SHS Course Selection
2026-27
Incoming 9th Graders

Mark Your Calendar!

Course Selection Night

Tuesday, January 13th 3:00-5:00 PM

SHS Cafeteria

Please attend this **MANDATORY NIGHT** to complete your Course Request form and online course request. Counselors will be available.

Step 1: Fill Out Form

- Complete information at the top (name, ID #)
- In the box, select CORE/Required courses first
- Next, Circle EIGHT electives TOTAL
- NUMBER each elective 1-8 (1 is your FIRST choice… 2 second choice… so on)

When done, give the TOP copy of your completed Form to a Sheldon counselor

PLEASE CIRCLE THE ENTIRE NAME AND COURSE NUMBER YOU ARE CHOOSING

SHS Course Catalog

Follow the example here

SHELDON HIGH SCHOOL

FRESHMAN GRADE PRE-REGISTRATION WORKSHEET FOR 2022-2023

STUDENT'S LAST NAME: FIRST MI I.D.# PERSONAL E-MAIL ADDRESS:

CORE COURSES

ENGLISH

02000	ENGLISH 9	S
02030	ENGLISH 9 (HONORS)	S

SOCIAL SCIENCE/HEALTH

01610/15000	GEOGRAPHY/HEALTH	Q

MATHEMATICS

03015	MATH I	S
03025	MATH II *	S

SCIENCE

04104	BIOLOGY OF THE LIVING EARTH	S
12220	AG: BIOLOGY/SUSTAINABLE AG	S

PHYSICAL EDUCATION

08020	P.E. I	S

BUSINESS/ TECHNOLOGY

12111	COMPUTER TECHNOLOGY (Meets grad. req.)	S
12137	EXPLORING COMPUTER SCIENCE *	S
12300	GENERAL BUSINESS	S

ENGINEERING & BUILDING TRADES

12311	BUILDING TRADES I (Beginning Woodworking)	S
12355	ENGINEERING TECHNOLOGY	S

ENGLISH

02711	COLLEGE AND CAREER WRITING I (English Learners Only)	

INTERDISCIPLINARY

07519	PEER COUNSELING I (Students Helping Students)	YR
07511	STUDENT LEADERSHIP DEVELOPMENT (ASB - application required)	YR

PHYSICAL EDUCATION

08670	BEGINNING WEIGHT TRAINING	S
08618	INTRODUCTION TO INDIVIDUAL SPORTS	S
08626	RECREATIONAL GAMES	S

SCIENCE

04611	ASTRONOMY	S
04111	BIOLOGY OF TECHNOLOGY (Biotech Academy Only)	S

SOCIAL SCIENCE

07539	ACADEMIC COMPETITIONS	S
01609/01610	INT'L RELATIONS/SUPREME COURT	Q
01614	INTRODUCTION TO POLITICAL SCIENCE	S
01612/01604	EMPOWERMENT/AFRICAN AMERICAN STUDIES	Q

VISUAL AND PERFORMING ARTS

12167	ANIMATION I	S
12168	ANIMATION II *	S
06010	ART I	S
06110	CERAMICS I	S
06210	PHOTOGRAPHY I	S
06313	PIANO LAB	S
06310	GUITAR WORKSHOP	S
06311	GUITAR WORKSHOP II *	S
06331	"0" PERIOD JAZZ BAND *	YR
06340	CHAMBER ORCHESTRA (Strings) *	YR
06322	INTRO. TO CONCERT BAND/INTERMEDIATE BAND*	YR
06352	INTRODUCTION TO TREBLE CHOIR	S
06351	CONCERT CHOIR	YR
06405	DANCE I (Beginning)	S
06450	CHILDREN'S THEATER	S
06410	THEATER I	S
06420	THEATER II *	S
06430	THEATER III *	S
06354	VOCAL ENSEMBLE *	YR
06314	MUSIC APPRECIATION	S
06461	UNIVERSAL RHYTHM (Dance Composition and Performance I – application required)	YR

WORLD LANGUAGE

05110	FRENCH I	S
05120	FRENCH II *	S
05310	JAPANESE I	S
05320	JAPANESE II *	S
05010	SPANISH I	S
05020	SPANISH II *	S

09009	AVID 9	S

* **CLASS HAS A PREREQUISITE**

KEY TERM CODE:

