



WELCOME!

Oak Grove TK & K Round-up
Thursday, December 11, 2025



Today's Agenda



- Introductions
- Health Requirements, District Nurse
- CUSD Food & Nutrition
- YMCA
- PTA and Volunteer Opportunities
- Transitional Kindergarten Information
- Kindergarten Information
- First Day of School and How to Prepare
- Enrollment Process
- Questions
- Classroom Tour





Why is Oak Grove Distinguished?



- 2025 California Honor Roll School
- High Performing School as based on SBAC & District Assessments
- Active, Involved PTA
- Enriching Programs:
 - Art Programming
 - Rhythm & Movement
 - Music for all students
 - Fifth Grade Science Camp
 - Summer Reading Program
 - Literacy Week
 - Career Day
- Fee-Based After School Classes -Saddleback College
- Exceptional instructional staff that cares about students and learning





People in your child's life:

ADMINISTRATION

- Dr. Emma Robles - Principal
- Mr. Pablo Jimenez - Assistant Principal

TEACHERS

- Mrs. Horner, Mrs. Isaac, Mrs. Krotje - TK Teachers
- Mrs. Lybrand & Mrs. Adair - K Teachers

SUPPORT STAFF



- TK Paras
- Mrs. Angie Talafus - Office Manager
- Ms. Susan Ross - School Clerk
- Ms. Isabel Fowler - Bilingual Community Liaison (Spanish)
- Ms. Kimberly Drummond, LVN
- Student Supervisors
- Mrs. Nicole Vandervort - Counselor



School and Your Child's Health

*La escuela y la salud de
su hijo*



TK/Kindergarten Orientation
Orientación de Kindergarten

Health at School

La salud en la escuela

When to keep your child home
Cuándo debe quedarse su hijo en casa

- Temperature of 100.4
Temperatura de 100.4
- Vomiting and/or diarrhea
Vómitos y/o diarrea
- Undiagnosed rash
Sarpullido no diagnosticado
- Unusually red eyes with drainage (not allergy related)
Ojos anormalmente enrojecidos con secreción (no relacionados con la alergia)
- Other symptoms of illness/ cold symptoms (cough, sore throat, congestion, etc.)
Otros síntomas de enfermedad o de resfriado (tos, dolor de garganta, congestión etc.)

Medication at School

Medicamentos en la escuela

- Requires doctor's order/parent consent form
Requiere la orden de un médico o un formulario de consentimiento de los padres
- Should be dropped off by parent to front office
Debe ser entregado por los padres a la oficina de la escuela
- Must be in original container with pharmacy label
Debe estar en el envase original con la etiqueta de la farmacia
- Kept in a locked cabinet in the health office
Guardado en un gabinete cerrado con llave en la enfermería de la escuela



Kindergarten Oral Health Assessment

Evaluación de la salud dental al ingresar a kindergarten

Complete before May 31st.
Completar antes del 31 de mayo.

California law requires that the oral health assessment be completed by May 31 in either Kindergarten or 1st grade, whichever is your child's first year in public school (Ed. Code Section 49452.8)

La ley de California exige que la evaluación de la salud dental sea completada antes del 31 de mayo, ya sea en Kindergarten o en primer grado, cualquiera que sea el primer año que su hijo curse en una escuela pública (Código de educación, sección 49452.8)

Assessments that have happened within 12 months before your child enters school also meet this requirement.
Las evaluaciones efectuadas en los 12 meses anteriores al ingreso del niño a la escuela también cumplen este requisito.

Blank form is in kindergarten packet
El formulario en blanco está en el paquete de kindergarten

California Department of Education
March 2008
Page 1 of 1

Oral Health Assessment Form

California law (*Education Code Section 49452.8*) states your child must have a dental check-up by May 31 of his/her first year in public school. A California licensed dental professional operating within his scope of practice must perform the check-up and fill out Section 2 of this form. If your child had a dental check-up in the 12 months before he/she started school, ask your dentist to fill out Section 2. If you are unable to get a dental check-up for your child, fill out Section 3.

