

			Thursday 1	Friday 2 EO
			*Bagel 2oz Cream Cheese Apple 1/2 cup Cranberries 1/4 cup Milk 8oz	Cream of Wheat 1 cup *Cinnamon Toast 2 oz Banana 1/2 cup Juice 4oz Milk 8oz
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9 EO
*Oatmeal 1 cup Apple 1/2 cup Juice 4oz Milk 8oz	*Waffles 2oz Oranges 1/2 cup Cranberries 1/4 cup Milk 8oz	*Cinnamon Bagel 2oz Strawberries 1/2 cup Banana 1/2 cup Milk 8oz	*Cereal 1 cup Apple 1/2 cup Cranberries 1/4 cup Milk 8oz	Yogurt 1/2 cup *Granola 1oz Banana 1/2 Cup Milk 8oz
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16 EO
No School	*French Toast Sticks 3oz Apple Sauce 1/2 cup Juice 4oz Milk 8oz	*Breakfast Sandwich 3oz Oranges 1/2 cup Cranberries 1/4 cup Milk 8oz	*Oatmeal 1 cup Stawberries 1/2 cup Apple 1/2 cup Milk 8oz	*Breakfast Burrito 3oz Banana 1/2 cup Cranberries 1/4 cup Milk 8 oz
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23 EO
*Banana Muffin 1.5oz Apple 1/2 cup Juice 4oz Milk 8oz	Cream of Wheat 1 cup *Cinnamon Toast 2oz Banana 1/2 cup Milk 8oz	*Pancakes 2oz Apple Sauce 1/2 cup Raisins 1/4 cup Milk 8oz	*Bagel 2oz Cream Cheese Apple 1/2 cup Cranberries 1/4 cup Milk 8oz	*Biscuits&Gravy 2oz Pears 1/2 cup Raisins 1/4 cup Milk 8oz
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30 EO
*Cereal 1 cup Peaches 1/2 cup Cranberries 1/4 cup Milk 8oz	*Waffles 2oz Apple 1/2 cup Banana 1/2 cup Milk 8oz	*Cinnamon Muffin 1.5oz Mixed Fruit 1/2 cup Cranberries 1/4 cup Milk 8oz	Yogurt 1/2 cup *Granola 1oz Apple 1/2 cup Raisins 1/4 cup Milk 8oz	*Chicken Bread 2oz Quicksand 1/2 cup Orange Blood 4oz Ghost Tears 8oz

A variety of fruits and vegetables served daily.

Vegetarian options everyday. *Whole grain/Enriched.

Nonfat unflavored milk and 1% unflavored milk served daily.

The USDA and CDE are equal opportunity provider and employers.

Menu subject to change

			Thursday 1	Friday 2 EO
			Meatballs 2oz Mashed Potatoes 1/2 cup *Stuffing 2oz Banana 1/2 cup Milk 8oz	PB&J Sandwich 1oz *Bread 2oz Salad Bar 3/4 cup Oranges 1/2 cup Milk 8oz
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9 EO
*Grilled Cheese 3oz Tomato Soup 1/2 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Bean&Cheese Burrito 2oz *Tortilla 2oz Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	*Chicken Penne 1 cup Salad Bar 3/4 cup Pear 1/2 cup Milk 8oz	*Orange Chicken 2oz *Rice 1/2 cup Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Chicken Nuggets 2oz *Roll 1oz French Fries 1/2 cup Banana 1/2 cup Milk 8oz
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16 EO
No School	Nacho Bar 2oz *Tortilla Chips 2oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	*Cheese Pizza 4oz Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	Chicken Fajita 2oz *Tortilla 2oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Cheeseburger 2oz *Bun 2oz Potato Wedges 1/2 cup Veggie Bar 3/4 cup Oranges 1/2 cup Milk 8oz
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23 EO
Chicken Noodle Soup 1 cup *Biscuit 2oz Salad Bar 3/4 cup Apple 1/2 cup Milk 8oz	Beef Tostada 2oz *Tortilla Bowl 2oz Salad Bar 3/4 cup Banana 1/2 cup Milk 8oz	Lasagna 3/4 cup *Breadstick 1oz Salad Bar 3/4 cup Mixed Fruit 1/2 cup Milk 8oz	BBQ Chicken 2oz *Roll 2oz Green Beans 3/4 cup Apple Juice 4oz Milk 8oz	PB&Honey Sandwich 1oz *Bread 2oz Veggie Bar 3/4 cup Apple 1/2 cup Milk 8oz
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30 EO
*Corn Dog 4oz Baked Potato Bar 3/4 cup Apple 1/2 cup Milk 8oz	Chicken Quesadilla 4oz *Rice 2oz Veggie Bar 3/4 cup Fruit Cup 1/2 cup Milk 8oz	Beef Stroganoff 3/4 cup *Roll 1oz Salad Bar 3/4 cup Pear 1/2 cup Milk 8oz	Chips&Bean Dip 1/2 cup *Tortilla Chips 2oz Salad Bar 3/4 cup Peaches 1/2 cup Milk 8oz	Dinosaurs 2oz *Garlic Wand 1oz Chicken Scratch 3/4 cup Poppy Quamp 1/2 cup Ghost Tears 8oz

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