



Robert J. McGarvey Elementary

Where responsible Griffins S.O.A.R!
Safe - Open Minded - Accountable - Resilient

Weekly Newsletter

2025-26 School Year
Week 29
February 20, 2026

Principal's Corner

Thank you all so very much for the overflowing displays of gratitude to our **A & B Track Teachers** last week! We loved your kind and thoughtful words and gifts. The soup & salad lunch on Tuesday was extra perfect on a cold & rainy day. Retro Joe's was a perfect pick-me-up! And the beautiful door decorations were a special reminder of how much our teachers mean to us. Thank you for your kindness!

As we celebrate **Black History Month**, this week we bring you some cool information about local celebrities! Check it out!



Read Across America is coming up next week! Be on the lookout for ways to get involved in this celebration of literacy!

Tuesday 2/25 - Come on out to Habit Burger & Grill for family dinner night out! It's a great way to take the night off of cooking and give back to our school with this generous fundraiser.



It's a great time to be a Griffin! ♥ Dr. Mitchell

Don't trash our school!

We are finding lots of gum and trash littering our beautiful campus. **Families, we need your help!** Please remind children not to bring or chew gum at school, and to put snack wrappers & other trash in the trash cans instead of on the ground or in the bushes. Thank you!

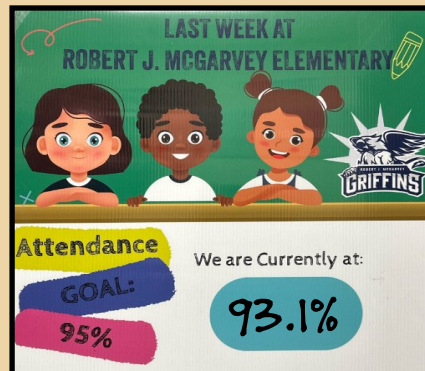
Remember... No gum at school!

ATTENTION PM TK/K CLASSES
Thursday dismissal is at 2:55 (Grades 1-6 dismiss at 2:45).
Please don't interrupt classes.

ATTENDANCE MATTERS

Let's help every Griffin S.O.A.R. high — one school day at a time!

Our goal is 95% attendance.
Here's how we did last week:



Griffin Basketball

Boys Blue team won their last game of the season!

Good luck to our Girls Team, playing their last game of the season this Wednesday at Beitzel! Go get 'em!



Volleyball Season!

Tryouts are coming up soon! 5th & 6th graders, join us in the MPR for open gym. Just come out and play!

Tues. 2/24 3:45-4:45
6th Grade ONLY

Thurs. 2/26 2:45-3:45
5th Grade ONLY



LOST & FOUND

The bins are full again.
Come get your stuff before it all gets donated next Friday!



Resilient Griffins!

This week, these students were recognized by their teachers.

Congrats!

If at first I don't succeed, I try again.

Transitional Kindergarten

Pierre
Lori
Osman

Kindergarten

Malachi
Ayden
Samuel

1st Grade

Jaxon
Likezo
Santiago
Savannah

2nd Grade

Jordan
Xavier
Quenton
Matthew B

3rd Grade

Emily
Aseel
Riddah
Yusra

4th Grade

Sammy
Sonia
Cameron
Nyla

5th Grade

Levon
Lucas
Asra
Addy

6th Grade

Xaul
Maddy
Ella
Kyle
Eli



The McGarvey Way

A KINDNESS CAMPAIGN:
TAKE ACTION!

'Bee' in Action!



Click the book cover for a link to a read aloud on YouTube.

Our S.O.A.R. trait next week is **Safe**.

My actions make the world a safer place for others.

"The time is always right to do what is right."
- Dr. Martin Luther King, Jr.

FEEL-GOOD FOOD FOR A CAUSE



JOIN HABIT BURGER & GRILL IN SUPPORT OF ROBERT MCGARVEY ELEMENTARY PFO

WEDNESDAY, FEBRUARY 25 | 4-9PM

Enter code **GIVEBACK** when placing your order at the in-restaurant kiosk, the Habit Burger & Grill Mobile app, or habitburger.com.

Or, simply present this printed flyer or show this offer on your smart phone to the cashier upon ordering. Habit Burger & Grill will donate **20% OF NET SALES** from this event to benefit your organization.



3161 Zinfandel Dr Ste 9
Rancho Cordova, CA 95670



4605290
*For Habit Team Member only

Net sales do not include sales tax, gift card purchases, or tips. Orders placed on third party websites or apps are not eligible for this Fundraiser.

