

Menu Name:

ELEMENTARY LUNCH K-5

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Monday - 03/03/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc³ (mg)	Vit-C (mg)	Iron (mg)	Cost
002154 CHICKEN, POPCORN WG 10 EACH	SERVING (10)	1500	293	3.00	487	0	*N/A*	17.00	0.00	81	17.00	3.00	18.00	167	18.0	0.00	2.00	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	1500	537	16.33	1038	*4	*N/A*	31.83	*0.00	80	36.00	4.00	28.00	83	70.0	0.00	1.80	\$0.000
003144 POTATO FRY WAFFLE CUT MCCAIN	SERVINGS	3000	173	1.52	346	1	0	10.16	0.00	0	20.33	1.02	2.03	0	10.2	0.00	0.41	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	1500	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	0	0.0	0.00	0.00	\$0.000
000097 FRUIT, RAISINS	BOX	1500	129	0.04	11	28	*N/A*	0.11	0.00	0	34.11	1.94	1.42	0	26.7	0.99	0.77	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1500	92	0.00	2	22	*N/A*	0.00	0.00	0	25.00	2.00	0.00	0	0.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			1021	12.18	1578	*59	*0	39.49	*0.00	*89	135.01	13.99	40.65	5578	461.4	63.54	3.44	\$0.000
% of Calories				10.74 %		*23.1%	*0%	34.8%	*0.0%		52.9%		15.9%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Tuesday - 03/04/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000162 TURKEY, HOT DOG ON A BUN	EACH	1500	290	3.00	720	6	*N/A*	14.00	0.00	55	34.00	3.00	14.00	0	151.0	0.00	2.52	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	1500	280	4.00	540	0	*N/A*	12.00	0.00	20	28.00	4.00	16.00	400	240.0	0.00	1.44	\$0.000
003145 POTATO SWEET FRY WAFFLE CUT MCCAIN	SERVINGS	3000	163	1.02	194	8	1	6.11	0.00	0	25.47	1.02	1.02	0	30.6	0.00	0.41	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	1777	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	738	7.4	11.51	0.27	\$0.000
000729 FRUIT, APRICOT HALVES USDA	.5 CUP	1000	80	0.00	10	*N/A*	*N/A*	0.00	*N/A*	0	19.00	0.00	0.00	1750	0.0	2.40	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	1500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	1500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			731	6.11	1251	*36	*1	29.35	*0.00	*44	95.41	6.79	25.63	*2871	*559.6	*11.11	*3.21	\$0.000
% of Calories				7.52%		*19.7%	*0.5%	36.1%	*0.0%		52.2%		14.0%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Wednesday - 03/05/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002917 SPAGHETTI W/BEEF CRUMBLES	1 CUP	1500	331	3.49	923	*3	*N/A*	8.68	*0.00	38	47.79	5.67	18.44	542	38.5	10.71	2.88	\$0.000
002497 SPAGHETTI W/ CHEESE SCRATCH CC	HEAPING # 6 SCP	1500	235	3.04	930	*2	*N/A*	5.40	*0.00	15	32.09	4.07	16.19	632	219.0	10.16	1.43	\$0.000
003123 BREAD GARLIC KNOT WG 2OZ	SERVINGS	3000	180	1.50	190	4	3	5.00	0.00	0	27.00	3.00	5.00	0	20.0	0.00	1.60	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	2000	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	0	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	1727	11.0	4.94	0.31	\$0.000
000941 NOODLE, CHOW MEIN	SERVING	2000	105	0.00	35	*N/A*	*N/A*	1.51	0.00	0	20.57	2.01	4.01	0	10.0	0.00	1.36	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2	*N/A*	0.00	0.00	0	19.00	7.00	7.00	0	0.0	0.00	0.00	\$0.000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001358 VEG, BROC CHERRY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	1452	15.0	43.56	0.45	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	60	8.0	2.50	0.24	\$0.000
000245 FRUIT, KIWI FRESH	2 EACH	3000	93	0.00	4	*N/A*	*N/A*	0.86	0.00	0	22.33	4.29	1.72	129	51.5	140.66	0.46	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			904	5.73	1533	*31	*3	18.62	*0.00	*35	147.68	20.84	42.55	3356	557.3	184.65	5.99	\$0.000
