



# Shaffer Elementary School

"Excellence In Education"

P.O. Box 320

Litchfield, CA 96117

(530) 254-6577 FAX (530)-254-6126

[www.shafferschool.com](http://www.shafferschool.com)

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### Local School Wellness Policy (LSWP) Triennial Assessment

Shaffer Union Elementary School District

Assessment Year: 2024–2025

Next Assessment: 2027–2028

Program Covered: School Nutrition Program (NSLP & SBP only)

#### 1. Purpose of the Assessment

This Triennial Assessment is completed to meet federal USDA requirements under the Healthy, Hunger-Free Kids Act of 2010. Because Shaffer UESD participates in the National School Lunch Program (NSLP) and the School Breakfast Program (SBP), the District must maintain a Local School Wellness Policy (BP/AR 5030) and publicly post a triennial assessment. Smart Snacks requirements do not apply because the District does not sell competitive foods.

#### 2. Stakeholders Involved

- Superintendent/ Principal
- CBO
- Nutrition Services Lead
- Classified Staff Representative
- Certificated Staff Representative
- Parent/Guardian Representative
- Community Member
- Student

#### 3. Wellness Policy Components Reviewed

##### A. Nutrition Promotion & Education

Health and nutrition taught as part of curriculum; cafeteria promotes appealing, healthy meals.

##### B. School Meal Program

Compliance with USDA meal pattern requirements; drinking water availability; safe and clean environment; adequate meal time.

##### C. Physical Activity

Students receive physical activity opportunities; PE minutes meet California requirements.

##### D. Staff & Family Wellness Support

Opportunities and information supporting healthy habits.

#### 4. District Implementation Results

Area Reviewed	Requirement	Status
Nutrition Education	Provided through state-approved curriculum	Met
Nutrition Promotion	Cafeteria promotes healthy choices	Met
Reimbursable Meals	Meals meet USDA nutrition standards	Met
Meal Environment	Safe, clean, and supportive	Met
Water Availability	Drinking water accessible during meals	Met
Meal Time	Students provided adequate meal time	Met
Physical Activity	Students receive regular physical activity	Met
PE Minute Requirements	TK–8 minutes met	Met
Staff Wellness	Opportunities available when possible	Partially Met
Community Engagement	Parent/community representation included	Met

## 5. District Strengths

- Reimbursable meals fully meet USDA guidelines
- Strong cafeteria environment and nutrition promotion
- PE minutes aligned with state requirements
- Clear communication with families
- Wellness policy posted publicly

## 6. Areas for Growth

- Expand staff wellness options
- Increase student involvement in wellness decisions
- Increase community participation in wellness discussions

## 7. Action Plan (2025–2027)

Action	Timeline	Responsible
Add staff wellness opportunities	2025–26	Superintendent/ Principal
Add student reps to wellness team	2025–26	Superintendent/ Principal
Invite community health partners	Ongoing	Nutrition Services Lead

## 8. Public Posting

This triennial assessment and Board Policy 5030 are publicly posted on the Shaffer UESD Website

## 9. Certification

Approved by the District Wellness Committee on:

Date: 6-30-2025

Wellness Coordinator: *Jennifer Enriquez*