

September 2026 Farms Intermediate Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 A. Homestyle Chicken Patty on a Whole Grain Bun B. Pita, Hummus & Cheese Boat Fruit & Veggie Bar Milk	2 A. Mini Corn Dogs B. Ham & Cheese Sub Fruit & Veggie Bar Milk	3 A. Sweet & Sour Chicken with Rice B. Italian Sub Fruit & Veggie Bar Milk	4 No School!
7 No School!	8 A. Popcorn Chicken with a Whole Grain Breadstick B. Pita, Hummus & Cheese Boat Fruit & Veggie Bar Milk	9 A. Grilled Cheese & Sweet Potato Waffle Fries B. Ham & Cheese Sub Fruit & Veggie Bar Milk	10 A. French Toast Sticks & Sausage B. Italian Sub Fruit & Veggie Bar Milk	11 A. Pasta & Meat Sauce with Garlic Toast B. Turkey, Bacon & Swiss Croissant Fruit & Veggie Bar Milk
14 A. Pizza Variety B. Turkey and American Sub Fruit & Veggie Bar Milk	15 A. Chicken Nuggets with a Pretzel Rod B. Pita, Hummus & Cheese Boat Fruit & Veggie Bar Milk	16 A. Hot Dog on a Whole Grain Bun B. Ham & Cheese Sub Fruit & Veggie Bar Milk	17 A. Walking Taco B. Italian Sub Fruit & Veggie Bar Milk	18 A. Alfredo Penne Pasta with Garlic Toast B. Turkey, Bacon & Swiss Croissant Fruit & Veggie Bar Milk
21 A. Pizza Variety B. Turkey and American Sub Fruit & Veggie Bar Milk	22 A. Chicken Drumstick, Whole Grain Roll & Roasted Potatoes B. Pita, Hummus & Cheese Boat Fruit & Veggie Bar Milk	23 A. Cheeseburger on a Whole Grain Bun B. Ham & Cheese Sub Fruit & Veggie Bar Milk	24 A. Mini Pancakes & Sausage B. Italian Sub Fruit & Veggie Bar Milk	25 A. Cheesy Bread B. Turkey, Bacon & Swiss Croissant Fruit & Veggie Bar Milk
28 A. Pizza Variety B. Turkey and American Sub Fruit & Veggie Bar Milk	29 A. Homestyle Chicken Patty on a Whole Grain Bun B. Pita, Hummus & Cheese Boat Fruit & Veggie Bar Milk	30 A. Mini Corn Dogs B. Ham & Cheese Sub Fruit & Veggie Bar Milk		

Lunch Choices available daily:

- C. Yogurt, Muffin, Cheese stick, Fruit, Veggie & Milk
D. Ez-Jammer Sandwich (soy butter and jelly), Fruit, Veggie & Milk

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Bagel & Cream Cheese, Fruit & Milk	Banana Bread, Fruit & Milk	Yogurt, Mini Muffin, Fruit & Milk	Fruit Smoothie, Fruit & Milk	Whole Grain Breakfast Bun, Fruit & Milk

School Meal Update for 2026-27

All students will continue to receive breakfast and lunch at school at no charge for the 2026-27 school year. Please remind your student that for a meal to be free, they must choose a fruit or vegetable every time. Each student may only have 1 free breakfast and 1 free lunch per school day. All students will continue to pay for ala carte items, second servings and ala carte milk. Students only get 1 milk free when it is part of a complete meal. Even though meals will be provided for free, it is important for families to continue to fill out the Education and Nutrition Benefits Application. An approved application may allow families to receive additional assistance. If you have additional questions, please call our Student Nutrition office at 810-626-2868.

This institution is an equal opportunity provider.