% of Calories				5.70%		*13.7%	*1.3%	18.5%	*0.0%		65.3%		18.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Thursday - 03/06/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002592 CHICKEN PATTY ON BUN RC	EACH	1500	340	2.00	620	4	*N/A*	11.00	0.00	20	42.00	6.00	19.00	0	150.0	0.00	3.24	\$0.000
002071 WRAP, VEGETARIAN 2/2	EACH	1500	612	17.51	1165	*0	*N/A*	35.57	*0.00	80	42.58	6.74	28.70	5632	63.8	113.45	3.93	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	0	0.0	3.60	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	1727	11.0	4.94	0.31	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	9525	17.0	3.40	0.20	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	0	0.0	0.00	0.00	\$0.000
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	300	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			951	12.11	1490	*38	*0	37.17	*0.00	*57	116.30	13.38	36.93	11345	463.9	140.58	4.90	\$0.000
% of Calories				11.46 %		*16.0%	*0%	35.2%	*0.0%		48.9%		15.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Friday - 03/07/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001211 TACO, TURKEY SOFT	SERVINGS	1500	218	5.53	529	*N/A*	*N/A*	11.18	0.00	43	15.30	1.50	14.36	15	71.5	0.27	1.33	\$0.000
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	1500	321	3.54	475	2	0	8.79	0.00	15	44.17	8.17	16.71	56	171.1	1.64	3.85	\$0.000
002217 HS RICE CILANTRO LIME	1 cup	3000	360	0.64	294	*0	*N/A*	7.49	0.00	0	66.28	4.06	8.08	57	10.7	0.29	1.52	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	3000	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	0	0.0	0.00	0.00	\$0.000
002462 VEG, LETT SHREDDED	.5	2000	5	0.00	3	*N/A*	*N/A*	0.00	*N/A*	0	1.00	0.33	0.33	167	6.7	1.00	0.12	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	2000	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	0	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	2000	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002076 BEAN, DIP DEHYDRATED BEANS	HEAPING #16 SCP	200	70	0.81	181	*2	*N/A*	3.47	*0.00	2	9.12	2.27	2.74	159	46.0	0.34	0.70	\$0.000
002750 VEG, RADISH	.5cup	2000	9	0.02	23	1	*N/A*	0.06	0.00	0	1.97	0.93	0.39	4	14.5	8.58	0.20	\$0.000
000986 CHEESE, CHEDDAR	OZ	3000	81	4.05	202	*N/A*	*N/A*	6.07	0.00	20	0.00	0.00	7.09	0	0.0	0.00	0.00	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	127	25.3	54.52	0.46	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	1500	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	0	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			1043	9.63	1496	*25	*0	29.32	*0.00	55	153.53	16.54	42.59	781	484.5	2938.12	5.03	\$0.000
% of Calories				8.31%		*9.6%	*0%	25.3%	*0.0%		58.9%		16.3%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

Monday - 03/10/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	1500	182	1.62	328	0	*N/A*	9.90	0.00	34	9.50	0.00	13.50	79	22.0	87.00	1.00	\$0.000
002763 SANDWICH, VEGGIE STACKER	SANDWICH	1500	528	16.00	924	*4	*N/A*	30.00	*0.00	80	35.75	3.46	27.46	322	157.3	3.70	1.60	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1500	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	0	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1500	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	0	0.0	0.00	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	1500	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	0	0.0	0.00	0.00	\$0.000