Important Dates

February

- 23 - Fire Drill
- 24 - 5:00 Girls Basketball Practice
- 25 - 5:00 Girls Basketball Game @ Beitzel
- 25 - 4:00-9:00 Dine Out Day @ Habit
- 26 - 5:30 PGHS 3rd Annual Night at the Nest
- 27 - Walk & Roll to School!**
- 27 - 5:00 Girls Basketball Practice
- 27 - ASSIST Family Night

March

- 2-3 - 4th Grade Overnight Field Trip to Coloma (B & C)
- 2-6 - Read Across America!
- 4 - 1st Grade Celebrate America Performance (B & C)
- 4 - 6:00 6th Grade Sly Park Info Meeting (zoom)
- 5 - 9:30 B & C Track Awards (Grades 4-6)
- 5 - 10:30 A Track Awards (Grades 4-6)
- 5 - 5:30 Spring SSC Meeting (zoom)
- 6 - 9:00 C Track 'Hopping into Spring' Celebration
- 6 - Griffin Gala and Griffin Store
- 6 - Track Change Day (A goes off) (Minimum Day)
- 9 - D Track—Welcome Back!
- 11 - Spring Pictures (B & D) & 6th Grade Promotion Pictures
- 12 - 6:30 PFO Meeting (zoom)
- 13 - Lockdown Drill
- 17 - C & D Track Teacher Appreciation Day
- 26 - B & C Track OPEN HOUSE
- 26 - Spring Book Fair (thru April 8)
- 27 - Walk & Roll to School!**

Mrs.
Overholtzer
you make
our class
pop!



ARE YOU MOVING & NOT RETURNING TO MCGARVEY NEXT YEAR?

Please let us know!

We are in the process of planning classes for the new school year. If your family is moving and your child is not planning to return to McGarvey Elementary for the next school year, please let our office know by Friday, February 27th.

If your family is returning to Sunrise or moving to Cypress Grove, we know who you are. No need to contact the office. :)

New school hours for 2026-27

8:40-3:10

Thursdays, early out @ 2:20
PM Grades 1-6

AM TK & K is 8:40-12:11
PM TK & K is 11:29-3:10

Thank You for your thoughtful appreciation of A&B Track Teachers!



Local Connections

Elizabeth Thorn Scott Flood



On May 29, 1854, in response to her son being denied entry into the local public schools based on the color of his skin, she established the first private school for African American children in Sacramento.



Ed. Harris Jr.

Ed Harris M.S. in EGUSD is named after him.

He served in the U.S. Air Force. He earned a degree in Biological Science from Chico State and was an EGUSD board member for 21 years.



Irene B. West

Irene B. West Elementary in EGUSD is named after her. She was the first African American teacher in Elk Grove. Over the 27 years she spent in EGUSD she served as a teacher and a principal. She graduated from Fisk University, an HBCU in Tennessee.

Born in Sacramento, Arik is an NFL defensive end for the 49ers. Armstead attended Pleasant Grove High School in Elk Grove, California. He also created the Armstead Academic Project to promote equity in education.

Arik Armstead



Lester Don Holt

He graduated from Cordova High School and majored in Government at Sacramento State. He's a journalist and news anchor for the weekday edition of NBC Nightly News and Dateline NBC.



Merrin Dungey

Dungey was born and raised in Sacramento and graduated from Rio Americano High School. She is an American film and television actress.



LeVar Burton

Grew up in Sacramento and has a local park in South Sacramento named after him.

Mr. Burton is an actor, director, and author best known for his roles in Star Trek, Roots, and The Reading Rainbow.



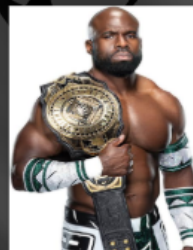
Gregory Porter

Born in Sacramento. Gregory Porter is an American singer, songwriter and actor.

Mr. Porter has received two Grammy awards for Best Jazz Vocal Album: first in 2014 for the "Liquid Spirit" and then again in 2017 for "Take Me to the Alley."

Born in Sacramento. Sesugh Uhaa is a Nigerian-American professional wrestler currently signed to WWE, where he performs on the NXT brand under the ring name Apollo Crews.

Apollo Crews



DID YOU KNOW?

- In 1926, Carter G. Woodson established Negro History Week. The celebration highlighted Black Americans' history, lives, and contributions.
- Woodson selected February in honor of Frederick Douglass and Abraham Lincoln's birth dates. Douglass escaped from American slavery in 1838. He became a renowned abolitionist, speaker, and writer. Lincoln is well known for issuing the Emancipation Proclamation — declaring freedom for enslaved Americans held in the Confederacy.
- Black students at Kent State protested for Black History Month
- In 1976, Negro History Week expanded to the month-long celebration we observe today.