Section 1: Child's Information (Filled out by parent or guardian)

| | | | |
|-----------------------|--|-----------------|---|
| Child's First Name: | Last Name: | Middle Initial: | Child's birth date: |
| Address: | | | Apt.: |
| City: | | | ZIP code: |
| School Name: | Teacher: | Grade: | Child's Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female |
| Parent/Guardian Name: | Child's race/ethnicity: <input type="checkbox"/> White <input type="checkbox"/> Black/African American <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Asian <input type="checkbox"/> Native American <input type="checkbox"/> Multi-racial <input type="checkbox"/> Other _____ <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> Unknown | | |

Section 2: Oral Health Data Collection (Filled out by a California licensed dental professional)

IMPORTANT NOTE: Consider each box separately. Mark each box.

| | | | |
|------------------|---|--|--|
| Assessment Date: | Caries Experience (Visible decay and/or fillings present) <input type="checkbox"/> Yes <input type="checkbox"/> No | Visible Decay Present: <input type="checkbox"/> Yes <input type="checkbox"/> No | Treatment Urgency: <input type="checkbox"/> No obvious problem found <input type="checkbox"/> Early dental care recommended (caries without pain or infection; or child would benefit from sealants or further evaluation) <input type="checkbox"/> Urgent care needed (pain, infection, swelling or soft tissue lesions) |
|------------------|---|--|--|

Immunizations

Vacunas



- Students must be fully immunized before entering kindergarten
Los estudiantes deben estar completamente vacunados antes de entrar a kindergarten
- You must show proof of immunization when registering your child
Debe presentar la prueba de vacunas cuando inscriba a su hijo
- Exceptions include a permanent medical exemption or a temporary medical exemption- Updates to requirements January 1, 2021
Las excepciones incluyen una exención médica permanente o una exención médica temporal- Actualización de los requisitos del 1 de enero de 2021

Requirements

Requisitos de vacunas para el Kindergarten

Polio
Polio

4 Doses/*dosis*

3 doses ok if one dose was given on or after fourth birthday

3 dosis, si una se ha administrado durante o después del cuarto cumpleaños

DTAP
Difteria, tosferina y tétano

5
*Doses/*dosis**

4 doses ok if one dose was given on or after fourth birthday

4 dosis, si una se administró en el cuarto cumpleaños o después

MMR
Sarampión, paperas y rubeola

2
*Doses/*dosis**

Must be given on or after first birthday

Debe administrarse en o después del primer cumpleaños

Hep. B
Hepatitis B

3 Doses/*dosis*

Varicella
Varicella

2 Doses/*dosis*

Regarding Medical Exemptions for Immunizations (CAIR-ME)

Respecto a las exenciones médicas para las vacunas

- The **California Immunization Registry Medical Exemption** web site is a secure site for physicians to issue and manage standardized medical exemptions for children in school or child care. Parents use the same site to request medical exemptions from vaccination for their children. Schools and child care facilities can monitor and get updates for medical exemptions issued for children in attendance. The school will not be able to print a copy of the actual medical exemption so it still must be printed by the Physician's office and delivered to the school.
- *El sitio web del Registro de Vacunas de California para exenciones médicas es un sitio seguro para que los médicos emitan y gestionen exenciones médicas estandarizadas para los niños que asisten a la escuela o a centros de cuidado de niños. Los padres utilizan este mismo sitio para solicitar exenciones médicas de vacunas para sus hijos. Las escuelas y los centros de cuidado de niños pueden controlar y obtener actualizaciones de las exenciones médicas emitidas para los niños que asisten a dichos lugares. La escuela no puede imprimir una copia de la exención médica real, de manera, que deberá ser impresa por el consultorio médico y presentada en la escuela.*

Visit/visite <https://cair.cdph.ca.gov/exemptions/home> for more information/para obtener más información

Hearing and Vision

Audición y visión



- Students will have their hearing and vision screened in kindergarten

A los estudiantes se les examinará la audición y la visión en el kindergarten.