000097 FRUIT, RAISINS	BOX	1500	129	0.04	11	28	*N/A*	0.11	0.00	0	34.11	1.94	1.42	0	26.7	0.99	0.77	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1500	92	0.00	2	22	*N/A*	0.00	0.00	0	25.00	2.00	0.00	0	0.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			990	13.28	1388	*58	*N/A*	34.19	*0.00	*66	137.87	13.41	38.80	5653	496.9	114.01	3.53	\$0.000
% of Calories				12.07 %		*23.4%	*N/A*	31.1%	*0.0%		55.7%		15.7%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Tuesday - 03/11/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001777 BURGER, ON A BUN	EACH	1500	288	3.20	339	4	*N/A*	10.00	0.00	35	31.00	4.00	20.00	0	172.0	0.00	2.44	\$0.000
001036 BURGER, VEGGIE CHEESE	EACH	1500	430	5.00	770	6	*0	16.00	0.00	20	45.00	9.00	26.00	0	154.0	0.00	9.44	\$0.000
000391 POTATO, SMILES (6)	SERVINGS (6)	3000	130	0.50	180	0	*N/A*	4.50	0.00	0	20.00	2.00	2.00	0	0.0	2.40	0.36	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	1777	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	738	7.4	11.51	0.27	\$0.000
000729 FRUIT, APRICOT HALVES USDA	.5 CUP	1000	80	0.00	10	*N/A*	*N/A*	0.00	*N/A*	0	19.00	0.00	0.00	1750	0.0	2.40	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	1500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	1500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	1500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			789	6.44	1195	*30	*0	29.07	*0.00	*36	98.28	10.77	34.61	*2671	*496.6	*13.51	*7.13	\$0.000
% of Calories				7.35%		*15.2%	*0%	33.2%	*0.0%		49.8%		17.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Wednesday - 03/12/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA, WG PEP 5"	EACH	1500	360	7.00	570	4	*N/A*	16.00	0.00	35	34.00	3.00	20.00	500	400.0	9.00	1.80	\$0.000
001861 PIZZA, WG CHEESE 5"	EACH	1500	360	8.00	510	4	*N/A*	17.00	0.00	35	34.00	3.00	20.00	500	450.0	6.00	2.70	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	2000	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	0	0.0	0.00	0.00	\$0.000
000954 COOKIE, STAR SPANGLED	EACH	3000	130	1.00	75	*N/A*	*N/A*	4.50	0.00	0	19.00	0.00	2.00	0	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	1727	11.0	4.94	0.31	\$0.000
000941 NOODLE, CHOW MEIN	SERVING	2000	105	0.00	35	*N/A*	*N/A*	1.51	0.00	0	20.57	2.01	4.01	0	10.0	0.00	1.36	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2	*N/A*	0.00	0.00	0	19.00	7.00	7.00	0	0.0	0.00	0.00	\$0.000
001358 VEG, BROCC COLICHERY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	1452	15.0	43.56	0.45	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	60	8.0	2.50	0.24	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000245 FRUIT, KIWI FRESH	2 EACH	3000	93	0.00	4	*N/A*	*N/A*	0.86	0.00	0	22.33	4.29	1.72	129	51.5	140.66	0.46	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			932	9.47	1032	*28	*N/A*	27.58	*0.00	*44	133.74	15.97	42.23	3269	833.5	181.72	4.48	\$0.000
% of Calories				9.14%		*12.0%	*N/A*	26.6%	*0.0%		57.4%		18.1%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Thursday - 03/13/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002018 CHICKEN FRIED CHICKEN W/ MASH POT	EACH	1500	318	3.22	748	*1	*N/A*	12.31	*0.00	35	35.72	3.36	16.78	4	17.4	27.52	10.64	\$0.000
001810 SANDWICH, VEGGIE CROISSANT	SANDWICH	1500	548	18.50	1034	*3	*N/A*	34.00	*0.00	80	35.75	3.46	25.46	522	107.3	3.70	1.60	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	0	0.0	3.60	0.36	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	1727	11.0	4.94	0.31	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	9525	17.0	3.40	0.20	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	0	0.0	0.00	0.00	\$0.000
