been known to be one of the most effective forms of education. Going to a different country means stepping into a new rhythm, new language, new customs, and new values, which can never be taught in a classroom. Sorry, Mr. Linhart.

Hatred towards different ethnicities comes from a mind not yet educated about what life offers outside of their own paradigm, and most people who discriminate against others are blinded by stereotypes, which leads to prejudice and even acts that can physically harm others.

As we all can see in even the halls at our own school, many people are close-minded to people who are different than themselves. Having students from a different country visit our school can help open the minds of many of the students here at Red Bluff High School.

It would be really nice to be able to walk down the halls at school without having to hear slurs of any kind. These slurs and stereotypes reduce an individual to a label that might not be true in the slightest, and believing in them limits one's worldview and prevents connections with others. You may be missing out on learning something that you actually love.

The U.S is one of the most cul-

turally, racially, and religiously diverse countries in the world, which gives many students a way to grow up in a fairly diverse environment. However, with this, and especially with certain parts of our country, come divides.

Many immigrants, not welcomed, form their own cities and towns, such as 'Little Italy' or "Chinatown." Even in school, different ethnicities are very divided into cliques. America is essentially "behind" in integrating cultural education into its educational system, and the exchange program is just one way to travel and learn a great deal about a different culture and its people.

Nation divided: team Conrad or Jeremiah

Lexi Bradway
Staff Writer

If you are team Jeremiah, you are on the wrong team. It has been a big question since the new season of The Summer I Turned Pretty came out; Are you team Jeremiah or team Conrad? As insufferable and annoying as Belly is, she does not deserve to get cheated on, not once but twice by the definition of a "manchild."

The way that Conrad looks at Belly makes it easy to look right past Jeremiah. Conrad even admitted to not being attracted to anybody else when he couldn't have her, but Jeremiah was all over Lacy without a second thought. Not to mention, Jeremiah proposed with a ring the size of a rice grain which does him so many points.

We watched Jeremiah throw his life away for alcohol, and partying then proceeded to pity himself and try to make Belly feel bad for his own actions. Conrad studied medicine at Stanford, and didn't throw



his life away. Throughout the show, we have watched Conrad yearn for Belly, which is a very rare thing for men to do in this generation. Jeremiah on the other hand has taken advantage of Belly's kindness. Jeremiah just really isn't even a good person really.

Not only is he a bad boyfriend, but he has been a bad brother, and friend as we have seen in the show. One scene really stuck out to me though. Belly's mom took everyone out to dinner, and Jeremiah ordered the most expensive thing on the menu knowing she is not wealthy like his family, while

both Belly and Conrad watched him order it and proceeded to order cheap appetizers. If that doesn't prove he is inconsiderate then I can list ten other reasons why, but we don't have time for that rant. If Belly were to want a childish fling, Jeremiah would be perfect for her. But it is obvious Belly is the type that you bring home to your mom, and Conrad is the type to do so.

Jeremiah is immature, selfish, and doesn't truly care what belly wants or feels. While Conrad is selfless, and the way Belly feels consumes him. This is why Belly should've been marrying Conrad in the last episode.

¡CHRISTIAN NODAL Y SU MATRIMONIO ESCANDALOSO!

Cutler Vereschagin
Staff Writer

Christian Nodal (26) y Ángela Aguilar (21), ahora casados, están lidiando con la prensa y sus preguntas sobre cuándo comenzó su relación y si su amor empezó durante su última relación con Cazzu, la madre de su hija y una artista argentina. Recientemente, tuvo entrevistas con la prensa sobre su matrimonio con Ángela Aguilar. Nodal le dijo a la prensa que su relación con Cazzu terminó el 8 de mayo.

SEIS días después, se juntó con Aguilar. ¡Solo tomó tres semanas después de su ruptura con Cazzu para casarse con Angela Aguilar! ¿Cómo que solo tomó tres sema-

nas?

Nodal dijo que la pareja quería tener su matrimonio en secreto, ¡pero una revista juntó fotos de su boda en Roma! Aunque las entrevistas de Ángela Aguilar dicen que toda la gente que está involucrada sabía que estaban juntos, Cazzu cuenta una historia diferente en sus entrevistas, donde menciona que la noticia fue muy dolorosa y sorpresiva. Según ella, no sabía que ya habían tronado hasta que vio las fotos de Ángela y Nodal.

Los artículos de la prensa sugieren que su relación empezó mucho antes de la ruptura de Nodal y Cazzu, aunque Nodal y Aguilar dicen diferente. La gente en la Red está discutiendo de que la relación había empezado al mismo tiempo que su última

relación cuando la hija de Nodal tenía 8 meses. Nodal dijo también que durante la pandemia en 2020, ellos tuvieron llamadas secretas mientras Aguilar era adolescente. ¡Estas llamadas estaban haciendo MIENTRAS Nodal estaba en un romance público con Belinda y estaban comprometidos! En otra entrevista, Nodal contó que quería estar allí para su hija, pero Cazzu vive en Argentina y está demasiado lejos. Si es verdad, ¿por qué llevó a Ángela Aguilar a Roma para una cita? También hay un rumor que no le quiere pagar a Cazzu para apoyar a su hija financieramente.

