

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

Menu Name:

ELEMENTARY LUNCH K-5

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Tuesday - 08/05/2025Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protrn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	1500	339	6.50	559	3	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
001036 BURGER, VEGGIE CHEESE	EACH	1500	420	5.00	840	5	*0	16.50	0.00	20	42.00	10.00	26.00	*N/A*	52.0	0.00	9.00	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	3000	120	0.50	35	0	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
002462 VEG, LETT SHREDDED	.5	2000	5	0.00	3	*N/A*	*N/A*	0.00	*N/A*	0	1.00	0.33	0.33	*N/A*	6.7	1.00	0.12	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	2000	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	2000	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003159 BAR, BLACK BEAN SPICY (COLD)	#8 SCOOP	2000	111	0.00	334	*1	*N/A*	0.00	*0.00	0	20.60	8.02	7.02	*N/A*	35.4	2.69	1.92	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
000986 CHEESE, CHEDDAR	OZ	3000	81	4.05	202	*N/A*	*N/A*	6.07	0.00	20	0.00	0.00	7.09	*N/A*	0.0	0.00	0.00	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	1500	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			915	10.77	1622	*28	*0	31.38	*0.00	62	110.98	18.66	46.68	*0	444.2	2933.08	7.69	\$0.000
% of Calories				10.59 %		*12.2%	*0%	30.9%	*0.0%		48.5%		20.4%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Wednesday - 08/06/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA, WG PEP 5"	EACH	1500	360	7.00	570	4	*N/A*	16.00	0.00	35	34.00	3.00	20.00	*N/A*	400.0	9.00	1.80	\$0.000
001861 PIZZA, WG CHEESE 5"	EACH	1500	360	8.00	510	4	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	2000	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
000941 NOODLE, CHOW MEIN	SERVING	2000	105	0.00	35	*N/A*	*N/A*	1.51	0.00	0	20.57	2.01	4.01	*N/A*	10.0	0.00	1.36	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2	*N/A*	0.00	0.00	0	19.00	7.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
001358 VEG, BROCC CHERY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	*N/A*	15.0	43.56	0.45	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001355 FRUIT, STRAWBERRY	1/2 cup	2000	23	0.01	1	4	*N/A*	0.22	0.00	0	5.53	1.44	0.48	*N/A*	11.5	42.34	0.30	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			724	8.48	953	*30	*N/A*	22.37	*0.00	*44	96.10	12.63	38.84	*0	789.6	69.28	4.22	\$0.000
% of Calories				10.54 %		*16.6%	*N/A*	27.8%	*0.0%		53.1%		21.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Thursday - 08/07/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	1500	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000
002699 CHEESE PULL APARTS	EACH	1500	290	5.00	630	1	*N/A*	14.00	0.00	30	29.00	0.00	15.00	*N/A*	243.2	0.48	0.54	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	*N/A*	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	1000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001360 FRUIT, MELON CHUNKS	#8 SCOOP	1000	27	0.01	10	*2	*N/A*	0.05	*0.00	0	6.45	0.57	0.55	*N/A*	5.7	16.74	0.18	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	1500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	1500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	1500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			713	7.09	1351	*24	*N/A*	31.58	*0.00	*43	82.89	5.45	24.04	*0	*499.8	*20.26	*2.52	\$0.000
% of Calories				8.95%		*13.5%	*N/A*	39.9%	*0.0%		46.5%		13.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Friday - 08/08/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002943 CHICKEN TAQUITO	SERVINGS	1500	213	1.01	162	0	*N/A*	5.06	0.00	20	33.42	5.06	8.10	*N/A*	60.8	0.00	7.29	\$0.000
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	1500	323	6.94	405	1	0	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	3000	54	0.00	152	5	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	*N/A*	17.0	3.40	0.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002291 VEG, PEAS	.5 CUP	2000	59	0.00	140	*N/A*	*N/A*	0.00	0.00	0	11.00	4.00	4.00	*N/A*	0.0	0.00	0.00	\$0.000
