

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

Menu Name:	Nutrient Info Breakfast	Include Cost:	No
Site:			
Use Alternate Menu Name:	No		

Monday - 11/03/2025Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
001712 2-Grilled Cheese - breakfast	ea	1	361	9.03	961	4.00	0.00	22.08	0.00	25	32.00	4.00	13.00	*N/A*	230.0	0.00	1.40
990454 2-French Toast Sticks, WG	Serving	1	240	1.00	260	12.00	0.00	7.00	0.00	10	38.00	2.00	6.00	*N/A*	21.0	0.00	0.00
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	280	3.00	230	19.00	0.00	8.00	0.00	15	47.00	3.00	5.00	*N/A*	30.0	0.00	2.00
990291 2-Cereal, Cocoa Puffs w/ graham cracker	bowl	1	225	0.50	213	14.65	0.00	4.92	0.00	0	44.53	3.98	2.98	*N/A*	16.0	0.00	2.00
990392 Other																	
001039 TOTAL																	
000493 2-Pear, diced, canned	1/2 cup	1	63	0.00	0	0.00	0.00	0.00	0.00	0	17.12	2.70	0.00	*N/A*	11.7	1.08	0.00
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00

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Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			576	5.68	745	39.22	0.00	16.83	0.00	28	88.88	5.90	18.99	*0	474.9	24.49	2.59
% of Calories				8.88%		27.24%	0.00%	26.3%	0.0%		61.7%		13.2%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Tuesday - 11/04/2025

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
990620 2-Burrito Ham Egg Potato & Cheese	each	1	35	0.82	67	0.18	*0.00	1.82	0.00	15	2.66	0.14	1.87	*N/A*	28.5	*0.00	0.19
990617 2-Banana Muffin-Batter WG	Servings	1	316	1.42	201	20.47	15.61	12.26	0.00	37	48.65	3.34	5.17	0	95.5	0.00	1.73
990500 2-Bagel w/ Cream Cheese 3 oz	serving	1	281	3.54	542	3.00	0.00	5.56	0.00	15	49.05	2.00	10.03	*N/A*	28.4	0.00	2.60
990586 2-Cereal, Honey Cheerios w/ graham cracker	1 oz	1	239	1.08	321	13.54	0.00	5.81	0.00	0	42.46	3.08	4.08	*N/A*	187.7	3.60	4.55
990392 Other																	
001039 TOTAL																	
990357 2-Grapes, fresh	1/2 cup	1	58	0.10	2	14.04	0.00	0.30	0.00	0	14.82	0.78	0.54	*N/A*	12.1	3.46	0.25
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0.00	0.00	0.00	0.00	0	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00
Weighted Daily Average			498	3.48	599	39.75	*5.20	11.42	0.00	34	82.21	3.78	17.23	*0	489.4	*26.49	3.90
% of Calories				6.29%		31.93%	*0.00%	20.6%	0.0%		66.0%		13.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Wednesday - 11/05/2025

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
990621 2-Egg, Sausage, & Cheese English Muffin	ea	1	301	5.98	790	0.92	0.92	15.99	0.00	159	23.16	1.84	15.22	*N/A*	166.0	0.06	0.92
000840 2-Pancake on a Stick	Each	1	242	4.54	374	5.05	0.00	15.15	0.00	25	18.18	1.01	7.07	*N/A*	30.3	0.00	0.91
001711 2-PB&J - Breakfast	1 each	1	576	5.29	582	26.02	0.00	26.19	0.00	0	69.18	7.02	20.09	*N/A*	97.0	0.00	2.46
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	230	1.00	260	15.00	0.00	6.50	0.00	0	43.00	4.00	2.00	*N/A*	96.0	4.80	5.60
990392 Other																	
001039 TOTAL																	
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	53	0.00	1	10.51	0.00	0.17	0.00	0	13.98	2.40	0.26	*N/A*	6.0	4.61	0.12

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			654	6.77	859	41.83	0.31	24.17	0.00	73	85.17	6.09	24.88	*0	503.8	27.29	4.12
% of Calories				9.32%		25.58%	0.00%	33.3%	0.0%		52.1%		15.2%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Thursday - 11/06/2025