- This is a state mandated requirement

Este es un requisito exigido por el Estado

- Subsequent screenings are done in 2nd, 5th and 8th grade

Se realizan exámenes posteriores en 2.º, 5.º y 8.º grado

Specialized Health Needs

Necesidades de Salud Especializadas

Action Plans

Planes de Acción

- Food Allergy Action Plan / *Plan de acción para las alergias alimenticias*
- Insect Allergy Action Plan / *Plan de acción para las alergias a los insectos*
- Asthma Action Plan / *Plan de acción para el asma*

Forms are available from school health office
Los formularios están disponibles en la enfermería de la escuela

Contact district nurse for other medical needs or accomodations
Comuníquese con la enfermera del distrito para otras necesidades médicas o adaptaciones

Who is in the Health Office?

¿Quién está a cargo de la enfermería de la escuela?

Licensed Vocational
Nurse Hours

M/T/W/F: 0745-1400

TH: 0745-1300



We look forward to supporting your child!
¡Nos complace poder ayudar a su hijo



Katie Rommelfanger, BSN, RN

KMROMMelfanger@capousd.org

CUSD Food & Nutrition Services

- Breakfast and lunch are available to **ALL** students at CUSD for **FREE**.
- Meals follow regulations from the **Healthy Hunger Free Kids Act** and include whole grains, protein, fruits, veggies, and milk.



FREE for ALL Students

JANUARY 2026 Elementary Lunch

WHY DID THE ORANGE STOP ROLLING DOWN THE HILL?

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|---|
| Offered Daily | 5 | 6 | 7 | 8 | 9 |
| Cheese Quesadilla (Contains Coconut Oil) | Macaroni & Cheese | Crispy Chicken Drumstick w/ Waffles | Crunchy Beef & Cheese Tacos Lettuce, Tomato & Cheese Cup (side) | Chicken Pretzel Dog* *no nitrates or nitrites added | GF Teriyaki Chicken w/ Brown Rice |
| Cheese Pizza Wedge | 12 Kickin' Nuggets w/ Roll | 13 Chicken Dumplings w/ Teriyaki | 14 GF Make Your Own Nachos | 15 Cheeseburger on Potato Brioche Bun w/ Organic Cheddar Lettuce & Tomato Cup (side) | 16 Bolognese Spaghetti |
| Bean & Cheese Burrito | 19 NO SCHOOL Dr. Martin Luther King Jr. Day | 20 Crispy Chicken Fillet Sandwich on Brioche Bun | 21 GF Chicken Taquitos* *no antibiotics ever | 22 Pepperoni Pizza Wedge | 23 Mandarin Orange Chicken w/ Chow Mein |
| Galaxy Cheese Pizza | 26 Kickin' Sandwich | 27 Crispy Chicken Tenders w/ Cornbread Poppers | 28 Make Your Own Chicken Soft Tacos* *no antibiotics ever Lettuce, Tomato, & Cheese Cup (side) | 29 Hamburger Sliders | 30 Trombe Pasta w/ Meatballs |

Meal Includes Entree, Fruits, Veggies & Milk!

Fruits & Veggies May Include: Apple Slices, Asian Pear, Baby Carrots, Blood Orange, Broccoli, Celery Sticks, Edamame, Jicama, Local Organic Cara Cara Orange, Organic Banana, Organic Fuji Apple, Persian Cucumbers, Tater Tots, Yellow Corn

1% Milk* & Nonfat Milk*
*made from cows not treated with rBST

This institution is an equal opportunity provider. Menu is subject to change without notice.

Vegetarian
 Vegan
 GF Gluten Free
 Contains Pork
 Contains Sesame

Grass-fed Beef, Regenerative Ranch
 One Health Cert.
 Locally Made
 House Made
 Freshly Baked

Follow Us! @capofood
 capistrano.healthliving.net

CAPO CUISINE

Eat Real Certified

CUSD is **Eat Real** certified. Awarded to districts for promoting healthy food practices focusing on fresh, minimally processed, and locally sourced food.



