North East ISD LIGHTNING GUIDELINES

While the probability of being struck by lightning is extremely low, the odds are significantly greater when a storm is in the area and proper safety precautions are not followed. Prevention and education are the keys to lightning safety. The athletic trainer, head coach and/or administrator using one of the three following methods will monitor conditions.

- **Perry Weather** This is an internet based weather reporting system that utilizes GPS to record active lightning strikes.
- 1. When a suspicious cloud/storm approaches, the athletic trainer/ head coach, assistant coach or administrator will monitor Weather Bug.
- 2. Once the cloud/storm reaches the 10 mile range, the field should be evacuated
- **Perry Weather App** This is a detection device that estimates the distance of lightning.
- 1. When a suspicious cloud/storm approaches, the athletic trainer/ head coach, assistant coach or administrator will be notified on their cell phone.
- 2. Monitor lightning by checking the read out periodically. Lightning detected in the 20-40 mile range moving into the 8-20 mile range indicates the cloud is moving closer to your location.
- 3. Once the cloud/storm reaches the 10 mile range, the field should be evacuated.
- "Flash to Bang" method This method estimates the distance of lightning. Upon seeing the flash of lightning, start counting the seconds until thunder is heard. Divide the time in seconds by five to measure distance. 55
- 1. When suspicious cloud/storm approaches, the athletic trainer/ head coach, assistant coach or administrator shall monitor the approaching storm using the flash bang method.
- 2. Once the flash bang count reaches 50 seconds or less, the field should be evacuated.

Evacuation Procedures

The students should be evacuated to a safe shelter. Staying away from tall or individual trees, lone objects (light or flag poles), metal objects, and open fields. Examples of safe shelter are a bus, dressing room, or other building. A dug out or awning are not considered safe shelter. Administrators should evacuate spectators from the stadium.

Resume Practice and Competition

Once a game or practice has been suspended the storm should continue to be monitored. No contest or practice should be resumed until:

- 1. The lightning has moved out of the ten mile radius on the Weather Bug system.
- 2. No lightning strike has been detected within 10 mile range for 30 consecutive minutes using Perry Weather.
- 3. Perry Weather will give the coach and trainer an all clear notification when all criteria is met.

Although the home team is responsible for each game or match, it should be noted that the athletic trainer, head coach and/or administrator is wholly responsible for the safety and well-being of adults and students in his/her charge. If no policy is in effect at the out of town site, it is recommended that the North East ISD guidelines be followed.