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	*N/A*	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			661	4.83	765	*41	*0	14.91	*0.00	*37	104.78	14.31	27.13	0	403.2	81.26	9.62	\$0.000
% of Calories				6.58%		*24.8%	*0%	20.3%	*0.0%		63.4%		16.4%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Monday - 08/11/2025 Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002475 CHICKEN, POPCORN WG 10 EACH RC	SERVING (10)	1500	180	2.00	420	0	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
002763 SANDWICH, VEGGIE STACKER	SANDWICH	1500	518	16.00	994	*3	*N/A*	30.50	*0.00	80	32.75	4.46	27.46	*N/A*	55.3	3.70	1.16	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	1500	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	1500	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	*N/A*	8.6	2.21	0.21	\$0.000
002408 VEG, CARROTS RANCH	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
000097 FRUIT, RAISINS	BOX	1500	129	0.04	11	28	*N/A*	0.11	0.00	0	34.11	1.94	1.42	*N/A*	26.7	0.99	0.77	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1500	92	0.00	2	22	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	1000	58	0.00	2	12	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	1000	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			958	11.53	1537	*60	*N/A*	33.79	*0.00	*59	131.81	14.49	37.31	*0	440.5	45.26	3.85	\$0.000
% of Calories				10.83 %		*25.1%	*N/A*	31.7%	*0.0%		55.0%		15.6%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Tuesday - 08/12/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002706 NACHOS, BEEF&CHEESE (K-8)	SERVING	1500	452	9.76	735	*2	*N/A*	23.19	*0.00	68	37.77	5.60	21.77	*N/A*	250.6	4.07	1.29	\$0.000
002304 NACHOS, BEAN & CHEESE (K-8)	SERVING	1500	374	6.12	608	*1	*N/A*	15.64	*0.00	28	42.20	6.10	13.65	*N/A*	236.0	2.49	0.86	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	3000	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002462 VEG, LETT SHREDDED	.5	2000	5	0.00	3	*N/A*	*N/A*	0.00	*N/A*	0	1.00	0.33	0.33	*N/A*	6.7	1.00	0.12	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	2000	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	2000	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003159 BAR, BLACK BEAN SPICY (COLD)	#8 SCOOP	2000	111	0.00	334	*1	*N/A*	0.00	*0.00	0	20.60	8.02	7.02	*N/A*	35.4	2.69	1.92	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
000986 CHEESE, CHEDDAR	OZ	3000	81	4.05	202	*N/A*	*N/A*	6.07	0.00	20	0.00	0.00	7.09	*N/A*	0.0	0.00	0.00	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	1500	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			895	12.32	1567	*26	*0	31.07	*0.00	74	110.59	18.27	41.13	*0	606.7	2936.20	3.10	\$0.000
% of Calories				12.39 %		*11.6%	*0%	31.2%	*0.0%		49.4%		18.4%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Wednesday - 08/13/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA, WG PEP 5"	EACH	1500	360	7.00	570	4	*N/A*	16.00	0.00	35	34.00	3.00	20.00	*N/A*	400.0	9.00	1.80	\$0.000
001861 PIZZA, WG CHEESE 5"	EACH	1500	360	8.00	510	4	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
000433 VEG, MIXED FROZEN	.5 CUP	3000	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
000943 ICE CREAM, RASPBERRY SHERBET	SERVING	3000	80	0.50	12	*N/A*	*N/A*	1.00	0.00	0	18.00	0.00	0.00	*N/A*	20.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
000941 NOODLE, CHOW MEIN	SERVING	2000	105	0.00	35	*N/A*	*N/A*	1.51	0.00	0	20.57	2.01	4.01	*N/A*	10.0	0.00	1.36	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2	*N/A*	0.00	0.00	0	19.00	7.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
001358 VEG, BROCC COL CHERRY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	*N/A*	15.0	43.56	0.45	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001355 FRUIT, STRAWBERRY	1/2 cup	1000	23	0.01	1	4	*N/A*	0.22	0.00	0	5.53	1.44	0.48	*N/A*	11.5	42.34	0.30	\$0.000
