



Glide Middle School 2026

<p>Students must choose 3 of 4 Breakfast Items 1 MUST BE FRUIT or Vegetable, A Minimum of a ½ cup</p>	<p>Everyday Lunch Choices Peanut or Sun Butter & Jelly Sandwich</p> <p>Lunch: Students must choose 3 of the 5 components & 1 Must be a ½ cup of Fruit or Vegetable</p>
<p>Daily Offering Bar Features: fresh & canned fruits & vegetables daily and 1% white milk or fat free chocolate milk. All grains offered are whole grain.</p> <p>Breakfast and lunch are available at No Charge to Students</p>	

1	2	3	4	5
<p>Breakfast: Ultimate Breakfast Cookie or Banana Split Parfait</p> <p>Lunch: Cheese/Hamburger w/ Fries or Ham & Cheddar Sandwich</p>	<p>Breakfast: Breakfast Burrito or Bagel w/CC</p> <p>Lunch: Chicken Burrito Bowl or Chef Salad w/WG Roll</p>	<p>Breakfast: Ham, Egg, & Cheese Sandwich or Apple Frudel</p> <p>Lunch: Meatball Sub w/Fries or Turkey & Cheddar Wrap</p>	<p>Breakfast: Blueberry Muffin or PNW Pear & Orange Smoothie</p> <p>Lunch: Cheese or Pepperoni Pizza or American Sub</p>	<p>No School on Friday</p>
8	9	10	11	12
<p>Breakfast: Blueberry Muffin or Strawberry Parfait</p> <p>Lunch: Cheese/Hamburger w/ Fries or Ham & Cheddar Sandwich</p>	<p>Breakfast: Pancake on a Stick or Bagel w/CC</p> <p>Lunch: Walking Nachos or Chef Salad w/WG Roll</p>	<p>Breakfast: Ham, Egg, & Cheese Sandwich or Apple Frudel</p> <p>Lunch: Texas Chili w/Cornbread Muffin or Turkey & Cheddar Wrap</p>	<p>Breakfast: Ultimate Breakfast Cookie or Wild Blueberry Smoothie</p> <p>Lunch: Corn Dog or Peanut Butter and Jelly Sandwich</p>	<p>No School on Friday</p>

This institution is an equal opportunity provider.



Menu subject to change