

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

Menu Name: ELEMENTARY LUNCH 6-8 Include Cost: Yes

Site:

Use Alternate Menu Name: No

Friday - 05/01/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calcium (mg)	Vit-C (mg)	Iron (mg)	Cost
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	1000	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
003330 POTATO & CHEESE MINI TACOS (4 COUNT)	SERVING (4 EA)	1000	300	6.00	310	1.00	0.00	11.00	0.00	25	41.00	5.00	11.00	*N/A*	260.0	*N/A*	1.10	\$0.000
003343 CHIPOTLE TACO SALAD	EACH	1000	662	4.16	1122	*8.42	*2.00	33.50	*0.00	*66	61.19	9.08	*24.20	*N/A*	*99.8	*0.80	*3.24	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	3000	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000
003347 LETTUCE SHREDDED (1/4") FRESH	SERVINGS	1500	15	0.00	10	0.00	*N/A*	0.00	0.00	0	3.00	1.00	1.00	*N/A*	26.0	*N/A*	0.36	\$0.000
003348 SALSA MILD RED GOLD (SYSCO)	SERVING 2 TBSP	1500	10	0.00	70	1.00	1.00	0.00	0.00	0	2.00	1.00	0.00	*N/A*	0.0	*N/A*	0.00	\$0.000
000630 VEG, JALAPENO PEPPERS	#30 SCOOP	1500	5	0.00	290	*N/A*	*N/A*	0.00	0.00	0	1.00	1.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	1500	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003160 BAR, PINTO BEAN (COLD)	#8 SCOOP	1500	148	0.00	404	*0.18	*0.18	1.50	*0.00	0	27.27	9.03	9.02	*0	0.4	0.02	0.02	\$0.000
003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO)	1/4 CUPS	1500	110	5.00	180	0.00	0.00	9.00	0.00	30	1.00	0.00	6.00	*N/A*	200.0	*N/A*	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	3000	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			940	8.23	1615	*50.43	*3.09	29.33	*0.00	*72	126.20	17.91	*38.31	*14	*689.1	*5841.22	*2.73	\$0.000
% of Calories				7.88%		*21.46 %	*1.31%	28.1%	*0.0%		53.7%		*16.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Monday - 05/04/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003202 WRAP SPINACH, CHICKEN HONEY MUSTARD	EACH	1000	684	14.26	1403	*11.00	*2.00	40.54	*0.00	100	48.79	3.40	36.39	*0	331.0	4.80	3.93	\$0.000
002189 BREADSTICK, CHEESE 4 BITES	4 EACH	1000	280	4.00	540	0.00	*N/A*	12.00	0.00	20	28.00	4.00	16.00	*N/A*	240.0	0.00	1.44	\$0.000
001583 CHICK ON BUN SPICY TYSON	EACH	1000	4	0.03	6	0.04	*0.01	0.16	0.00	0	0.42	0.06	0.20	*N/A*	0.8	0.00	0.03	\$0.094
000391 POTATO, SMILES	SERVINGS (6)	3000	130	0.50	180	0.00	*N/A*	4.50	0.00	0	20.00	2.00	2.00	*N/A*	0.0	2.40	0.36	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	1500	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002587 FRUIT, DRIED CRANBERRIES	SERVING	1000	92	0.00	2	22.00	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002752 FRUIT, RAISINS UNSWEETENED	BOX	1000	114	0.00	4	23.00	*N/A*	0.00	0.00	0	30.00	1.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	1000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	500	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	500	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	500	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	500	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			791	6.74	1190	*57.25	*2.50	23.31	*0.00	*46	119.45	10.67	30.27	*57	*515.0	*31.22	*3.14	\$8.249
% of Calories				7.67%		*28.95 %	*1.26%	26.5%	*0.0%		60.4%		15.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Tuesday - 05/05/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	1000	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$0.000
003379 PIZZA, PEPPERONI WG (SCHWAN'S)	EACH	500	310	5.01	511	8.01	2.00	13.02	0.00	35	33.04	3.00	17.02	70	240.3	0.00	2.20	\$287.540
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	500	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
003102 PIZZA VEGGIE COMBINATION	SERVINGS	1000	364	8.06	531	*4.03	*0.00	17.32	*0.00	35	34.41	3.11	20.11	*0	452.5	8.69	2.88	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	3000	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003286 FRUIT ROLL UP CRAZY COLOR 0.5 OZ	EACH	3000	50	0.50	55	4.00	4.00	1.00	*N/A*	*N/A*	11.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE	SERVINGS	2000	69	2.83	130	0.64	0.64	5.18	0.00	11	2.30	0.00	3.59	*N/A*	80.8	*N/A*	0.05	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0.00	0.00	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$0.000
002957 PEPPERONCINI WHOLE	SERVING (3)	2000	5	0.00	620	0.00	*N/A*	0.00	0.00	0	0.00	1.00	*N/A*	*N/A*	250.0	0.00	0.00	\$0.000

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Portion Values

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			752	10.12	1425	*40.00	*6.59	22.65	*0.00	*52	100.54	13.16	*36.63	*25	*1005.1	*46.26	*3.93	\$47.923
% of Calories				12.11 %		*21.28 %	*3.51%	27.1%	*0.0%		53.5%		*19.5%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Wednesday - 05/06/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	1000	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	1000	219	0.22	125	*2.80	*N/A*	7.49	0.00	0	27.28	2.01	14.54	*N/A*	58.0	0.00	2.88	\$0.000
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	1000	330	1.33	689	*9.00	*9.00	8.37	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	3000	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000