Q = QUARTER CLASS
S = SEMESTER CLASS
YR = YEAR LONG CLASS

Step 2a: Fill out Form

English

1. Circle English 9.

2. If you would like to take Honors English 9 instead, circle that.

Step 2a: Fill out Form

Social Science/ Health

1. Circle Ethnic Studies/ Health
2. All students must take Ethnic Studies and Health

Step 2a: Fill out Form

Math

1. Circle Math 1

Step 2a: Fill out Form

Science

1. Circle Biology of the Living Earth

2. If you are interested in the Biotech Academy, you must contact Mr. Cecil
    a. His email is jcecil@egusd.net

3. If you are interested in the Agriculture Pathway (FFA), circle Introduction Applied Science/ Biology & Sustainable Agriculture
    a. You must take both of these classes together

Step 2a: Fill out Form

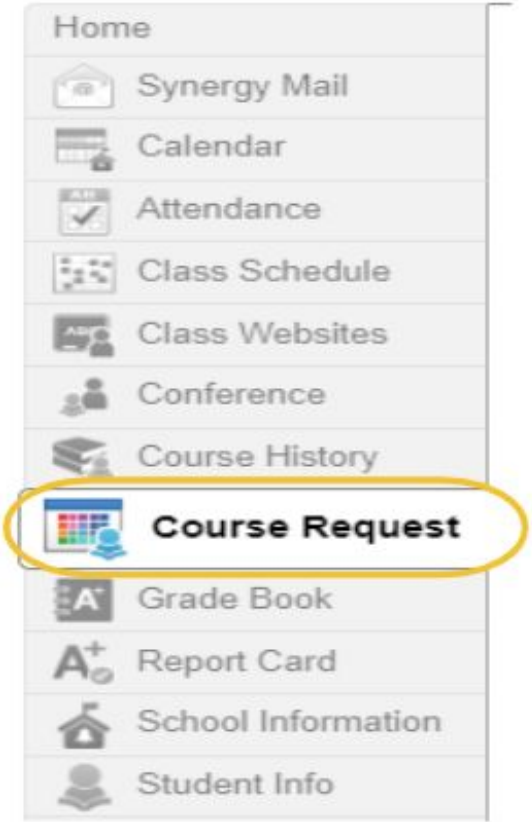
PE

1. Circle P.E.
2. Every Freshman MUST take P.E.

Step 3: Complete Course selection in SYNERGY

- Log in to your Student Vue account in Synergy.
- **COURSE REQUEST IS NOT AVAILABLE IN THE MOBILE APP, YOU MUST USE YOUR CHROMEBOOK OR A COMPUTER!**
- You must complete this online step or your registration will not be complete and processed!
- The DEADLINE to complete the online course request is FEBRUARY 2nd, 2026 at 4pm.

Go to StudentVUE and click on the **Course Request** tab on the left side of the screen.



COURSE REQUEST

Sheldon High School (916-681-7500)
2021-2022 School Year, Grade: 12

Selection Time Period: 12/14/2020 - 3/31/2021
Counselor: Leanne Ward

Click here to change course requests

Graduation Status Summary

Subject Area	Required	Completed	In Progress	Credit for Requested Courses	Remaining
Geography	5.000	5.000	0.000	0.000	0.000
World History	10.000	10.000	0.000	0.000	0.000
US History	10.000	0.000	10.000	0.000	0.000
American Government	5.000	0.000	0.000	0.000	5.000
Economics	5.000	0.000	0.000	0.000	5.000
English	40.000	30.000	0.000	0.000	10.000
Mathematics I	10.000	10.000	0.000	0.000	0.000
Mathematics	20.000	20.000	0.000	0.000	0.000
Physical Science	10.000	10.000	0.000	0.000	0.000
Life Science	10.000	10.000	0.000	0.000	0.000
Science	10.000	0.000	10.000	0.000	0.000
World Language	10.000	10.000	0.000	0.000	0.000
Visual/Performing Arts	10.000	10.000	0.000	0.000	0.000
Health	5.000	5.000	0.000	0.000	0.000
Physical Education	20.000	10.000	10.000	0.000	0.000
Career Technical Education	0.000	0.000	0.000	0.000	0.000
Electives	40.000	65.000	10.000	0.000	0.000
Total	**220.000**	**195.000**	**40.000**	**0.000**	**20.000**

On the **Graduation Status Summary** courses highlighted in yellow still need to be taken to meet graduation requirements.