2026 BLACK FAMILY CONFERENCE



THE ELK GROVE UNIFIED SCHOOL DISTRICT, Department of Family and Community Engagement, Families of Black Students United (FBSU) Affinity Space, and the Doctorate in Education Programs at CSUS and Morgan State are proud to convene the 2026 Annual Black Family Conference.

This engaging, free event will offer a variety of workshops tailored to PreK-12th Grade students, their families, caregivers, and community members.

Everyone is welcome to attend and contribute to this empowering day of learning, connection and celebration. Don't miss this opportunity to strengthen bonds, uplift ourselves and our communities.

Together, let's embrace the power of restoration, the necessity of resistance, and the beauty of renewal. We look forward to seeing you there!

OUR THEME THIS YEAR IS

“Rest, Resist, Reset: Celebrating Strength, Joy and Resilience.”

KEYNOTE SPEAKER:

— Zetha Nobles —

- Director of Equity, Access and Achievement in New Haven Unified School District
- Chief Strategist of Nobles Global Consulting
- Founder of Global Peace Leadership Academy
- Managing Director of Iwalore Ranch River Retreat

CONFERENCE TOPICS

- ✓ Wealth building
- ✓ Empowering Youth
- ✓ Family Relationships
- ✓ Health and Wellness
- ✓ And Much More

CONTACT INFORMATION

- (916) 831-5551
kawilson@egusd.net

LOCATION

MONTEREY TRAIL HIGH SCHOOL

Multi Purpose Room
8661 Power Inn Road
Elk Grove, CA 95624

March 7, 2026
8:30 AM – 2:30 PM

EVENT SPONSORS



REGISTRATION



Scan QR Code
Register Now

THE TIME IS ALWAYS
RIGHT TO DO WHAT IS
RIGHT.

MARTIN LUTHER KING, JR.



Motorized
Bicycle or Moped



Motorized
E-Scooter



Rules of the Road
E-Scooters & E-Bikes



California Vehicle Code
(CVC) Definition

CVC 406 (a)

- Two or three wheels
- Fully operative pedals or no pedals if it has an electric motor
- Maximum speed of 30 mph

RIDER REQUIREMENTS	
License	Driver's license with an M1 or M2 endorsement
Helmet	DOT compliant helmet required for all ages
Where	May ride on public and private roads Not allowed on sidewalks or trails
Other Info	Must be registered with the DMV and have adequate vehicle insurance
POSSIBLE PENALTIES	
1. 12500(a) VC Citation - Driving without a license and tow with 30-day impound	
2. Right of way violation	

California Vehicle Code
(CVC) Definition

CVC 407.5

- Two wheels with a motor, handlebars, and a floorboard for standing on when riding
- May have a driver seat that does not interfere with the ability to stand and ride

RIDER REQUIREMENTS	
License	Driver's license or instruction permit required
Helmet	Bicycle helmet if under 18 CVC 21212
Where	May ride wherever traditional bicycles may ride - No riding on sidewalks CVC 21200
Other Info	Not to exceed 15 mph CVC 22411
POSSIBLE PENALTIES	
1. 12500(a) VC Citation - Driving without a license and tow with 30-day impound	
2. Helmet citation	
3. Right of way violation	

CITY OF ELK GROVE POLICE DEPARTMENT
8400 Laguna Palms Way
Elk Grove, CA 95758

(916) 478-8110

elkgrove.gov/police

Starting this week, EGUSD and local law enforcement will begin a coordinated two-pronged initiative aimed at reducing e-bike and scooter collisions and preventing serious injuries. The first phase will consist of a 30-day education campaign across various platforms. The enforcement phase will follow. Officers will conduct zero-tolerance enforcement in and around school areas and will take enforcement action when illegal or unsafe operation of e-bikes or scooters is observed. Please review these flyers and make sure your family is complying with these important safety laws.

Off-Highway Motorcycle
(Dirtbike)



Class 1 & Class 2
E-Bike



Class 3
E-Bike



California Vehicle Code
(CVC) Definition

CVC 436

- A motorcycle for use exclusively off the highway
- Electric and/or gas powered

RIDER REQUIREMENTS	
License	None - This type of motorcycle is NOT street legal.
Helmet	DOT compliant helmet required
Where	Can only ride at off-highway vehicle parks (such as Carnegie) or on private property May not ride on any public road, sidewalk, trail, or park.
Other Info	Must be registered with the DMV and have adequate vehicle insurance
POSSIBLE PENALTIES	
1. 12500(a) VC Citation - Driving without a license and tow with 30-day impound	

California Vehicle Code
(CVC) Definition

CVC 312.5

A pedal or throttle-assisted electric bicycle equipped with a motor that assists only up to a speed of 20 mph

RIDER REQUIREMENTS	
License	None
Helmet	Bicycle helmet if under 18 CVC 21212
Where	May ride wherever traditional bicycles may ride CVC 21200
Other Info	No minimum age requirement to ride
POSSIBLE PENALTIES	
1. Helmet Citation, if applicable	
2. Right of way citation, if ridden improperly.	

