



AUGUST 2026

RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelona@plUSD.org

Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

All meals are served with
the choice of
1% white milk or
nonfat chocolate milk.

10

11

12

13

Cheeseburger
Or Grilled Cheese Sandwich
Baked Beans
Celery Sticks–Salad–Carrots
Variety of Fruit

14

Domino's Smart Slice Cheese Or
Pepperoni Pizza
Caesar Salad – Cucumber Sticks
Baby Carrots
Variety of Fruit
Cookie

17

Chicken Nuggets w/ roll
Or Black Bean Burgers
Mixed Veggies
Peas–Salad–Carrots
Variety of Fruit

18

Pizza Nada
Or Bean & Cheese Burrito
Spanish Rice
Cauliflower – Salad - Carrots
Variety of Fresh Fruit

19

Pull Apart w/ Marinara
Or Macaroni & Cheese w/ Roll
Steamed Corn
Broccoli – Salad - Carrots
Variety of Fruit

20

Barbecued Chicken
Or Pretzel & Cheese
Baked Beans
Celery Sticks–Salad–Carrots
Variety of Fruit

21

Domino's Smart Slice Cheese Or
Pepperoni Pizza
Caesar Salad – Cucumber Sticks
Baby Carrots
Variety of Fruit
Cookie

24

Chicken Sandwich
Or Grilled Cheese Sandwich
Mixed Veggies
Peas–Salad–Carrots
Variety of Fruit

25

Chicken Taquitos
Or Cheese Quesadilla
Refried Beans
Cauliflower – Salad - Carrots
Variety of Fresh Fruit

26

Orange Chicken
Or Egg Roll w/ cheese stick
Brown Rice – Edamame
Broccoli – Salad - Carrots
Variety of Fruit

27

Baked Beef and Sausage Penne
Or Pull Apart w/ Marinara
Potato Wedges
Celery Sticks–Salad–Carrots
Variety of Fruit

28

Domino's Smart Slice Cheese Or
Pepperoni Pizza
Caesar Salad – Cucumber Sticks
Baby Carrots
Variety of Fruit
Cookie

31

Chicken Tenders w/ roll
Or Sunbutter Sandwich
Mixed Veggies
Peas–Salad–Carrots
Variety of Fruit

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.
We will continue our best efforts to serve our students with the best products available.
We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.
USDA is an equal opportunity provider, employer, and lender.