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
990623 2-Pancake Sausage Cheese Sandwich	Serving	1	369	4.00	785	26.77	0.00	13.00	0.00	38	55.68	2.00	12.50	*N/A*	75.0	0.06	0.00
990615 2-Yogurt Fruit Cup-Peaches	servings	1	354	0.67	251	25.10	0.00	3.95	0.00	7	67.80	3.71	15.21	*N/A*	302.2	1.31	1.40
990594 2-Breakfast Scone Dough Chocolate Chip	each	1	465	10.40	345	36.50	0.00	16.90	0.00	35	73.90	2.00	5.50	*N/A*	160.0	1.80	2.34
990402 2-Cereal, Cinn Chex w/ graham cracker	1 each	1	230	0.50	260	13.00	0.00	6.00	0.00	0	44.00	3.00	2.00	*N/A*	94.0	0.00	9.20
990392 Other																	

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Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001039 TOTAL																	
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	114	0.00	9	0.00	0.00	0.00	0.00	0	27.18	1.75	0.88	*N/A*	17.5	0.00	0.95
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
990206 2-Syrup-only	each	1	109	0.00	20	20.77	0.00	0.00	0.00	0	28.68	0.00	0.00	*N/A*	0.0	0.00	0.00
Weighted Daily Average			734	6.36	747	63.38	0.00	16.12	0.00	38	128.41	4.82	22.03	*0	588.3	25.19	5.41
% of Calories				7.80%		34.54%	0.00%	19.8%	0.0%		70.0%		12.0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Friday - 11/07/2025

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
990588 2-Hot Ham & Cheese Breakfast (Pork Ham)	each	1	248	3.52	691	5.02	0.00	8.53	0.00	31	33.03	3.00	14.59	*N/A*	275.0	0.00	1.80
990542 2-Muffin, Double Chocolate Chip	each	1	227	0.89	124	18.36	0.00	5.95	0.00	30	39.69	3.08	3.77	*N/A*	3.5	0.20	0.99

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Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990557 2-Burrito, Los Cabos	each	1	296	4.05	499	1.09	0.00	8.94	0.00	18	40.86	8.81	15.12	*N/A*	200.0	1.20	2.70
990492 2-Cereal, Trix w/ graham cracker	bowl	1	230	0.50	240	14.00	0.00	5.00	0.00	0	45.00	3.00	2.00	*N/A*	16.0	0.00	2.00
990392 Other																	
001039 TOTAL																	
000477 2-Peaches, sliced, canned	1/2 cup	1	55	0.00	0	10.90	0.00	0.00	0.00	0	13.09	1.09	1.09	*N/A*	0.0	1.31	0.00
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			539	4.15	708	39.12	0.00	12.31	0.00	38	86.56	6.99	22.19	*0	536.8	25.04	3.28
% of Calories				6.93%		29.03%	0.00%	20.6%	0.0%		64.2%		16.5%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Monday - 11/10/2025

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990168 Week 2																	

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
003025 2-Pizza, Breakfast, I/W-Piazza	each	1	407	4.53	611	6.79	0.00	13.58	0.00	23	38.47	4.53	20.37	*N/A*	339.4	8.15	2.44
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	280	3.00	230	19.00	0.00	8.00	0.00	15	47.00	3.00	5.00	*N/A*	30.0	0.00	2.00
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	320	5.00	260	24.00	0.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	40.0	0.00	1.40
990585 2-Cereal, Blueberry Chex w/ graham cracker	bowl	1	240	0.50	260	13.00	0.00	6.00	0.00	0	44.00	2.00	2.00	*N/A*	96.0	3.60	10.20
990392 Other																	
001039 TOTAL																	
000493 2-Pear, diced, canned	1/2 cup	1	63	0.00	0	0.00	0.00	0.00	0.00	0	17.12	2.70	0.00	*N/A*	11.7	1.08	0.00
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1.00	0.00	0.00	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00
Weighted Daily Average			627	5.51	665	43.93	0.00	16.03	0.00	26	95.20	5.74	20.46	*0	544.4	28.41	6.13
% of Calories				7.91%		28.03%	0.00%	23.0%	0.0%		60.7%		13.1%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Tuesday - 11/11/2025