En mi opinión, este hombre es un vago escandaloso. ¿Qué piensas? ¿Eres del partido de Ángela o Cazzu?



RBHS ISP: A Pro or a No?

Chance Geiger
Staff Writer

Over the course of several years, there has been an increase in people going through the ISP program. Some go for the smaller work loads, others make the transition just to get off campus.

ISP is a great option on paper, giving students more control over their surroundings and schedule. At first, it really can be a stress reliever. Focusing on one class at a time makes it slower paced, and you get to stay at home all week, going in-person for only two hours. While the workloads are

much smaller, many people don't think about the full effect that it can have on them. While it seems like an easy solution, ISP can inaccurately reflect the real world. If you have a job, you can't simply walk away because responsibility becomes difficult. It may serve as a way for students to just get rid of their workloads. It delivers a bad mindset to students, because school prepares students for the future.

Motivation is also a common problem when it comes to ISP. Not being able to interact with classmates and teachers affects the way people think and act. Along with the added-on distraction of

just being at home, it can not only make you feel unmotivated. It can also make you fall behind, because ISP learning is so different from in-person. Sophomore Jayden Bradshaw said, "After coming back from ISP, I procrastinated a lot less and the routine of school really helped me because of all the deadlines. There was also a change in the social group after leaving because of the time I was gone."

After speaking to Jayden and several others, it is apparent that ISP is a lot more challenging than just taking a break and its problems may outweigh the positives in the long run.

Marvel missed the mark with Cap's ending

Harmony Oakes
Staff Writer

Steve Rogers: a staple in the Marvel Cinematic Universe as former superhero Captain America. Former because he passed away after going back into the past and living a borrowed life with a woman named Peggy Carter.

For background information, Peggy Carter and Steve Rogers had some sort of office romance during the 1940's when Steve Rogers first used the Super Soldier Serum created by Dr. Abraham Erskine, and Peggy Carter happened to be his assistant.

Throughout the first Captain America Movie, (Captain America: The First Avenger) Steve Rogers fantasizes about Peggy Carter and about pursuing a romantic relationship with her; although they only knew each other for about a month. The entire climax of all of the Captain

America movies are about how Steve Rogers wants to save his best friend James Buchanan (Bucky) Barnes—which is why I fully believe that Steve Rogers would not have gone to the past and left Bucky Barnes

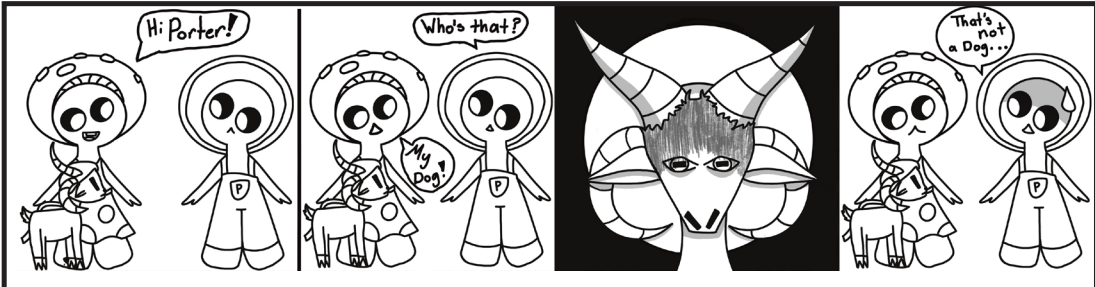


in the future for a woman he knew for a month and kissed once. I would also like to add that he became close friends with his now successor, Sam Wilson, and they were on the run for four years together, so I do not believe he would have left both Bucky Barnes and Sam Wilson in the future. Not to mention the Butterfly Effect,

so him going back to the past not only completely disregarded the Agent Carter show, but also created infinite time loops in the multiverse because he decided to mess with the past.

I wholeheartedly believe that he was using the Pym Particles to go back as his death was poor scripting and they should have just made him die in the battle against Thanos. He would not have left his best friend and the man he is searching for in every single Captain America movie for a woman he knew for a month. Maybe he would have stayed a bit longer because he promised her a dance but I do not think he would live out a full life with her, especially because she ages at a different speed than he does, so he also should not have been an elderly man when he returned. There are so many loopholes with this plot, it truly could have been scripted differently and more toward who Steve Rogers is as a person and a character if they wanted him to die that badly.

Bluffer Bits



THE BLUFFER STAFF

News Editors
Naomi Craig
Zoey Pelanconi

Features Editor
Lillie Rainwater
Kaitlyn Stringer

Opinions Editor
Tait Calzada
Andy Cherveney

Sports Editor
Ellie Eggleston
Cassidy Merkle

Cartoonist
Nyx Hutcherson

A-&-E Editor
Xen Mccoshum

Topics Editor
Kara Kupfer

Copy Editors
Angie Emanuel
Josiah Manuel

Editors-in-Chief
Zoey Pelanconi Naomi Craig

Staff Writers
Haven Anger
Lexi Bradway
Mariah Craig
Kylie Crow
Destiny Drum
Anaís Estrella
Frank Ferreira

Advisor
Alisa Pelanconi

Staff Writers
Chance Geiger
Mackenzie Harris
Madison Harris
Ezra Lugo
Kayden Lyon
Harmony Oakes
Olivia Owens

Staff Writers
Cinnia Paul
Aylin Salas
Madison Thompson
Kylan Tingly
Cutler Vereschagin
Myah Wiedel

Spartan Sound off

What's your favorite pop culture moment?