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000607 COOKIE, FORTUNE	COOKIE	3000	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003309 NOODLE, CHOW MEIN LA CHOY - DRY	#8 SCOOP	2000	130	1.50	250	0.00	0.00	5.00	*N/A*	0	19.01	2.00	3.00	*N/A*	0.0	0.00	1.60	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2.00	*N/A*	0.00	0.00	0	19.00	7.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	0.90	0.00	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	2000	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			829	2.10	890	*58.63	*4.83	13.55	*0.00	44	145.36	18.94	41.33	*95	*439.1	*95.62	*5.32	\$0.000
% of Calories				2.28%		*28.29%	*2.33%	14.7%	*0.0%		70.1%		19.9%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Thursday - 05/07/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003333 CHICKEN DOUBLE DOGS IW	SERVING	1000	251	2.51	713	4.01	4.01	9.03	0.00	20	32.11	2.01	12.04	*N/A*	80.3	*N/A*	1.71	\$0.000
003220 MAC & CHEESE JTM (W/MILK)	6 OZ SERVING	1000	327	9.01	793	4.13	*N/A*	16.19	0.00	47	29.21	2.00	15.75	*N/A*	398.1	0.09	1.00	\$0.000
003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)	1 EACH	1000	70	0.00	90	1.00	*N/A*	0.50	0.00	0	13.00	1.00	3.00	*N/A*	14.0	0.00	1.00	\$0.000
003323 CORN DOG, MINI WG FOSTER FARMS (6 PER SERVING)	6 EACH	1000	263	3.54	476	7.09	6.08	12.15	0.00	15	30.37	1.01	9.11	*N/A*	70.9	0.00	2.23	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	3000	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	2000	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
002279 VEG, ONION SLICED	2 SLICES	2000	36	0.00	9	*N/A*	*N/A*	0.09	0.00	0	8.56	1.02	0.91	*N/A*	22.7	5.44	0.30	\$0.000
003346 COLESLAW	SERVING (.5CUP)	2000	151	2.00	291	11.20	*8.00	11.00	*0.00	10	13.34	2.14	1.07	*N/A*	0.0	*0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	750	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	750	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	750	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			772	7.01	1354	*39.92	*10.53	26.63	*0.00	*42	111.62	8.82	27.36	*72	*589.7	*38.20	*3.31	\$0.000
% of Calories				8.17%		*20.68 %	*5.46%	31.0%	*0.0%		57.8%		14.2%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Friday - 05/08/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	1000	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	1000	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$0.000
003318 CHICKEN TAQUITO (POSADA)	SERVINGS	1000	370	2.50	800	0.00	0.00	16.00	0.00	25	47.00	5.00	12.00	*N/A*	78.0	0.00	1.80	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	3000	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000
003347 LETTUCE SHREDDED (1/4") FRESH	SERVINGS	1500	15	0.00	10	0.00	*N/A*	0.00	0.00	0	3.00	1.00	1.00	*N/A*	26.0	*N/A*	0.36	\$0.000
003348 SALSA MILD RED GOLD (SYSCO)	SERVING 2 TBSP	1500	10	0.00	70	1.00	1.00	0.00	0.00	0	2.00	1.00	0.00	*N/A*	0.0	*N/A*	0.00	\$0.000
000630 VEG, JALAPENO PEPPERS	#30 SCOOP	1500	5	0.00	290	*N/A*	*N/A*	0.00	0.00	0	1.00	1.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	1500	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003160 BAR, PINTO BEAN (COLD)	#8 SCOOP	1500	148	0.00	404	*0.18	*0.18	1.50	*0.00	0	27.27	9.03	9.02	*0	0.4	0.02	0.02	\$0.000
003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO)	1/4 CUPS	1500	110	5.00	180	0.00	0.00	9.00	0.00	30	1.00	0.00	6.00	*N/A*	200.0	*N/A*	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003138 PINEAPPLE RAW	1/2C SERVING	3000	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			857	5.92	1506	*47.98	*2.42	21.70	*0.00	44	127.07	19.23	35.99	*14	*621.6	*5840.75	*4.01	\$0.000
% of Calories				6.22%		*22.39 %	*1.13%	22.8%	*0.0%		59.3%		16.8%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Monday - 05/11/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	1000	182	1.62	328	0.00	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
000392 SANDWICH, GRILLED CHEESE	EACH	1000	537	16.33	1038	*4.00	*N/A*	31.83	*0.00	80	36.00	4.00	28.00	*N/A*	70.0	0.00	1.80	\$0.000
003013 CHICKEN BNLS WINGS HONEY SRIRA	6ea	1000	302	2.52	373	4.03	*N/A*	13.11	0.00	55	22.18	2.02	22.18	*N/A*	10.1	0.00	1.61	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003064 LETTUCE GREEN LEAF	1/2 cup	1500	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1000	92	0.00	2	22.00	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002752 FRUIT, RAISINS UNSWEETENED	BOX	1000	114	0.00	4	23.00	*N/A*	0.00	0.00	0	30.00	1.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	1000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	500	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	500	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	500	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	500	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			849	8.47	1300	*56.25	*1.83	28.52	*0.00	*62	115.28	9.19	33.97	*57	*358.5	*59.82	*2.81	\$8.218
% of Calories				8.98%		*26.50 %	*0.86%	30.2%	*0.0%		54.3%		16.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Tuesday - 05/12/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003335 CHEESY CHICKEN PENNE PASTA BAKE (LAND-O-LAKES)	HEAPING #8 SCOOP	1000	390	3.21	349	*2.77	*0.52	7.91	*0.00	24	60.47	4.06	17.32	*0	98.6	*2.00	2.06	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	1000	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
003359 CHICKEN PARMESAN PASTA BAKE	1 PORTION	1000	478	3.97	567	*3.06	*0.52	14.77	*0.00	43	62.47	4.46	25.16	*0	73.3	*0.07	11.96	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	3000	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003123 BREAD GARLIC KNOT WG 2OZ	SERVINGS	3000	180	1.50	190	4.00	3.00	5.00	0.00	0	27.00	3.00	5.00	*N/A*	20.0	0.00	1.60	\$0.000
003299 CRISPY RICE CONFETTI SNACK BAR	BAR	3000	170	1.50	115	13.00	13.00	4.50	*N/A*	*N/A*	32.00	*N/A*	2.00	*N/A*	*N/A*	*N/A*	2.50	\$0.000
003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE	SERVINGS	2000	69	2.83	130	0.64	0.64	5.18	0.00	11	2.30	0.00	3.59	*N/A*	80.8	*N/A*	0.05	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0.00	0.00	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$0.000
002957 PEPPERONCINI WHOLE	SERVING (3)	2000	5	0.00	620	0.00	*N/A*	0.00	0.00	0	0.00	1.00	*N/A*	*N/A*	250.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			1070	9.47	1595	*51.59	*18.61	26.56	*0.00	*47	165.48	*15.29	*43.20	*14	*806.6	*41.02	*10.86	\$0.000
% of Calories				7.97%		*19.29 %	*6.96%	22.3%	*0.0%		61.9%		*16.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Wednesday - 05/13/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	1000	330	1.33	689	*9.00	*9.00	8.37	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$0.000
002070 QUESADILLA, CHEESE(SCRATCH)2/2	EACH	1000	570	17.50	1160	0.00	*0.00	32.50	*0.00	80	40.00	1.00	25.00	*N/A*	160.0	*0.00	2.30	\$0.000
003362 CHICKEN TERIYAKI SANDWICH	SERVING	1000	390	1.00	845	15.00	*15.00	6.00	*0.00	70	63.00	7.00	26.00	*N/A*	192.0	*0.00	3.92	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	3000	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
000607 COOKIE, FORTUNE	COOKIE	3000	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003309 NOODLE, CHOW MEIN LA CHOY - DRY	#8 SCOOP	2000	130	1.50	250	0.00	0.00	5.00	*N/A*	0	19.01	2.00	3.00	*N/A*	0.0	0.00	1.60	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2.00	*N/A*	0.00	0.00	0	19.00	7.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	0.90	0.00	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	2000	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			959	7.92	1354	*62.69	*9.83	21.26	*0.00	81	152.55	19.78	47.49	*95	*531.1	*95.20	*5.40	\$0.000