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	300	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			908	13.22	1488	*38	*0	37.04	*0.00	*64	109.75	10.42	34.20	8793	419.4	99.46	7.44	\$0.000
% of Calories				13.10 %		*16.7%	*0%	36.7%	*0.0%		48.3%		15.1%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Friday - 03/14/2025 Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002692 SANDWICH, SLICED TURKEY,CHEESE	SANDWICH	1000	193	0.50	454	4	*N/A*	3.00	0.00	18	29.00	2.00	12.00	0	0.0	0.00	1.08	\$0.000
002208 PIZZA CHEESE LUNCH PACK WG	PACK	1000	312	6.04	642	6	*N/A*	11.21	0.00	36	34.30	4.22	19.38	642	511.0	21.84	1.57	\$0.000
000450 VEG, CARROTS BABY	BAG	2000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	10172	22.1	6.19	0.66	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	250	300	3.50	370	15	13	16.00	0.00	0	32.00	4.00	9.00	0	44.0	0.00	1.00	\$0.000
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	250	300	3.00	280	14	*N/A*	17.00	0.00	0	32.00	4.00	8.00	0	20.0	0.00	1.44	\$0.000
Weighted Daily Average			420	3.07	603	*32	*1	8.71	*0.00	24	65.68	6.39	21.83	7596	524.5	29.70	2.14	\$0.000
% of Calories				6.58%		*30.5%	*1.0%	18.7%	*0.0%		62.6%		20.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Monday - 03/17/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000912 CORN DOG, CHICKEN WG 4 OZ	SERVING	1500	240	2.50	390	*N/A*	*N/A*	8.00	0.00	40	30.00	5.00	9.00	0	80.0	0.00	1.80	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002777 SANDWICH, PB & GRAPE WG 2.6OZ	EACH	375	300	3.00	280	14	*N/A*	17.00	0.00	0	32.00	4.00	8.00	0	20.0	0.00	1.44	\$0.000
002778 SANDWICH, PB & STRAWWG 2.6OZ	EACH	375	300	3.50	370	15	13	16.00	0.00	0	32.00	4.00	9.00	0	44.0	0.00	1.00	\$0.000
002277 SANDWICH, SB & GRAPE WG 2.8OZ	EACH	750	310	2.00	250	*N/A*	*N/A*	17.00	0.00	0	33.00	5.00	10.00	0	40.0	0.00	2.70	\$0.000
002791 CHEESE, MOZZARELLA STRING	EACH	1500	80	3.00	200	0	*N/A*	6.00	0.00	20	1.00	0.00	6.00	0	220.0	0.00	0.00	\$0.000
003144 POTATO FRY WAFFLE CUT MCCAIN	SERVINGS	3000	173	1.52	346	1	0	10.16	0.00	0	20.33	1.02	2.03	0	10.2	0.00	0.41	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	1500	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	0	0.0	0.00	0.00	\$0.000
000097 FRUIT, RAISINS	BOX	1500	129	0.04	11	28	*N/A*	0.11	0.00	0	34.11	1.94	1.42	0	26.7	0.99	0.77	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1500	92	0.00	2	22	*N/A*	0.00	0.00	0	25.00	2.00	0.00	0	0.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			919	6.57	1254	*60	*2	30.45	*0.00	*39	140.26	15.24	29.78	5453	585.4	63.54	3.42	\$0.000
% of Calories				6.43%		*26.1%	*0.9%	29.8%	*0.0%		61.0%		13.0%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Tuesday - 03/18/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002928 SANDWICH CHICKEN BBQ GRILLED	EA	1500	290	0.00	620	*4	*N/A*	4.60	*0.00	65	37.00	3.18	27.40	*100	*150.0	*1.20	*1.73	\$0.000
003060 SANDWICH, BOMBAY GRILLED CHEESE	EACH	1500	566	16.36	1042	*5	*N/A*	32.39	*0.00	80	39.55	4.64	28.92	419	78.2	14.75	1.93	\$0.000
003145 POTATO SWEET FRY WAFFLE CUT MCCAIN	SERVINGS	3000	163	1.02	194	8	1	6.11	0.00	0	25.47	1.02	1.02	0	30.6	0.00	0.41	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	1777	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	738	7.4	11.51	0.27	\$0.000