Aarayah Sides (9)
“Daniel Larson X Grace Vanderwaal”



Connor Smith (10)
“Kendrick Lamar when he yelled Mustard”



Taylor Perkins (11)
“67”



Brenden Purington (12)
“Drake and Kendrick Beef”



Ms. Garcia
“Left Shark - Katy Perry Superbowl Show”



Mr. Dais
“Gangnam Style”

Sound Off / Lillie Rainwater & Kaitlyn Stringer



Madison Thompson
Staff Writer

Red Bluff High School Union District is happily getting ready to welcome a group of Italian exchange students, continuing a tradition that has been on our campus since 1984.

The Italian exchange program is, and has been, a cornerstone of Red Bluff High School, offering a unique cultural immersion experience for both American students at Red Bluff High School and Italian students joining us at Red Bluff.

This year, 24 of our students are going to have the opportunity to travel to an Italian school named after Piero Calamandrei, an Italian author and jurist, while the group of Italian students come to experience life here in Northern California. This program is being expertly advised by Ms. Pelanconi and Mr. Sinclair, and because of them and their help this has been a great opportunity for students to broaden their horizons and educate themselves on Italian culture.

Ms. Pelanconi explained, “hosting an Italian student can be a great opportunity to see

how different cultures live.” The exchange students will not only attend classes at Red Bluff High School this Fall, but will also get the opportunity to explore the surrounding areas in Red Bluff and others in California such as Chico, Redding, and San Francisco. As for the American students visiting Italy in Spring of 2026, they will be going to places such

to, she responded stating that she looks forward to the architecture, culture, and food.

What gravitates her towards this trip is the fact her mother was raised in a very traditional Italian household, and as Angie puts it, has “always thought it’d be cool to visit Italy.”

I also spoke to Kylan Tingley about the exchange program, she explained she is excited



A few students that are participating in the exchange

as Rome and Venice. I have spoken to one of our students, Angie Emanuel, and I have asked her a couple of questions about her inspiration for going to Italy and was curious as to what she looks forward

to, as well as Angie, see all the architecture that Italy has to offer, Kylan also explains that her friend is coming with her to Italy which was something that inspired her in choosing to explore Italy.

Student Feature: Unadel Woolfie Bitt-Bevill

Cinnia Paul
Staff Writer

For this issue’s Student feature we have Unadel Woolfie Bitt-Bevill, a Junior here at Red Bluff High School who was born and raised in Reno, Nevada.

Later she and her family moved to Paradise, yet due to the tragedy of the fires in Paradise back in 2018, she and her family found themselves in Red Bluff. Unadel’s birthday is May 19th, making her zodiac sign a Taurus.

She is the youngest member of her family, as she has two older brothers who have both grown up and moved out.

At home she has two cats and six chickens; her cats’ names are Winky (due to having one eye) and Kitty Baby.

Unadel participates heavily in the high school and is actively involved in multiple clubs, as she is in the Mental Health Advocate club, Nami club, Women Supporting Women club, as well as the Animal Shelter club that is new to Red Bluff High School this year. However, she does even more on the sports front, helping with managing the football team as well as being a part of the track team. However, she

is technically unemployed—unless managing the football team counts as a job.

Unadel’s future plans are to hopefully earn a sports scholarship and go to college, but if not then she intends to enlist in the U.S. Navy.

As if Unadel wasn’t busy enough, she is also a passionate singer, and she mentions her TikTok account (@bitt_bevs), which she implies she is very active on. Her favorite class is Mariachi Band, and her favorite teacher is Mr. Wheeler for his gentle kindness. Unadel’s top three

movies start with The Perks of Being a Wallflower, Juno, and finally A Monster in Paris. When asked who her favorite artist was, Unadel responded with “Tyler the Creator, because he be creating,” which he does.

The last question posed for Unadel was what color she will be dying her hair next, to which she responded with, “wherever the wind takes me,” which seems to be a common phrase here at Red Bluff High School.



Unadel Woolfie Bitt-Bevill

Teacher Feature: Mrs. Polk

Olivia Owens
Staff Writer

Mrs. Polk is a new science teacher at Red Bluff High School. She began teaching shortly after the COVID-19 pandemic, right after her own children started school. Their school was having trouble finding enough teachers due to the pandemic, so she stepped up.

Before becoming a teacher, she worked for a mortgage company. “I didn’t love the job I was working at because I worked for a mortgage company. I loved my boss, but mortgages for me were really boring,” she said. Teaching, on the other hand, felt like a natural fit and came easy to her. She had been a math and science tutor since middle

school, so the transition into teaching was easy and did not require any re-adjusting. The first school she ever worked at was St. Joe’s Catholic School in Redding, where she taught middle school science, which was her

favorite subject as a student. Growing up, Mrs. Polk had many great teachers, but only two of them stood out the most to her. She reminisced “The first one was a science teacher: his name was Mr. Lane. I had him as a middle

school science teacher, and I tutored for him in high school.