% of Calories				7.43%		*26.15 %	*4.10%	20.0%	*0.0%		63.6%		19.8%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Thursday - 05/14/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003259 FRENCH TOAST STICKS WG	3 STICKS	2000	210	2.50	310	9.00	8.00	7.00	0.00	125	29.00	2.00	8.00	*N/A*	52.0	0.00	2.00	\$191.455
003258 EGG, HARDCOOKED AND PEELED (SYSCO)	EACH	1000	70	1.50	55	0.00	0.00	5.00	0.00	165	0.00	0.00	6.00	*N/A*	22.0	*N/A*	0.50	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	3000	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001917 CHEESE, MOZZARELLA STRING LAND O LAKES	EACH	500	80	3.00	200	0.00	0.00	6.00	0.00	20	1.00	0.00	6.00	*N/A*	220.0	0.00	0.00	\$0.000
003383 CHEESE STICK COLBY JACK (LAND O LAKES)	SERVING	500	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	0.00	0.00	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001501 POTATO, HASHBROWN OVAL PATTY	SERVING	3000	140	1.50	290	*N/A*	*N/A*	8.00	0.00	0	15.00	2.00	3.00	*N/A*	0.0	1.20	0.00	\$0.000
003239 SAUSAGE, EGG, CHEESE CROISSANT LUNCH	EACH	1000	520	13.00	975	5.00	0.00	31.50	*0.00	198	42.00	1.00	21.50	*N/A*	*104.0	*0.00	3.56	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	2000	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
002279 VEG, ONION SLICED	2 SLICES	2000	36	0.00	9	*N/A*	*N/A*	0.09	0.00	0	8.56	1.02	0.91	*N/A*	22.7	5.44	0.30	\$0.000
003346 COLESLAW	SERVING (.5CUP)	2000	151	2.00	291	11.20	*8.00	11.00	*0.00	10	13.34	2.14	1.07	*N/A*	0.0	*0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	750	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	750	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	750	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			1040	11.32	1601	*61.35	*12.50	37.00	*0.00	*229	147.21	9.48	35.39	*72	*701.9	*39.37	*3.72	\$127.637
% of Calories				9.80%		*23.60 %	*4.81%	32.0%	*0.0%		56.6%		13.6%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Friday - 05/15/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	CalcM (mg)	Vit-C (mg)	Iron (mg)	Cost
003358 NACHOS, BEEF BEAN & CHEESE	SERVING	1000	672	16.54	1530	*3.61	*0.00	34.53	*0.00	136	49.24	10.29	43.18	*0	483.2	6.12	1.93	\$0.000
003332 BEAN & CHEESE TAMALE (GLUTEN FREE)	SERVING	1000	290	8.00	870	0.00	0.00	18.00	0.00	25	25.00	3.00	12.00	*N/A*	290.0	*N/A*	0.20	\$0.000
000352 POCKET, TACO 4.5 OZ	POCKET	1000	260	2.50	390	1.00	*N/A*	8.00	0.00	35	31.00	4.00	17.00	*N/A*	80.0	1.20	2.70	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	3000	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000
003347 LETTUCE SHREDDED (1/4") FRESH	SERVINGS	1500	15	0.00	10	0.00	*N/A*	0.00	0.00	0	3.00	1.00	1.00	*N/A*	26.0	*N/A*	0.36	\$0.000
003348 SALSA MILD RED GOLD (SYSCO)	SERVING 2 TBSP	1500	10	0.00	70	1.00	1.00	0.00	0.00	0	2.00	1.00	0.00	*N/A*	0.0	*N/A*	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000630 VEG, JALAPENO PEPPERS	#30 SCOOP	1500	5	0.00	290	*N/A*	*N/A*	0.00	0.00	0	1.00	1.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	1500	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003160 BAR, PINTO BEAN (COLD)	#8 SCOOP	1500	148	0.00	404	*0.18	*0.18	1.50	*0.00	0	27.27	9.03	9.02	*0	0.4	0.02	0.02	\$0.000
003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO)	1/4 CUPS	1500	110	5.00	180	0.00	0.00	9.00	0.00	30	1.00	0.00	6.00	*N/A*	200.0	*N/A*	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	3000	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			924	11.68	1860	*48.47	*2.42	30.09	*0.00	88	117.75	18.08	44.88	*14	*786.0	*5842.20	*2.44	\$0.000
% of Calories				11.38 %		*20.98 %	*1.05%	29.3%	*0.0%		51.0%		19.4%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Monday - 05/18/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003351 HOT DOG PORK & BEEF 6" ON A BUN (K-5)	SERVING	1000	290	4.00	680	5.00	*N/A*	12.50	0.00	34	30.00	3.00	13.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
002763 SANDWICH, VEGGIE STACKER	SANDWICH	1000	518	16.00	994	*3.00	*N/A*	30.50	*0.00	80	32.75	4.46	27.46	*N/A*	55.3	3.70	1.16	\$0.000
003360 HOT DOG PORK & BEEF 6" ON A BUN (6-12)	SERVING	1000	370	7.00	970	6.00	*N/A*	19.50	0.00	55	31.00	3.00	17.00	*N/A*	*63.0	*0.00	*2.00	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
003373 POTATO CHIPS 0.5 OZ (LAYS)	BAG	3000	81	0.51	71	0.00	0.00	5.06	*N/A*	0	8.10	*N/A*	0.00	*N/A*	0.0	*N/A*	0.30	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	1500	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1000	92	0.00	2	22.00	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002752 FRUIT, RAISINS UNSWEETENED	BOX	1000	114	0.00	4	23.00	*N/A*	0.00	0.00	0	30.00	1.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	1000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	500	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	500	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	500	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	500	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			982	11.15	1673	*58.24	*1.83	36.14	*0.00	*62	132.07	*10.67	31.90	*57	*384.9	*32.05	*3.36	\$8.218
% of Calories				10.22 %		*23.72 %	*0.75%	33.1%	*0.0%		53.8%		13.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Tuesday - 05/19/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	1000	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000
003379 PIZZA, PEPPERONI WG (SCHWAN'S)	EACH	500	310	5.01	511	8.01	2.00	13.02	0.00	35	33.04	3.00	17.02	70	240.3	0.00	2.20	\$287.540
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	500	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$0.000
003361 MEAT LOVERS PIZZA 5" WG	SERVINGS	1000	368	6.58	746	8.34	*2.00	17.17	0.00	53	34.12	3.50	21.05	*70	242.8	0.00	*2.45	\$287.540
000424 VEG, GREEN BEANS	#8 SCOOP	3000	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE	SERVINGS	2000	69	2.83	130	0.64	0.64	5.18	0.00	11	2.30	0.00	3.59	*N/A*	80.8	*N/A*	0.05	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0.00	0.00	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$0.000
002957 PEPPERONCINI WHOLE	SERVING (3)	2000	5	0.00	620	0.00	*N/A*	0.00	0.00	0	0.00	1.00	*N/A*	*N/A*	250.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			694	9.11	1420	*37.25	*3.26	21.55	*0.00	57	89.01	11.62	*37.05	*49	*947.9	*43.35	*3.90	\$143.770
% of Calories				11.81 %		*21.47 %	*1.88%	27.9%	*0.0%		51.3%		*21.4%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Wednesday - 05/20/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003339 RICE CHICKEN FRIED	3/4 Cup	1000	249	0.38	322	*0.50	*N/A*	2.67	*0.00	17	47.27	2.94	9.73	*N/A*	18.0	3.60	1.17	\$0.000
003341 ASIAN TOFU WRAP	SERVINGS	1000	527	4.50	1751	*12.62	*12.62	22.37	*0.00	0	66.70	5.00	18.10	*N/A*	318.4	0.00	5.39	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002475 CHICKEN, POPCORN WG 10 EACH RC	SERVING (10)	1000	180	2.00	420	0.00	*N/A*	9.00	0.00	20	12.00	3.00	12.00	*N/A*	40.0	0.00	1.80	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	3000	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	3000	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003309 NOODLE, CHOW MEIN LA CHOY - DRY	#8 SCOOP	2000	130	1.50	250	0.00	0.00	5.00	*N/A*	0	19.01	2.00	3.00	*N/A*	0.0	0.00	1.60	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2.00	*N/A*	0.00	0.00	0	19.00	7.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	0.90	0.00	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	2000	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			848	3.60	1287	*59.06	*6.04	16.98	*0.00	20	145.15	19.61	36.43	*95	*529.9	*96.37	*5.10	\$0.000
% of Calories				3.82%		*27.86 %	*2.85%	18.0%	*0.0%		68.5%		17.2%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

