

STRAND CAFE LUNCH MENU



AUGUST 10TH - OCTOBER 2ND

Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Fridays, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!



LUNCH
TIME

Breakfast & Lunch
Meals are **FREE** to all
students in the 2026-
2027 School Year

MONDAY

Crispy Chicken
Sandwich



Carne Asada
Nachos

(Tortilla chips, carne
asada, guac & pico)



Creamy Yogurt
& Crackers



TUESDAY

Papa John's
Pepperoni Pizza



Papa John's
Cheese Pizza



Grilled Chicken
Caesar Salad
(with a roll)

WEDNESDAY

Orange Chicken
(with Brown Rice)



Mid-Week
Munchie -
Cherry Polar
Pop

Turkey Sub with
Bacon & Cheese



Crunchy
Mozzarella Sticks
(with marinara on the side)



THURSDAY

100% Beef
Cheeseburger
Sliders



Mini Chicken &
Cheese Tacos



Islander Pizza
Lunchable

(flatbread, pepperoni, shredded
mozzarella, & marinara sauce)
Vegetarian upon request



FRIDAY

Brunch 4 Lunch
(Emoji waffles, sausage
link & syrup)



100% Chicken
Uncured Corn Dog



Bean & Cheese
Burrito



= VEGETARIAN ENTREES

= GLUTEN FREE ENTREES

Students must select a 1/2 cup of fruit and/or vegetable with each meal.



**ORGANIC
PRODUCE DAILY!**

We continue to work to expand organic options on our salad bars, giving students more fresh, healthy, and sustainable choices. With locally sourced, pesticide-free ingredients, every bite supports better nutrition and a greener planet.

Menu subject to change.



What's Included

All lunch meals include an
entrée, unlimited fresh fruits
and vegetables from the salad
bar, and a choice of 1% white
or non-fat flavored milk.



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



Meet HI-5:

Contactless Check-In for Students

We are launching the HI-5 Wave Scanner, a fast, touch-free way for students to check out for breakfast and lunch using a quick hand wave. The system uses safe technology to create a secure, encrypted code, **no photos, fingerprints, or images are stored** & students can also choose to use a PIN or barcode instead. This optional system helps reduce wait times in the cafe, eliminates the need for ID cards, and creates a safer, more convenient daily experience for students while protecting their privacy.

