

Menu Name:

PRE-SCHOOL SNACK

Include Cost:

Yes

Site:

Use Alternate Menu Name:

No

Wednesday - 10/01/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003089 CRACKER WHEAT THIN	SERVINGS	500	220	0.50	320	7	0	8.00	0.00	0	35.00	5.00	3.00	*N/A*	50.0	0.00	1.40	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	200	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	200	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			305	0.52	321	*17	*0	8.07	0.00	0	56.74	8.48	3.90	1	82.8	38.31	1.66	\$0.000
% of Calories				1.53%		*22.3%	*0%	23.8%	0.0%		74.4%		5.1%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Thursday - 10/02/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000833 GRAHAM, HONEY	PACK	500	97	0.47	132	*N/A*	*N/A*	3.12	*N/A*	0	18.04	2.48	1.44	*N/A*	4.4	3.02	1.69	\$0.000
000230 MILK,1% WHITE	CARTON	490	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			227	1.95	291	*15	*N/A*	5.66	*0.00	15	34.06	2.52	11.40	*0	402.4	4.20	1.71	\$0.000
% of Calories				7.73%		*26.4%	*N/A*	22.4%	*0.0%		60.0%		20.1%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Friday - 10/03/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003166 SNACK, CRACKER RITZ 2PK	2 PACKS	100	70	1.00	105	1	*N/A*	3.50	0.00	*N/A*	8.00	0.00	0.00	*N/A*	20.0	0.00	0.40	\$0.000
002196 FRUIT, APPLE SLICES	BAG	100	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
Weighted Daily Average			120	1.00	105	10	*N/A*	3.50	0.00	*0	20.50	2.00	0.00	*0	30.0	4.20	0.58	\$0.000
% of Calories				7.50%		33.3%	*N/A*	26.2%	0.0%		68.3%		0.0%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Monday - 10/06/2025 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000712 CEREAL, CINN TOASTERS 1 OZ	BOWL	50	121	0.51	132	9	*N/A*	3.54	0.00	0	22.27	0.00	1.01	*N/A*	101.2	6.08	9.11	\$0.000
000706 CEREAL, FRST FLAKES BOWL 1 OZ	BOWL	25	110	0.00	160	*N/A*	*N/A*	0.00	0.00	0	25.00	0.00	1.00	*N/A*	0.0	9.00	3.60	\$0.000
000707 CEREAL, HON TOASTY O'S 1 OZ	BOWL	25	113	0.00	198	*N/A*	*N/A*	1.42	0.00	0	22.68	1.89	2.84	*N/A*	94.5	5.67	8.50	\$0.000

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
000230 MILK,1% WHITE	CARTON	95	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	5	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			247	1.70	313	*20	*N/A*	4.73	0.00	14	39.11	0.57	11.36	*0	469.2	7.84	7.64	\$0.000
% of Calories				6.19%		*32.4%	*N/A*	17.2%	0.0%		63.3%		18.4%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Tuesday - 10/07/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003191 CHEETOS CHEESE PUFF RF WG 0.7 OZ	EACH	500	90	0.50	105	0	*N/A*	3.50	0.00	0	14.00	0.00	2.00	*N/A*	10.0	0.00	0.70	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	200	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SC	EACH	150	80	0.00	10	19	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000789 JUICE, ORANGE, 4 OZ SUNCUP	CARTON	150	60	0.00	0	*N/A*	*N/A*	0.00	*N/A*	0	13.00	0.00	0.00	*N/A*	0.0	42.00	0.00	\$0.000
Weighted Daily Average			156	0.50	110	*11	*N/A*	3.50	*0.00	0	29.50	0.00	2.00	*0	80.0	12.60	0.70	\$0.000
% of Calories				2.88%		*28.2%	*N/A*	20.2%	*0.0%		75.6%		5.1%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Wednesday - 10/08/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003196 CRACKER, MAPLE WAFFLE BAKED WG	EACH	500	230	1.00	180	15	*N/A*	7.00	0.00	0	40.00	3.00	3.00	*N/A*	10.0	0.00	1.00	\$0.000
000230 MILK,1% WHITE	CARTON	490	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			360	2.48	339	30	*N/A*	9.54	0.00	15	56.02	3.04	12.96	*0	408.0	1.18	1.02	\$0.000
% of Calories				6.20%		33.3%	*N/A*	23.8%	0.0%		62.2%		14.4%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Thursday - 10/09/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003094 CRACKER GRAHAM GOLD FISH CINNAMON	SERVINGS	500	120	1.00	140	7	0	4.00	0.00	0	19.00	1.00	1.00	*N/A*	100.0	0.00	2.00	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	500	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
Weighted Daily Average			189	1.00	142	*7	*0	4.00	0.00	0	36.82	4.39	2.70	0	159.4	82.98	2.15	\$0.000
% of Calories				4.76%		*14.8%	*0%	19.0%	0.0%		77.9%		5.7%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Friday - 10/10/2025

