

Menu For

October 2026

Thermalito Union Elementary School District

*This Institution is an equal opportunity provider

*Menu Subject to Change



Freshly Prepared On Site

TRICK.

No matter the time of year, a big old bucket, bag, or pillow case full of all-you-can-eat sugar is never a treat -- for kids or adults.

For those who feel they MUST collect candy, pick out a couple of favorite pieces and then toss the rest.

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**



**Every complete meal we serve
comes with your choice of milk!**

**YOU'RE
Still
GOOD™**



**ALL STUDENTS EAT ALL MEALS @
NO COST ALL YEAR LONG**



1

Breakfast

Blueberry Muffin

Offered w/ Breakfast

Banana
Juice

Lunch

Chicken Sandwich or
Pepperoni Pizza

Offered w/ Lunch

Tater Tots
Fruit & Veggie Bar

2

Breakfast

Cinnamon Breakfast Round

Offered w/ Breakfast

Applesauce
Fresh Fruit

Lunch

Chicken Egg Rolls or
Teriyaki Beef Dippers

Offered w/ Lunch

 Fried Rice
Pineapple
Fruit & Veggie Bar

5

Breakfast

Honey Scooters Cereal

Offered w/ Breakfast

Fresh Apple
Fresh Orange

Lunch

Pull Apart or
Chicken & Cheese Taquito

Offered w/ Lunch

Marinara Sauce
Strawberry Jell-O Cup
Fruit & Veggie Bar

6

Breakfast

Buttermilk Bar

Offered w/ Breakfast

Juice
Fresh Apple

Lunch

Turkey Taco Nada or Bean &
Cheese Burrito

Offered w/ Lunch

Cookie
Peach Chamango Pop
Fruit & Veggie Bar

7

Breakfast

Mocha Crumble

Offered w/ Breakfast

Sliced Apples
Diced Pears

Lunch

Chicken Wings w/ Biscuit or
Corn Dog

Offered w/ Lunch

Tater Tots
Strawberry Cup
Fruit & Veggie Bar

8

Breakfast

Cinnamon Toast Cereal

Offered w/ Breakfast

Diced Pears
Applesauce

Lunch

Hamburger or Cheeseburger

Offered w/ Lunch

Tater Tots
Fruit & Veggie Bar

9



12

**Breakfast**Strawberry Cereal Bar
w/ String Cheese**Offered w/ Breakfast**Banana
Juice**Lunch**Chicken Egg Rolls or
Sweet & Sour Chicken
w/Chow Mein**Offered w/ Lunch**Green Beans
Pineapple Tidbits
Fruit & Veggie Bar

13

Breakfast

Strawberry Mini Bagel

Offered w/ BreakfastFresh Orange
Juice**Lunch**BBQ Rib Sandwich or
Jumbo Chicken Corndog**Offered w/ Lunch**
 Creamy Coleslaw
Brownie
Fruit & Veggie Bar

14

Breakfast

Blueberry Muffin

Offered w/ BreakfastFresh Orange
Juice**Lunch**Orange Chicken or
Teriyaki Beef Dippers**Offered w/ Lunch**
 Fried Rice
Fruit & Veggie Bar

15

Breakfast

Cinnamon Breakfast Round

Offered w/ BreakfastRaisins
Apple**Lunch**
 Chicken Alfredo or
Cheese Filled Pizza Sticks
Offered w/ LunchMarinara Sauce
Cookie
Strawberry Jell-O Cup
Fruit & Veggie Bar

16

19

Breakfast

Granola w/ Yogurt

Offered w/ BreakfastBanana
Juice**Lunch**
 Spaghetti & Meat Sauce
w/Texas Garlic Toast or
Chicken Nuggets
Offered w/ LunchSmile Fries
Brownie
Fruit & Veggie Bar

20

Breakfast

Bagel w/ Cream Cheese

Offered w/ BreakfastFresh Orange
Juice**Lunch**Chicken Egg Rolls or
Orange Chicken**Offered w/ Lunch**
 Fried Rice
Fruit & Veggie Bar


21

BreakfastStrawberry Pop Tart w/ String
Cheese**Offered w/ Breakfast**Juice
Fresh Orange**Lunch**
 Popcorn Chicken Bowl or
Chicken Tenders
Offered w/ LunchDinner Roll
Garlic Mashed Potatoes
Fruit & Veggie Bar

22

Breakfast

Banana Muffin

Offered w/ BreakfastFresh Apple
Diced Peaches**Lunch**

Cheeseburger or Hamburger

Offered w/ LunchSeasoned Potato Wedges
Strawberry Jell-O Cup
Lays Original Chips
Fruit & Veggie Bar

23

Breakfast

Blueberry Chex Cereal

Offered w/ BreakfastFresh Orange
Diced Pears**Lunch**Pull Aparts or
Turkey Pizza Nada**Offered w/ Lunch**Marinara Sauce
Cookie
Fruit & Veggie Bar

26

Breakfast

Coco Puffs Cereal

Offered w/ BreakfastFresh Pear
Juice**Lunch**Orange Chicken Chow Mein
Bowl or Chicken Egg Rolls**Offered w/ Lunch**Green Beans
Pineapple Tidbits
Fruit & Veggie Bar

27

BreakfastStrawberry Cereal Bar
w/ String Cheese**Offered w/ Breakfast**Diced Peaches
 Fresh Apple
LunchSpaghetti & Meat Sauce or
Macaroni & Cheese**Offered w/ Lunch**Texas Garlic Toast
Fruit & Veggie Bar

28

Breakfast

Strawberry Mini Bagel

Offered w/ BreakfastJuice
Diced Pears**Lunch**Sweet & Sour Chicken w/Chow
Mein or Chicken Tenders**Offered w/ Lunch**Pineapple Tidbits
Cookie
Fruit & Veggie Bar

29

Breakfast

Blueberry Muffin

Offered w/ BreakfastApplesauce Cup
Banana**Lunch**
 Chicken Alfredo w/ Dinner Roll
or Grilled Ham & Cheese
Sandwich
Offered w/ Lunch

Fruit & Veggie Bar

30

Breakfast

Cinnamon Breakfast Round

Offered w/ BreakfastRaisins
Fresh Orange**Lunch**Garlic French Bread
Cheese Pizza or French Bread
Pepperoni Pizza**Offered w/ Lunch**Strawberry Pop
Fruit & Veggie Bar