## November 2025 Sierra Junior High School

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
| 3  Breakfast  Apple Pie Oatmeal/Breakfast Bar Cereal/Waffles Fruit/Juice/Milk  Lunch Quesadilla or Bean Burrito Refried Beans/Tortilla Chips Apples/Roasted Carrots Salsa/Lettuce/Raisins  | Breakfast Sausage Biscuit/Cereal Muffin/Bagel Fruit/Juice/Milk  Lunch Sloppy Joe Coleslaw/Mixed Vegetables Apple Slices/Strawberry Cups | Breakfast Yogurt Parfait/Breakfast Pizza Cereal Fruit/Juice/Milk Lunch Pepperoni Or Cheese Pizza Garden Salad/Green Beans Banana/Peach Cup                 | 6 Breakfast French Toast/ Breakfast Burrito Cereal Fruit/Juice/Milk  Lunch Grilled Cheese with Chicken Noodle Soup Garden Salad/Diced Pears/Grapes                  | 7  Breakfast Cinnamon Roll/UBR Cereal Fruit/Juice/Milk  Lunch Spicy Chicken Burger Tator Tots Lettuce/Tomato/Pickle Apple Slices/Raisin/Cookie      |
| 10  Breakfast  Apple Pie Oatmeal/Breakfast Bar Cereal/Waffles Fruit/Juice/Milk  Lunch Cheese Pull Apart Bread Marinara Dipping Sauce Apples/Roasted Carrots Mixed Vegetables/Diced Peaches | No School   | 12  Breakfast  Yogurt Parfait/Breakfast Pizza Cereal Fruit/Juice/Milk  Lunch Pepperoni Or Cheese Pizza Garden Salad/Black beans Mixed Fruit/Strawberry Cup | 13  Breakfast  French Toast/ Breakfast Burrito Cereal Fruit/Juice/Milk  Lunch Teriyaki Beef Dippers w/Rice Broccoli/WG Roll/Apple Slices Diced Pears / Garden Salad | 14  Breakfast Cinnamon Roll/UBR Cereal Fruit/Juice/Milk  Lunch Hamburger Or Cheese Burger Baked Fries/Apricot Cup Lettuce/Tomato/Pickles Applesauce |
| 17  Breakfast  Apple Pie Oatmeal/Breakfast Bar Cereal/Waffles Fruit/Juice/Milk  Lunch Mini Cheese Burgers Sun Chips/Carrots/Peas Apple Sauce/Side Kick Fruit Cup                           | Breakfast Sausage Biscuit/Cereal Muffin/Bagel Fruit/Juice/Milk  Lunch Rib B Que Baked Beans/Coleslaw Mixed Fruit/Dried Cranberries      | Breakfast Yogurt Parfait/Breakfast Pizza Cereal Fruit/Juice/Milk  Lunch Pepperoni Or Cheese Pizza Garden Salad/Green Beans Banana/Apricot Cup              | 20  Breakfast French Toast/Breakfast Burrito Cereal Fruit/Juice/Milk  Lunch Turkey Mashed Potatoes w/Gravy Apple Crisp/Dried Cranberries Garden Salad/WG Roll       | 21  Breakfast Cinnamon Roll/UBR Cereal Fruit/Juice/Milk  Lunch Spicy Chicken Burger Baked Fires/Peach Cup Lettuce / Tomato / Pickle Sour Raisins    |
| No School All Week   | 25  |  |   | USDA is a equal opportunity employer.  All meals come with choice of 1% low fat milk or fat free chocolate milk.  Menu subject to change.           |