These are courses that you have not yet taken or courses you did not pass when you took them.

Click on the blue button at the top left :

CLICK HERE TO CHANGE COURSE REQUESTS

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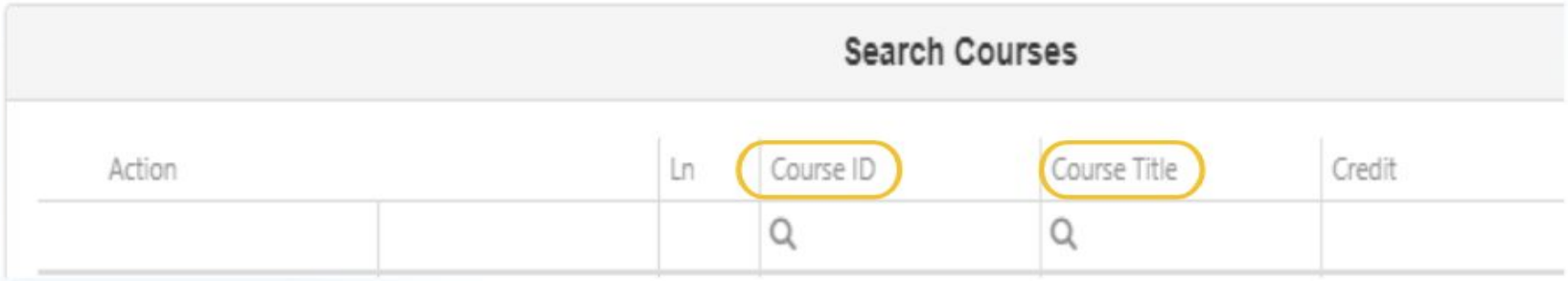
Click here to change course requests

Graduation Status Summary

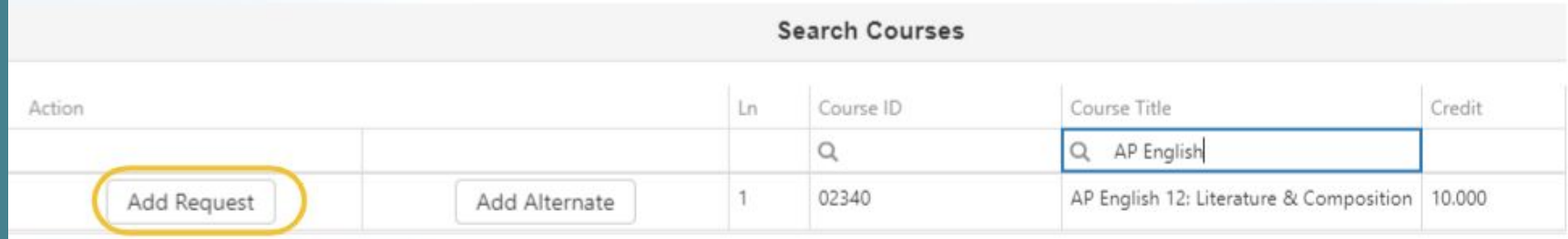
Subject Area	Required	Completed	In Progress	Credit for Requested Courses	Remaining
Geography	5.000	5.000	0.000	0.000	0.000
World History	10.000	10.000	0.000	0.000	0.000

To add a course, input the Course ID (can be found on the Course Selection worksheet) or the Course Title in the search box.



DO NOT USE THE ENTER/RETURN KEY TO CHOOSE COURSES. ONLY USE THE ADD REQUEST AND ADD ALTERNATE BUTTONS!

Click on **Add Request** to add the course



DO NOT USE THE ENTER/RETURN KEY TO CHOOSE COURSES. ONLY USE THE ADD REQUEST AND ADD ALTERNATE BUTTONS!

