



BREAKFAST

OCTOBER 2025

Junction City School

Offered Daily:
Fresh Fruit & Veggies
1% Milk/Fat Free Milk
*Whole grain Rich Foods

Monday

Tuesday

Wednesday

Thursday

Friday

*Cereal
Yogurt
Fruit
Milk

6

* Breakfast Sandwich
Yogurt
Fruit
Milk

7

*Bagels
Yogurt
Fruit
Milk

1

Smoothies
*Graham Cracker
Fruit
Milk

2

*French Toast
Sausage
Fruit
Milk

3

*Cereal
Yogurt
Fruit
Milk

13

Eggs
*English Muffin
Fruit
Milk

14

*Biscuits & Gravy
Yogurt
Fruit
Milk

15

*Bagel
Yogurt
Fruit
Milk

16

*Waffles
Yogurt
Fruit
Milk

17

*Cereal
Yogurt
Fruit
Milk

20

*Oatmeal
Yogurt
Fruit
Milk

21

Hash Browns
Sausage
*Biscuit
Fruit
Milk

22

*Banana Muffin
*Blueberry Muffin
Yogurt
Fruit
Milk

23

*French Toast
Yogurt
Fruit
Milk

24

*Cereal
Yogurt
Fruit
Milk

27

Eggs
*English Muffin
Fruit
Milk

28

*Bagels
Yogurt
Fruit
Milk

29

Smoothie
*Granola Bar
Fruit
Milk

30

*Pancakes
Sausage
Fruit
Milk

31



MENUS ARE SUBJECT TO CHANGE
THIS IS A EQUAL OPPORTUNITY PROVIDER AND EMPLOYER



OCTOBER 2025

Junction City School

Offered Daily
Fresh Fruit & Veggies
1 % MILK/Fat Free Milk
*Whole Grain Rich Foods

Monday

Tuesday

Wednesday

Thursday

Friday

Chili
*Corn Muffin
Salad Bar
Fruit/Veggies
Milk

1

*Salami Sandwich
*Sun Chips
Salad Bar
Fruit/Veggie
Milk

2

*Chicken Nuggets
French Fries
Salad Bar
Fruit/Veggie
Milk

3

Teriyaki Chicken
*Brown Rice
Salad Bar
Fruit/Veggie
Milk

6

*Taco
Refried Beans
Salad Bar
Fruit/Veggie
Milk

7

Tomato Soup
*Grilled Cheese Sandwich
Salad Bar
Fruit/Veggie
Milk

8

Chicken Dumpling
*Breadstick
Salad Bar
Fruit/Veggie
Milk

9

*Pizza
Salad Bar
Fruit/Veggie
Milk

10

*Corn Dog
Potato Salad
Salad Bar
Fruit/Veggie
Milk

13

*Chicken Burrito
Refried Beans
Salad Bar
Fruit/Veggie
Milk

14

*Spaghetti
*Breadstick
Salad Bar
Fruit/Veggie
Milk

15

*Turkey Sandwich
*Sun Chips
Salad Bar
Fruit/Veggie
Milk

16

Chicken Patty
*Sandwich
Tater Tots
Fruit/Veggies
Milk

17

Broccoli Cheddar
Soup
*Breadstick
Fruit/Veggie
Milk

20

Fajita Chicken
*Brown Rice
Refried Beans
Fruit/Veggies
Milk

21

* Mac & Cheese
Broccoli
Salad Bar
Fruit/Veggie
Milk

22

Chicken Ranch
Casserole
*Breadstick
Fruit/Veggies
Milk

23

*Hamburger
French Fries
Salad Bar
Fruit/Veggie
Milk

24

*Orange Chicken
*Brown Rice
Salad Bar
Fruit/Veggie
Milk

27

*Chicken Quesadilla
Refried Beans
Salad Bar
Fruit/Veggie
Milk

28

Meatloaf
Mashed Potatoes
*Dinner Rolls
Fruit/Veggies
Milk

29

*Chicken Alfredo
*Breadstick
Salad Bar
Fruit/Veggie
Milk

30

*Pizza
Salad Bar
Fruit/Veggie
Milk

31



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