

# JANUARY

2026

## Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 NO SCHOOL	6 Buttermilk Bar Cereal Parfait*	7 Breakfast Burrito* Oatmeal* Parfait*	8 WUSD Muffin* French Toast Sticks w/Sausage Links Parfait*	9 Sausage, Egg & Cheese Croissant* Mini Donuts Parfait*
12 Ham & Cheese Croissant* Benefit Bar Parfait*	13 Cinnamon Roll* Waffle w/Sausage Links Parfait*	14 Breakfast Burrito* Concha, Variety Pack Parfait*	15 WUSD Muffin* French Toast Casserole w/Sausage Links* Parfait*	16 Pancake Sandwich* Scone* Parfait*
19 NO SCHOOL	20 Breakfast Pizza Scone* Parfait*	21 Breakfast Burrito* Plain Bagel w/Cream Cheese Parfait*	22 WUSD Muffin* Pancakes Parfait*	23 Sausage, Egg & Cheese Bagel* Banana Bread Slice Parfait*
26 Ham & Cheese Croissant* Waffle Parfait*	27 Pancakes w/Sausage Links Scone* Parfait*	28 Breakfast Burrito* Plain Bagel w/Cream Cheese Parfait*	29 WUSD Muffin* French Toast Casserole w/Sausage Links* Parfait*	30 Sausage & Cheese Biscuit* Benefit Bar Parfait*

Breakfast Includes:

- Choice of Low Fat 1% White Milk or Fat Free Chocolate Milk
- Choice of 2 half cup servings of Fruit

This institution is an equal opportunity provider.

Menu is subject to change without notice.

Prepared in-house\*

All Willows Unified School District (WUSD) Students receive 1-free breakfast & lunch daily.

# JANUARY

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Willows Intermediate School  
Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 NO SCHOOL	6 Carne Asada Torta* Corn Dog	7 Mac & Cheese* Italian Sub	8 Baked Chicken & Dinner Roll* Grilled Cheese Sandwich*	9 Chicken Nuggets & Breadstick Pizza
12 Chicken Patty Sandwich Turkey & Cheese Croissant	13 Pozole w/Chips* Turkey & Cheese Sub	14 Chicken Alfredo* Grilled Cheese Sandwich*	15 Teriyaki Dunkers & Rice* Ham & Cheese Ciabatta	16 Nachos* Papa Murphy's Pizza
19 NO SCHOOL	20 Walking Taco* Ham & Cheese Croissant	21 Lasagna & Dinner Roll* Ham & Cheese Sub	22 Orange Chicken & Rice* Grilled Cheese Sandwich*	23 Italian Sub Pizza
26 Meatball Sub* Chicken Patty Sandwich	27 Nachos* Ham & Cheese Sub	28 Spaghetti* Grilled Cheese Sandwich*	29 Breaded Drumstick & Biscuit Turkey & Cheese Sub	30 Spicy Chicken Sandwich Pizza

Lunch Includes:

- Choice of Low Fat 1% White Milk or Fat Free Chocolate Milk
- Choice of half cup serving of Fruit
- Choice of 2 half cup servings of Vegetables
- Salad Bar

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