Be sure to add enough courses to ensure that you will have **80 credits**. If you plan to take a zero period class, your Total credits should be 90.

Selected Course Requests

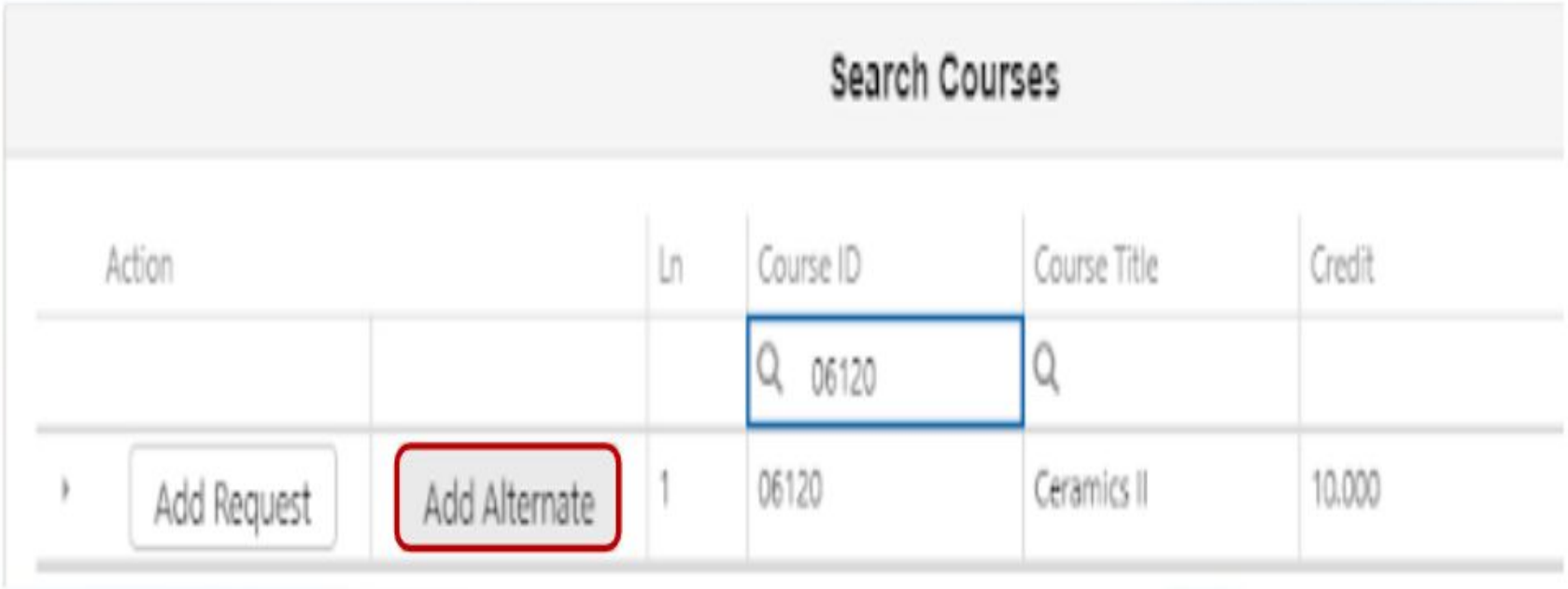
Action	Ln	Department	Course ID	Course Title	Elective	College Prep	Credit	Comment
✕ Remove	1	Career Technical Education	12412	Adolescent Development	Yes		5.000	
✕ Remove	2	Career Technical Education	12500	General Business	Yes		10.000	
✕ Remove	3	Electives	07531	Life After High School	Yes		5.000	
✕ Remove	4	English	02300A	English 12		Yes	5.000	
✕ Remove	5	English	02300B	English 12		Yes	5.000	
✕ Remove	6	History/Social Science	01310	American Government		Yes	5.000	
✕ Remove	7	History/Social Science	01420	Economics		Yes	5.000	
	8	Mathematics	03040	Pre-Calculus		Yes	10.000	
✕ Remove	9	Science	04209	AP Chemistry		Yes	10.000	
✕ Remove	10	Visual/Performing Arts	06130	Ceramics III		Yes	10.000	
✕ Remove	11	World Language	05120	French II		Yes	10.000	
						Total	**80.000**	