He really cared about his students, and that was awesome.” She then recalled “Then I had another teacher, his name was Mr. Ferguson. He taught AP history, economics, and English. He just really made me think, and they were fun classes even though they were not my favorite subjects.” Just before she started middle school, director Peter Jackson released the first Lord of the Rings movie: The Fellowship of the Ring. Like millions of others when it first debuted, Mrs. Polk became a fan of the series. A few years later, in high school, she read the books. The author, John Ronald Reuel Tolkien, became one of her favorites. She read many other books of his, some

of which were The Hobbit, and The Silmarillion. As a teacher, Mrs. Polk says her favorite part of the job is getting to know and connecting with her students, especially at a new school.

At the start of the school year, she enjoys learning about her students and finding shared interests. “I especially enjoy finding common interests between me and my students because I find out a lot of unexpected things,” she said. “It shows how there is so much more to a person than you expect.” Although it is only her first year at Red Bluff and her fourth year as a teacher, Ms. Polk clearly has a love for her job, which is not only appreciated by her students and other staff, but can also have a strong impact on each of her students’ lives.



I have interests about Italy myself, I’ve always wondered how different social norms were than here in America. How different is our behavior and manners?

How will we interact with each other? These are all questions I’m sure others are curious about. As we welcome these students into our

community and say goodbye in a few months to ours, we look forward to another year of cultural exchange and mutual learning. I am personally really excited to hear about what others have to say about our school and the cultural differences they get the opportunity to experience.



Italian Exchange Advisors Mrs. Pelanconi & Mr. Sinclair

Women-Supporting-Women Club 2025

Haven Anger
Staff Writer

For many women, finding a good place where their voices are heard is not easy, especially when they face a multitude of challenges. But inside the Women-Supporting-Women club, it’s a place for trust and compassion within our community and its support for girls who are maturing and coming of age.

This club is run by Brenda Pulido, Tianna Stephens, and Kaylana Corzine, with the advisor being English teacher Ms. Pelanconi. The Women-Supporting-Women club is all about helping the female community and being supportive. Their goal is to raise funds towards women’s shelters. They also want to raise funds to help support women in schools who might not have the resources they need.

They are planning to have meetings every other Thursday. They have been working hard to promote their club all over campus, and will be planning out an Instagram account to help share it out into the community. “Women Supporting Women started in 2020 during COVID in order to help promote positivity in our community. We promoted local businesses who were

negatively affected by COVID and helped to bring up teacher morale during that difficult time. We have also helped supply feminine hygiene products in the nurse’s office. It’s a great club for students who want to contribute to their community,” said Pelanconi. They are already preparing for Women’s History Month this coming March.

“I love supporting women and helping any in need. I plan to do fundraisers and activities to make Women’s History Month a big deal, and talk to girls about becoming a woman,” said Kaylana. “A lot of girls turn against each other and I think the club would definitely help girls to join in together as a community and support each other through hard times,” said Kara Kupfer. Now don’t wait to sign up now and join the Women-Supporting-Women club! This club can help you in any way or a family member or friends they are all about helping the women community.



Brenda & Kaylana



Mrs. Polk with her kids

`The Summer I Turned Pretty`: A coming-of-age phenomenon for teens

Kylan Tingley
Staff Writer

Season three of the popular teen drama series “The Summer I Turned Pretty”, is putting out their new episodes weekly and has viewers on the edges of their seats at the end of every episode.

The beginning of season three aired on Wednesday, July 16, 2025 with its first two episodes, “Last Season” and “Last Christmas” on the streaming platform, Prime Video.

The series is based off of the original trilogy written by Jenny Han; “The Summer I turned Pretty”, “Its not Summer Without You”, and “We’ll Always Have Summer”. Written

throughout 2009-2010, the television show has been able to reconnect with the people who read the books when they first came out. The popular teen drama series has expanded its influence beyond the original books and TV series with clothing partnerships involving brands such as American Eagle. They featured items such as baby tees that read “Team Jeremiah”, “Team Conrad”, and “Team Belly”; allowing fans of the show to showcase which charac-

ters they support. This is a trend created by the viewers of the show; it revolves

Isabel (Belly) should end up with. This ongoing and popular debate has bonded

statistics taken from the opinions from students at Red Bluff High School, the numbers have shown that the majority confidently votes Team Conrad.

In the books, the ending is Belly and Conrad getting married after Belly studies abroad in Paris for a few years. Fans are hoping that Jenny Han—author, executive producer, and show runner of the series—will have the ending of the show stay true to the origi-

nal plot of the books. Since mid-July of 2025, the episodes of season three have been coming out one by one each week on Wednesday at 12 a.m. PUT and 3 a.m. ET. The finale of the season is nearing, with the final episode airing on September 17.

Viewers have made the wait for each episode worth it through watching with a group of friends or a parent, complete with drinks and snacks to enjoy. Fans of the series have made the show special, because to them, it is more than just a show. It is a representation of youth, summer, the fun, and the ups and downs of exploring who you are as you get older.



around either being Team Conrad, or Team Jeremiah based off of who they think the main character,

people together over the show, and has made it a very emotional watch for some viewers. Based on

Starbucks` new fall drinks leaves fans disappointed

Olivia Owens
Staff Writer

As fall weather approaches, so do the fall-themed menus. Dunkin’, Krispy Kreme, and Dairy Queen are just a few of the many food chains that release an annual fall-themed menu; however, none of them compares to the Starbucks menu, which consists of new drinks, cake pops, and pastries.