000729 FRUIT, APRICOT HALVES USDA	.5 CUP	1000	80	0.00	10	*N/A*	*N/A*	0.00	*N/A*	0	19.00	0.00	0.00	1750	0.0	2.40	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	1500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	1500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002952 DRESSING 1000 ISLAND	TABLESPOONS	1500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			891	11.04	1485	*38	*1	36.18	*0.00	*81	104.02	7.20	38.79	*2930	*478.2	*19.08	*3.06	\$0.000
% of Calories				11.15 %		*17.1%	*0.4%	36.5%	*0.0%		46.7%		17.4%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Wednesday - 03/19/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN nood	SERVING	1500	348	0.83	488	*N/A*	*N/A*	7.85	*0.00	40	53.78	3.42	17.92	0	17.8	1.28	3.05	\$0.000
002979 TOFU TERI WITH NOODLES	HEAPING #16	1500	215	0.43	388	*2	*N/A*	5.55	*0.00	0	37.42	3.44	7.12	0	18.5	0.08	2.40	\$0.000
000607 COOKIE, FORTUNE	COOKIE	3000	30	0.06	7	*N/A*	*N/A*	0.20	*N/A*	1	6.67	0.18	0.42	5	1.5	0.12	0.18	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	2000	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	0	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	1727	11.0	4.94	0.31	\$0.000
000941 NOODLE, CHOW MEIN	SERVING	2000	105	0.00	35	*N/A*	*N/A*	1.51	0.00	0	20.57	2.01	4.01	0	10.0	0.00	1.36	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2	*N/A*	0.00	0.00	0	19.00	7.00	7.00	0	0.0	0.00	0.00	\$0.000
001358 VEG, BROCC COLICHERY TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	1452	15.0	43.56	0.45	\$0.000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	60	8.0	2.50	0.24	\$0.000
000245 FRUIT, KIWI FRESH	2 EACH	3000	93	0.00	4	*N/A*	*N/A*	0.86	0.00	0	22.33	4.29	1.72	129	51.5	140.66	0.46	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			753	1.66	863	*25	*N/A*	13.47	*0.00	*30	133.00	16.57	33.17	2774	428.1	175.02	5.14	\$0.000
% of Calories				1.98%		*13.3%	*N/A*	16.1%	*0.0%		70.7%		17.6%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Thursday - 03/20/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002866 SANDWICH BBQ PORK	EA	1500	286	2.00	515	*4	*N/A*	7.00	0.00	36	39.07	3.76	18.00	*151	*150.0	*0.91	*1.44	\$0.000
002993 MAC & CHEESE PREMIUM JTM	6oz	1500	317	8.90	781	3	*N/A*	16.00	0.00	46	28.00	2.00	15.00	0	368.0	0.00	1.00	\$0.000
000597 BREAD, ROLL DINNER 1 OZ	EACH	1500	85	0.00	23	*N/A*	*N/A*	1.50	*N/A*	9	15.00	0.60	3.10	65	19.0	0.00	0.80	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	0	0.0	3.60	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	1727	11.0	4.94	0.31	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	9525	17.0	3.40	0.20	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	0	0.0	0.00	0.00	\$0.000
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	300	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			818	7.81	1257	*39	*0	26.13	*0.00	*52	115.05	10.19	31.13	*8638	*625.5	*84.31	*2.94	\$0.000
% of Calories				8.59%		*19.1%	*0%	28.7%	*0.0%		56.3%		15.2%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Friday - 03/21/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003141 TORTA CHICKEN AND CHEESE	SERVINGS	1500	350	6.86	660	*4	*0	12.29	*0.00	44	39.97	1.61	16.32	54	34.8	1.96	1.73	\$0.000
003077 TAMALES TWO CHEESE & GREEN CHILI LOS CABOS	1 TAMALES	1500	345	9.47	712	2	0	18.01	0.00	36	29.67	2.56	15.95	131	418.6	2.45	0.87	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	3000	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	0	0.0	0.00	0.00	\$0.000
002462 VEG, LETT SHREDDED	.5	2000	5	0.00	3	*N/A*	*N/A*	0.00	*N/A*	0	1.00	0.33	0.33	167	6.7	1.00	0.12	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	2000	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	0	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	2000	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002076 BEAN, DIP DEHYDRATED BEANS	HEAPING #16 SCP	200	70	0.81	181	*2	*N/A*	3.47	*0.00	2	9.12	2.27	2.74	159	46.0	0.34	0.70	\$0.000