Thursday - 05/21/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002678 BURGER, CHEESE	EACH	1000	339	6.50	559	3.00	*N/A*	15.50	0.00	47	29.00	5.00	22.00	*N/A*	63.0	0.00	2.00	\$0.000
001036 BURGER, VEGGIE CHEESE	EACH	1000	420	5.00	840	5.00	*0.00	16.50	0.00	20	42.00	10.00	26.00	*N/A*	52.0	0.00	9.00	\$0.000
003342 BACON GUACAMOLE BURGER	EACH	1000	334	4.50	584	3.00	*0.00	16.00	*0.00	37	30.00	7.00	20.00	*N/A*	68.0	*0.00	*2.30	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	3000	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	2000	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
002279 VEG, ONION SLICED	2 SLICES	2000	36	0.00	9	*N/A*	*N/A*	0.09	0.00	0	8.56	1.02	0.91	*N/A*	22.7	5.44	0.30	\$0.000
003346 COLESLAW	SERVING (.5CUP)	2000	151	2.00	291	11.20	*8.00	11.00	*0.00	10	13.34	2.14	1.07	*N/A*	0.0	*0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	750	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	750	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	750	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			833	7.32	1324	*38.18	*7.17	30.01	*0.00	*49	110.38	14.14	36.73	*72	*462.9	*38.17	*5.77	\$0.000
% of Calories				7.91%		*18.33 %	*3.44%	32.4%	*0.0%		53.0%		17.6%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Friday - 05/22/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003078 TAMALES CHICKEN SALSA VERDE CHEESE LOS CABOS	1 TAMALES	1000	309	6.53	622	1.06	0.00	13.76	0.00	56	28.40	2.70	17.27	*N/A*	202.6	3.59	1.37	\$0.000
003330 POTATO & CHEESE MINI TACOS (4 COUNT)	SERVING (4 EA)	1000	300	6.00	310	1.00	0.00	11.00	0.00	25	41.00	5.00	11.00	*N/A*	260.0	*N/A*	1.10	\$0.000
003343 CHIPOTLE TACO SALAD	EACH	1000	662	4.16	1122	*8.42	*2.00	33.50	*0.00	*66	61.19	9.08	*24.20	*N/A*	*99.8	*0.80	*3.24	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	3000	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000
003347 LETTUCE SHREDDED (1/4") FRESH	SERVINGS	1500	15	0.00	10	0.00	*N/A*	0.00	0.00	0	3.00	1.00	1.00	*N/A*	26.0	*N/A*	0.36	\$0.000
003348 SALSA MILD RED GOLD (SYSCO)	SERVING 2 TBSP	1500	10	0.00	70	1.00	1.00	0.00	0.00	0	2.00	1.00	0.00	*N/A*	0.0	*N/A*	0.00	\$0.000
000630 VEG, JALAPENO PEPPERS	#30 SCOOP	1500	5	0.00	290	*N/A*	*N/A*	0.00	0.00	0	1.00	1.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	1500	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003160 BAR, PINTO BEAN (COLD)	#8 SCOOP	1500	148	0.00	404	*0.18	*0.18	1.50	*0.00	0	27.27	9.03	9.02	*0	0.4	0.02	0.02	\$0.000
003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO)	1/4 CUPS	1500	110	5.00	180	0.00	0.00	9.00	0.00	30	1.00	0.00	6.00	*N/A*	200.0	*N/A*	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003138 PINEAPPLE RAW	1/2C SERVING	3000	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			940	8.23	1615	*50.43	*3.09	29.33	*0.00	*72	126.20	17.91	*38.31	*14	*689.1	*5841.22	*2.73	\$0.000
% of Calories				7.88%		*21.46 %	*1.31%	28.1%	*0.0%		53.7%		*16.3%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Tuesday - 05/26/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001862 PIZZA PEPPERONI 5" WG (WILD MIKES)	EACH	1000	417	8.13	640	5.08	0.00	17.28	0.00	41	36.60	1.02	19.32	*N/A*	374.1	6.10	2.03	\$0.000
003379 PIZZA, PEPPERONI WG (SCHWAN'S)	EACH	500	310	5.01	511	8.01	2.00	13.02	0.00	35	33.04	3.00	17.02	70	240.3	0.00	2.20	\$287.540
001861 PIZZA CHEESE 5" WG (WILD MIKES)	EACH	500	360	8.00	510	4.00	*N/A*	17.00	0.00	35	34.00	3.00	20.00	*N/A*	450.0	6.00	2.70	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003102 PIZZA VEGGIE COMBONATION	SERVINGS	1000	364	8.06	531	*4.03	*0.00	17.32	*0.00	35	34.41	3.11	20.11	*0	452.5	8.69	2.88	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	3000	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003286 FRUIT ROLL UP CRAZY COLOR 0.5 OZ	EACH	3000	50	0.50	55	4.00	4.00	1.00	*N/A*	*N/A*	11.00	2.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE	SERVINGS	2000	69	2.83	130	0.64	0.64	5.18	0.00	11	2.30	0.00	3.59	*N/A*	80.8	*N/A*	0.05	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0.00	0.00	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$0.000
002957 PEPPERONCINI WHOLE	SERVING (3)	2000	5	0.00	620	0.00	*N/A*	0.00	0.00	0	0.00	1.00	*N/A*	*N/A*	250.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			752	10.12	1425	*40.00	*6.59	22.65	*0.00	*52	100.54	13.16	*36.63	*25	*1005.1	*46.26	*3.93	\$47.923