Starbucks released the 2025 fall menu on Tuesday, August 26. Items on this menu include: The Pumpkin Spice Latte, Pumpkin Cream Cold Brew, Iced Pumpkin Cream Chai, Pecan Crunch Oatmilk Latte, and Pecan Oatmilk Cortado. Pumpkin Cream Cheese Muffin Raccoon Cake Pop, Baked Apple Croissant, and Pumpkin & Pepita Loaf. Although I have not had a chance to try every item on the new fall menu, I have had

the opportunity to try the Iced Pumpkin Cream Chai, which is a chai latte topped with pumpkin sweet cream cold foam. Overall, it was a bit too sweet; however, the pumpkin and chai complemented each other well.

Separately, the pumpkin sweet cream cold foam was good but lacked slightly in pumpkin flavor, and the



chai latte was a little too sweet to be paired with a sweet cream cold foam. The Pecan Crunch Oatmilk Latte was highly praised by many social media users. It offers a warm, homey flavor perfect for the fall season, while still being

smooth and not too sweet.

The Pumpkin Cream Cheese Muffin also received praise for its rich, creamy center and moist texture. The Raccoon Cake Pop has been a fan favorite, mostly due to its adorable design and soft vanilla cake inside. The Pecan Oatmilk Cortado is smooth, nutty, and less sweet, which is perfect for those wanting a lighter fall drink with more caffeine.

As the current menu items received much praise, some users shared complaints about the missing menu items: Iced Apple Crisp Cream Chai, Iced Caramel Apple Cream Latte, and Iced Honey Apple Almond Milk Flat White.

In previous years, these fall drinks were favored due to the unique apple flavor; therefore, removing them sparked confusion as to why they are no longer on the annual menu.

Benson Boone’s American Heart: A show stopper or a Let Down?

Myah Wiedel
Staff Writer

There are many different genres of music. Some include pop, hard and pop rock, r&b, hip-hop, country, classical, rap, and so many more. The most popular music is a mix of hip-hop and rap, but the artists who seem to be spoken about the most or have albums that many look forward to vary.

The artist Benson Boone came out with an album on June 20, 2025. This is one not many people knew about due to the lack of popularity, but it became a staple of the year. The name of the album is American Heart and it includes 10 songs.

The track titles include: Sorry I’m Here for Someone Else, Mystical Magical, I Wanna Be the One You Call, Mr Electric

Blue, Reminds Me of You, Wanted Man, Man in Me, Momma Song, Take me Home, and Young Ameri-

Crumbl Cookie or the trends people do on Tiktok. It reached the Top 40 of the Billboard Hot 100.

It also was chosen as the favorite new release in a Billboard Poll.

I personally find the song to be very funny, and it’s a joke that I have come to enjoy. My friends and I make fun of

some of the lyrics such as the most famous one, “Moonbeam icecream” which became a trend for ice cream brands to try and achieve this flavor. The other songs within the album are completely different from this one which is why they are not as popular. They have more straightforward and meaningful lyrics that haven’t been receiving hate or backlash from fans.



can Heart. The feedback that fans have given is mixed, but people who feel a certain hate about the artist, haters, don’t enjoy the listen as much. The song Mystical Magical has been the most popular, but not for a good reason.

It experienced much hate and is still experiencing heavy criticism. This hate has had some good repercussions like Benson’s brand deal with

Life’s too short-watch more movies

Destiny Drum
Staff Writer

From screens to swoons, why movie genres matter more than you think. Whether you’re a horror fanatic, a rom-com lover, or someone who just wants to laugh, the kind of movie you choose says more about you than you might realize. Movies have an immense influence on viewers because of their audio-visual effect working in tandem for entertainment. According to a survey asking 100 random students of all grade levels at Red Bluff High School, the most popular favorite music genre out of the five options: romance, horror, action, drama, and comedy, the winner was horror with 27 votes.

The second most popular movie genre was comedy, with 26 votes. Romance

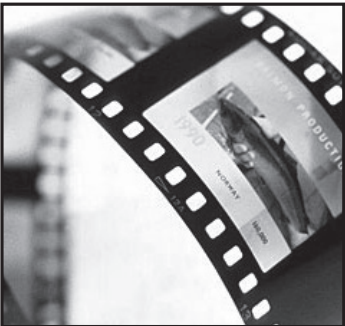
placed third, with 25 votes. Action received 13 votes, placing it at fourth. Last, but not least, the fifth favorite movie genre was drama with 9 votes from our students at Red Bluff High. An extremely popular horror movie franchise, ‘The Conjuring’, has very recently come out with the fourth and final one on Friday, September 5, 2025.

‘The Conjuring’ is a bone-chilling horror movie that is based on a true story about exorcism, a haunted house, and a demon possession. If you enjoy horror movies and haven’t watched it yet, you should definitely go watch it with friends or family! A few amazing comedy movies are ‘Mean Girls’ and ‘Happy Gilmore’. ‘Mean Girls’ is a tale against conformity, judgment, and toxic friendships.

