

YOUNG 6-8 OCTOBER MENU

ISPY SPOOKY FUN!

On this page, I see 2 mummies, 2 joyful ghosts, 3 soaring bats, 2 concealed cats, 3 cheerful pumpkins, 4 lively skeletons, and 5 watchful skulls.

Helpful Hints are on the second page

MONDAY

6

TUESDAY

7

Breakfast
Loaded Breakfast Burrito or Cereal or Assorted Pastries
Offered with each choice
Chilled Pears/Juice
Lunch
Pepperoni Pizza or Cheese Pizza or Hawaiian Pizza
Offered with each Choice
Steamed Green Beans
Cookie

WEDNESDAY

1

Breakfast
Raspberry PBJ or Sun Butter & Fruit topping or Cereal or Assorted Pastries
Offered with each choice
Orange Wedges/Juice
Lunch
Pepperoni Hot Pocket or Cheese Wedge Pizza or Pizza Pocket
Offered with each Choice
Potato Wedges

THURSDAY

2

Breakfast
Biscuit Breakfast Bowl or Cereal or Assorted Pastries
Offered with each choice
Banana/Juice
Lunch
Chicken Fried Chicken & Potatoes or Grilled Cheese Sandwich or Chicken Tenders
Offered with each Choice
Steamed Mixed Veggies

FRIDAY

3

13

Breakfast
French Toast Sticks or Cereal or Assorted Pastries
Offered with each choice
Assorted Fruit Cup/Juice
Lunch
Chicken Nuggets or Cheese Bites or Chicken Wrap
Offered with each Choice
Tater Tots

14

Breakfast
Cheese Omelet w/ Biscuit or Cereal or Assorted Pastries
Offered with each choice
Chilled Pears/Juice
Lunch
Swiss Dunker Sandwich or Spaghetti w/ Cheese or Pizza Pocket
Offered with each Choice
Steamed Green Beans

15

Breakfast
Strawberry Parfait w/ Graham or Cereal or Assorted Pastries
Offered with each choice
Orange Wedges/Juice
Lunch
BBQ Chicken Bomb or Veggie Wrap or 1/4# Hot Dog
Offered with each Choice
Curly Fries

16

Breakfast
Assorted Scone & Yogurt or Cereal or Assorted Pastries
Offered with each choice
Banana/Juice
Lunch
Turkey & Gravy w/ Potatoes or PBJ & Sun Butter Sandwich w/ cheese stick or Spicy Chicken Sandwich
Offered with each Choice
Steamed Mixed Veggies

17

Breakfast
Pizza Puff or Cereal or Assorted Pastries or Pizza Puff w/ Nacho Cheese
Offered with each choice
Apples/Juice
Lunch
Super Burrito or Cheese Quesadilla or Taquitos
Offered with each Choice
Steamed Corn
Cilantro Rice

MONDAY

Veggie Beans
Leaf Lettuce
Baby Carrots
Dried Fruit
Applesauce
Fresh Fruit

TUESDAY

Leafy Green Salad
Dry Noodles Topper
Kidney Beans
Tomato & Broccoli
Chilled Pears
Fresh Fruit Choice
Fresh Mango Dressing

WEDNESDAY

Leafy Green Salad
Carrots & Celery
Fresh Peas
Bell Peppers
Chilled Peaches
Fresh Fruit Dressing

THURSDAY

Green Lettuce
Pickles
Pepperoncini Peppers
Tomato Slices
Baby Carrots
Chilled Fruit
Fresh Fruit Dressing

FRIDAY

Iceberg Lettuce
Salsa
Jalapeño Peppers
Olives
Fiesta Pinto Beans
Cucumber Slices
Shredded Cheese
Fresh Pineapple

Offered Daily
1% White Milk
or
Nonfat
Chocolate Milk