

**Elementary and Middle School
KIN Super Snack Menu
October 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
			1-Oct	2-Oct
			Banana Muffin Apple Crisps Milk or Fruit Juice Box	Yogurt Fresh Banana Milk or Strawberry Kiwi Juice Box
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct
Bean Dip w/Tostitos Orange Smiles Milk or Apple Juice Box	Yogurt Sliced Apples Milk or Fruit Juice Box	Chocolate Chex Mix Strawberry Craisins Milk or Strawberry Kiwi Juice Box	Sunflower Seeds Seedless Grapes Milk or Apple Juice Box	School Holiday
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
School Holiday	Banana Muffin Diced Peach Cup Milk or Fruit Juice Box	Strawberry Pop Tart Sliced Apples Milk or Strawberry Kiwi Juice Box	Bean Dip w/Tostitos Strawberry Applesauce Milk or Apple Juice Box	Cinnamon Toast Bar Fresh Banana Milk or Fruit Juice Box
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct
Sunflower Seeds Strawberry Applesauce Milk or Strawberry Kiwi Juice Box	Chocolate Chex Mix Orange Smiles Milk or Apple Juice Box	Cinnamon Pop Tart Diced Pear Cup Milk or Fruit Juice Box	Cheese Stick Seedless Grapes Milk or Strawberry Kiwi Juice Box	Salsa Cup w/Tostitos Strawberry Craisins Milk or Apple Juice Box
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct
Strawberry Nutrigrain Bar Apple Crisps Milk or Fruit Juice Box	Cheese Cubes Strawberry Craisins Milk or Strawberry Kiwi Juice Box	Cinnamon Toast Bar Seedless Grapes Milk or Apple Juice Box	Banana Muffin Strawberry Applesauce Milk or Fruit Juice Box	Yogurt Fresh Banana Milk or Strawberry Kiwi Juice Box