Organic and locally grown magenta dragon fruit!



CUSD is the **FIRST** district in southern CA to receive certification!



Education Benefit Form

- Submit an **Education Benefit Form** to see if your family qualifies for benefits.
- Submit yearly starting in August.
- Questions? **949-234-9509**.



MAKE A DIFFERENCE FOR YOUR FAMILY & YOUR SCHOOL!

THE EDUCATION BENEFIT FORM:

BENEFITS YOUR FAMILY



- Free Chromebook coverage
- Discounted bus passes
- Discounted before & after school enrichment programs
- Discounts and fee waivers for college applications and admission tests
- Discounts and fee waivers for Advanced Placement (AP) tests
- Discounts on internet, electric, gas, and cell phone services

BENEFITS YOUR SCHOOL



- Provide increased funding through the Local Control Funding Formula
- Fund support staff
- Fund computers & technology
- Fund career tech programs
- Discounted internet costs to district
- Provide grants to improve school meal quality





APPLY TODAY!

Complete an Education Benefit Form EVERY School Year for Continued Benefits!

- ✓ Fill out one form per family
- ✓ Have your student's 7 digit ID #
- ✓ Apply online for 24 hour turnaround schoolcafe.com/CAPOUSD
- ✓ Paper forms available upon request & process in 10 business days



Frequently Asked Questions

- **My student has a food allergy - what do I do?**
 - Submit a Medical Statement to Request Special Meals. Must be signed by physician, physician assistant, nurse practitioner, or registered dietitian. Available at capistrano.healtheliving.net
 - ****Notes in Aeries are NOT used by Food & Nutrition****
- **We are a vegetarian family - what do I do?** 
 - Vegetarian options are available daily and are indicated on the menu.
- **Our family does not eat pork - what do I do?** 
 - Few items contain pork and are indicated on the menu.





Food & Nutrition Services

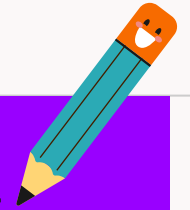
Contact Information:

☎ **949-234-9509**

🖱 **Capistrano.healtheliving.net**
CapoFood



Oak Grove YMCA Before and After School Care



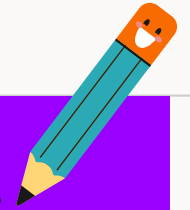
Director : Christian Martinez
Child & Youth Development

Transitional Kindergarten (TK) YMCA Learning Bridge Program

- Licensed 1:14 ratio
- Program: Learn and Grow by Age with Emotions, Self-Awareness, and Social Skills
- Cover topics each week: Literacy, Math, Science, Art & Culture, and Emotional growth
- Accept all students who are enrolled in the TK classroom at Oak Grove Elementary
- Our program includes:
 - TK before and after school
 - TK only
 - TK extended
- Business Hours:
 - 6:45am-6:00pm Monday through Friday
- *Currently Before and After, Before, and After school only*



Oak Grove YMCA Before and After School Care



Director : Christian Martinez
Child & Youth Development



Oak Grove YMCA Contact Information

Oak Grove YMCA

22705 Sanborn

Aliso Viejo, CA 92656

(949) 360-1427

Contact Information

Cmartinez@ymcaoc.org



PTA and Other Volunteering Opportunities



- PTA President, Emily Stevenson
- Oak Grove PTA
 - <https://www.ogpta.com/>
- All Volunteers on campus need to have **Tier I (Livescan fingerprinting)** volunteer clearance from the school district.



Transitional Kindergarten Teachers



MRS. HORNER

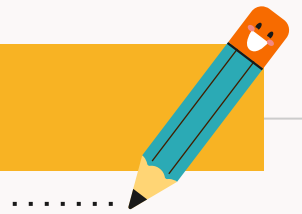
MRS. ISAAC

MRS. KROTJE

Who is Eligible for TK in 2026-27?