% of Calories				12.11 %		*21.28 %	*3.51%	27.1%	*0.0%		53.5%		*19.5%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Wednesday - 05/27/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001488 CHICKEN, ORANGE MANDARIN NOODLE	SERVING	1000	350	0.83	489	*N/A*	*N/A*	7.87	*0.00	40	54.16	3.45	18.00	*N/A*	18.0	1.28	3.08	\$0.000
003059 TOFU NOODLE BOWL GENERAL TSO	4OZ. HEAP SPOOD	1000	219	0.22	125	*2.80	*N/A*	7.49	0.00	0	27.28	2.01	14.54	*N/A*	58.0	0.00	2.88	\$0.000
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	1000	330	1.33	689	*9.00	*9.00	8.37	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	3000	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	3000	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003309 NOODLE, CHOW MEIN LA CHOY - DRY	#8 SCOOP	2000	130	1.50	250	0.00	0.00	5.00	*N/A*	0	19.01	2.00	3.00	*N/A*	0.0	0.00	1.60	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2.00	*N/A*	0.00	0.00	0	19.00	7.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	0.90	0.00	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	2000	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			829	2.10	890	*58.63	*4.83	13.55	*0.00	44	145.36	18.94	41.33	*95	*439.1	*95.62	*5.32	\$0.000
% of Calories				2.28%		*28.29 %	*2.33%	14.7%	*0.0%		70.1%		19.9%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Thursday - 05/28/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003333 CHICKEN DOUBLE DOGS IV	SERVING	1000	251	2.51	713	4.01	4.01	9.03	0.00	20	32.11	2.01	12.04	*N/A*	80.3	*N/A*	1.71	\$0.000
003220 MAC & CHEESE JTM (W/MILK)	6 OZ SERVING	1000	327	9.01	793	4.13	*N/A*	16.19	0.00	47	29.21	2.00	15.75	*N/A*	398.1	0.09	1.00	\$0.000
003260 BREAD DINNER ROLL WG FRANZ (1 ROLL)	1 EACH	1000	70	0.00	90	1.00	*N/A*	0.50	0.00	0	13.00	1.00	3.00	*N/A*	14.0	0.00	1.00	\$0.000
003323 CORN DOG, MINI WG FOSTER FARMS (6 PER SERVING)	6 EACH	1000	263	3.54	476	7.09	6.08	12.15	0.00	15	30.37	1.01	9.11	*N/A*	70.9	0.00	2.23	\$0.000
002987 POTATO MCCAIN REG CRINKLE FRY	SERVINGS	3000	120	0.50	35	0.00	*N/A*	5.00	0.00	0	20.01	1.00	1.00	*N/A*	10.0	0.00	0.30	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	2000	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
002279 VEG, ONION SLICED	2 SLICES	2000	36	0.00	9	*N/A*	*N/A*	0.09	0.00	0	8.56	1.02	0.91	*N/A*	22.7	5.44	0.30	\$0.000
003346 COLESLAW	SERVING (.5CUP)	2000	151	2.00	291	11.20	*8.00	11.00	*0.00	10	13.34	2.14	1.07	*N/A*	0.0	*0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	750	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	750	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	750	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			772	7.01	1354	*39.92	*10.53	26.63	*0.00	*42	111.62	8.82	27.36	*72	*589.7	*38.20	*3.31	\$0.000
% of Calories				8.17%		*20.68 %	*5.46%	31.0%	*0.0%		57.8%		14.2%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Friday - 05/29/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003076 BURRITO BEEF BEAN AND CHEESE LOS CABOS	1 BURRITO	1000	331	3.73	452	1.37	0.00	10.60	0.00	23	42.03	7.57	16.81	*N/A*	111.0	1.34	3.89	\$0.000
003075 BURRITO BEAN AND CHEESE LOS CABOS	1 BURRITO	1000	321	3.54	475	1.75	0.00	8.79	0.00	15	44.17	8.17	16.71	*N/A*	171.1	1.64	3.85	\$0.000
003318 CHICKEN TAQUITO (POSADA)	SERVINGS	1000	370	2.50	800	0.00	0.00	16.00	0.00	25	47.00	5.00	12.00	*N/A*	78.0	0.00	1.80	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	3000	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003347 LETTUCE SHREDDED (1/4") FRESH	SERVINGS	1500	15	0.00	10	0.00	*N/A*	0.00	0.00	0	3.00	1.00	1.00	*N/A*	26.0	*N/A*	0.36	\$0.000
003348 SALSA MILD RED GOLD (SYSCO)	SERVING 2 TBSP	1500	10	0.00	70	1.00	1.00	0.00	0.00	0	2.00	1.00	0.00	*N/A*	0.0	*N/A*	0.00	\$0.000
000630 VEG, JALAPENO PEPPERS	#30 SCOOP	1500	5	0.00	290	*N/A*	*N/A*	0.00	0.00	0	1.00	1.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	1500	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003160 BAR, PINTO BEAN (COLD)	#8 SCOOP	1500	148	0.00	404	*0.18	*0.18	1.50	*0.00	0	27.27	9.03	9.02	*0	0.4	0.02	0.02	\$0.000
003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO)	1/4 CUPS	1500	110	5.00	180	0.00	0.00	9.00	0.00	30	1.00	0.00	6.00	*N/A*	200.0	*N/A*	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	3000	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			857	5.92	1506	*47.98	*2.42	21.70	*0.00	44	127.07	19.23	35.99	*14	*621.6	*5840.75	*4.01	\$0.000
% of Calories				6.22%		*22.39 %	*1.13%	22.8%	*0.0%		59.3%		16.8%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