002909 FFVP MANGO	cup	1000	99	0.15	2	23	*N/A*	0.63	0.00	0	24.72	2.64	1.35	*N/A*	18.2	60.06	0.26	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			879	9.02	911	*39	*N/A*	23.50	*0.00	*44	130.49	14.70	40.46	*0	811.9	75.19	4.21	\$0.000
% of Calories				9.24%		*17.7%	*N/A*	24.1%	*0.0%		59.4%		18.4%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Thursday - 08/14/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	1500	339	6.50	559	3	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
001036 BURGER, VEGGIE CHEESE	EACH	1500	420	5.00	840	5	*0	16.50	0.00	20	42.00	10.00	26.00	*N/A*	52.0	0.00	9.00	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	3000	120	0.50	35	0	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	*N/A*	8.6	2.21	0.21	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	1000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001360 FRUIT, MELON CHUNKS	#8 SCOOP	1000	27	0.01	10	*2	*N/A*	0.05	*0.00	0	6.45	0.57	0.55	*N/A*	5.7	16.74	0.18	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	1500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	1500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	1500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			777	8.09	1216	*28	*0	32.59	*0.00	*42	89.90	10.45	35.04	*0	*405.7	*16.42	*6.79	\$0.000
% of Calories				9.37%		*14.4%	*0%	37.7%	*0.0%		46.3%		18.0%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Friday - 08/15/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002856 CORN DOG, MINI CHICK TYSON	SERVING (6)	1500	315	3.64	570	6	*N/A*	16.98	*N/A*	49	27.89	2.42	14.55	*N/A*	24.3	0.00	1.75	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002993 MAC & CHEESE PREMIUM JTM	6oz	1500	317	8.90	781	3	*N/A*	16.00	0.00	46	28.00	2.00	15.00	*N/A*	368.0	0.00	1.00	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	1500	85	0.00	23	*N/A*	*N/A*	1.50	*N/A*	9	15.00	0.60	3.10	*N/A*	19.0	0.00	0.80	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	3000	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	*N/A*	17.0	3.40	0.20	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	1000	46	0.00	0	0	0	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$0.000
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	*N/A*	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			689	7.12	1064	*41	*0	22.06	*0.00	*58	94.83	11.20	29.31	*0	565.7	80.26	2.95	\$0.000
% of Calories				9.30%		*23.8%	*0%	28.8%	*0.0%		55.1%		17.0%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Monday - 08/18/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	1500	182	1.62	328	0	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
000392 SANDWICH, GRILLED CHEESE	EACH	1500	537	16.33	1038	*4	*N/A*	31.83	*0.00	80	36.00	4.00	28.00	*N/A*	70.0	0.00	1.80	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	1500	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	1500	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	*N/A*	8.6	2.21	0.21	\$0.000
002408 VEG, CARROTS RANCH	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
000097 FRUIT, RAISINS	BOX	1500	129	0.04	11	28	*N/A*	0.11	0.00	0	34.11	1.94	1.42	*N/A*	26.7	0.99	0.77	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1500	92	0.00	2	22	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	1000	58	0.00	2	12	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	1000	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			968	11.50	1513	*61	*N/A*	34.91	*0.00	*66	132.18	12.76	38.33	*0	438.8	86.90	3.77	\$0.000
% of Calories				10.69 %		*25.2%	*N/A*	32.5%	*0.0%		54.6%		15.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Tuesday - 08/19/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000385 TACO, CHICKEN SOFT	SERVINGS	1500	229	3.53	335	*0	*N/A*	7.74	*0.00	53	16.50	2.12	22.36	*N/A*	65.1	1.00	1.54	\$0.000
