

Foothill High School

9733 Deschutes Road Palo Cedro, Ca 96073



foothillcougars.com

530-547-1700

Track and Field Schedule 2025-2026

Day	Date	Opponent	Location	Level	Time
Saturday	March 14	Vegatable Relays	Foothill	JV/Varsity	9:30
Wednesday	March 18	Sweet Elite Dist. Meet	Foothill	JV/Varsity	2:30
Saturday	March 21	Lancer Invite	Cordova High School	Varsity	8:00
Wednesday	March 25	EAL School	Shasta	JV	2:00
Saturday	March 28	Falcon Hype Invite	River Valley High	JV/Varsity	8:00
Wednesday	April 1	EHS/PV/Foot	Foothill	JV/Varsity	3:00
Tuesday	April 14	Pole Vault for RB Meet	Enterprise	JV/Varsity	3:00
Wednesday	April 15	EHS/SHS/RB/Foot	Red Bluff	JV/Varsity	3:00
Saturday	April 18	Jim Deaver/Hornet Invite	Enterprise	JV/Varsity	9:00
Friday	April 24	West Valley Invite	West Valley	JV/Varsity	12:00
Saturday	April 25	Sacramento Meet of Champs.	American River College	Varsity	10:30
Wednesday	April 29	Chico/FHS	Enterprise	JV/Varsity	3:00
Friday	May 1	Top of the State Invite	Foothill	JV/Varsity	2:00
Friday	May 8	League Championship	Foothill	Varsity	3:00
Thursday	May 14	Division 1 Pole Vault	Foothill	Varsity	3:00
Friday	May 15	NSCIF Div. 1	Chico	JV/Varsity	3:00
Friday	May 22	NCSIF	West Valley	Varsity	3:00
Fri/Sat	May 29-30	CIF Meet	Fresno/Buchanan HS	Varsity	TBA

Head Coach Natalie Hendrickson

Principal Kevin Greene

School Mascot Cougars

Athletic Admin. Joey Brown

Colors Red, Black, Silver

Athletic Director Stephanie Ahluwalia