Selected Alternate Course Requests

Action	Ln	Department	Course ID	Course Title	Elective	College Prep	Credit	Comment
✕ Remove	1	Visual/Performing Arts	06313	Piano Lab		Yes	10.000	
✕ Remove	2	Visual/Performing Arts	06210	Photography I		Yes	10.000	
✕ Remove	3	History/Social Science	01601	Psychology I	Yes	Yes	5.000	

Add Alternate

You will need to input a minimum of 5 alternate courses.



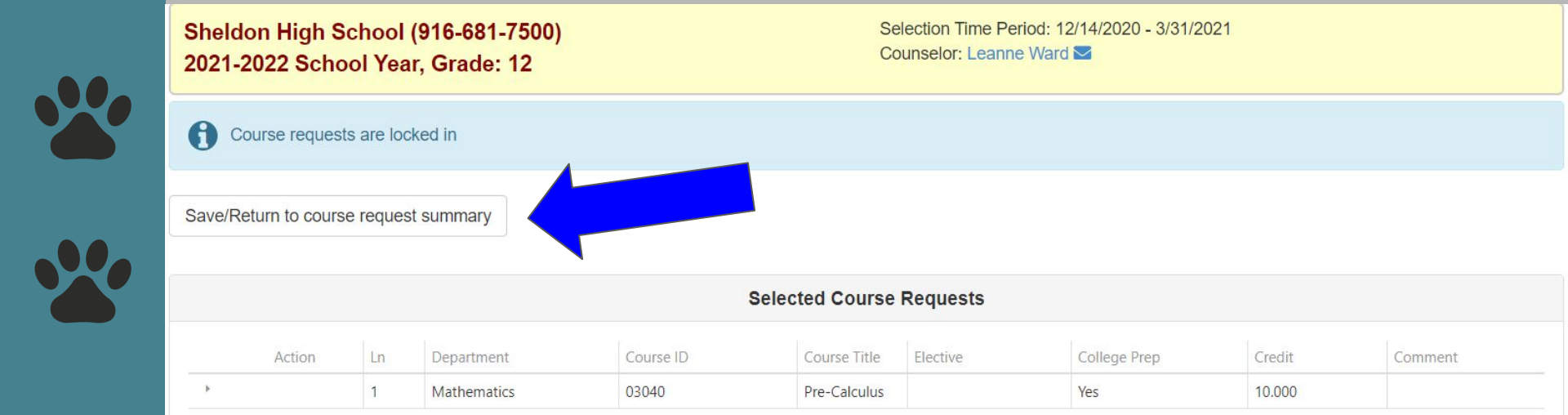
Alternate course requests are **required** to complete your schedule request. Alternates are used in case of schedule conflicts. Choose a minimum of 50 credits of alternate courses.

Selected Alternate Course Requests

Action	Ln	Course ID	Course Title	Credit	Comment
Remove	1	06120	Ceramics II	10.000	
Remove	2	01620	AP Psychology	10.000	
Remove	3	07509	Teacher Assistant	5.000	
Remove	4	12111	Computer Tech	5.000	
			Total	30.000	

WHEN COMPLETED CLICK ON “SAVE/ RETURN TO COURSE REQUEST SUMMARY” TO SAVE YOUR COURSE SELECTIONS.

*****This is how you “SAVE” your request. BE SURE to SAVE!!!!*****



HAVE QUESTIONS?

PLEASE MAKE SURE TO CHECK OUT OUR FAQ HANDOUT AND THE INSTRUCTIONAL HANDOUT

Course Selection FAQ Handout

Course Selection Instructional Handout

!!!! REMINDER !!!!!

COURSE SELECTION DEADLINE:

FEBRUARY 2nd at 4PM

- Counselors will collect top copy of course selection forms at Course Selection Night
- If you did not submit your form to Sheldon and/or did not complete the online portion of Course Selection you will be considered a “No Show” and your classes will be chosen for you.
- **MAKE SURE YOUR FORM AND ONLINE COURSE REQUEST MATCH**