Reimbursable Meal Total 3

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc (mg)	Vit-C (mg)	Iron (mg)
990168 Week 2																	
003507 2-Burrito Chorizo Egg & Potato	each	1	407	6.45	613	1.89	*0.00	14.83	0.00	133	42.51	2.36	18.13	*N/A*	145.8	0.19	2.38
990541 2-Muffin, Blueberry	each	1	221	0.89	114	16.37	0.00	5.95	0.00	30	38.20	3.27	3.87	*N/A*	8.4	1.19	1.09
990500 2-Bagel w/ Cream Cheese 3 oz	serving	1	281	3.54	542	3.00	0.00	5.56	0.00	15	49.05	2.00	10.03	*N/A*	28.4	0.00	2.60
990492 2-Cereal, Trix w/ graham cracker	bowl	1	230	0.50	240	14.00	0.00	5.00	0.00	0	45.00	3.00	2.00	*N/A*	16.0	0.00	2.00
990392 Other																	
001039 TOTAL																	
990357 2-Grapes, fresh	1/2 cup	1	58	0.10	2	14.04	0.00	0.30	0.00	0	14.82	0.78	0.54	*N/A*	12.1	3.46	0.25
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0.00	0.00	0.00	0.00	0	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00
Weighted Daily Average			587	4.99	725	39.10	*0.00	13.38	0.00	71	92.86	4.47	21.52	*0	442.2	25.75	3.56
% of Calories				7.65%		26.64%	*0.00%	20.5%	0.0%		63.3%		14.7%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Wednesday - 11/12/2025 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990168 Week 2																	
001712 2-Grilled Cheese - breakfast	ea	1	361	9.03	961	4.00	0.00	22.08	0.00	25	32.00	4.00	13.00	*N/A*	230.0	0.00	1.40
990594 2-Breakfast Scone Dough Chocolate Chip	each	1	465	10.40	345	36.50	0.00	16.90	0.00	35	73.90	2.00	5.50	*N/A*	160.0	1.80	2.34
001711 2-PB&J - Breakfast	1 each	1	576	5.29	582	26.02	0.00	26.19	0.00	0	69.18	7.02	20.09	*N/A*	97.0	0.00	2.46
990402 2-Cereal, Cinn Chex w/ graham cracker	1 each	1	230	0.50	260	13.00	0.00	6.00	0.00	0	44.00	3.00	2.00	*N/A*	94.0	0.00	9.20
990392 Other																	
001039 TOTAL																	
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	53	0.00	1	10.51	0.00	0.17	0.00	0	13.98	2.40	0.26	*N/A*	6.0	4.61	0.12
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			748	9.57	906	52.68	0.00	26.61	0.00	32	107.02	6.81	23.62	*0	567.7	26.27	5.96
% of Calories				11.51 %		28.17%	0.00%	32.0%	0.0%		57.2%		12.6%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Thursday - 11/13/2025 Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990168 Week 2																	
990537 2-Bagel, Egg & Cheese	each	1	351	4.52	767	3.00	0.00	11.58	0.00	139	48.04	2.00	13.54	*N/A*	75.0	0.00	2.60
001281 2-Cinnamon Roll 2.5oz RICH'S	each	1	275	1.00	210	28.55	0.00	3.50	0.00	0	57.26	1.00	5.00	*N/A*	10.2	0.00	1.80
990183 2-UBR Ultimate Breakfast Round	each	1	250	2.00	200	15.97	0.00	6.99	0.00	5	41.93	5.99	4.99	*N/A*	29.9	0.00	1.60
990586 2-Cereal, Honey Cheerios w/ graham cracker	1 oz	1	239	1.08	321	13.54	0.00	5.81	0.00	0	42.46	3.08	4.08	*N/A*	187.7	3.60	4.55
990392 Other																	
001039 TOTAL																	
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	114	0.00	9	0.00	0.00	0.00	0.00	0	27.18	1.75	0.88	*N/A*	17.5	0.00	0.95
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			596	4.03	692	43.02	0.00	12.12	0.00	60	101.62	5.27	19.50	*0	478.8	25.33	4.62
% of Calories				6.09%		28.87%	0.00%	18.3%	0.0%		68.2%		13.1%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Friday - 11/14/2025

