

Practices

Tuesday and Friday

(*occasional Mondays)

Starts September 2nd

8:15

Outdoor Stage

MEETS DATES

Wednesday
9/17
Valley View
4:00

Wednesday
9/24
McGarvey
4:00

Wednesday
10/1
District Christian
3:30

Wednesday
10/8
Silva Valley
3:30

Champs
Wednesday
10/15
Placer Fairgrounds
3:30
(top 7 only)

MEETS

- **Early dismissal 1 hour before the meet start!**

3:30 meets @ 2:30

4:00 meets @ 3:00

- **Plan for: traffic, parking, chaos**
- **You can leave with your child right after their race, or stay to support the other grades!**
- **NO TRANSPORTATION is provided please arrange for rides**

Students may not be pulled earlier than the time the coaches post each week for and early dismissal!