



# BREAKFAST

## NOVEMBER 2025

### RIO DEL ORO ELEMENTARY SCHOOL

Questions or concerns  
Contact Nutrition Services  
(530) 743-4428 or  
[mdelong@plUSD.org](mailto:mdelong@plUSD.org)

Monday

Tuesday

Wednesday

Thursday

Friday

3

Breakfast Pizza  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

4

Pancake & Sausage  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

5

Chicken Biscuit  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

6

Pumpkin Muffin  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

7

Fresh Baked  
Cinnamon Roll  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

10

**NO  
SCHOOL**

11

**NO  
SCHOOL**

12

Breakfast Bowl  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

13

Banana Muffin  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

14

Mini Cinni  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

17

Waffle & Sausage  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

18

Concha  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

19

Breakfast Sandwich  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

20

Chocolate Chip Muffin  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

21

Fresh Baked  
Cinnamon Roll  
Bagel w/ Cream Cheese  
Cereal Bowl – Benefit Bar  
Variety of Fruit & Juice

24

**NO  
SCHOOL**

25

**NO  
SCHOOL**

26

**NO  
SCHOOL**

27

**NO  
SCHOOL**

28

**NO  
SCHOOL**

All meals are served with  
the choice of  
1% white milk or  
nonfat chocolate milk.

Please be advised – All menus are subject to change without notice due to distribution shortages and product unavailability.

We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.

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**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Chicken Tenders w/ roll **3**  
Or Sunbutter Sandwich  
Green Beans  
Celery Sticks – Salad – Carrots  
Variety of Fruit  
Fruit Snack

Taco Nada or **4**  
Bean & Cheese Burrito  
Spanish Rice  
Peas – Salad - Carrots  
Variety of Fresh Fruit  
Goldfish Crackers

Orange Chicken Rice Bowl **5**  
Or Egg Roll & Rice Bowl  
Stir Fry Veggies  
Broccoli – Salad - Carrots  
Variety of Fruit  
Cheese Stick

Chicken Sandwich **6**  
Or Pretzel & Cheese  
Baked Beans  
Celery Sticks – Salad – Carrots  
Variety of Fruit

Domino's Smart Slice Cheese **7**  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Cookie

**NO  
SCHOOL** **10**

**NO  
SCHOOL** **11**

Pull Apart w/ Marinara **12**  
Or Macaroni & Cheese w/ Roll  
Steamed Corn  
Broccoli – Salad - Carrots  
Variety of Fruit

Hamburger **13**  
Or Grilled Cheese Sandwich  
Baked Beans  
Celery Sticks – Salad – Carrots  
Variety of Fruit

Domino's Smart Slice Cheese **14**  
Or Pepperoni Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Cookie

Taco Nada **17**  
Or Chimi Nada  
Green Beans  
Celery Sticks – Salad – Carrots  
Variety of Fruit  
Fruit Snack

Mini Waffles & Sausage **18**  
Or Mini Waffles & Yogurt  
Hash Browns  
Celery Sticks – Salad - Carrots  
Variety of Fruit

Chicken Nuggets **19**  
Or Macaroni and Cheese  
W/ Dinner Roll  
Steamed Corn  
Broccoli – Salad - Carrots  
Variety of Fruit

Turkey & Gravy **20**  
or Sunflower & Jelly Sandwich  
Mashed Potatoes - Roll  
Broccoli – Salad - Carrots  
Variety of Fresh Fruit  
Pumpkin Bread

**Minimum Day** **21**  
Domino's Smart Slice Pizza  
Caesar Salad – Cucumber  
Sticks – Baby Carrots  
Variety of Fruit  
Cookie

**NO  
SCHOOL** **24**

**NO  
SCHOOL** **25**

**NO  
SCHOOL** **26**

**NO  
SCHOOL** **27**

**NO  
SCHOOL** **28**

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the choice of  
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nonfat chocolate milk.

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