- For the 2026-27 school year: **Any child who turns 4 by September 1st**
 - Children who turn 4 years old on or *after* September 2nd are eligible for preschool CUSD offers preschool.
 - ***The District does not implement early admittance into TK, and will not accept any child who is younger than the TK eligibility dates.**
- Children who turn 5 years old on or *before* September 1st are eligible for *Kindergarten*
 - Children who turn 5 years old between June 1 and September 1st **can apply** for TK instead of Kindergarten, but *admittance will be dependent on space* in the program
 - Obligation is to place all TK-eligible students first; Kinder-eligible students may not be placed in June/July* (*Timelines subject to change)

What Will My Child Be Learning About in TK?



TK focuses on school readiness skills! In TK, students will be learning:

- **Social-Emotional Skills**
 - How to identify feelings and engage in self-regulation
 - How to make friendships, play cooperatively, take turns, play creatively, etc.
- **Math Skills**
 - Number sense and counting
 - Shape and pattern work
- **Language and Literacy Skills**
 - Phonemic awareness and learning letter sounds and names
 - How to use words to express wants, needs, ideas, and to dialogue
 - Understanding components from stories
- **Science**
 - Exploration of their world around them
- **Physical Development**
 - Fine motor: Pre-writing and drawing skills, cutting, manipulating small objects
 - Gross motor: Body coordination and movement
- **"Ready to Learn" Skills**
 - How to participate in daily routines, follow directions, listen attentively



About our TK Classrooms



Structure:

- Class is approximately 4 hours a day
- Early Bird/Late Owl model (about 2 hours of overlap)
- Taught by a certificated teacher with 24 ECE units
- Includes one part-time paraprofessional
- Class breakdown:
 - 20 students total
 - 1:10 adult to student ratio must be maintained

Kindergarten Teachers



MRS. ADAIR
MRS. LYBRAND

What is the Kindergarten Focus?

- Building Foundational Skills in Reading/Writing
- Learning Basic Math Concepts
- Art, Music, P.E.
- Developing Fine and Gross Motor Skills
- Developing Social and Emotional Skills
 - Following Directions
 - Managing Emotions
 - Collaborate with Peers
 - Learning Independence skills



Full Day Kindergarten


- 7:45 am – 1:55 pm
- Thursday: 7:45 am – 12:40 pm
- Two recesses and one lunch
 - Option to get food from cafeteria





Is my child ready for
Kindergarten?

Must be 5 years old
by September 01, 2026!






Kindergarten Readiness

- ☐ School readiness is critical in ensuring future academic success
- ☐ Personal Habits/Skills
 - ☐ Manage bathroom needs
- ☐ Motor Development
 - ☐ Grip pencil/crayon and able to use scissors
- ☐ Speech, Attention, Social Skills
 - ☐ Express themselves verbally
 - ☐ Separate from parents easily
 - ☐ Able to share/take turns with other children
- ☐ If unsure, consider waiting...





Kindergarten Social Skills

- ☐ Being kind
- ☐ Hands to self
- ☐ Being respectful
- ☐ Working together as a class (team) 
- ☐ Learning to take turns
- ☐ How to talk and listen to one another






The First Day of School!

Tuesday, August 18, 2026

Parents: Plan on attending the first day of school
with your child

- Session 1: 7:45–8:58
 - Session 2: 9:15–10:28
(subject to change)
- 

This will be a shortened day where you and your child will meet
the teacher and learn more about the classroom and
procedures.