It is known as a comedy movie because of its memorable quotes, cultural impact, and its sharp wit woven throughout the movie. ‘Happy Gilmore’ stars the popular comedy actor Adam Sandler, and is about how a failed ice hockey player possessing a strong swing and anger issues discovers that he can hit a golf ball with incredible accuracy. Although it is supposed to be funny, you can also learn the importance of perseverance and finding what truly makes you happy. Some highly recommended and popular romance movies are ‘10 Things I Hate About You’ and ‘The Notebook’. These are both some amazing classics to watch! ‘10 Things I Hate About You’ is about how Kat Stratford doesn’t attract many boys due to her

abrasive personality, but her younger sister, Bianca, cannot date until Kat has a boyfriend.

Strings are pulled to set up Kat with a handsome man, and you watch as she decides whether or not to let her guard down and fall in love. ‘The Notebook’ centers on the relationship between Allie Nelson and Noah Calhoun spanning over five decades, but how their love for each other never dies. Now, it is time for me to watch a movie – you should too!



A silent summer

Anais Estrella
Staff Writer

In recent years, music has been a staple in everyone’s summer. Energetic pop music gets played on radios and gets everyone in the mood for summer.

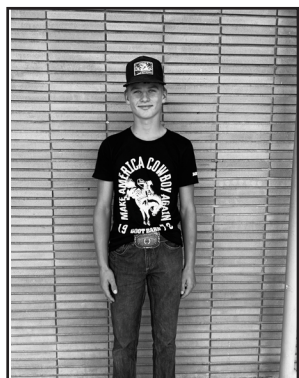
What makes a song the “Song of the Summer” is when people are always playing it because of how catchy it is. Everyone is talking about how good the song is, and it’s getting good ratings. 2024 was the perfect year for songs of the summer. So many songs, like Million Dollar Baby, were huge and everywhere. There were a lot of albums released too, that everyone enjoyed in the summer of 2024. Since last summer the music was so good, people had high hopes for this summer. But, as sum-

mer came and went, we didn’t get any staple songs or albums. If you were to ask somebody what the 2025 song of the summer is, there’s a big possibility that they couldn’t give you a song. Even on social media platforms, there weren’t really any songs that really popped. It was just the regular trends the whole summer. This music drought really disappointed people, as every year they look forward to the new catchy songs that will be released. Without any new catchy songs, the summers are boring.





What is your favorite sports team?



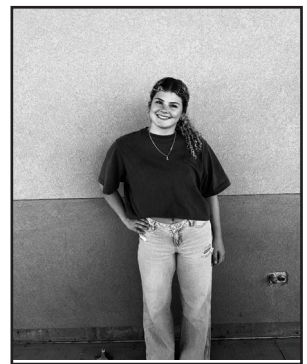
Marek Owens (9)
"My favorite team is the 49ers."



Kamryn Crow (10)
"My favorite team is the Nebraska Volleyball team."



Tate Colgate (11)
"My favorite team is the Red Sox."



Reese Plemons (12)
"My favorite football team is the 49ers."



Victor Trejo
"My favorite team is Barcelona."



Mrs. Dausse
"My favorite team is the Giants."

Red Bluff holds the title of Cattle Bowl Champions again

Ezra Lugo

Staff Writer

Now that the 2025-2026 football season has finally begun, the Spartans are prepared to take on any and all challenges that are presented. For example, the Cattle Bowl—which was the first football game of the season. The Cattle Bowl game was held at Red Bluff High on August 29, 2025. The matchup was the Red Bluff Spartans VS the West Valley Eagles.

The Varsity game ended with a score of 36-7, with the Spartans ending victorious. With a new football lineup and the bleachers filled with fellow classmates, friends, and families, the Spartans are ready for a good season. I got the chance to interview Senior wide-receiver and cornerback, Marco Zepeda. This is Marco's fourth year playing football at RBHS. This is his second year on Varsity under

head coach Jacob Daricek and Derrick Watson. Marco's goal for the new season is to make it back to the Section Championship game. Marco also said that he had a lot of fun playing in the Cattle Bowl and is proud of his teammates for securing the win. The game started out with an exhilarating touchdown performed by Jackie Graves, giving the Spartans a 7-0 lead followed by four other varsity players scoring touchdowns of their own. Marco Zepeda scored a touchdown in



Varsity team playing well together

the third quarter to extend the lead for the Spartans. The other people who made it to the endzone are Nikolas Mejia, Bryce Owens, and

Jaret Bridwell. With the amazing defensive line making a total of 44 tackles and a fumble recovery by Freshman Zaydin Daricek, the team was able to hold back the Eagles and pursue another touchdown. We interviewed freshman Zaydin Daricek and he said, "I think our team definitely has the ability to go to the Section Championship. Our team is young, but we have a lot of hard workers and dedication." I also got the opportu-

nity to interview one of our famous players, Nyliss Reece, and he said, "With this lineup, I think we can go a long way this season, but I think our biggest obstacle will be Pleasant Valley because they have a good team every year."

