

SILVER STRAND CAFE LUNCH MENU



OCTOBER 5TH - DECEMBER 4TH

Let's Go Local!

Each "Try-it Tuesday" we are encouraging students to sample an organic, locally made recipe featured on the salad bar. In addition, on Friday, a featured "Harvest of the Month" whole, local and organic fruit or vegetable is offered. Enjoy the harvest!!



Breakfast & Lunch Meals are **FREE** to all students in the 2026-27 School Year. No application needed!

MONDAY

Crispy Chicken Sandwich



Three Cheese Cavatappi Pasta
(with Roll)

Wowbutter & Jelly Sandwich

TUESDAY

Papa John's Pepperoni Pizza



Papa John's Cheese Pizza

Turkey & Cheese Pinwheels
(with Cheez-Its)

WEDNESDAY

Orange Chicken
(with Brown Rice)



Mid-Week Munchie:
Mini Rice Krispies Treat

100% Beef/Uncured Hot Dog

Islander Bistro Box
(Cheese cubes, Babybel, Goldfish, Grapes, & Apples)

THURSDAY

100% Beef Hamburger



Pizza Cheese Crunchers

Chicken & Veggie Dumplings

FRIDAY

Brunch 4 Lunch
(Mini pancakes & turkey sausage)



100% White Meat Chicken Chunks



Cheese Quesadilla

 = VEGETARIAN ENTREES

 = GLUTEN FREE ENTREES

Menu subject to change.

Students must select a 1/2 cup of fruit and/or vegetable with each meal.



We're Going **ORGANIC!**



This school year, we're increasing the amount of organic & California produce on our salad bars to provide even more fresh, healthy, and sustainable options for your child. With locally-sourced, pesticide-free ingredients, every bite supports better nutrition and a greener planet.

What's Included

All lunch meals include an entrée, unlimited fresh fruits and vegetables, and choice of 1% white or non-fat milk.



Healthy Selections Daily

A selection of fruits & vegetables will be offered daily: Oranges, Bananas, Apples, Blueberries, Raisins, Dried Cranberries, Pears, Nectarines, Applesauce, Romaine Lettuce, Spinach, Cherry Tomatoes, Carrots, Zucchini, Jicama, Cauliflower, Celery, Broccoli, and Cucumbers



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.