Reimbursable Meal Total 500

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
001275 SNACK, CHEX MIX STRWBERRY YOGT	EACH	500	120	1.00	55	6	*N/A*	3.00	0.00	0	23.00	2.00	2.00	*N/A*	0.0	0.00	0.00	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	200	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SC	EACH	150	80	0.00	10	19	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000789 JUICE, ORANGE, 4 OZ SUNCUP	CARTON	150	60	0.00	0	*N/A*	*N/A*	0.00	*N/A*	0	13.00	0.00	0.00	*N/A*	0.0	42.00	0.00	\$0.000
Weighted Daily Average			186	1.00	60	*17	*N/A*	3.00	*0.00	0	38.50	2.00	2.00	0	70.0	12.60	0.00	\$0.000
% of Calories				4.84%		*36.6%	*N/A*	14.5%	*0.0%		82.8%		4.3%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Monday - 10/13/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003217 POPCORN, CHEDDAR WHITE LRG SINGLE SVG (SYSCO)	SERVING	500	160	2.00	200	0	*N/A*	10.00	*N/A*	*N/A*	15.00	2.00	*N/A*	*N/A*	40.0	*N/A*	0.30	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	200	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SC	EACH	150	80	0.00	10	19	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000789 JUICE, ORANGE, 4 OZ SUNCUP	CARTON	150	60	0.00	0	*N/A*	*N/A*	0.00	*N/A*	0	13.00	0.00	0.00	*N/A*	0.0	42.00	0.00	\$0.000
Weighted Daily Average			226	2.00	205	*11	*N/A*	10.00	*0.00	*0	30.50	2.00	*0.00	*0	110.0	*12.60	0.30	\$0.000
% of Calories				7.96%		*19.5%	*N/A*	39.8%	*0.0%		54.0%		*0.0%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Tuesday - 10/14/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002594 SNACK, PRETZEL STICKLETS	BAG	500	70	0.00	230	0	*N/A*	0.00	0.00	0	16.00	3.00	2.00	*N/A*	9.0	0.00	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			170	0.00	230	19	*N/A*	0.00	0.00	0	41.00	7.00	2.00	0	29.0	8.40	1.36	\$0.000
% of Calories				0.00%		44.7%	*N/A*	0.0%	0.0%		96.5%		4.7%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Wednesday - 10/15/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003091 SNACK SUN CHIP GARDEN SALSA LARGE	SERVINGS	500	210	1.00	210	4	3	9.00	0.00	0	28.00	3.00	3.00	*N/A*	20.0	0.00	1.00	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	200	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	100	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	100	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			282	1.02	211	*14	*3	9.07	0.00	0	46.18	5.80	3.56	*1	40.9	21.71	1.23	\$0.000
% of Calories				3.26%		*19.9%	*4.3%	28.9%	0.0%		65.5%		5.0%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Thursday - 10/16/2025 Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003192 CRACKER, GRAHAMS ALL-SPORT BITES VANILLA	EACH	500	120	0.00	95	6	*N/A*	3.50	0.00	0	20.00	2.00	2.00	*N/A*	13.0	0.00	2.00	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			210	0.11	96	18	*0	3.83	0.00	0	43.07	4.63	3.10	*3	18.0	8.79	2.26	\$0.000
% of Calories				0.47%		34.3%	*0%	16.4%	0.0%		82.0%		5.9%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Friday - 10/17/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003166 SNACK, CRACKER RITZ 2PK	2 PACKS	500	70	1.00	105	1	*N/A*	3.50	0.00	*N/A*	8.00	0.00	0.00	*N/A*	20.0	0.00	0.40	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	200	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SC	EACH	150	80	0.00	10	19	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000789 JUICE, ORANGE, 4 OZ SUNCUP	CARTON	150	60	0.00	0	*N/A*	*N/A*	0.00	*N/A*	0	13.00	0.00	0.00	*N/A*	0.0	42.00	0.00	\$0.000
