

SEPTEMBER 2026

RIO DEL ORO TK

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plused.org

Monday
Tuesday
Wednesday
Thursday
Friday
1

Bagel w/ Cream Cheese
Apple Slices
Orange Juice
1% White Milk

2

Concha
Craisins
Apple Juice
1% White Milk

3

Muffin
Banana
Grape Juice
1% White Milk

4

Mini Cinni
Apple Slices
Orange Juice
1% White Milk

7

**NO
SCHOOL**

8

Bagel w/ Cream Cheese
Apple Slices
Orange Juice
1% White Milk

9

Concha
Craisins
Apple Juice
1% White Milk

10

Muffin
Banana
Grape Juice
1% White Milk

11

Mini Cinni
Apple Slices
Orange Juice
1% White Milk

14

Cereal
Oranges
Apple Juice
1% White Milk

15

Bagel w/ Cream Cheese
Apple Slices
Orange Juice
1% White Milk

16

Concha
Craisins
Apple Juice
1% White Milk

17

Muffin
Banana
Grape Juice
1% White Milk

18

Mini Cinni
Apple Slices
Orange Juice
1% White Milk

21

Cereal
Oranges
Apple Juice
1% White Milk

22

Bagel w/ Cream Cheese
Apple Slices
Orange Juice
1% White Milk

23

Concha
Craisins
Apple Juice
1% White Milk

24

Muffin
Banana
Grape Juice
1% White Milk

25

Mini Cinni
Apple Slices
Orange Juice
1% White Milk

28

Cereal
Oranges
Apple Juice
1% White Milk

29

Bagel w/ Cream Cheese
Apple Slices
Orange Juice
1% White Milk

30

Concha
Craisins
Apple Juice
1% White Milk

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.
We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

This institution is an equal opportunity provider.