Reimbursable Meal Total 3

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990168 Week 2																	
990385 2-Waffle Buttery Maple	Each	1	250	4.00	290	15.00	14.00	9.00	0.00	35	37.00	2.00	6.00	*N/A*	40.0	0.00	1.50
990580 2-Muffin, English w/Sausage, Cheese	each	1	240	4.50	725	0.00	0.00	10.00	0.00	33	24.00	3.00	13.50	*N/A*	165.0	0.06	1.60
990544 2-Yogurt w/ Blueberries	serving	1	259	1.00	201	18.32	0.00	4.97	0.00	5	47.76	2.95	7.00	*N/A*	239.0	4.60	2.13
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	230	1.00	260	15.00	0.00	6.50	0.00	0	43.00	4.00	2.00	*N/A*	96.0	4.80	5.60
990392 Other																	
001039 TOTAL																	
000477 2-Peaches, sliced, canned	1/2 cup	1	55	0.00	0	10.90	0.00	0.00	0.00	0	13.09	1.09	1.09	*N/A*	0.0	1.31	0.00
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	2	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			531	4.67	682	42.41	4.67	12.99	0.00	36	84.28	5.01	19.87	*0	552.0	27.72	4.40
% of Calories				7.92%		31.95%	0.00%	22.0%	0.0%		63.5%		15.0%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Monday - 11/17/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
001712 2-Grilled Cheese - breakfast	ea	1	361	9.03	961	4.00	0.00	22.08	0.00	25	32.00	4.00	13.00	*N/A*	230.0	0.00	1.40
990454 2-French Toast Sticks, WG	Serving	1	240	1.00	260	12.00	0.00	7.00	0.00	10	38.00	2.00	6.00	*N/A*	21.0	0.00	0.00
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	280	3.00	230	19.00	0.00	8.00	0.00	15	47.00	3.00	5.00	*N/A*	30.0	0.00	2.00
990291 2-Cereal, Cocoa Puffs w/ graham cracker	owl	1	225	0.50	213	14.65	0.00	4.92	0.00	0	44.53	3.98	2.98	*N/A*	16.0	0.00	2.00
001036 .																	
001039 TOTAL																	

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
003187 2-Applesauce, cup	1/2 cup	1	60	0.00	15	17.94	0.00	0.00	0.00	0	13.95	1.00	0.00	*N/A*	199.3	0.00	0.00
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			1595	15.53	2089	120.59	0.00	48.00	0.00	70	247.48	15.98	46.98	*0	1212.3	71.20	7.76
% of Calories				8.76%		30.24%	0.00%	27.1%	0.0%		62.1%		11.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Tuesday - 11/18/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
990620 2-Burrito Ham Egg Potato & Cheese	each	1	35	0.82	67	0.18	*0.00	1.82	0.00	15	2.66	0.14	1.87	*N/A*	28.5	*0.00	0.19
990617 2-Banana Muffin-Batter WG	Servings	1	316	1.42	201	20.47	15.61	12.26	0.00	37	48.65	3.34	5.17	0	95.5	0.00	1.73
990500 2-Bagel w/ Cream Cheese 3 oz	serving	1	281	3.54	542	3.00	0.00	5.56	0.00	15	49.05	2.00	10.03	*N/A*	28.4	0.00	2.60
990378 2-Cereal, Cheerios w/ graham cracker	each	1	220	0.50	240	8.00	0.00	5.50	0.00	0	42.00	5.00	5.00	*N/A*	96.0	0.00	11.00

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001036 .																	
001039 TOTAL																	
000493 2-Pear, diced, canned	1/2 cup	1	63	0.00	0	0.00	0.00	0.00	0.00	0	17.12	2.70	0.00	*N/A*	11.7	1.08	0.00
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0.00	0.00	0.00	0.00	0	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00
Weighted Daily Average			1350	8.28	1555	84.66	*15.61	31.14	0.00	88	232.49	15.18	42.07	*0	976.1	*72.28	17.88
% of Calories				5.52%		25.08%	*0.00%	20.8%	0.0%		68.9%		12.5%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Wednesday - 11/19/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
990621 2-Egg, Sausage, & Cheese English Muffin	ea	1	301	5.98	790	0.92	0.92	15.99	0.00	159	23.16	1.84	15.22	*N/A*	166.0	0.06	0.92

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
000840 2-Pancake on a Stick	Each	1	242	4.54	374	5.05	0.00	15.15	0.00	25	18.18	1.01	7.07	*N/A*	30.3	0.00	0.91
001711 2-PB&J - Breakfast	1 each	1	576	5.29	582	26.02	0.00	26.19	0.00	0	69.18	7.02	20.09	*N/A*	97.0	0.00	2.46
990226 2-Cereal, Cinn Toast Crunch w/ graham cracker	bowl	1	230	1.00	260	15.00	0.00	6.50	0.00	0	43.00	4.00	2.00	*N/A*	96.0	4.80	5.60
001036 .																	
001039 TOTAL																	
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	53	0.00	1	10.51	0.00	0.17	0.00	0	13.98	2.40	0.26	*N/A*	6.0	4.61	0.12
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			1833	18.81	2417	110.50	0.92	70.00	0.00	204	239.50	18.28	64.64	*0	1111.3	80.67	12.37
% of Calories				9.24%		24.11%	0.00%	34.4%	0.0%		52.3%		14.1%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Thursday - 11/20/2025

