Specialized Academic Instruction (SAI)

Foundational Skills Program

Specialized Academic Instruction (SAI) is defined as: "Adapting, as appropriate to the needs of the child with a disability to content, methodology, or delivery of instruction to ensure access of the child to the general curriculum, so that he or she can meet the educational standards within the jurisdiction of the public agency that apply to all children." (34 CFR 300.26(b) (3)).

A student's IEP is developed based on individual needs. Teams determine the appropriate level of support required to meet each student's needs.





Capistrano Unified School District

Education Support Services

33122 Valle Road

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Capistrano Unified School District

Success Through Academic Readiness and Social Skills (STARS)

Elementary Program



STARS Program

Special education is a set of services determined by the IEP team to be appropriate for the student.



The STARS Program focuses on providing students a smaller classroom setting where slower pacing, small group instruction and specialized strategies are implemented in order to support each student.

The program addresses student needs related to academics, language, behavior, and social skills. Students are provided support utilizing both accommodated and modified curriculum.

Classes are taught by an Educational Specialist credentialed to work with students with mild/moderate special needs. Curriculum focuses on standards, but it is fundamentally modified or altered.



Curriculum will be taught in small group and whole group settings. In addition, supplemental curriculum and materials are utilized based on individual needs and in order to assist students in making progress towards their IEP goals.

Students receive appropriate accommodations and modifications, as well as related services, as outlined in their Individual Education Program (IEP).

Related service providers such as Speech and Language Pathologist, Occupational Therapy, Physical Therapy, Adaptive Physical Education, and Assistive Technology are incorporated as needed and determined by the IEP Team to further support each student's individual needs. Staff members have the opportunity to collaborate with the Coordinator II, Programs and Behavior Support, School Psychologist, Nurse, and Counselor as needed.

Student participation in general education is determined individually based on each student's unique needs, as determined through the IEP process.