Monday - 06/01/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003074 Homestyle Chicken Nugget (GK)	5 Each	1000	182	1.62	328	0.00	*N/A*	9.90	0.00	34	9.50	0.00	13.50	*N/A*	22.0	87.00	1.00	\$0.000
000392 SANDWICH, GRILLED CHEESE	EACH	1000	537	16.33	1038	*4.00	*N/A*	31.83	*0.00	80	36.00	4.00	28.00	*N/A*	70.0	0.00	1.80	\$0.000
003013 CHICKEN BNLS WINGS HONEY SRIRA	6ea	1000	302	2.52	373	4.03	*N/A*	13.11	0.00	55	22.18	2.02	22.18	*N/A*	10.1	0.00	1.61	\$0.000
002676 POTATO, TATER BARRELS SYSCO	10 BARRELS	3000	170	1.50	360	0.00	*N/A*	9.00	0.00	0	19.00	1.00	2.00	*N/A*	0.0	3.60	0.36	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	1500	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	1500	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
002587 FRUIT, DRIED CRANBERRIES	SERVING	1000	92	0.00	2	22.00	*N/A*	0.00	0.00	0	25.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
002752 FRUIT, RAISINS UNSWEETENED	BOX	1000	114	0.00	4	23.00	*N/A*	0.00	0.00	0	30.00	1.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	1500	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
000450 VEG, CARROTS BABY	BAG	1000	26	0.00	57	*N/A*	*N/A*	0.00	*N/A*	0	5.90	1.47	0.74	*N/A*	22.1	6.19	0.66	\$0.000
003207 FRUIT, APRICOT CUP FROZEN (USDA 100261)	SERVINGS	500	125	0.00	0	27.00	*N/A*	0.00	0.00	0	32.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.540
002825 FRUIT, MIXED BERRY FROZEN (USDA 110859)	SERVING	500	90	0.00	0	16.00	*N/A*	0.00	0.00	0	20.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$11.400
002187 FRUIT, PEACH CUP FROZEN (USDA 100241)	SERVING	500	90	0.00	0	19.00	*N/A*	0.00	0.00	0	21.00	2.00	1.00	*N/A*	*N/A*	*N/A*	*N/A*	\$12.540
003208 FRUIT, STRAWBERRIES CUP FROZEN (USDA 100256)	SERVINGS	500	80	0.00	0	16.00	*N/A*	0.00	0.00	0	21.00	2.00	0.00	*N/A*	0.0	0.00	0.00	\$12.825
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	500	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			849	8.47	1300	*56.25	*1.83	28.52	*0.00	*62	115.28	9.19	33.97	*57	*358.5	*59.82	*2.81	\$8.218
% of Calories				8.98%		*26.50 %	*0.86%	30.2%	*0.0%		54.3%		16.0%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Tuesday - 06/02/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003335 CHEESY CHICKEN PENNE PASTA BAKE (LAND-O-LAKES)	HEAPING #8 SCOOP	1000	390	3.21	349	*2.77	*0.52	7.91	*0.00	24	60.47	4.06	17.32	*0	98.6	*2.00	2.06	\$0.000
002847 PULL-APART ITALIAN GARLIC	PACKAGES	1000	304	6.08	527	5.06	*N/A*	13.16	0.00	30	32.40	2.02	14.18	*N/A*	344.3	0.00	1.82	\$0.000
003359 CHICKEN PARMESAN PASTA BAKE	1 PORTION	1000	478	3.97	567	*3.06	*0.52	14.77	*0.00	43	62.47	4.46	25.16	*0	73.3	*0.07	11.96	\$0.000
000424 VEG, GREEN BEANS	#8 SCOOP	3000	16	0.00	140	1.00	*N/A*	0.00	0.00	0	3.00	2.00	1.00	*N/A*	0.0	0.00	0.00	\$0.000
003123 BREAD GARLIC KNOT WG 2OZ	SERVINGS	3000	180	1.50	190	4.00	3.00	5.00	0.00	0	27.00	3.00	5.00	*N/A*	20.0	0.00	1.60	\$0.000
003299 CRISPY RICE CONFETTI SNACK BAR	BAR	3000	170	1.50	115	13.00	13.00	4.50	*N/A*	*N/A*	32.00	*N/A*	2.00	*N/A*	*N/A*	*N/A*	2.50	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003345 CAPRESE SALAD W/ BALSAMIC GARLIC VINAIGRETTE	SERVINGS	2000	69	2.83	130	0.64	0.64	5.18	0.00	11	2.30	0.00	3.59	*N/A*	80.8	*N/A*	0.05	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003165 BAR VEG, PEAS FROZEN SYSCO	.5 CUP	2000	46	0.00	0	0.00	0.00	0.00	0.00	0	7.92	2.64	3.30	*N/A*	9.2	0.00	0.66	\$0.000
002957 PEPPERONCINI WHOLE	SERVING (3)	2000	5	0.00	620	0.00	*N/A*	0.00	0.00	0	0.00	1.00	*N/A*	*N/A*	250.0	0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			1070	9.47	1595	*51.59	*18.61	26.56	*0.00	*47	165.48	*15.29	*43.20	*14	*806.6	*41.02	*10.86	\$0.000
% of Calories				7.97%		*19.29 %	*6.96%	22.3%	*0.0%		61.9%		*16.1%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Wednesday - 06/03/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003352 CHICKEN, TERIYAKI SMOKED NOODLE BOWL YANGS	SERVINGS	1000	330	1.33	689	*9.00	*9.00	8.37	*0.00	70	45.16	3.45	22.00	*N/A*	28.0	*0.08	3.06	\$0.000
002070 QUESADILLA, CHEESE(SCRATCH)2/2	EACH	1000	570	17.50	1160	0.00	*0.00	32.50	*0.00	80	40.00	1.00	25.00	*N/A*	160.0	*0.00	2.30	\$0.000
003362 CHICKEN TERIYAKI SANDWICH	SERVING	1000	390	1.00	845	15.00	*15.00	6.00	*0.00	70	63.00	7.00	26.00	*N/A*	192.0	*0.00	3.92	\$0.000
002476 VEG, BROCCOLI STEAMED	.5 CUP	3000	26	0.00	22	1.00	*N/A*	0.00	0.00	0	5.00	3.00	3.00	*N/A*	0.0	0.00	0.00	\$0.000
000607 COOKIE, FORTUNE	COOKIE	3000	18	0.00	2	1.64	*N/A*	0.00	*N/A*	0	4.11	0.00	0.33	*N/A*	0.0	0.00	0.00	\$0.000
002481 SALAD, SPINACH & ROMAINE	1EA #8 SCOOP	2000	7	0.01	14	*N/A*	*N/A*	0.07	*0.00	0	1.30	0.77	0.68	*N/A*	22.0	9.87	0.62	\$0.000
003309 NOODLE, CHOW MEIN LA CHOY - DRY	#8 SCOOP	2000	130	1.50	250	0.00	0.00	5.00	*N/A*	0	19.01	2.00	3.00	*N/A*	0.0	0.00	1.60	\$0.000
002197 VEG, KIDNEY BEANS	1/2 CUP#8 SCOOP	2000	104	0.00	140	2.00	*N/A*	0.00	0.00	0	19.00	7.00	7.00	*N/A*	0.0	0.00	0.00	\$0.000
003137 CUCUMBER RAW	1/2C SERVING	2000	8	0.00	1	0.90	0.00	0.10	0.00	0	1.90	0.30	0.30	*N/A*	0.0	0.00	0.00	\$0.000
003163 BAR, MANGO (FRESH 4OZ PK)	cup	2000	136	0.21	2	30.87	0.00	0.86	0.00	0	33.85	3.62	1.85	122	24.9	82.26	0.36	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			959	7.92	1354	*62.69	*9.83	21.26	*0.00	81	152.55	19.78	47.49	*95	*531.1	*95.20	*5.40	\$0.000
% of Calories				7.43%		*26.15 %	*4.10%	20.0%	*0.0%		63.6%		19.8%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Thursday - 06/04/2026

