

AQUATICS SCHEDULE

SUMMER 2026

June 6, 2026 - July 31, 2026

Grossmont Union High School District
Aquatics Office
619-644-8172

<https://www.guhsd.net/Departments/Business-Services/Facilities-and-Construction/Aquatics/index.html>



POOLS

GROSSMONT POOL

1100 Murray Drive
El Cajon
619-644-8172

EL CAPITAN POOL

10410 Ashwood St.
Lakeside
619-644-8172

MOUNT MIGUEL POOL

8585 Blossom Ln.
Spring Valley
619-644-8172

MONTE VISTA POOL

3230 Sweetwater Springs Blvd.
Spring Valley
619-644-8172

SANTANA POOL

9915 Magnolia
Santee
619-644-8172

FEES AND PASSES

ADMISSION FEES FOR RECREATIONAL SWIMMING:

Adult (18 and over)	\$4.00
Children (3 - 17)	\$2.00
2 and under	FREE

ANNUAL PASSES

Adult Passes (18 and over)	\$80.00
Youth Passes (3 - 17)	\$40.00

All passes expire December 31, 2026, regardless of date purchased and are non-transferable.

Children under 7 years of age, regardless of their swimming ability, must be accompanied by an adult at all times in the water and on the deck. An adult must accompany children 7 years or older who are under 48" tall and those who wear personal floatation devices regardless of age, when in the water. Maximum 2 children per adult. An adult is at least 18 years old. Children not toilet trained must wear swim diapers. Anyone that has experienced vomiting or diarrhea may not use the pool within 14 days of the last episode.

SWIM LESSON REGISTRATION FEES: (cash or check only)

Pre-school (ages 3 - 5)	\$40.00
Learn to Swim (ages 6 - 17)	\$30.00

****Refunds will not be issued once lessons have begun**

RECREATION SWIMMING

June 6, 2026 - July 31, 2026

DAYTIME RECREATION SWIM:

GROSSMONT: 11:00am-1:30pm
Sunday - Thursday

MOUNT MIGUEL: 12:00pm -3:00p.m.
Sunday - Thursday

EL CAPITAN: 12:00pm - 3:00p.m.
Sunday - Thursday

SANTANA: 12:00pm - 3:00 pm
Tuesday - Saturday

MONTE VISTA: 12:00pm - 3:00 pm
Tuesday-Saturday

***ALL POOLS WILL BE CLOSED ON JUNE 19TH & JULY 4th**

EVENING RECREATION SWIM:

GROSSMONT: 6:30-8:30 p.m.
Sunday

EL CAPITAN: 6:45-8:45 p.m.
Wednesday

SWIM LESSON INFORMATION

(Please see the next page for dates, times, and registration information)

PRESCHOOL AQUATICS

The **PRESCHOOL AQUATICS** course is for ages 3-5 years, regardless of swimmers ability. Proof of age is required when you register. The goal of this program is for the child to be able to jump in deep water, come to the surface, float on their back, turn over, float on their stomach and get back to the side of the pool using a beginner stroke. If the child can already perform these skills, the front crawl stroke is introduced.

The student to teacher ratio is approximately 5:1 and allows the instructor to work at each child's particular skill level. A lifeguard is also positioned directly above the preschool classes.

LEARN TO SWIM

The **LEARN TO SWIM** program is for ages 6 and older. The six levels teach aquatic and safety skills in a logical progression. Level 1-3 are the beginning levels. To move up from Level 3 the child must be able to swim the length of the pool (25-yard) using crawl stroke, with rhythmic breathing. Levels 4-6 are progressively more advanced classes involving different strokes and swimming longer distances - all in deep water and taught at the latest time period.

During lesson registration the Senior Guard will determine your child's level by asking you a few simple questions. During the eight day lesson session your child will be moved up as his or her skills advance. The student to teacher ratio in L 1-6 is approximately 8:1.

SWIMMING LESSONS

PRE-SCHOOL: Ages 3-5 yrs (Proof of age required @ registration) **FEE: \$40.00**

LEARN TO SWIM: Ages 6 - 17 yrs (Red Cross Levels 1-6) **FEE: \$30.00**

Cash or Checks will be accepted *Refunds will not be issued once lessons have begun*

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MONDAY-THURSDAY - Choose the pool and lesson time:

POOLS	LESSON TIMES			
EL CAPITAN	3:50	4:30	5:10	5:50

MOUNT MIGUEL	3:50	4:30	5:10	5:50
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	Lesson Dates	Registration Date
SESSION I	June 15 - June 25	Sunday, June 14, 10-11 am
SESSION II	June 29- July 9	Sunday, June 21, 10-11am
SESSION III	July 13 - July 23	Sunday, July 5, 10-11am

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STEPS TO SIGN UP- 1) FIND THE LESSON DATES YOU WOULD LIKE TO ENROLL IN. 2) ON THE REGISTRATION DATE LISTED GO TO THE POOL YOUR CHILD WILL TAKE LESSONS AT. (NO EARLY REGISTRATION PERMITTED)

TUESDAY-FRIDAY- Choose lesson time:

POOL	LESSON TIMES			
SANTANA	3:50	4:30	5:10	5:50

	Lesson Dates	Registration Date
SESSION I**	June 16-June 26	Saturday, June 13, 10-11am
SESSION II	June 30-July 10	Saturday, June 20, 10-11am
SESSION III	July 14-July 24	Saturday, July 11, 10-11am

**We will not have classes on June 19th. Session I will only have 7 classes and will be prorated to \$35 for Preschool and \$26.25 for Learn to Swim.

STEPS TO SIGN UP- 1) FIND THE LESSON DATES YOU WOULD LIKE TO ENROLL IN. 2) ON THE REGISTRATION DATE LISTED GO TO THE POOL YOUR CHILD WILL TAKE LESSONS AT. (NO EARLY REGISTRATION PERMITTED)

U.S. Swimming

Heartland Swim Association

heartlandswim.org

For more information, call 760-

Manta Ray Aquatics

mraswim.org

For more information, call 619-244-2025

Swim Excellence Academy

<https://www.gomotionapp.com/team/sea/page/home>

For more information, call 619-992-0738

Trinity Aquatics Swim Team

teamunify.com/team/trinityaquatics/page/home

U.S. Water Polo

Eagle Boys Water Polo

www.graniteaquatics.com

For more information call Rhett at 619-593-5616 or

rgeir@guhdsd.net

East County Aquatics Water Polo

For more information, call Clint at 619-985-7613

Sultan Polo

For more information, sultanpolo@outlook.com

U.S. Synchronized Swimming

San Diego Sea Stars Synchronized Swimming

For more information, call Wendy at 619-244-9253