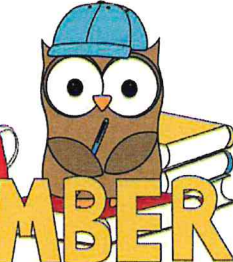


Nuestro Breakfast September 2026

Menus are subject to change.

This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
Offered with each choice: Non-Fat Chocolate Milk or 1% White Milk or Non - Fat Strawberry Milk	1 Grilled Breakfast Sandwich or Cereal <u>Offered with each choice</u> Orange Wedges Juice	2 French Toast Bites or Cereal <u>Offered with each choice</u> Frozen Fruit Cup Juice	3 Parfait Strawberry w/ graham or Cereal <u>Offered with each choice</u> Bananas Juice	4 Cinnamon Rolls or Cereal <u>Offered with each choice</u> Fresh Fruit Choice Juice
7 	8 Chicken Biscuit Sandwich or Cereal <u>Offered with each choice</u> Orange Wedges Juice	9 Strawberry Pancake Puffs or Cereal <u>Offered with each choice</u> Frozen Fruit Cup Juice	10 Buttermilk Bar w/ Trix Yogurt or Cereal <u>Offered with each choice</u> Bananas Juice	11 Pizza Puffs or Cereal <u>Offered with each choice</u> Fresh Fruit Choice Juice
14 Cheese Omelet w/ Toast or Cereal <u>Offered with each choice</u> Chilled Peaches Juice	15 Ham & Cheese Croissant or Cereal <u>Offered with each choice</u> Orange Wedges Juice	16 Raspberry Churro w/ Raspberry Peach Yogurt or Cereal <u>Offered with each choice</u> Frozen Fruit Cup Juice	17 Peach Smoothie w/ Scooby Snack Grahams or Cereal <u>Offered with each choice</u> Bananas Juice	18 Cinnamon Rolls or Cereal <u>Offered with each choice</u> Fresh Fruit Choice Juice
21 Maple Chip Waffles or Cereal <u>Offered with each choice</u> Chilled Peaches Juice	22 Grilled Breakfast Sandwich or Cereal <u>Offered with each choice</u> Orange Wedges Juice	23 French Toast Bites or Cereal <u>Offered with each choice</u> Frozen Fruit Cup Juice	24 Parfait Strawberry w/ graham or Cereal <u>Offered with each choice</u> Bananas Juice	25 Cinnamon Rolls or Cereal <u>Offered with each choice</u> Fresh Fruit Choice Juice
28 Breakfast Pizza or Cereal <u>Offered with each choice</u> Chilled Peaches Juice	29 Chicken Biscuit Sandwich or Cereal <u>Offered with each choice</u> Orange Wedges Juice	30 Strawberry Pancake Puffs or Cereal <u>Offered with each choice</u> Frozen Fruit Cup Juice	  	

SEPTEMBER

Nuestro Lunch September 2026

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This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Offered w/ each Choice:</u> Salad Choice Bar 1% White Milk Non-Fat Chocolate Milk Non-Fat Strawberry	1 Beef & Bean Burrito or Cheese Quesadilla <u>Offered with each Choice:</u> Steamed Corn	2 Chicken Tenders or Cheese Bites <u>Offered with each Choice:</u> French Fries	3 Teriyaki Chicken & Noodles or Asian Tofu Wrap <u>Offered with each Choice:</u> Steamed Carrots Fortune Cookies	4 Corn Dog or Mac & Cheese W/Roll <u>Offered with each Choice:</u> Steamed Green Beans
7 	8 <u>Lucky Tray Day</u> Turkey Soft Taco or Cheese Tamale <u>Offered with each Choice:</u> Steamed Corn	9 Chicken Wrap or Cheese Bread Sticks w/ Dip Cup <u>Offered with each Choice:</u> Sidewinder Fries	10 Orange Chicken & Noodles or Veggie Egg Roll w/ Rice <u>Offered with each Choice:</u> Steamed Carrots Fortune Cookies	11 Bacon Cheese Burger or Black Bean Veggie Burger <u>Offered with each Choice:</u> Onion Rings
14 Chicken Nuggets or Italian Pull-A-Part <u>Offered with each Choice:</u> Tater Tots	15 Chicken Tamale or Bean & Cheese Burrito <u>Offered with each Choice:</u> Steamed Corn	16 Pepperoni Pizza or Cheese Pizza <u>Offered with each Choice:</u> French Fries	17 Chicken Fried Rice w/ Chicken Egg Roll or Teriyaki Tofu w/ Noodles <u>Offered with each Choice:</u> Steamed Carrots Fortune Cookies	18 Chicken Sandwich or Veggie Spinach Wrap <u>Offered with each Choice:</u> Potato Smiles
21 Popcorn Chicken or Grilled Cheese Sandwich <u>Offered with each Choice:</u> Tater Tots	22 Beef & Bean Burrito or Cheese Quesadilla <u>Offered with each Choice:</u> Steamed Corn	23 Chicken Tenders or Cheese Bites <u>Offered with each Choice:</u> French Fries	24 Teriyaki Chicken & Noodles or Asian Tofu Wrap <u>Offered with each Choice:</u> Steamed Carrots	25 Corn Dog or Mac & Cheese W/Roll <u>Offered with each Choice:</u> Steamed Green Beans
28 Turkey & Cheese Sandwich or PB & J or WOW Sandwich/ Cheese Stick <u>Offered with each Choice:</u> Tater Tots Potato Chips	29 <u>Lucky Tray Day</u> Turkey Soft Taco or Cheese Tamale <u>Offered with each Choice:</u> Steamed Corn	30 Chicken Wrap or Cheese Bread Sticks w/ Dip Cup <u>Offered with each Choice:</u> Sidewinder Fries		