002750 VEG, RADISH	.5cup	2000	9	0.02	23	1	*N/A*	0.06	0.00	0	1.97	0.93	0.39	4	14.5	8.58	0.20	\$0.000
000986 CHEESE, CHEDDAR	OZ	3000	81	4.05	202	*N/A*	*N/A*	6.07	0.00	20	0.00	0.00	7.09	0	0.0	0.00	0.00	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	127	25.3	54.52	0.46	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	1500	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	0	12.0	5806.00	0.05	\$0.000
000230 MILK, 1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			761	12.62	1386	*27	*0	27.00	*0.00	66	92.34	9.73	35.12	780	579.2	2939.08	2.23	\$0.000
% of Calories				14.93 %		*14.2%	*0%	31.9%	*0.0%		48.5%		18.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Monday - 03/24/2025

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002154 CHICKEN, POPCORN WG 10 EACH	SERVING (10)	1500	293	3.00	487	0	*N/A*	17.00	0.00	81	17.00	3.00	18.00	167	18.0	0.00	2.00	\$0.000
002677 SANDWICH, GRILLED CHEESE	EACH	1500	537	16.33	1038	*4	*N/A*	31.83	*0.00	80	36.00	4.00	28.00	83	70.0	0.00	1.80	\$0.000
003144 POTATO FRY WAFFLE CUT MCCAIN	SERVINGS	3000	173	1.52	346	1	0	10.16	0.00	0	20.33	1.02	2.03	0	10.2	0.00	0.41	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	1500	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	0	0.0	0.00	0.00	\$0.000
000097 FRUIT, RAISINS	BOX	1500	129	0.04	11	28	*N/A*	0.11	0.00	0	34.11	1.94	1.42	0	26.7	0.99	0.77	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1500	92	0.00	2	22	*N/A*	0.00	0.00	0	25.00	2.00	0.00	0	0.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			1021	12.18	1578	*59	*0	39.49	*0.00	*89	135.01	13.99	40.65	5578	461.4	63.54	3.44	\$0.000
% of Calories				10.74 %		*23.1%	*0%	34.8%	*0.0%		52.9%		15.9%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Tuesday - 03/25/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000162 TURKEY, HOT DOG ON A BUN	EACH	1500	290	3.00	720	6	*N/A*	14.00	0.00	55	34.00	3.00	14.00	0	151.0	0.00	2.52	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	1500	280	4.00	540	0	*N/A*	12.00	0.00	20	28.00	4.00	16.00	400	240.0	0.00	1.44	\$0.000
003145 POTATO SWEET FRY WAFFLE CUT MCCAIN	SERVINGS	3000	163	1.02	194	8	1	6.11	0.00	0	25.47	1.02	1.02	0	30.6	0.00	0.41	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0	*N/A*	0.04	0.00	0	0.69	0.31	0.33	1777	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	738	7.4	11.51	0.27	\$0.000
000729 FRUIT, APRICOT HALVES USDA	.5 CUP	1000	80	0.00	10	*N/A*	*N/A*	0.00	*N/A*	0	19.00	0.00	0.00	1750	0.0	2.40	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	1500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	1500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			731	6.11	1251	*36	*1	29.35	*0.00	*44	95.41	6.79	25.63	*2871	*559.6	*11.11	*3.21	\$0.000
% of Calories				7.52%		*19.7%	*0.5%	36.1%	*0.0%		52.2%		14.0%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Wednesday - 03/26/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002917 SPAGHETTI W/BEEF CRUMBLES	1 CUP	1500	331	3.49	923	*3	*N/A*	8.68	*0.00	38	47.79	5.67	18.44	542	38.5	10.71	2.88	\$0.000
002497 SPAGHETTI W/ CHEESE SCRATCH CC	HEAPING # 6 SCP	1500	235	3.04	930	*2	*N/A*	5.40	*0.00	15	32.09	4.07	16.19	632	219.0	10.16	1.43	\$0.000