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	1500	321	3.54	475	2	0	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	3000	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002462 VEG, LETT SHREDDED	.5	2000	5	0.00	3	*N/A*	*N/A*	0.00	*N/A*	0	1.00	0.33	0.33	*N/A*	6.7	1.00	0.12	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001051 SALSA, COMMODITY	#8 SCOOP	2000	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	2000	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003159 BAR, BLACK BEAN SPICY (COLD)	#8 SCOOP	2000	111	0.00	334	*1	*N/A*	0.00	*0.00	0	20.60	8.02	7.02	*N/A*	35.4	2.69	1.92	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
000986 CHEESE, CHEDDAR	OZ	3000	81	4.05	202	*N/A*	*N/A*	6.07	0.00	20	0.00	0.00	7.09	*N/A*	0.0	0.00	0.00	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	1500	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			757	7.92	1301	*25	*0	19.91	*0.00	60	100.93	17.57	42.95	*0	481.5	2934.24	4.72	\$0.000
% of Calories				9.42%		*13.2%	*0%	23.7%	*0.0%		53.3%		22.7%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Wednesday - 08/20/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002917 SPAGHETTI W/BEEF CRUMBLES	1 CUP	1500	331	3.49	923	*3	*N/A*	8.68	*0.00	38	47.79	5.67	18.44	*N/A*	38.5	10.71	2.88	\$0.000
002497 SPAGHETTI W/ CHEESE SCRATCH CC	HEAPING # 6 SCP	1500	235	3.04	930	*2	*N/A*	5.40	*0.00	15	32.09	4.07	16.19	*N/A*	219.0	10.17	1.43	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000433 VEG, MIXED FROZEN	.5 CUP	3000	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002886 FRUIT SNACK BY THE FOOT	EA	3000	80	0.50	50	10	*N/A*	1.00	0.00	0	17.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
000941 NOODLE, CHOW MEIN	SERVING	2000	105	0.00	35	*N/A*	*N/A*	1.51	0.00	0	20.57	2.01	4.01	*N/A*	10.0	0.00	1.36	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2	*N/A*	0.00	0.00	0	19.00	7.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
001358 VEG, BROC CHERRY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	*N/A*	15.0	43.56	0.45	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
003164 BAR, MANGO (FRESH 4OZ PK)	cup	2000	99	0.15	2	23	*N/A*	0.63	0.00	0	24.72	2.64	1.35	*N/A*	18.2	60.06	0.26	\$0.000
001355 FRUIT, STRAWBERRY	1/2 cup	2000	23	0.01	1	4	*N/A*	0.22	0.00	0	5.53	1.44	0.48	*N/A*	11.5	42.34	0.30	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			842	4.84	1336	*56	*N/A*	14.33	*0.00	*35	145.52	17.93	38.39	*0	505.5	112.26	4.30	\$0.000
% of Calories				5.17%		*26.6%	*N/A*	15.3%	*0.0%		69.1%		18.2%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

Thursday - 08/21/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000162 TURKEY, HOT DOG ON A BUN	EACH	1500	280	3.00	730	5	*N/A*	13.50	0.00	55	32.00	3.00	13.00	*N/A*	64.0	0.00	3.08	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	1500	280	4.00	540	0	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
002984 POTATO MCCAIN SPIRAL FRIES	1/2 cup	3000	188	1.25	450	0	*N/A*	10.01	0.00	0	25.01	1.25	2.50	*N/A*	12.5	0.00	0.50	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	*N/A*	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	1000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001360 FRUIT, MELON CHUNKS	#8 SCOOP	1000	27	0.01	10	*2	*N/A*	0.05	*0.00	0	6.45	0.57	0.55	*N/A*	5.7	16.74	0.18	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	1500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	1500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	1500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			745	6.59	1566	*26	*N/A*	34.34	*0.00	*46	89.41	6.70	27.04	*0	*502.7	*16.42	*3.75	\$0.000
% of Calories				7.96%		*14.0%	*N/A*	41.5%	*0.0%		48.0%		14.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Friday - 08/22/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002928 SANDWICH CHICKEN BBQ GRILLED	EA	1500	136	0.00	431	*0	*N/A*	2.70	*0.00	65	8.08	0.34	20.68	*N/A*	*1.9	*1.20	*0.33	\$0.000