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
990623 2-Pancake Sausage Cheese Sandwich	Serving	1	369	4.00	785	26.77	0.00	13.00	0.00	38	55.68	2.00	12.50	*N/A*	75.0	0.06	0.00
990615 2-Yogurt Fruit Cup-Peaches	servings	1	354	0.67	251	25.10	0.00	3.95	0.00	7	67.80	3.71	15.21	*N/A*	302.2	1.31	1.40
990594 2-Breakfast Scone Dough Chocolate Chip	each	1	465	10.40	345	36.50	0.00	16.90	0.00	35	73.90	2.00	5.50	*N/A*	160.0	1.80	2.34
990402 2-Cereal, Cinn Chex w/ graham cracker	1 each	1	230	0.50	260	13.00	0.00	6.00	0.00	0	44.00	3.00	2.00	*N/A*	94.0	0.00	9.20
001036 .																	
001039 TOTAL																	
000813 2-Raisins,Individual-1.5oz box	1/2 cup equ	1	114	0.00	9	0.00	0.00	0.00	0.00	0	27.18	1.75	0.88	*N/A*	17.5	0.00	0.95
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			1962	17.57	2060	154.37	0.00	45.85	0.00	100	340.56	14.47	56.09	*0	1364.8	74.37	16.24
% of Calories				8.06%		31.47%	0.00%	21.0%	0.0%		69.4%		11.4%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Friday - 11/21/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990167 Week 1																	
001713 2-Hot Ham& Cheese Breakfast	each	1	281	3.51	890	5.01	0.00	10.04	0.00	48	32.01	3.00	18.61	*N/A*	275.0	0.00	2.89
990542 2-Muffin, Double Chocolate Chip	each	1	227	0.89	124	18.36	0.00	5.95	0.00	30	39.69	3.08	3.77	*N/A*	3.5	0.20	0.99
990557 2-Burrito, Los Cabos	each	1	296	4.05	499	1.09	0.00	8.94	0.00	18	40.86	8.81	15.12	*N/A*	200.0	1.20	2.70
990492 2-Cereal, Trix w/ graham cracker	bowl	1	230	0.50	240	14.00	0.00	5.00	0.00	0	45.00	3.00	2.00	*N/A*	16.0	0.00	2.00
001036 .																	
001039 TOTAL																	
990469 2- Strawberries,frzn,cupped	1/2 cup	1	80	0.00	1	15.95	0.00	0.00	0.00	0	20.93	1.99	0.00	*N/A*	0.0	37.38	0.28
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0.00	0.00	0.00	0.00	0	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00
Weighted Daily Average			1549	10.96	2259	107.40	0.00	35.94	0.00	115	251.49	21.88	59.50	*0	1210.5	109.97	11.22
% of Calories				6.37%		27.73%	0.00%	20.9%	0.0%		64.9%		15.4%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