Nuestro Supper September 2026

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Monday	Tuesday	Wednesday	Thursday	Friday
Offered with each choice: Non-Fat Chocolate Milk or 1% White Milk or Non—Fat Strawberry Milk	¹ Berry Parfait w/ Scooby Sticks 1(WG) 2(MMA) Baby Carrots 1/2c(V) Fresh Fruit 1/2c (F)	² Corn Dog 2(WG) 2(MMA) Cheeze-it's 1(WG) Tater Tots 1/2c (V) Fresh Fruit 1/2c (F) *Pasta Salad	³ Popcorn Chicken & Mac & Cheese Bowl w/ Roll 2(MMA) 2(WG) Green Salad 1/2c (V) Strawberries 1/2c (F)	⁴ Assorted Muffin 2 (WG) Greek Yogurt Cup & Cheese Sticks 2 (MMA) Hashbrown Patty 1/2c(V) Frozen Fruit Cup 1/2c (F)
⁷ 	⁸ Hot Dog 2(WG) 2(MMA) or Black Bean Burger 2(WG) 2(MMA) Potato Salad 1/2c (V) Fresh Fruit 1/2c (F) *Lays Potato Chip	⁹ Breakfast Egg Roll 2(WG) 2(MMA) Tater Tots 1/2c (V) Strawberries 1/2c (F) Assorted Juice 1/2c (F)	¹⁰ Chicken Tenders 2(MMA) 2(WG) Dinner Roll 1 (WG) Onion Rings 1/2c (V) Fresh Fruit 1/2c (F)	¹¹ Cereal 2(WG) Yogurt & Cheese Stick 2 (MMA) Sliced Cucumbers 1/2c(V) Fresh Fruit 1/2c (F)
¹⁴ Turkey Bacon Wrap 2 (MMA) 2(WG) Crinkle Cut Fries 1/2c (V) Apple Slices 1/2c (F)	¹⁵ Cheese Pull A Part 2(WG) 2(MMA) Baby Carrots 1/2c (V) Fresh Melon 1/2c (F)	¹⁶ Pizza (2 MMA) 2(WG) Sliced Cucumbers 1/2c(V) Frozen Fruit Cup 1/2c (F)	¹⁷ Chicken Nuggets 2(MMA) 2(WG) Dinner Roll 1 (WG) Green Salad 1/2c (V) Fresh Fruit 1/2c (F)	¹⁸ P.J or Wow Sandwich w/ Cheese Cubes 2(WG) 2(MMA) Baby Carrots 1/2c (V) Fresh Fruit 1/2c (F)
²¹ Mini Potato Tacos 1(WG) 3(MMA) Corn Salsa 1/2c (V) Orange Wedges 1/2c (F)	²² Berry Parfait w/ Scooby Sticks 1(WG) 2(MMA) Baby Carrots 1/2c(V) Fresh Fruit 1/2c (F)	²³ Corn Dog 2(WG) 2(MMA) Cheeze-it's 1(WG) Tater Tots 1/2c (V) Fresh Fruit 1/2c (F) *Pasta Salad	²⁴ Popcorn Chicken & Mac & Cheese Bowl w/ Roll 2(MMA) 2(WG) Green Salad 1/2c (V) Strawberries 1/2c (F)	²⁵ Assorted Muffin 2 (WG) Greek Yogurt Cup & Cheese Sticks 2 (MMA) Hashbrown Patty 1/2c(V) Frozen Fruit Cup 1/2c (F)
²⁸ Mozzarella Cheese Quesadilla (2 MMA) 2(WG) Salsa 1/2c (V) Jalapeño Peppers 1/2c (V) Apple Slices 1/2c (F)	²⁹ Hot Dog 2(WG) 2(MMA) or Black Bean Burger 2(WG) 2(MMA) Potato Salad 1/2c (V) Fresh Fruit 1/2c (F) *Lays Potato Chip	³⁰ Breakfast Egg Roll 2(WG) 2(MMA) Tater Tots 1/2c (V) Strawberries 1/2c (F) Assorted Juice 1/2c (F)	Minimum Meal Components Offered Daily: Milk 1 Cup (F) Fruit 1/4C (V) Veggies 1/2C (WG) Grains/Bread 1WG (MMA) Meat/Meat Alternate 2M/MA C= Cup * Garden Salad 1C Serving Equivalent to 1/2C V * Box Raisins/dried mixed fruit 1/4C serving Equivalent to 1/2C F * Choose 3 out of the 5 Components to make a complete meal!	