002763 SANDWICH, VEGGIE STACKER	SANDWICH	1500	518	16.00	994	*3	*N/A*	30.50	*0.00	80	32.75	4.46	27.46	*N/A*	55.3	3.70	1.16	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	3000	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	*N/A*	17.0	3.40	0.20	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0	0	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$0.000
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	*N/A*	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			673	8.86	1089	*38	*0	21.42	*0.00	*79	82.44	11.97	38.15	*0	*391.8	*82.71	*2.14	\$0.000
% of Calories				11.85 %		*22.6%	*0%	28.6%	*0.0%		49.0%		22.7%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Monday - 08/25/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001137 SANDWICH, HAM & CHEESE	SERVING	1500	443	10.24	1227	6	*N/A*	20.48	0.00	101	36.24	4.00	33.69	*N/A*	70.0	0.00	*1.80	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	500	300	3.00	280	14	*N/A*	17.00	0.00	0	32.00	4.00	8.00	*N/A*	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	500	300	3.50	370	15	13	16.00	0.00	0	32.00	4.00	9.00	*N/A*	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	500	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	*N/A*	40.0	0.00	2.70	\$0.000
001917 CHEESE, MOZZARELLA STRING	EACH	1500	60	2.00	210	*N/A*	*N/A*	2.50	0.00	10	1.00	0.00	8.00	*N/A*	200.0	0.00	0.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000598 POTATO, CHIP .5 OZ LAYS	BAG	3000	75	0.48	75	0	*N/A*	4.82	0.01	0	7.63	0.44	0.91	*N/A*	3.0	3.06	0.18	\$0.000
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	1500	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	1500	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	*N/A*	8.6	2.21	0.21	\$0.000
002408 VEG, CARROTS RANCH	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	*N/A*	20.0	4.80	0.36	\$0.000
000097 FRUIT, RAISINS	BOX	1500	129	0.04	11	28	*N/A*	0.11	0.00	0	34.11	1.94	1.42	*N/A*	26.7	0.99	0.77	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1500	92	0.00	2	22	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002669 FRUIT, APPLESAUCE USDA	#8 SCOOP	1000	58	0.00	2	12	*N/A*	0.00	0.00	0	15.84	1.13	0.00	*N/A*	0.0	2.71	2.04	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000064 FRUIT, APPLE FRESH	1/2 APPLE	1000	50	0.00	1	10	*N/A*	0.00	0.00	0	12.65	2.02	0.01	*N/A*	10.2	4.58	0.18	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			1087	10.55	1774	*67	*2	38.68	*0.01	*64	151.85	15.36	43.84	*0	548.1	46.47	*4.30	\$0.000
% of Calories				8.74%		*24.7%	*0.7%	32.0%	*0.0%		55.9%		16.1%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Tuesday - 08/26/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003079 TAMALE SHREDDED BEEF SALSA ROJA & CHEESE LOS CABOS	1 TAMALE	1500	342	7.68	640	2	0	16.29	0.00	45	29.96	3.17	18.93	*N/A*	210.2	1.35	2.27	\$0.000
003055 TAMALE CHEESE WHOLE GRAIN	SERVINGS	1500	379	7.99	469	0	0	26.95	0.00	35	28.95	0.00	11.98	*N/A*	265.5	0.00	1.00	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	3000	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
002462 VEG, LETT SHREDDED	.5	2000	5	0.00	3	*N/A*	*N/A*	0.00	*N/A*	0	1.00	0.33	0.33	*N/A*	6.7	1.00	0.12	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	2000	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	2000	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003159 BAR, BLACK BEAN SPICY (COLD)	#8 SCOOP	2000	111	0.00	334	*1	*N/A*	0.00	*0.00	0	20.60	8.02	7.02	*N/A*	35.4	2.69	1.92	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
000986 CHEESE, CHEDDAR	OZ	3000	81	4.05	202	*N/A*	*N/A*	6.07	0.00	20	0.00	0.00	7.09	*N/A*	0.0	0.00	0.00	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	*N/A*	25.3	54.52	0.46	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003138 PINEAPPLE RAW	1/2C SERVING	1500	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			843	12.22	1450	*25	*0	33.27	*0.00	66	100.05	14.01	38.87	*0	601.2	2933.60	3.67	\$0.000
% of Calories				13.05 %		*11.9%	*0%	35.5%	*0.0%		47.5%		18.4%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Wednesday - 08/27/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	1500	348	0.83	488	*N/A*	*N/A*	7.85	*0.00	40	53.78	3.42	17.92	*N/A*	17.8	1.28	3.05	\$0.000