003123 BREAD GARLIC KNOT WG 2OZ	SERVINGS	3000	180	1.50	190	4	3	5.00	0.00	0	27.00	3.00	5.00	0	20.0	0.00	1.60	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	2000	16	0.00	140	1	*N/A*	0.00	0.00	0	3.00	2.00	1.00	0	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	1727	11.0	4.94	0.31	\$0.000
000941 NOODLE, CHOW MEIN	SERVING	2000	105	0.00	35	*N/A*	*N/A*	1.51	0.00	0	20.57	2.01	4.01	0	10.0	0.00	1.36	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2	*N/A*	0.00	0.00	0	19.00	7.00	7.00	0	0.0	0.00	0.00	\$0.000
001358 VEG, BROCC COLIC TOM	.5 CUP	2000	28	0.00	12	*N/A*	*N/A*	0.50	*N/A*	0	5.52	0.50	1.50	1452	15.0	43.56	0.45	\$0.000
000438 FRUIT, PEAR CANNED USDA	#8 SCOOP	1000	60	0.00	5	12	*N/A*	0.00	0.00	0	15.00	2.00	0.00	60	8.0	2.50	0.24	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000245 FRUIT, KIWI FRESH	2 EACH	3000	93	0.00	4	*N/A*	*N/A*	0.86	0.00	0	22.33	4.29	1.72	129	51.5	140.66	0.46	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			904	5.73	1533	*31	*3	18.62	*0.00	*35	147.68	20.84	42.55	3356	557.3	184.65	5.99	\$0.000
% of Calories				5.70%		*13.7%	*1.3%	18.5%	*0.0%		65.3%		18.8%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Thursday - 03/27/2025

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002592 CHICKEN PATTY ON BUN RC	EACH	1500	340	2.00	620	4	*N/A*	11.00	0.00	20	42.00	6.00	19.00	0	150.0	0.00	3.24	\$0.000
002071 WRAP, VEGETARIAN 2/2	EACH	1500	612	17.51	1165	*0	*N/A*	35.57	*0.00	80	42.58	6.74	28.70	5632	63.8	113.45	3.93	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0	*N/A*	9.00	0.00	0	19.00	1.00	2.00	0	0.0	3.60	0.36	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	4	0.00	7	*N/A*	*N/A*	0.04	*0.00	0	0.65	0.38	0.34	1727	11.0	4.94	0.31	\$0.000
001800 VEG, CARROT & CELERY STICKS	SERVING	2000	33	0.00	68	*0	*N/A*	0.00	*0.00	0	5.67	1.70	0.57	9525	17.0	3.40	0.20	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	1	0	0.10	0.00	0	1.90	0.30	0.30	0	0.0	0.00	0.00	\$0.000
002009 VEG, BELL PEPPER STICKS	CUP	2000	24	0.00	2	*N/A*	*N/A*	0.17	*N/A*	0	6.01	1.61	1.20	300	0.0	80.76	0.00	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	100	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	*N/A*	0.33	0.00	0	23.07	2.63	1.10	65	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			951	12.11	1490	*38	*0	37.17	*0.00	*57	116.30	13.38	36.93	11345	463.9	140.58	4.90	\$0.000
% of Calories				11.46 %		*16.0%	*0%	35.2%	*0.0%		48.9%		15.5%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Friday - 03/28/2025 Reimbursable Meal Total 3000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001211 TACO, TURKEY SOFT	SERVINGS	1500	218	5.53	529	*N/A*	*N/A*	11.18	0.00	43	15.30	1.50	14.36	15	71.5	0.27	1.33	\$0.000
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	1500	321	3.54	475	2	0	8.79	0.00	15	44.17	8.17	16.71	56	171.1	1.64	3.85	\$0.000
002217 HS RICE CILANTRO LIME	1 cup	3000	360	0.64	294	*0	*N/A*	7.49	0.00	0	66.28	4.06	8.08	57	10.7	0.29	1.52	\$0.000
000270 VEG, CORN CANNED - USDA	#8 SCOOP	3000	65	0.00	15	*N/A*	*N/A*	1.00	0.00	0	15.00	2.00	2.00	0	0.0	0.00	0.00	\$0.000
002462 VEG, LETT SHREDDED	.5	2000	5	0.00	3	*N/A*	*N/A*	0.00	*N/A*	0	1.00	0.33	0.33	167	6.7	1.00	0.12	\$0.000
001051 SALSA, COMMODITY	#8 SCOOP	2000	35	0.00	124	*N/A*	*N/A*	0.00	0.00	0	7.09	3.54	0.00	0	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	2000	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
002076 BEAN, DIP DEHYDRATED BEANS	HEAPING #16 SCP	200	70	0.81	181	*2	*N/A*	3.47	*0.00	2	9.12	2.27	2.74	159	46.0	0.34	0.70	\$0.000
002750 VEG, RADISH	.5cup	2000	9	0.02	23	1	*N/A*	0.06	0.00	0	1.97	0.93	0.39	4	14.5	8.58	0.20	\$0.000