California Vehicle Code
(CVC) Definition

CVC 312.5

A low-speed pedal-assisted electric bicycle equipped with a speedometer, and a motor that provides assistance only when the rider is pedaling and ceases to assist when a speed of 28 mph is reached

RIDER REQUIREMENTS	
License	None
Helmet	Bicycle helmet required regardless of age CVC 21213(a)
Where	May ride wherever traditional bicycles may ride CVC 21200
Other Info	Must be 16 years or older to ride
POSSIBLE PENALTIES	
1. Helmet Citation, if applicable	
2. Right of way citation, if ridden improperly.	



Family and Staff WELLNESS SERIES

Register on Eventbrite Using the QR Codes or links

3/31/26



Belonging Starts with Us: Supporting Transgender and Gender Expansive Youth

Let's learn how to better support transgender and gender-expansive youth in school and at home. Gain a clearer understanding of gender identity, learn practical ways to create affirming environments, and explore strategies for responding with care, respect, and confidence. Through shared language, real-life examples, and actionable tips, we will strengthen partnership, belonging, and well-being for all students.

4/15/26



Boundaries, Expectations and Connection

Come explore the vital connection between clear boundaries, consistent expectations, and effective discipline. Gain tools to improve communication, foster accountability, and support positive behavior while strengthening adult-child relationships. Learn practical strategies to create safe, respectful environments where children can thrive—both in the classroom and at home.



EGUSD FAMILY RESOURCES

Griffins Help Griffins Walk and Bike to School!

Walking and biking to school helps students stay healthy, learn better, and breathe cleaner air!

We need student and parent volunteers to scan our students in the Active4Me program on Wednesday mornings from 8:45am-9:00am.

[Sign up here!](#) Questions? Contact Erin Seymour at erin66@gmail.com or (916) 792-7462.



FOOD DISTRIBUTION

Vintage Park: Elk Grove USD and Sacramento Food Bank & Family Services is providing **FREE** food to qualifying community members!

Where?

Calvine High School
8333 Vintage Park Dr,
Sacramento CA 95828



When?

1st and 3rd Thursdays
of the Month from 3:45-5:15

Who?

Check the eligibility
guidelines here.

HOUSEHOLD SIZE	MONTHLY HOUSEHOLD INCOME	ANNUAL HOUSEHOLD INCOME
1	\$1,000.00	\$12,000.00
2	\$1,400.00	\$16,800.00
3	\$1,750.00	\$21,000.00
4	\$2,100.00	\$25,200.00
5	\$2,450.00	\$29,400.00
6	\$2,800.00	\$33,600.00
7	\$3,150.00	\$37,800.00
8	\$3,500.00	\$42,000.00
Over 8	\$3,850.00	\$46,200.00

WHAT TYPE OF GROCERIES ARE AVAILABLE? CHOOSE FROM A VARIETY OF FOODS SUCH AS FRESH PRODUCE, GRAINS, PROTEIN, DAIRY, NON-PERISHABLES AND READY TO EAT FOODS.

How and When to Sign up?
Visit food distribution:

This institution is an equal opportunity provider.

Bring bags or a
cart for easier
choosing and
carrying

December 1st 3:45 - 5:15
December 10th 3:45 - 5:15
January 9th 3:45 - 5:15
January 22nd 3:45 - 5:15
February 5th 3:45 - 5:15
February 12th 3:45 - 5:15
March 5th 3:45 - 5:15
April 2nd 3:45 - 5:15
April 16th 3:45 - 5:15
May 7th 3:45 - 5:15
May 21st 3:45 - 5:15

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5	\$2,450.00	\$29,400.00
6	\$2,800.00	\$33,600.00
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for easier
registration



E.G.U.S.D. Community Block Party

Student
Performances
&
Information Booths

FREE Food & Drinks
(while supplies last)

Door Prizes

Kid Friendly
Activities

SCAN ME

CLICK HERE

REGISTER NOW

Thursday April 30, 2026
4:00 pm - 7:00 pm
Elk Grove Shopping Center
9418 Elk Grove-Florin Road

7TH ANNUAL RANCHO CORDOVA

STUDENT ART SHOW

Art Reception
April 17 | 5:30-7:30 pm.

APRIL 9 - 25

This show exhibits hundreds of works by students TK-12 Grade who go to school or live in Rancho Cordova. All art is submitted through their teacher and school. We are inspiring the next generation of artist at the MACC.