002979 TOFU TERI WITH NOODLES	HEAPING #16	1500	215	0.43	388	*2	*N/A*	5.55	*0.00	0	37.42	3.44	7.12	*N/A*	18.5	0.08	2.40	\$0.000
000433 VEG, MIXED FROZEN	.5 CUP	3000	60	0.00	39	3	*N/A*	0.00	0.00	0	12.00	3.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	3000	30	0.06	7	*N/A*	*N/A*	0.20	*N/A*	1	6.67	0.18	0.42	*N/A*	1.5	0.12	0.18	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
000941 NOODLE, CHOW MEIN	SERVING	2000	105	0.00	35	*N/A*	*N/A*	1.51	0.00	0	20.57	2.01	4.01	*N/A*	10.0	0.00	1.36	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2	*N/A*	0.00	0.00	0	19.00	7.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
001358 VEG, BROC CHERRY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	*N/A*	15.0	43.56	0.45	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	*N/A*	8.0	2.50	0.24	\$0.000
001355 FRUIT, STRAWBERRY	1/2 cup	2000	23	0.01	1	4	*N/A*	0.22	0.00	0	5.53	1.44	0.48	*N/A*	11.5	42.34	0.30	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			725	1.67	805	*30	*N/A*	12.76	*0.00	*30	124.36	14.90	33.11	0	384.3	62.58	4.87	\$0.000
% of Calories				2.07%		*16.6%	*N/A*	15.8%	*0.0%		68.6%		18.3%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Thursday - 08/28/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001583 CHICK ON BUN SPICY TYSON	EACH	1500	232	2.50	343	1	*1	13.02	0.00	20	15.27	2.04	13.07	*N/A*	30.5	0.00	2.01	\$0.000
002071 WRAP, VEGETARIAN 2/2	EACH	1500	612	17.51	1165	*0	*N/A*	35.57	*0.00	80	42.58	6.74	28.70	*N/A*	63.8	113.45	3.93	\$0.000
003009 POTATO FRY SIDEWINDER JR SMPLT	1/2 CUP	3000	166	0.83	465	0	*N/A*	6.64	0.00	0	26.54	1.66	1.66	*N/A*	0.0	0.00	0.83	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	*N/A*	8.6	2.21	0.21	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	1000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	1000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
001360 FRUIT, MELON CHUNKS	#8 SCOOP	1000	27	0.01	10	*2	*N/A*	0.05	*0.00	0	6.45	0.57	0.55	*N/A*	5.7	16.74	0.18	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	1500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	1500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	1500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			865	12.68	1700	*24	*0	42.52	*0.00	*58	89.86	8.00	32.59	*0	*385.3	*73.14	*4.79	\$0.000
% of Calories				13.19 %		*11.1%	*0%	44.2%	*0.0%		41.6%		15.1%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Friday - 08/29/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	1500	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	*N/A*	80.0	0.00	1.80	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003073 QUESADILLA TWO CHEESE & GREEN CHILI LOS CACOS	SERVINGS	1500	323	6.94	405	1	0	14.03	0.00	40	32.31	4.45	16.89	*N/A*	25.1	2.01	10.04	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	3000	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	*N/A*	11.0	4.94	0.31	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	*N/A*	17.0	3.40	0.20	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0	0	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$0.000
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	*N/A*	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	*N/A*	6.0	3.80	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	*N/A*	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	*N/A*	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

Aug 1, 2025 thru Aug 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			628	5.57	774	*37	*0	15.83	*0.00	*47	93.18	14.29	27.03	*0	415.7	81.26	7.31	\$0.000
% of Calories				7.98%		*23.6%	*0%	22.7%	*0.0%		59.4%		17.2%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		808	9	1279	*37	*0	26.91	*0.00	*53	108.53	13.35	35.80	*0	*506.4	*667.73	*4.66	\$0.000
% of Calories			9.48%		*18.3%	*0%	30.0%	*0.0%		53.7%		17.7%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.