



Sly Park Day Group | Trip Preparedness

Sly Park Environmental Education Center is located approximately 60 miles east of Sacramento in the Sierra Nevada Mountains. The Sly Park Campus is situated at approximately 3500' elevation and the climate is generally cooler and wetter than the Sacramento Valley. Temperatures can vary greatly any time of year. Students should bring clothes for all types of weather. To be properly prepared, we recommend checking the Pollock Pines long-term weather report leading up your trip date and packing accordingly.

The following are a few things to take into consideration when planning your trip and preparing your students for their Sly Park experience.

WHAT TO BRING	
REQUIRED ITEMS <ul style="list-style-type: none"><input type="checkbox"/> Clothing (think layers)<ul style="list-style-type: none"><input type="checkbox"/> Long pants<input type="checkbox"/> Short/long sleeve shirt<input type="checkbox"/> Sweatshirt/jacket/coat<input type="checkbox"/> Rain poncho or waterproof coat (depending on weather)<input type="checkbox"/> Gloves<input type="checkbox"/> Beanie/hat<input type="checkbox"/> Hiking shoes OR sneakers (absolutely NO Crocs or open toe/heel shoes)<input type="checkbox"/> Snow boots (depending on weather)<input type="checkbox"/> Reusable water bottle	OPTIONAL/SUGGESTED ITEMS <ul style="list-style-type: none"><input type="checkbox"/> Sunscreen (non-aerosol)<input type="checkbox"/> Lip balm<input type="checkbox"/> Insect repellant (non-aerosol)<input type="checkbox"/> Backpack<input type="checkbox"/> Camera<input type="checkbox"/> Shorts (if warm weather is possible)<input type="checkbox"/> Inhaler (if you have and use one)<input type="checkbox"/> Epipen (if you have and use one)<input type="checkbox"/> Extra pair of old gloves if building shelters during colder months
WHAT NOT TO BRING	
<ul style="list-style-type: none"><input type="checkbox"/> NO cell phones, cellular-enabled watches or electronics<input type="checkbox"/> NO money<input type="checkbox"/> NO valuable items<input type="checkbox"/> NO knives, weapons or dangerous objects	<ul style="list-style-type: none"><input type="checkbox"/> NO food or candy*<input type="checkbox"/> NO clothing inappropriate for school<input type="checkbox"/> NO aerosol sprays

**While your group may be bringing your own food for lunch, please do not bring food on the trail unless specifically instructed to do so.*