Reimbursable Meal Total 3000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003259 FRENCH TOAST STICKS WG	3 STICKS	2000	210	2.50	310	9.00	8.00	7.00	0.00	125	29.00	2.00	8.00	*N/A*	52.0	0.00	2.00	\$191.455
003258 EGG, HARDCOOKED AND PEELED (SYSCO)	EACH	1000	70	1.50	55	0.00	0.00	5.00	0.00	165	0.00	0.00	6.00	*N/A*	22.0	*N/A*	0.50	\$0.000
000349 SYRUP, PANCAKE	TABLESPOON	3000	50	0.00	22	6.50	*N/A*	0.00	0.00	0	13.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
001917 CHEESE, MOZZARELLA STRING LAND O LAKES	EACH	500	80	3.00	200	0.00	0.00	6.00	0.00	20	1.00	0.00	6.00	*N/A*	220.0	0.00	0.00	\$0.000
003383 CHEESE STICK COLBY JACK (LAND O LAKES)	SERVING	500	110	6.00	190	0.00	0.00	9.00	0.00	25	0.00	0.00	7.00	*N/A*	200.0	0.00	0.00	\$0.000
000837 YOGURT, RASP/PEACH 4 OZ	SERVING	2000	110	0.50	55	*N/A*	*N/A*	1.00	*N/A*	4	22.00	0.00	4.00	*N/A*	100.0	0.00	0.00	\$0.000
001501 POTATO, HASHBROWN OVAL PATTY	SERVING	3000	140	1.50	290	*N/A*	*N/A*	8.00	0.00	0	15.00	2.00	3.00	*N/A*	0.0	1.20	0.00	\$0.000
003239 SAUSAGE, EGG, CHEESE CROISSANT LUNCH	EACH	1000	520	13.00	975	5.00	0.00	31.50	*0.00	198	42.00	1.00	21.50	*N/A*	*104.0	*0.00	3.56	\$0.000
001001 JUICE, APPLE 4.23 OZ SUNCUP	EACH	1000	60	0.00	5	13.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
003234 JUICE, CRAN/RASP 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	12.00	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	*N/A*	0.00	0.00	\$0.000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
000999 JUICE, ORAN/TANG 4.23 OZ SUNCUP	EACH	1000	60	0.00	10	13.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00	*N/A*	190.0	0.00	0.00	\$0.000
003064 LETTUCE GREEN LEAF	1/2 cup	2000	4	0.00	7	0.19	0.00	0.04	0.00	0	0.69	0.31	0.33	89	8.6	2.21	0.21	\$0.000
000042 VEG, PICKLES DILL	8 each	2000	5	0.00	390	*N/A*	*N/A*	0.00	*N/A*	*N/A*	1.00	0.00	0.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
000776 VEG, TOMATO FRESH	4 SLICES	2000	16	0.00	4	*N/A*	*N/A*	0.00	*N/A*	0	3.69	0.74	0.74	*N/A*	7.4	11.51	0.27	\$0.000
002279 VEG, ONION SLICED	2 SLICES	2000	36	0.00	9	*N/A*	*N/A*	0.09	0.00	0	8.56	1.02	0.91	*N/A*	22.7	5.44	0.30	\$0.000
003346 COLESLAW	SERVING (.5CUP)	2000	151	2.00	291	11.20	*8.00	11.00	*0.00	10	13.34	2.14	1.07	*N/A*	0.0	*0.00	0.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	750	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	750	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	750	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			1040	11.32	1601	*61.35	*12.50	37.00	*0.00	*229	147.21	9.48	35.39	*72	*701.9	*39.37	*3.72	\$127.637
% of Calories				9.80%		*23.60 %	*4.81%	32.0%	*0.0%		56.6%		13.6%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

