

# SOCCER FITNESS FUN

# Super Soccerstars

## AT VALLEY VIEW ELEMENTARY!

Move, learn, build and have fun with fitness-based soccer activities & games!  
Each class is **1 hour** with approximately **40 minutes** of active soccer play, plus  
water breaks and instruction

**EARLY RELEASE MONDAYS: JANUARY 26 - MARCH 23**

### DETAILS:

**Valley View Elementary- On campus field**

TK/K: Coach pick up

Grades 1-3: Walk to field

**DATE: EVERY MONDAY (SCHOOL HOLIDAYS  
EXCLUDED)**

JANUARY 26TH - MARCH 23RD (EXCEPT FEB. 16TH)

### TIME:

**TK/K: 1:30-2:30 PM**

**GRADES 1-3: 2:40-3:40 PM**

**All skill levels welcome • Program subject to minimum enrollment**

**Scan to  
Sign Up!**



### OPENING HUDDLE

WEEKLY ACTIVITY  
INTRO



### SOCCER FITNESS GAME

INDIVIDUAL &  
TEAM



### SKILL BUILDING

FUN GAMES CHANGE  
EACH WEEK



### CLOSING HUDDLE

COOL DOWN +  
MOTIVATION



## CONTACT

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<https://gqr.sh/Ak8R>

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