000986 CHEESE, CHEDDAR	OZ	3000	81	4.05	202	*N/A*	*N/A*	6.07	0.00	20	0.00	0.00	7.09	0	0.0	0.00	0.00	\$0.000
002639 FRUIT, FRESH PINEAPPLE TAJIN	#8 SCOOP	1500	69	0.00	76	*0	*N/A*	0.00	*0.00	0	17.72	2.53	0.00	127	25.3	54.52	0.46	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	1500	60	0.00	1	11	0	0.00	0.00	0	9.69	1.38	0.46	0	12.0	5806.00	0.05	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	500	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
Weighted Daily Average			1043	9.63	1496	*25	*0	29.32	*0.00	55	153.53	16.54	42.59	781	484.5	2938.12	5.03	\$0.000
% of Calories				8.31%		*9.6%	*0%	25.3%	*0.0%		58.9%		16.3%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

Monday - 03/31/2025 Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals¹ (kcal)	S-Fat¹ (g)	Sodm¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc³ (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	1500	182	1.62	328	0	*N/A*	9.90	0.00	34	9.50	0.00	13.50	79	22.0	87.00	1.00	\$0.000
002763 SANDWICH, VEGGIE STACKER	SANDWICH	1500	528	16.00	924	*4	*N/A*	30.00	*0.00	80	35.75	3.46	27.46	322	157.3	3.70	1.60	\$0.000
000643 POTATO, FRIES SPICY TWISTER	1/2 CUP	1500	273	5.97	546	*N/A*	*N/A*	13.65	0.00	2	34.13	3.41	3.41	0	0.0	10.24	1.84	\$0.000
002903 POTATO, FRIES PLAIN TWISTER	1/2 CUP	1500	130	1.00	40	0	*N/A*	5.00	0.00	0	20.00	1.00	2.00	0	0.0	0.00	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	2000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	339	59.4	82.98	0.15	\$0.000
000415 FRUIT, PEACHES CAN USDA	#8 SCOOP	2000	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	1.00	0.00	340	6.0	3.80	0.00	\$0.000
002212 BEAN, VEGETARIAN BAKED LS	1/2 CUP	1500	110	0.00	140	*N/A*	*N/A*	1.00	0.00	0	20.00	5.00	7.00	0	0.0	0.00	0.00	\$0.000
000097 FRUIT, RAISINS	BOX	1500	129	0.04	11	28	*N/A*	0.11	0.00	0	34.11	1.94	1.42	0	26.7	0.99	0.77	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1500	92	0.00	2	22	*N/A*	0.00	0.00	0	25.00	2.00	0.00	0	0.0	0.00	0.00	\$0.000
002407 VEG, CARROTS CHILI LIME	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	6.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
002408 VEG, CARROTS RANCH	BAG	1500	25	0.00	200	4	*N/A*	0.00	0.00	0	7.00	2.00	1.00	4500	20.0	4.80	0.36	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19	*N/A*	0.00	0.00	5	22.00	0.00	9.00	500	300.0	0.00	0.36	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	500	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	100	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	500	300.0	0.00	1.08	\$0.000
002265 DRESSING, ITALIAN LOW SODIUM	1 OZ	500	109	1.75	1	*0	*N/A*	12.25	*0.00	0	0.28	0.05	0.05	0	1.6	0.16	0.03	\$0.000
001975 DRESSING, RANCH PACKET 12GRAMS	PACKET	500	45	0.50	120	*N/A*	*N/A*	4.50	0.00	*N/A*	1.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Mar 1, 2025 thru Mar 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002952 DRESSING 1000 ISLAND	TABLESPOONS	500	50	0.75	100	2	*N/A*	4.00	0.00	5	4.00	0.00	0.00	0	0.0	0.00	0.00	\$0.000
Weighted Daily Average			990	13.28	1388	*58	*N/A*	34.19	*0.00	*66	137.87	13.41	38.80	5653	496.9	114.01	3.53	\$0.000
% of Calories				12.07 %		*23.4%	*N/A*	31.1%	*0.0%		55.7%		15.7%					
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0										

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		880	9	1335	*39	*1	29.14	*0.00	*54	122.08	12.97	35.96	*4861	*524.6	*500.45	*4.29	\$0.000
% of Calories			9.26%		*17.7%	*0.5%	29.8%	*0.0%		55.5%		16.3%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes required nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.