Marco says that the "MVP" of the game was Senior quarterback and leader Ashden Webhey, along with defensive player Jaret Bridwell. The Spartans have an upcoming away game in Susanville against the Lassen Grizzlies.

The game will most definitely be exciting because the Grizzlies also won their first game of the season, putting them on equal footing. Even with perceived obstacles, the players are going into the season with confidence and pride, even with an uphill battle against the Pleasant Valley Vikings. As always, the Spartans are looking forward to having the stands filled with hometown spirit.

Despite losses, players keep a positive attitude for season

Madison Harris

Staff Writer

Field hockey is one of Red Bluff High School's Fall season sports. A field hockey game consists of four fifteen minute quarters, and is usually played on grass or turf.

The players have a stick with a grip at the top for control, and a curved lower end with a flat side to hit the plastic ball. Goals can only be scored when the ball enters the shooting circle and passes into the opponent's goal. There are four major positions in field hockey: goalkeepers, defenders, midfielders, and forwards. The most common fouls seen in field hockey are obstruction, high sticks, and stick interference. If a team receives a penalty from a foul, then the opposing team can get a free hit, a penalty corner, or a penalty stroke. The Red Bluff field hockey team kicked off

their season with a jamboree on August 23. According to Sabella Robles, the team manager, "The jamboree went alright. We didn't win any games but we played good." She continued to talk about how difficult playing in the heat can be.

Sophomore Lydia McKibbin is on the Junior Varsity team and plays midfield. When asked what her favorite part of playing field hockey is, she said, "I like the experience, and the energy from playing the game. It's fun

Mahoney, Lydia Mikibbin, Kendall Murdough, Delilah Andrus, LileeAnn Berey, Eva Johnson, and Jonella Bloxham. Our field hockey teams played against Lassen on September 2, but unfortunately both of our teams lost.

Their other game on September 4 had a close game for the JV team, losing 0-2, and a 0-10 loss for varsity.

The varsity players are Addison Ceja, Naomi Craig, Lilly Hopper, Kylie Kupfer, Kara Kupfer, Jada Lopez, Kayden Lyon, Hannah Mackey, Emalee Moore, Jacqueline Pasilas, Kloe Thomson, Rosalina Alvarado, Abigail Jaurgui, Madilyn King, and Robyn Rice. The varsity head coach is Daisy Brose and the assistant coach is Ashley Green. The JV coach is Diondra Wilfong. On Sept 11 they played Bella Vista in Sacramento. Everyone is super excited for the field hockey season to continue.



Natalie Diaz making a great save

to meet new people and have new skillsets." The JV players are Aubree Hardaway, Nathalie Diaz, Gracelyn Grant, Riana Jones, Laurali Jones, Nancy Lira, Izamar Lopez Castro, Brynn

Cross Country welcomes players

Mackenzie Harris

Staff Writer

In the hot summer heat, the strongest Spartans run Cross Country. Their season consists of six meets, spreading from Chico all the way to Shasta College. Counselor Dena Owens leads the



Jonah French running in a race

program as the head coach, with the support of Mr. Graber and Victor Trejo as assistant coaches. Together, they train athletes to push past their limits and develop both physical endurance and mental toughness.

When asked what inspired her to join Cross Country, Junior Ella Hickok (Varsity) says she joined as a way to get in shape for soccer. The variations of sprints, mile repeats, and off-campus runs offered

during practices gives multisport athletes a great opportunity to get in peak physical shape year round.

To prepare for the typical 3.1 mile race, Junior Brendon McNulty says he prefers to simply stop thinking ahead and to focus on right now. "I can't worry about having to run two more miles, I have to focus on running one more step, one more step, one more step."

This mindset demonstrates the resilience needed to succeed in a sport that challenges both the body and the mind. Junior Varsity runner Kylie Ellis (9) recommends that if you're interested in Cross Country, you should try it out, seeing as you can take running at your own pace.

She explains that the team is welcoming to new runners of all levels. Whether it's for personal growth, team spirit, or preparation for another sport, the program welcomes anyone willing to put in the effort.

If you want to see our strongest runners in action, be sure to attend their EAL Meet at Chico on October 1st at 3:30. It's a great opportunity to cheer on our Red Bluff High School Spartans.

Athlete Feature: Ryann Brewer

Mackenzie Harris

Staff Writer

Ryann Brewer (Senior) is not only a top academic senior, but a three-sport athlete here at Red Bluff High School. She's destroying the competition at the Varsity level in Cross Country, Soccer, and Track and Field. She has been competing since her Freshman year. Ryann's work ethic and motivation to better herself as an athlete makes her stand out amongst her peers.

As a player who hasn't been playing sports her whole life, her dedication to sports and desire to improve her game in all aspects makes her rival players with more than twice the experience. Her "Work Hard, Play Hard" energy has led her to great success. She has dedicated three years to her competitive soccer team, which operates in the Spring and Fall. During practices, Ryann is helpful and

encouraging to her teammates, assuring them that mistakes are okay as long as you're giving it your best. Her leadership is not just tangible in her relationships with her teammates, but also in the eyes of her coaches as well. Ryann has been Team Captain two years in a row for Cross Country, and one year for Soccer. Ryann is also the two-time recipient of the Leap of Faith Award, which coaches give out to players who demonstrate how hard work pays off in the

most beautiful ways. When asked about her relationship with sports, Ryann claims participating in them is the best thing she has ever done. Thanks to Cross Country and Track, she has developed a lifelong passion for running.