Weighted Daily Average			136	1.00	110	*12	*N/A*	3.50	*0.00	*0	23.50	0.00	0.00	*0	90.0	12.60	0.40	\$0.000
% of Calories				6.62%		*35.3%	*N/A*	23.2%	*0.0%		69.1%		0.0%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Monday - 10/20/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
001280 SNACK, CHEX MIX CHEDDAR	EACH	500	110	0.50	150	2	0	2.50	0.00	0	20.00	2.00	2.00	*N/A*	40.0	0.00	0.70	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	200	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SC	EACH	150	80	0.00	10	19	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000789 JUICE, ORANGE, 4 OZ SUNCUP	CARTON	150	60	0.00	0	*N/A*	*N/A*	0.00	*N/A*	0	13.00	0.00	0.00	*N/A*	0.0	42.00	0.00	\$0.000
Weighted Daily Average			176	0.50	155	*13	*0	2.50	*0.00	0	35.50	2.00	2.00	*0	110.0	12.60	0.70	\$0.000
% of Calories				2.56%		*29.5%	*0%	12.8%	*0.0%		80.7%		4.5%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Tuesday - 10/21/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003139 SNACK SUN CHIP ORIGINAL	BAG	500	197	0.94	160	3	0	8.46	0.00	0	26.31	3.76	2.82	*N/A*	9.4	0.00	0.94	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	500	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
Weighted Daily Average			297	0.94	160	22	*0	8.46	0.00	0	51.31	7.76	2.82	0	29.4	8.40	1.30	\$0.000
% of Calories				2.85%		29.6%	*0%	25.6%	0.0%		69.1%		3.8%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Wednesday - 10/22/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003193 CRACKER, BAKED CHOCOLATE CHIP WAFFLE	EACH	500	230	1.50	180	16	*N/A*	7.00	0.00	0	40.00	3.00	3.00	*N/A*	9.0	0.00	1.00	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	500	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			320	1.61	181	28	*0	7.33	0.00	0	63.07	5.63	4.10	*3	14.0	8.79	1.26	\$0.000
% of Calories				4.53%		35.0%	*0%	20.6%	0.0%		78.8%		5.1%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Thursday - 10/23/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003195 COOKIE, ANIMAL CRACKER WG BERRY	EACH	500	110	0.50	60	*N/A*	*N/A*	3.50	0.00	0	18.00	2.00	2.00	*N/A*	4.0	0.00	1.00	\$0.000
000230 MILK,1% WHITE	CARTON	490	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			240	1.98	219	*15	*N/A*	6.04	0.00	15	34.02	2.04	11.96	*0	402.0	1.18	1.02	\$0.000
% of Calories				7.42%		*25.0%	*N/A*	22.6%	0.0%		56.7%		19.9%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Friday - 10/24/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003090 SNACK SUN CHIP CHEDDAR LARGE	SERVINGS	500	210	1.00	260	3	3	9.00	0.00	0	28.00	4.00	3.00	*N/A*	20.0	0.90	0.90	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	200	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SC	EACH	150	80	0.00	10	19	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000789 JUICE, ORANGE, 4 OZ SUNCUP	CARTON	150	60	0.00	0	*N/A*	*N/A*	0.00	*N/A*	0	13.00	0.00	0.00	*N/A*	0.0	42.00	0.00	\$0.000
Weighted Daily Average			276	1.00	265	*14	*3	9.00	*0.00	0	43.50	4.00	3.00	*0	90.0	13.50	0.90	\$0.000
% of Calories				3.26%		*20.3%	*4.3%	29.3%	*0.0%		63.0%		4.3%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Monday - 10/27/2025

Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (RAE)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	Cost
003194 COOKIE, BLUEBERRY LEMON BITE WG	EACH	500	120	0.50	60	8	*N/A*	3.50	0.00	0	2.00	2.00	2.00	*N/A*	5.0	*N/A*	1.00	\$0.000
002244 FRUIT, APPLE SLICE BAG	BAG	500	50	0.00	0	10	*N/A*	0.00	0.00	0	12.50	2.00	0.00	*N/A*	10.0	4.20	0.18	\$0.000
Weighted Daily Average			170	0.50	60	18	*N/A*	3.50	0.00	0	14.50	4.00	2.00	*0	15.0	*4.20	1.18	\$0.000
% of Calories				2.65%		42.4%	*N/A*	18.5%	0.0%		34.1%		4.7%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Tuesday - 10/28/2025

Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003196 CRACKER, MAPLE WAFFLE BAKED WG	EACH	500	230	1.00	180	15	*N/A*	7.00	0.00	0	40.00	3.00	3.00	*N/A*	10.0	0.00	1.00	\$0.000
000230 MILK,1% WHITE	CARTON	490	130	1.50	160	15	*N/A*	2.50	0.00	15	16.00	0.00	10.00	*N/A*	400.0	1.20	0.00	\$0.000
000129 MILK, SOYMILK KIKKOMAN	SERVING	10	140	0.50	110	15	*N/A*	4.50	0.00	0	17.00	2.00	8.00	*N/A*	300.0	0.00	1.08	\$0.000
Weighted Daily Average			360	2.48	339	30	*N/A*	9.54	0.00	15	56.02	3.04	12.96	*0	408.0	1.18	1.02	\$0.000
% of Calories				6.20%		33.3%	*N/A*	23.8%	0.0%		62.2%		14.4%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Wednesday - 10/29/2025 Reimbursable Meal Total 500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003191 CHEETOS CHEESE PUFF RF WG 0.7 OZ	EACH	500	90	0.50	105	0	*N/A*	3.50	0.00	0	14.00	0.00	2.00	*N/A*	10.0	0.00	0.70	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	200	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SC	EACH	150	80	0.00	10	19	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000789 JUICE, ORANGE, 4 OZ SUNCUP	CARTON	150	60	0.00	0	*N/A*	*N/A*	0.00	*N/A*	0	13.00	0.00	0.00	*N/A*	0.0	42.00	0.00	\$0.000
Weighted Daily Average			156	0.50	110	*11	*N/A*	3.50	*0.00	0	29.50	0.00	2.00	*0	80.0	12.60	0.70	\$0.000
% of Calories				2.88%		*28.2%	*N/A*	20.2%	*0.0%		75.6%		5.1%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Thursday - 10/30/2025 Reimbursable Meal Total 500

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
002140 SNACK, CHEEZ-IT WG	EACH	500	100	1.00	150	*N/A*	*N/A*	3.50	0.00	0	14.00	1.00	2.00	*N/A*	20.0	0.00	0.90	\$0.000
001001 JUICE, APPLE 4.23 OZ SC	EACH	200	60	0.00	5	13	*N/A*	0.00	0.00	0	14.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
002180 JUICE, GRAPE 4.23 OZ SC	EACH	150	80	0.00	10	19	*N/A*	0.00	0.00	0	20.00	0.00	0.00	*N/A*	100.0	0.00	0.00	\$0.000
000789 JUICE, ORANGE, 4 OZ SUNCUP	CARTON	150	60	0.00	0	*N/A*	*N/A*	0.00	*N/A*	0	13.00	0.00	0.00	*N/A*	0.0	42.00	0.00	\$0.000
Weighted Daily Average			166	1.00	155	*11	*N/A*	3.50	*0.00	0	29.50	1.00	2.00	*0	90.0	12.60	0.90	\$0.000
% of Calories				5.42%		*26.5%	*N/A*	19.0%	*0.0%		71.1%		4.8%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Friday - 10/31/2025

Reimbursable Meal Total 2000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
003089 CRACKER WHEAT THIN	SERVINGS	500	220	0.50	320	7	0	8.00	0.00	0	35.00	5.00	3.00	*N/A*	50.0	0.00	1.40	\$0.000
002058 FRUIT, APPLE FRESH WHOLE	1 EACH	200	100	0.00	0	19	*N/A*	0.00	0.00	0	25.00	4.00	0.00	*N/A*	20.0	8.40	0.36	\$0.000
000086 FRUIT, ORANGES FRESH	EACH	150	69	0.00	2	*N/A*	*N/A*	0.00	0.00	0	17.82	3.39	1.70	*N/A*	59.4	82.98	0.15	\$0.000
000068 FRUIT, BANANAS FRESH	EACH	150	90	0.11	1	12	0	0.33	0.00	0	23.07	2.63	1.10	3	5.0	8.79	0.26	\$0.000
Weighted Daily Average			77	0.13	80	*5	*0	2.02	0.00	0	14.32	2.10	0.96	0	19.3	7.72	0.42	\$0.000
% of Calories				1.52%		*26.0%	*0%	23.6%	0.0%		74.4%		5.0%					
Weekly Nutrient Guideline			350 - 0	<10	540			<=0										

Base Menu Spreadsheet

Portion Values

Oct 1, 2025 thru Oct 31, 2025

		Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (RAE)	Calcm (mg)	Vit-C (mg)	Iron (mg)	Cost
Weighted Averages		220	1	185	*16	*0	5.38	*0.00	*3	37.68	3.22	*4.29	*0	141	*13.51	1.32	\$0.000
% of Calories			4.42%		*29.1%	*0%	22.0%	*0.0%		68.5%		*7.8%					

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.