

North East ISD  
School Health Advisory Council  
Annual Progress Report Presentation

To the Board of Trustees  
June 9, 2025

As Required by Texas Education Code, Section 28.004

# Background & Mandate

- Senate Bill 1, 74th Legislature (1995), amended TEC Chapter 28, adding Section 28.004.
  - Mandates establishment of local School Health Advisory Councils (SHACs).
  - SHAC duties: Recommending policies, procedures, curriculum, and strategies for health education.

# Annual Report Requirements

Submit a written report to the Board at least once annually.

Report must include:

- Recommendations not previously submitted to the Board regarding health education curriculum and instruction or related recommendations.
- Suggested changes to previous SHAC recommendations.
- Detailed explanation of SHAC activities since the last report.
- Recommendations from the physical activity and fitness planning subcommittee (Fitness and Physical Activity Standing Committee).

# 2024-2025 SHAC Activities: Overview

The SHAC convened on five occasions during the 2024-2025 academic year.

## Meeting Dates:

- January 15, 2025
- February 19, 2025
- March 19, 2025
- April 16, 2025
- May 21, 2025

# January 15, 2025 - First Meeting Highlights

Election of Officers by Acclamation:

- **SHAC Chair:** Anthony Kaman (two-year term)
- **SHAC Vice-Chair:** Anna Ramsey (one-year term)
- **SHAC Secretary:** Bonnie Scott

# January 15, 2025 - First Meeting Highlights

## Approval of SHAC Meeting Schedule:

- Monthly meetings (Feb 19, Mar 19, Apr 16, May 21 if needed).
- 12:15 PM - 1:30 PM
- Max. 30 min for full SHAC business; Min. 30 min for Standing Committee work sessions.
- Motion passed (22 Aye, 1 No).

Consensus on voice/hand votes for minutes approval only.

Members introduced themselves.

# **February 19, 2025 - Second Meeting Highlights**

Approval of January 15, 2025, meeting minutes.

Presentation: Career and Technical Education (CTE) Child Development Lessons (Unit 8, Lessons 1 & 2) from Human Sexuality and Abstinence Education (HSAE) Curriculum by Philip Steinart, Senior Director, CTE.

**Motion to approve CTE Child Development Lessons (Unit 8, Lessons 1 & 2) from HSAE Curriculum.**

- Motion passed (21 Aye, 0 No).

# February 19, 2025 - Second Meeting Highlights

After SHAC Meeting adjournment, formation of Standing Committees by Single Member Districts (SMD):

- Classroom Health and Sex Education (CHaSE)
- Fitness and Physical Activity (FaPA)
- Nutrition
- Safe and Healthy Schools (SaHS)

Standing Committees elected Chair, Vice-Chair, and Note-Taker

# SHAC Executive Committee Meetings

**Composition:** SHAC Chair, Vice-Chair, Standing Committee Chairpersons, SHAC Secretary, SHAC Liaison.

**Purpose:** Formulate agendas for SHAC Meetings, review bylaw revision suggestions.

## Virtual Meeting Dates:

- March 5, 2025
- April 2, 2025
- May 6, 2025

# March 19, 2025 - Third Meeting Highlights

Approval of February 19, 2025, meeting minutes.

## Standing Committee Updates:

- **CHaSE:** Status update on 8th-grade HSAE recommendation.
- **Fitness and Physical Activity:** Progress on new recess implementation.
- **Nutrition:** No new information.
- **Safe and Healthy Schools:** Plans to review cell phone procedures.

# **March 19, 2025 - Third Meeting Highlights**

Presentation: Comprehensive School Guidance Program, Guidance Curriculum Component, and Quaver Ready by Rose Garcia, Director, Guidance Services.

**Motion to approve Comprehensive School Guidance Program, Guidance Curriculum Component, and Quaver Ready curriculum.**

- Motion passed (21 Aye, 0 No, 1 Abstention).

After SHAC Meeting adjournment, dedicated Work Sessions for Standing Committees.

**April 8, 2025**

# **CHaSE Standing Committee Work Session**

Virtual work session held.

Deliberated upon and endorsed:

- TedEd resource for health educators.
- “Screenager” documentary.
- “Kids Teaching Kids 21 Day Snacking Challenge” initiative.

# April 16, 2025 - Fourth Meeting Highlights

Approval of March 19, 2025, meeting minutes.

## Standing Committee Updates:

- **CHaSE:** Reviewed endorsed resources and documentary.
- **Fitness and Physical Activity:** Awaiting recess updates, considering middle school options, submitted bylaw revisions.
- **Nutrition:** No new information.
- **Safe and Healthy Schools:** Formulating questions for middle school staff on cell phones.

# **April 16, 2025 - Fourth Meeting Highlights**

Membership engaged in discussions regarding amendments to the SHAC Bylaws, intended for recommendation to the Board of Trustees.

After SHAC Meeting adjournment, dedicated Work Sessions for Standing Committees.

# April 24, 2025

## CHaSE Work Sessions

### April 24, 2025 (In-person, non-voting):

- Quorum not met (3 members present); no formal voting.
- Reviewed *Choosing the Best Life* (8th grade) sexual violence prevention videos and prior edits.
- Preparation for May 21 SHAC presentation/vote.

# **May 12, 2025**

## **CHaSE Work Sessions**

**May 12, 2025 (In-person, non-voting):**

- Focused on CHaSE Recommendation for 8th-grade Human Sexuality and Abstinence Education (HSAE) and Abuse Prevention.

# May 21, 2025 - Fifth Meeting Highlights

Approval of April 16, 2025, meeting minutes.

## Standing Committee Updates:

- **CHaSE:** Agenda item for presentation.
- **Fitness and Physical Activity:** Presentation by Ms. Jennifer Cooper (Nimitz MS Principal) on lunch physical activities. Continued research and resource provision for middle schools.

# May 21, 2025 - Fifth Meeting Highlights

## Standing Committee Updates:

- **Nutrition:** USDA waiver for Ramadan food distribution. Requested SHAC agenda item for Sharon Glosson (Exec. Dir. School Nutrition Services) overview. Researching summer food insecurity partnerships. Informed of NEISD Summer Feast (June 5, 2025).
- **Safe and Healthy Schools:** Presentation by Ms. Torey Leitzke (Bradley MS) on cell phone procedures, planning, implementation, and community feedback.

# **May 21, 2025 - Fifth Meeting Highlights**

**Motion to approve proposed SHAC Bylaw changes to recommend to the Board of Trustees for 2025-2026.**

- Motion passed (22 Aye, 0 No).

# **May 21, 2025 - Fifth Meeting Highlights**

**Motion to approve all edited instructional materials for 8th-grade HSAE and Abuse Prevention curriculum for 2025-2026.**

- Motion passed (23 Aye, 0 No).

After SHAC Meeting adjournment, dedicated Work Sessions for Standing Committees.

# Conclusion & Recommendations

**Formal Recommendation:** Adoption and implementation of all revised instructional materials for 8th-grade Human Sexuality and Abstinence and Abuse Prevention curriculum, effective 2025-2026 academic year.

**Formal Recommendation:** Consideration of bylaw revisions.

No formal recommendations submitted by the Fitness and Physical Activity Standing Committee.

No modifications to prior SHAC recommendations proposed.

**Thank you.**