It has given her friendships she never would have kindled otherwise. She plans to continue her passion in college through Intramural leagues. Ryann's commitment to excellence sets an inspiring example for all Spartans.



Frank Ferreira

Staff Writer

The Freshman, JV, and Varsity Volleyball teams started their season on August 14th. The JV team started off strong, with a game against the U-Prep Panthers ending with a win, while the Freshman and Varsity Teams fell short in a close game. With the season just starting, the players seem optimistic about the future in the upcoming games. After interviewing Varsity player Olivia Owens (10) and hearing some of the insight she had to share with us about her perspective on the volleyball season so far, Olivia has said that the Varsity team hasn't started the best. They are continuing to get better day by day, and the team is growing faster as each

game passes. We have also asked Olivia about what she does off the court to improve as a player and to increase the likelihood of them winning more games. "I have

as well and constantly evolving into better players. They haven't started off the season as well as they'd hoped, but the players are confident for the future and are excited for the games coming up. Last Thursday, the Lady Spartans put up a monster performance against Lassen High School, with the Freshman, Junior Varsity, and Varsity Winning their games. The Varsity beat Lassen, winning all of



Varsity team celebrating after winning a point

been doing drills and at-home workouts to improve how I play." She went on to say that, "If we do more team bonding exercises, we could definitely improve our chemistry on the court." Varsity Volleyball appears to be in good hands with their players constantly wanting to improve, like Olivia. With Varsity looking like they have a bright future ahead, the JV team has been putting in the work

their sets with an amazing performance from their starters and bench. The Varsity won against Las Plumas on Tuesday winning in just four sets, making their record 2-5, climbing back up the ladder with their two-game winning streak, and making a comeback for the rest of the season. Our RBHS volleyball players show that with effort and determination, you can accomplish anything.

THE ITALIANS ARE COMING!

The Italian Exchange students are from the greater Florence area.
Below are important landmarks in the area that the RBHS Students will visit in the spring!

ROME COLESSEUM



The Rome Colosseum an enormous oval-shaped amphitheater in the center of Rome, Italy.
It was built between 72 and 80 AD under the Flavian emperors.
Approximately 50,000 to 80,000 spectators for gladiatorial contests, animal hunts, fights against exotic animals, and re-enactments.



CINQUE TERRE



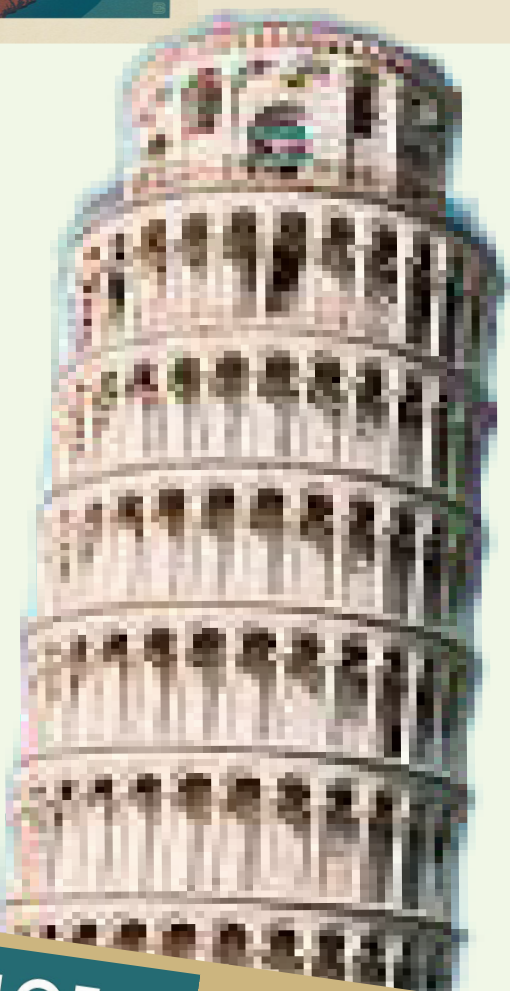
Cinque Terre is a string of five historic villages. Located on the rugged Ligurian Riviera coastline of Italy.

This World Heritage Site is known for its picturesque, traffic-free villages, vibrant pastel-colored houses, terraced vineyards, and hiking trails that connect the towns.

Visitors can explore by train, boat, or on foot, and enjoy local specialties like focaccia, fresh seafood, and regional wine.



P I S A



Pisa is a lively medieval university city in the Tuscan region of Italy, famous globally for its Leaning Tower, which stands for Field of Miracles.

However, Pisa offers much more than its iconic tilt, including a rich history as a powerful medieval maritime republic, a center for learning and culture, with a vibrant university presence.



Venice



Venice is a capital city in the Veneto region of northeastern Italy, famously built on over 100 islands in a lagoon with canals replacing streets, and known for its historic architecture, gondolas, and significant past as a powerful maritime republic and trading center.

The term "Venice" can also refer to the broader Gulf of Venice or the Lagoon of Venice, an arm of the Adriatic Sea where the city is located.