

# Orinda Union School District Food Services Newsletter

September 2025





### fuel.ignite.thrive.

## DISCOVERY KITCHEN FUN

Whether it's competing on an athletic team, staying active with friends, or studying for a math test, FIT teaches kids how to fuel their bodies and minds in the cafeteria and beyond. This innovative program brings together culinary demonstrations, nutrition education, and healthy recipes to help everyone perform at their best and stay ahead of the game.

Enjoy a taste of Discovery Kitchen at: Orinda Intermediate School/September 24<sup>th</sup>/ Sun butter Dippers



### **Dip'n to Flavor Continues**

This fall, students can dive into bold new tastes with *Dip'n to Flavor!*—a limited-time cafeteria promotion inspired by trending TikTok flavors. Featuring craveable, student-approved dips like Honey Buffalo, Korean BBQ, Chimichurri Ranch, and Sriracha Honey Mustard, it's all about dip'n, snack'n, and lov'n!

#### **FUN DAY AND MORE:**

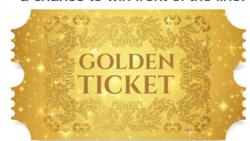
Celebrate your favorite School Meals with I Love Food Day, 9/9



Rate and Review your favorite Foods!



Hey Bulldogs! The Golden Ticket Contest is back. Enter for a chance to win front of the line!



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