How to Prepare for the First Day of TK/K

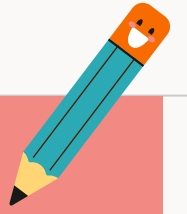


Have your child practice the following at home:

- Being completely independent in bathroom (i.e. pull down/pull up clothing, wipe independently, etc.)
- Opening and closing backpack, lunch box, and water bottle
- Carrying their own backpack, lunchbox or any personal belongings
- Putting on and taking off their shoes
- Practicing good hygiene skills- hand washing, covering mouth/nose, and using a tissue
- Asking for help when it's needed
- Listening to stories by reading to your child daily
- Separating from you/saying goodbye



How to Prepare for the First Day of TK/K – cont'd



We kindly ask that you please make sure:

- All of your child's items are labeled with their first and last name
- Your child wears appropriate shoes for running and the playground (i.e. sneakers, no crocs or sandals).
- Recommended items for school:
 - Normal-sized backpack
 - Lunchbox
 - Water bottle
 - Extra clothes in case of an accident/emergency



Enrollment Process




TK Priority Registration Window:

January 5 – Feb 1, 2026

After this window closes, enrollment will continue on a first come, first serve basis.

If after the priority window closes, a campus has *more* TK enrolled students than school capacity, then the following priority enrollment procedures will be implemented to determine which students are guaranteed a space in the school: ★

- One of the parents/guardians is a CUSD employee.
 - There is a sibling already attending the school and will remain for the next school year.
 - Foster and homeless youth
 - Lottery for remaining students who do not qualify under priority criteria above who register between (Jan 5–Feb 1)
- 

Enrollment Process

STEP #1:

Complete the **new student online registration**
& **print** the online verification form.



STEP #2:

Print and fill out the following forms
from the Oak Grove Website or pick up from the school office:



- ✓ Special Programs Survey
- ✓ Home Language Survey
- ✓ TK Early Bird/Late Owl Request Form

STEP #3:

Bring **copies** of the following documents to your **HOME SCHOOL** to complete the registration process:

- ✓ Verification of Age: Original Birth Certificate or Passport
- ✓ **Complete** Immunization Record
- ✓ 2 Proofs of Residency:
 - Rental Agreement or Mortgage Statement AND
 - Utility Bill (Gas, Electric or Water)



School of Choice

Capistrano Unified School District's School of Choice program allows parents within the CUSD boundaries to apply for enrollment at another CUSD school of their choice.

An active Student ID is required. This can be obtained from your HOME SCHOOL after you turn in all your registration documents.

Window to Apply:



January 5 - February 1, 2026

<https://www.capousd.org/subsites/Safety--Student-Services/Student-Placement/School-of-Choice/Apply-For-School-of-Choice/index.html>



Any Questions contact the Front Office:



Susan Ross
Attendance Clerk
shross@capoused.org





Angie Talafus
Office Manager
abtalafus@capoused.org

We are here to help you!

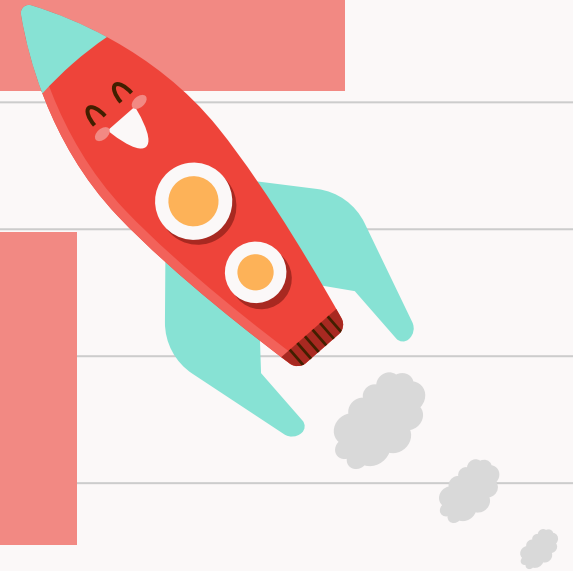


Keep in the Loop

- ✓ Instagram account (@oakgroveallstar)
 - ✓ CUSD Website (capousd.org)
 - ✓ Oak Grove Website (https://oakgrove.capousd.org)
 - ✓ School Marquee
 - ✓ Call our Office – (949) 360-9001
- 
- 



Questions?



Thank you!