Monday - 11/24/2025 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990168 Week 2																	
003025 2-Pizza, Breakfast, I/W-Piazza	each	1	407	4.53	611	6.79	0.00	13.58	0.00	23	38.47	4.53	20.37	*N/A*	339.4	8.15	2.44
990422 2-Breakfast Bar Oat Chocolate Chip, Benefit	EACH	1	280	3.00	230	19.00	0.00	8.00	0.00	15	47.00	3.00	5.00	*N/A*	30.0	0.00	2.00
990387 2-Donut, WG, Powdered, Sugar, IW, 1932	Serving	1	320	5.00	260	24.00	0.00	12.00	0.00	5	49.00	3.00	4.00	*N/A*	40.0	0.00	1.40
990585 2-Cereal, Blueberry Chex w/ graham cracker	bowl	1	240	0.50	260	13.00	0.00	6.00	0.00	0	44.00	2.00	2.00	*N/A*	96.0	3.60	10.20
001036 .																	
001039 TOTAL																	
003187 2-Applesauce, cup	1/2 cup	1	60	0.00	15	17.94	0.00	0.00	0.00	0	13.95	1.00	0.00	*N/A*	199.3	0.00	0.00
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001661 2-Ketchup, packet, 9 gram	1 each	1	10	0.00	65	1.00	0.00	0.00	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00
Weighted Daily Average			1747	15.03	1851	134.73	0.00	45.58	0.00	63	266.42	15.52	51.37	*0	1420.8	82.95	18.40
% of Calories				7.74%		30.85%	0.00%	23.5%	0.0%		61.0%		11.8%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Tuesday - 11/25/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990168 Week 2																	
003507 2-Burrito Chorizo Egg & Potato	each	1	407	6.45	613	1.89	*0.00	14.83	0.00	133	42.51	2.36	18.13	*N/A*	145.8	0.19	2.38
990541 2-Muffin, Blueberry	each	1	221	0.89	114	16.37	0.00	5.95	0.00	30	38.20	3.27	3.87	*N/A*	8.4	1.19	1.09
990500 2-Bagel w/ Cream Cheese 3 oz	serving	1	281	3.54	542	3.00	0.00	5.56	0.00	15	49.05	2.00	10.03	*N/A*	28.4	0.00	2.60
990492 2-Cereal, Trix w/ graham cracker	bowl	1	230	0.50	240	14.00	0.00	5.00	0.00	0	45.00	3.00	2.00	*N/A*	16.0	0.00	2.00
001036 .																	
001039 TOTAL																	
000493 2-Pear, diced, canned	1/2 cup	1	63	0.00	0	0.00	0.00	0.00	0.00	0	17.12	2.70	0.00	*N/A*	11.7	1.08	0.00
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
001666 2-Sauce, Taco, packet, 9 gram	1 each	1	5	0.00	95	0.00	0.00	0.00	0.00	0	1.00	0.00	0.00	*N/A*	0.0	0.00	0.00
Weighted Daily Average			1637	13.38	2014	88.27	*0.00	37.34	0.00	198	264.88	15.34	54.03	*0	926.3	73.66	10.43
% of Calories				7.36%		21.57%	*0.00%	20.5%	0.0%		64.7%		13.2%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

Wednesday - 11/26/2025

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990168 Week 2																	
001712 2-Grilled Cheese - breakfast	ea	1	361	9.03	961	4.00	0.00	22.08	0.00	25	32.00	4.00	13.00	*N/A*	230.0	0.00	1.40
990594 2-Breakfast Scone Dough Chocolate Chip	each	1	465	10.40	345	36.50	0.00	16.90	0.00	35	73.90	2.00	5.50	*N/A*	160.0	1.80	2.34
001711 2-PB&J - Breakfast	1 each	1	576	5.29	582	26.02	0.00	26.19	0.00	0	69.18	7.02	20.09	*N/A*	97.0	0.00	2.46
990402 2-Cereal, Cinn Chex w/ graham cracker	1 each	1	230	0.50	260	13.00	0.00	6.00	0.00	0	44.00	3.00	2.00	*N/A*	94.0	0.00	9.20
001036 .																	
001039 TOTAL																	
000108 2-Apple, fresh, wh, 163 ct	1/2 cup	1	53	0.00	1	10.51	0.00	0.17	0.00	0	13.98	2.40	0.26	*N/A*	6.0	4.61	0.12

Base Menu Spreadsheet

Portion Values

Nov 3, 2025 thru Nov 30, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
001411 2-Juice, Orange Tangerine, 100% (4oz.)	1/2 cup	1	60	0.00	0	12.00	0.00	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	70.00	0.00
001036 .																	
001039 TOTAL																	
990404 j-Cracker Graham	Serving	1	120	0.50	100	7.00	0.00	3.50	0.00	0	21.00	2.00	1.00	*N/A*	16.0	0.00	2.00
001876 2-Milk, White, Crystal Creamery	8 oz	1	130	1.50	160	15.00	0.00	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00
001879 2-Milk, Chocolate, Crystal Cream	8 oz	1	120	0.00	150	19.00	0.00	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36
Weighted Daily Average			2115	27.22	2559	143.04	0.00	77.34	0.00	80	305.06	20.43	60.86	*0	1303.0	77.61	17.88
% of Calories				11.58 %		27.05%	0.00%	32.9%	0.0%		57.7%		11.5%				
Weekly Nutrient Guideline			450 - 600	<10	640		<10	<=30					16.06		400.00	18.11	4.50

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages		1104	10	1341	77	*1.48	30.73	0.00	75	172.23	10.66	35.88	*0	817	*50.26	8.68
% of Calories			8.24%		27.94%	*0.00%	25.1%	0.0%		62.4%		13.0%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.