Friday - 06/05/2026

Reimbursable Meal Total 3000

Base Menu Spreadsheet

Yuba City USD

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003358 NACHOS, BEEF BEAN & CHEESE	SERVING	1000	672	16.54	1530	*3.61	*0.00	34.53	*0.00	136	49.24	10.29	43.18	*0	483.2	6.12	1.93	\$0.000
003332 BEAN & CHEESE TAMALE (GLUTEN FREE)	SERVING	1000	290	8.00	870	0.00	0.00	18.00	0.00	25	25.00	3.00	12.00	*N/A*	290.0	*N/A*	0.20	\$0.000
000352 POCKET, TACO 4.5 OZ	POCKET	1000	260	2.50	390	1.00	*N/A*	8.00	0.00	35	31.00	4.00	17.00	*N/A*	80.0	1.20	2.70	\$0.000
002673 VEG, CORN CANNED - SYSCO	#8 SCOOP	3000	54	0.00	152	5.42	*N/A*	0.54	0.00	0	10.83	1.08	1.08	*N/A*	3.2	0.00	0.00	\$0.000
003347 LETTUCE SHREDDED (1/4") FRESH	SERVINGS	1500	15	0.00	10	0.00	*N/A*	0.00	0.00	0	3.00	1.00	1.00	*N/A*	26.0	*N/A*	0.36	\$0.000
003348 SALSA MILD RED GOLD (SYSCO)	SERVING 2 TBSP	1500	10	0.00	70	1.00	1.00	0.00	0.00	0	2.00	1.00	0.00	*N/A*	0.0	*N/A*	0.00	\$0.000
000630 VEG, JALAPENO PEPPERS	#30 SCOOP	1500	5	0.00	290	*N/A*	*N/A*	0.00	0.00	0	1.00	1.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
000777 VEG, OLIVES SLICE	.25 CUP	1500	60	0.00	280	*N/A*	*N/A*	5.01	0.00	0	2.00	0.00	0.00	*N/A*	0.0	0.00	0.00	\$0.000
003160 BAR, PINTO BEAN (COLD)	#8 SCOOP	1500	148	0.00	404	*0.18	*0.18	1.50	*0.00	0	27.27	9.03	9.02	*0	0.4	0.02	0.02	\$0.000
003349 CHEESE CHEDDAR MILD SHREDDED YELLOW (SYSCO)	1/4 CUPS	1500	110	5.00	180	0.00	0.00	9.00	0.00	30	1.00	0.00	6.00	*N/A*	200.0	*N/A*	0.00	\$0.000
003138 PINEAPPLE RAW	1/2C SERVING	3000	60	0.00	1	11.40	0.00	0.00	0.00	0	9.69	1.38	0.46	*N/A*	12.0	5806.00	0.05	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	1000	100	0.00	0	19.00	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	1000	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	1000	90	0.11	1	12.35	0.00	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
000230 MILK,1% WHITE	CARTON	900	130	0.00	160	15.00	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000228 MILK, NONFAT CHOCOLATE	CARTON	2000	120	0.00	150	19.00	*N/A*	0.00	0.00	5	22.00	0.00	9.00	*N/A*	300.0	0.00	0.36	\$0.000
000129 MILK, SOYMILK VANILLA KIKKOMAN (8OZ)	SERVING	250	130	0.50	110	11.00	10.00	4.50	0.00	0	13.00	2.00	8.00	150	300.0	0.00	1.10	\$0.000

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru Jun 5, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003380 MILK, SOYMILK CHOCOLATE KIKKOMAN (8OZ)	SERVING	250	150	1.00	30	12.00	12.00	4.50	0.00	0	18.00	4.00	8.00	*N/A*	*N/A*	*N/A*	*N/A*	\$0.000
Weighted Daily Average			924	11.68	1860	*48.47	*2.42	30.09	*0.00	88	117.75	18.08	44.88	*14	*786.0	*5842.20	*2.44	\$0.000
% of Calories				11.38 %		*20.98 %	*1.05%	29.3%	*0.0%		51.0%		19.4%					
Weekly Nutrient Guideline			600 - 700	<10	1225		<10											

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (mcg RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages	885	8.10	1436	*51.38	*6.64	25.70	*0.00	*70	128.57	*14.66	*37.66	*51	*635.9	*1444.82	*4.41	\$21.112
% of Calories		8.24%		*23.22 %	*3.00%	26.1%	*0.0%		58.1%		*17.0%					

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.